

Responsibilities of the Sponsor

Preparing for Confirmation:

- Be a convinced, enthusiastic Catholic who lives a life of faith, and is committed to fulfilling the responsibilities of a sponsor.
- Pray regularly for and with the candidate, showing him/her how to pray by example.
- Have knowledge of the personal faith of the candidate and share your own faith experience.
- Attend the confirmation sponsor meetings shown on the confirmation schedule.
- Initiate the weekly Take 5 conversations (explained below).

After confirmation:

- Continue to maintain regular contact with the confirmed.
- Pray regularly for (and with) the confirmed and help the confirmed to learn how to experience a deeper prayer life.
- Continue ongoing catechesis (e.g., sharing good books, apps, podcasts, study groups) and be available for questions.
- Encourage participation in the life of the Church, especially through his/her parish (Youth Group, small groups, ushering, choir, Knights of Columbus, etc.).

Take Five

The candidates and sponsors are asked to “take five” each week and review the five questions listed below. With each question, the sponsor begins by asking for the candidate’s response. Then the candidate in his/her turn asks the same question of the sponsor. In this manner you can both learn from one another and reflect together on your faith journey. We encourage the candidate to keep a journal of his/her responses to be able to look back on their faith journey from time to time.

The sponsor should take the initiative in calling the candidate. Consider getting together in person for this weekly review once a month. Whether by phone or in person, remember to “take five” each week.

1. What has been the highlight of your week?
2. What has been the most challenging for you this week?
3. How have you felt the presence of God in your life this week?
4. What have you done this week to grow in your relationship with God and the Church?
5. What are your goals for the week ahead, in particular your spiritual goals?