

OCTOBER LUNCH MENU

OCTOBER VEGETABLE SPOTLIGHT: SWEET POTATO - featured a different way each week

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Spaghetti & Meatballs Garlic Toast Fresh Fruit	2 Breaded Chicken Sandwich Sweet Potato Waffle Fries Fresh Fruit
5 Chicken Teriyaki Noodle Bowl Carrots, Cabbage & Snap Peas Fresh Pineapple	6 Beef Taco Tuesday Flatbread Tortilla Chips w/ Black Bean Dip Fresh Apple	7 HALF DAY - NO LUNCH	8 Crispy Chicken & Waffles Maple-Roasted Sweet Potato Hash Fresh Strawberries	9 NO SCHOOL
12 NO SCHOOL	13 Crispy Fish Tacos Cabbage Slaw Sweet Potato & Corn Confetti Fresh Fruit	14 Loaded Baked Potato Beef Chili Broccoli & Cheddar Sour Cream & Green onions	15 Homemade Chicken Pot Pie Buttermilk Biscuit Topping Fresh Apple	16 Cheeseburger Baked Beans Fresh Fruit
19 Chicken Parmesan Pasta with Marinara Fresh Grapes	20 Red Beans and Rice with Sausage Collard Greens Fresh Pineapple	21 Boneless Buffalo Wings Waffle Fries Fresh Fruit	22 Harvest Chicken Bowl Roasted Sweet Potatoes Brown Rice Broccoli Apple-Cider Glaze Fresh Fruit	23 Sloppy Joe on Garlic Toast Corn on the Cob Fresh Fruit
26 Baked Chicken Nuggets Crinkle Fries Fresh Fruit	27 Beef Salisbury Steak Creamy Mashed Potatoes Sauteed Green Beans Fresh Pear	28 Korean-Style Beef Rice Bowl Sesame Cucumbers Steamed Edamame Mandarin Oranges	29 Chicken Pesto Pasta Roasted Cherry Tomatoes Garlic Breadstick Fresh Grapes	30 Mummy Meatball Subs Pumpkin Patch Sweet Potato Bites Witch's Brew Applesauce Halloween Sweet Treat

St. Patrick's Interparish School
Fresh, chef-prepared school meals

*Menu items are subject to change based on product availability. When necessary, substitutions of comparable items may be made at the time of purchase.