

“And the two will become one flesh.
So they are no longer two, but one
flesh. Therefore what God has
joined together, let no one
separate.”

-Mark 10:8-9



Retreat Date

February 28th & March 1st, 2026

Diocese of Crookston
Nazareth Retreat House
620 Summit Avenue
Crookston, MN 56716

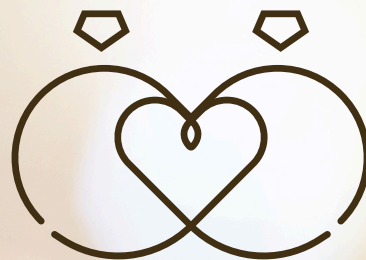
Note: The retreat beings Saturday at 11:00am and
ends Sunday late afternoon. This is an overnight
retreat at the Diocese of Crookston Nazareth
Retreat House.

Get in Touch

Register for *Transformed in Love*
via QR Code or go to
<https://bit.ly/DOCPreMarriage26>
and send your \$300 registration fee
to:

Diocese of Crookston
Attn: Pre-Marriage Retreat
PO Box 610
Crookston, MN 56716

Please make checks payable to:
Diocese of Crookston



For more information contact
Misty Mehrkens at (218) 281-4533 ext. 437
or by email: mmehrkens@crookston.org

Visit our website on marriage and family at
<https://crookston.org/marriageprep>



Diocese of
CROOKSTON



Diocese
of Crookston

Transformed in Love

Pre-Marriage
Retreat

How to Register

Scan the QR Code or go to (insert link).
Fill out the registration form to secure your spot.



<https://bit.ly/DOCPreMarriage26>

Details

- This pre-marriage retreat consists of activities, presentations, testimonies, prayer, along with group and private discussions.
- This is an overnight retreat and everything will be held at the Diocese of Crookston Nazareth Retreat House. You will not need to leave the site as everything, including lodging, is provided.

Registration

- The registration form and payment must be submitted to secure your spot.
- The \$300 registration fee per couple covers all materials, meals, and lodging. Two separate rooms will be provided per couple.
- Once your registration form and fee is received, a confirmation email will be sent to you.
- To receive a certification, couples must attend all sessions of the retreat.
- Cancellations for any reason must be communicated to mmehrkens@crookston.org

Topics Covered

- Self-Knowledge: Knowing Your True Self
- Communication: Relationship Skills for Marriage
- Expectations: Great Expectations Are Managed Well
- What is Love? The Four Loves
- God is Love: Proclaiming the Good News (Kerygma)
- What is Marriage? God's Plan for Love and Life
- The Sacrament of Matrimony: You, Me, and Jesus
- The Rite of Marriage: The Consent We Give and Live
- Finances: Let's Talk Money
- Five Spiritual Practices for Marriage and Family Life: Keeping Christ at the Center of Our Marriage
- The Mass: The Presence of Christ
- Marital Sexuality: Love's Perfect Design
- We are on a Mission: Our Marriage and Family, an Icon of God's Love

