

“And the two will become one flesh. So they are no longer two, but one flesh. Therefore what God has joined together, let no one separate.”

*~Mark 10:8-9*



## *Retreat Date*

February 28<sup>th</sup> & March 1<sup>st</sup>, 2026

Diocese of Crookston  
Nazareth Retreat House  
620 Summit Avenue  
Crookston, MN 56716

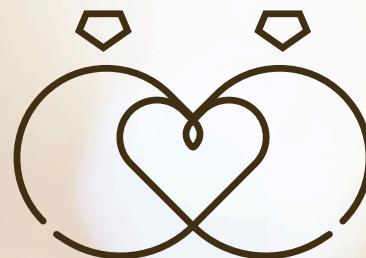
Note: The retreat begins Saturday at 11:00am and ends Sunday late afternoon. This is an overnight retreat at the Diocese of Crookston Nazareth Retreat House.

## *Get in Touch*

Register for *Transformed in Love*  
via QR Code or go to  
<https://bit.ly/DOCPreMarriage26>  
and send your \$300 registration fee  
to:

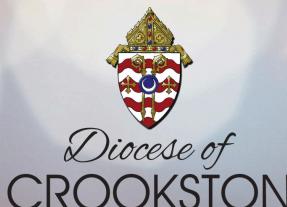
Diocese of Crookston  
Attn: Pre-Marriage Retreat  
PO Box 610  
Crookston, MN 56716

Please make checks payable to:  
Diocese of Crookston



For more information contact  
Misty Mehrkens at (218) 281-4533 ext. 437  
or by email: [mmehrken@crookston.org](mailto:mmehrken@crookston.org)

Visit our website on marriage and family at  
<https://crookston.org/marriageprep>



Diocese  
of Crookston

# *Transformed in Love*

Pre-Marriage  
Retreat



## Details

- This pre-marriage retreat consists of activities, presentations, testimonies, prayer, along with group and private discussions.
- This is an overnight retreat and everything will be held at the Diocese of Crookston Nazareth Retreat House. You will not need to leave the site as everything, including lodging, is provided.

## Registration

- The registration form and payment must be submitted to secure your spot.
- The \$300 registration fee per couple covers all materials, meals, and lodging. Two separate rooms will be provided per couple.
- Once your registration form and fee is received, a confirmation email will be sent to you.
- To receive a certification, couples must attend all sessions of the retreat.
- Cancellations for any reason must be communicated to [mmehrkens@crookston.org](mailto:mmehrkens@crookston.org)

## How to Register

Scan the QR Code or go to (insert link). Fill out the registration form to secure your spot.



<https://bit.ly/DOCPreMarriage26>

## Topics Covered

- Self-Knowledge: Knowing Your True Self
- Communication: Relationship Skills for Marriage
- Expectations: Great Expectations Are Managed Well
- What is Love? The Four Loves
- God is Love: Proclaiming the Good News (Kerygma)
- What is Marriage? God's Plan for Love and Life
- The Sacrament of Matrimony: You, Me, and Jesus
- The Rite of Marriage: The Consent We Give and Live
- Finances: Let's Talk Money
- Five Spiritual Practices for Marriage and Family Life: Keeping Christ at the Center of Our Marriage
- The Mass: The Presence of Christ
- Marital Sexuality: Love's Perfect Design
- We are on a Mission: Our Marriage and Family, an Icon of God's Love

