

March Daily Family Virtue Prayers

Directions: Start by reading the title of the day, praying for the intention of the day, allow family members to state other intentions, have one person read the next prayer, and then conclude by joining in the Lord's prayer.

3/1	<p>The Virtue of Fortitude and the Gift of Industriousness</p> <p><u>Today let us pray:</u> For the diligence to finish our work this day. And for what else shall we pray on this day?</p> <p><u>Let us pray:</u> Heavenly Father, You have given me the gift of this day, the gift of this moment. Help me to use my time well. Give me the grace to do all for Your greater glory. (Disciples of Christ)</p> <p><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/2	<p>The Virtue of Fortitude and the Gift of Industriousness</p> <p><u>Today let us pray:</u> That we will always engage in daily prayer. And for what else shall we pray on this day?</p> <p><u>Let us pray:</u> Jesus, our High Priest, may we always seek to have a conversation with you in daily prayer. Guide me in my prayer life so that I always seek to listen to your voice and resolve to follow your way in my daily life.</p> <p><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/3	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Industriousness</p> <p style="text-align: center;"><u>Today let us pray:</u> That we follow the call of God to live our lives as His missionary disciples. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> I am created to do something or to be something for which no one else is created; I have a place in God's counsels, in God's world, which no one else has; whether I be rich or poor, despised or esteemed by man, God knows me and calls me by my name. God has created me to do Him some definite service; He has committed some work to me which He has not committed to another. (St. John Henry Newman)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/4	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Industriousness</p> <p style="text-align: center;"><u>Today let us pray:</u> For stamina in our faith. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Heavenly Father, pour forth your Holy Spirit upon us so that we never lack motivation to grow closer to you. May we always pray daily, meditate on Your Word, and live our faith in the world. We ask you this through your Son, Jesus Christ our Lord.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/5	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Industriousness</p> <p style="text-align: center;"><u>Today let us pray:</u> That we have the stamina of St. Anthony Mary Claret in spreading the Good News of the Lord. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Spirit of Truth, St. Anthony Mary Claret wrote over 100 books for his parishioners about the faith. He was always seeking to share the Gospel with his parishioners. May we too share our faith in our parish so that others grow closer to You.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/6	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Industriousness</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. John Neuman so that we, like him, seek to teach others about Jesus Christ. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, the Way, the Truth and the Life, you call on your disciples to teach others about the faith. St. John Neuman, while he was Bishop of Philadelphia, started 100 Catholic schools in eight years so that others would learn Your Truth. May we grow in our understanding of how we are also called to teach others about You.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/7	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnanimity</p> <p style="text-align: center;"><u>Today let us pray:</u> May we have a “large soul” that seeks to do great things to glorify You. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Spirit of Love, guide us so that we share Your love with others in great and wonderful ways. May we share Your love in our family every day. May we share Your love with our friends every day. May we share Your love with our community every day. And in so doing, may we play our role as Your missionary disciples to align this world with the love of our heavenly home.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/8	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnanimity</p> <p style="text-align: center;"><u>Today let us pray:</u> For our government leaders, that they serve with the heart of Jesus. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Sacred Heart of Jesus, You loved us even to the point of death. Give me a big heart! Give me Your heart! Help me to love others with all my heart! (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/9	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnanimity</p> <p style="text-align: center;"><u>Today let us pray:</u> That we make sacrifices for the glory of God on this day. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God Most High, may we offer every action of our day for Your Glory. May we praise You with everything we do each day. May we seek to do great things for You and always understand the fulness of Your goodness within each of us.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/10	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnanimity</p> <p style="text-align: center;"><u>Today let us pray:</u> For forgiveness when we fail to follow Jesus. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, You are the Way that we should always follow. When we find it difficult to follow You, give us strength to be true to You. When we fail to follow You, forgive our weakness and restore our strength.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/11	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnanimity</p> <p style="text-align: center;"><u>Today let us pray:</u> That we follow the example of St. Paul Miki and live fully as a missionary disciple. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Breath of God, You flowed through St. Paul Miki as he was about to be martyred on the cross. He said to those about to kill him, "Ask Christ to help you become happy." May we be open to You so that we may share the joy of the Gospel with everyone we meet.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/12	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnanimity</p> <p style="text-align: center;"><u>Today let us pray:</u> That we follow the example of St. Louis de Montfort and entrust our lives to Jesus through Mary. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Hail Mary, admirable Mother of the Son. May the light of your faith dispel the darkness of my mind and may your virtues take the place of my sins. Grant that I may have no other spirit but yours to know Jesus and His divine will. (Adapted from a prayer by St. Louis de Montfort.)