

October Daily Family Virtue Prayers

Directions: Start by reading the title of the day, praying for the intention of the day, allow family members state other intentions, have one person read the next prayer, and then conclude by joining in the Lord's prayer.

10/1	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;"><u>Today let us pray:</u> For our family, so that we order our actions towards God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Holy Spirit, our glorious advocate, inspire us to focus our life on God, keep us from discouragement, and preserve us from selfishness.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/2	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;"><u>Today let us pray:</u> For persistence in our family prayer And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Heavenly Father, as a family, may we grow in prayer that nourishes the virtue of hope. May we find the few minutes each day to gather as a family in prayer. May we invite others to pray. May our personal prayer help us to anchor our soul in you.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/3	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;"><u>Today let us pray:</u> For pureness in our hearts so that we may know God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Lord Jesus, you guide us to eternal life. Heaven is our true home and so may we strive to live the Beatitudes to prepare us for union with you.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/4	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;"><u>Today let us pray:</u> That we will turn to the Saints as our spiritual friends. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> May we, through the intercession and guidance of the saints, be strengthened in the virtue of hope. May we mirror their hopeful lives and turn to them as our spiritual guides.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/5	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;"><u>Today let us pray:</u> For continuing progress in the spiritual life of our family. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> O God, let me know you and love you so that I may find my joy in you; and if I cannot do so fully in this life, let me at least make some progress every day, until at last knowledge, love, and joy come to me in all their plenitude. While I am here on earth let me learn to know you better, so that in heaven I may know you fully; let my love for you grow deeper here, so that there I may love you fully. On earth then I shall have great joy in hope, and in heaven complete joy in the fulfillment of my hope. (St. Anselm of Canterbury)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/6	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;">Today let us pray: For the intercession of Mary, so that we grow in hope. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to your protection, implored your help, or sought your intercession was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. (the Memorare)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/7	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;"><u>Today let us pray:</u> For unwavering desire to spread hope in the world as missionary disciples of Jesus. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, the beginning and fulfillment of the new man, convert our hearts so that, abandoning the ways of error, we may walk in your footsteps on the path which leads to life. Make us live our faith steadfastly, fulfilling our baptismal promises, testifying with conviction to your word, that the life-giving light of the Gospel may shine in our families and society. (Pope St. John Paul II)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/8	<p style="text-align: center;">Hope & the Gift of Fear of the Lord</p> <p style="text-align: center;"><u>Today let us pray:</u> That we may fear the Lord and so avoid sin. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> We pray that the Holy Spirit will lead us so that we do not distance ourselves from God through our sin. When we sin, may we seek forgiveness. May we seek the beauty of the Sacrament of Reconciliation where we humbly go to experience the forgiveness of our Lord.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/9	<p style="text-align: center;">Hope & the Gift of Fear of the Lord</p> <p style="text-align: center;"><u>Today let us pray:</u> For the strength to “Be Not Afraid” as we live as missionary disciples of Jesus Christ. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> We pray for the intercession of Pope St. John Paul II who told the world to “Be Not Afraid” because our loving father will forgive the repentant sinner, to “Be Not Afraid” as we share the good news of the Gospel, to “Be Not Afraid” to proclaim that we are disciples of Jesus Christ.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/10	<p style="text-align: center;">Hope & the Gift of Fear of the Lord</p> <p style="text-align: center;"><u>Today let us pray:</u> That, with great hope, we abandon ourselves to the will of our heavenly Father. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Father, I abandon myself into your hands; do with me what you will. Whatever you may do, I thank you: I am ready for all, I accept all. Let only your will be done in me, and in all your creatures – I wish no more than this, O Lord. Into your hands I commend my soul: I offer it to you with all the love of my heart, for I love you, Lord, and so need to give myself, to surrender myself into your hands without reserve, and with boundless confidence, for you are my Father. (St. Charles Foucauld)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/11	<p style="text-align: center;">Hope & the Gift of Humility</p> <p style="text-align: center;"><u>Today let us pray:</u> For an understanding that our gifts come from God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Holy Spirit, help us to realize that our gifts come from God, that our hope is a virtuous gift from God, and that we trust in your love. May we be thankful for the gift of humility which allows us to see that you are our strength and the font of wisdom.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/12	<p style="text-align: center;">Hope & the Gift of Humility</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Josephine Bakhita, that we may accept our sufferings with humility and reflect her great hope that she had in the Love of Jesus. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, who died on the cross for our sins, a crucifix inspired St. Josephine Bakhita to believe in your love. She bore the cross of slavery, cruelty, and trauma. Yet she was moved by your suffering on the cross and saw in that suffering your great love for us. Despite all her suffering, her life was filled with gratitude for God. May we share in her hope for your saving love in times of our suffering.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/13	<p style="text-align: center;">Hope & the Gift of Humility</p> <p style="text-align: center;"><u>Today let us pray:</u> That despair never comes into our hearts and minds. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Heavenly Father, even though we do not always understand your truth, even though we may grow weary as we seek your way, may we always live in the hope of life with you in heaven. Protect us from despair as we seek to live the virtue of hope.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/14	<p style="text-align: center;">Hope & the Gift of Humility</p> <p style="text-align: center;"><u>Today let us pray:</u> That hope will always be strong in our lives to protect us from spiritual apathy. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus our Savior, may our family remain observant of the Lord's Day and always pursue a deeper relationship with you through prayer. Keep us from filling our family life so full of activities that we are idle or lax in our relationship with you.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/15	<p style="text-align: center;">The Theological Virtue of Hope</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who have died, especially our family members. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> We believe "In the sure and certain hope of the resurrection to eternal life through our Lord Jesus Christ." Because of this, St. Paul instructs us to "not grieve as others do who have no hope" (1 Thess. 4:13). We pray for all those who have died, and we pray that our family will always hope in God.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/16	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> For our loved ones in our family and parish. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Father all-powerful, you call on us to love you and to love our neighbors as we do ourselves. Give us the strength to live lives of charity, a loving reflection of your love in the world.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/17	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> That we use the virtue of charity to love others as we love ourselves. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> O My God, I love You above all things with my whole heart and soul because You are all good and worthy of all my love. I love my neighbor as myself for the love of You. I forgive all who have injured me and ask pardon of all whom I have injured. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/18	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> That we respond to others with charity just as God does for us. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Lord Jesus Christ, when you were asked to explain the greatest of the commandments, you taught that we are to ...”love you with all our heart, and with all your soul, and with all your mind.” and that “You shall love your neighbor as yourself.” (Mt. 22 36-38). May we be living icons of your love in the world.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/19	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> For charitable organizations in the world serving those in need. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Holy Spirit, guide us so that we live united with those in need. May the virtue of charity motivate us to care for others in our community and around the world.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/20	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> For charitable hearts when someone in our family is not loving in their actions. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Father, in your loving plan you guide us to bear wrongs patiently. When our family members act without charity towards us, may we bear their wrong behavior patiently and forgive them, even if they do not ask for forgiveness.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/21	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who have no food, drink, clothing, or a home. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Lord Jesus, may our family seek to feed the hungry, give drink to the thirsty, cloth those without proper clothing, and support groups who shelter the homeless. May we look at the poor, the thirsty, those needing clothing, and the homeless and see only you. May we recognize that when we take care of those in need, we are taking care of you.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/22	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who are sick, that they may find healing in your love, and also for those who will die on this day, that they be with you in our heavenly home. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God our Father, fountain and source of our salvation, watch over the sick during their time of struggle, and may those who die rest with you and all the saints in heaven.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/23	<p style="text-align: center;">Charity and protection from hatred of God</p> <p style="text-align: center;"><u>Today let us pray:</u> That all people grow to love God the Father, Son, and Holy Spirit. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God our Father, may we always trust in your Love and may our love for you endure even during times of trial.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/24	<p style="text-align: center;">Charity and the protection from envy</p> <p style="text-align: center;"><u>Today let us pray:</u> That we are grateful in receiving our gifts from God and not covet what others have. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus our Savior, may we see in your love our true fulfillment and pleasure, and may we seek to be a living reflection of your love in the world.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/25	<p style="text-align: center;">Charity and the protection from folly of material possessions</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who are so tied to their possessions that they do not recognize the love of God in their life. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Holy Spirit, guide us to be charitable to those in need, to those who are hungry, to those who need shelter, and to those who thirst for you.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/26	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> That we love like the Father with our family and friends. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Holy Spirit, may our self-giving actions serve as signposts towards the kingdom of God.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/27	<p style="text-align: center;">Charity and Wisdom</p> <p style="text-align: center;"><u>Today let us pray:</u> That we recognize when and how to love our neighbor. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Heavenly Father, may we have the wisdom to know your will and follow your will everyday of our life.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/28	<p style="text-align: center;">Charity and Kindness</p> <p style="text-align: center;"><u>Today let us pray:</u> That we grow in our concern for our family, our parish, our school, and all in our life. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, you teach us to love God and to love our neighbor. May we treat others with kindness to glorify you and show concern for them.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/29	<p style="text-align: center;">Charity and Generosity</p> <p style="text-align: center;"><u>Today let us pray:</u> May we be cheerful in our generosity. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, may we be generous with our time, talent, and treasure in our parish so that we return the gifts you have given us for the good of your mystical body, the Church.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
10/30	<p style="text-align: center;">The Theological Virtue of Charity</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Teresa of Calcutta, so that we love others and see Christ in them. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, Son of God, we know that life without prayer is like a house without a foundation. May we grow as a family of prayer and as prayerful individuals.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

10/31	<p data-bbox="597 195 1105 237" style="text-align: center;">The Theological Virtue of Charity</p> <p data-bbox="735 279 967 315" style="text-align: center;"><u>Today let us pray:</u></p> <p data-bbox="456 315 1235 388" style="text-align: center;">So that, like St. Nicholas, we are charitable towards the poor. And for what else shall we pray on this day?</p> <p data-bbox="773 426 930 462" style="text-align: center;"><u>Let us pray:</u></p> <p data-bbox="329 462 1373 573" style="text-align: center;">O good St. Nicholas, may we be generous and compassionate to the poor. All are created in the “image and likeness of God” and so we honor all with dignity and respect.</p> <p data-bbox="647 611 1052 646" style="text-align: center;"><u>Let us join our voices and pray:</u></p> <p data-bbox="488 646 1211 682" style="text-align: center;">Our Father, who art in heaven, hallowed by Thy name....</p>
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The format for the virtues comes from the Disciples in Christ, Education in Virtues program.