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/13	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnificence</p> <p style="text-align: center;"><u>Today let us pray:</u> That every day we do great things for God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God in Heaven, you call us to lives of virtue. May we follow the virtuous path in life and seek to use the gift of Magnificence to do great things in glory and praise of You.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/14	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnificence</p> <p style="text-align: center;"><u>Today let us pray:</u> That we always seek to do great things for God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, sometimes I do not want to do the right thing. Sometimes I am lazy with my love. Help me now to do the right thing for You and to do all things, great or small, with great love. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/15	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnificence</p> <p style="text-align: center;"><u>Today let us pray:</u> For the poor and those who are hungry in our community. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Spirit of Life, may we seek to spread the culture of life by taking care of the poor and hungry. May we respond to your guidance and volunteer at a food pantry, donate food to the hunger, and support the poor with contributions throughout the year.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/16	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnificence</p> <p style="text-align: center;"><u>Today let us pray:</u> That we never doubt that God has gifted us to be His missionary disciples. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> At our baptism, we were anointed to be priest, prophet, and king. May we live this mission, bestowed upon us by God, and never doubt that we can share the love of God and the Good News of the Gospel of Jesus Christ.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/17	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Magnificence</p> <p style="text-align: center;"><u>Today let us pray:</u> That we have the bravery of St. Genevieve in bringing food to those who are hungry. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Bread of Life, You feed us with Your Body and Blood in the Eucharist to sustain us on our earthly pilgrimage. May we who have been fed by this heavenly food seek to go to great extreme in feeding the hungry.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/18	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Patience</p> <p style="text-align: center;"><u>Today let us pray:</u> That we may bear present difficulties with calm and love. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Spirit of a Sound Mind, may we accept the times when things do not go as planned in our family life, and seek to embrace the changes that are needed with great joy. While we know this may at times be difficult, we trust in Your divine guidance to bear these burdens with peace and love.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/19	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Patience</p> <p style="text-align: center;"><u>Today let us pray:</u> For forgiveness when we have not shown patience in our family life. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear God, Help me to wait without complaining, to see You in my neighbor, and to let Your grace enter this moment so that I may not lose my patience. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/20	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Patience</p> <p style="text-align: center;"><u>Today let us pray:</u> That in our family, may we listen to each other and calmly wait to take our turn. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God of Peace, may we find peace in times when our patience is tested, so that we may use these times to show Your patient love to others. Help us to grow in fortitude so that we may be people of patience with all others in our lives.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/21	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Patience</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Teresa of Calcutta so that we may grow in patience. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> We pray for the intercession of St. Teresa of Calcutta. You show us how to have great patience in service to the suffering. You also show us how to have great patience when we are suffering. May you be with us to guide us with patience when we help others or need help because we are suffering.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/22	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Patience</p> <p style="text-align: center;"><u>Today let us pray:</u> That our society respects all life from conception through natural death. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Let us pray for the intercession of St. Gianna Molla who patiently suffered so that her child could be born. Heavenly Father, St. Gianna gave her life to preserve her child. Give us the patience and courage to be advocates for human life.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/23	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Perseverance</p> <p style="text-align: center;"><u>Today let us pray:</u> That we will continue to grow closer to Jesus through the Eucharist. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, our Lord and Savior, may we take the necessary steps to come before you as a family during adoration. If we cannot find a time to attend adoration, may we gather as a family to pray before You in the tabernacle of our parish Church. You are physically present in the Eucharist, may we gather physically in your presence for weekly prayer.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/24	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Perseverance</p> <p style="text-align: center;"><u>Today let us pray:</u> That we are willing to take up our cross in service to God and the Kingdom. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, You carried Your cross to Calvary even though You were tired, weak, and hurting. Please give me strength to not give up when life gets hard. Help me keep my eyes on You and Your kingdom, so I can do what is right even when I am tired and afraid. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/25	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Perseverance</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Monica: that all Catholics come to Mass and, for those who have left the Church, may they soon return. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear St. Monica, troubled wife and mother, many sorrows pierced your heart during your lifetime. Yet you never despaired or lost faith. With confidence, persistence, and profound faith, you prayed daily for the conversion of your beloved husband and your beloved son, Augustine. Grant me that same fortitude, patience and trust in the Lord. Intercede for us, dear St. Monica, for our loved ones who have left the Church and grant us the grace to accept his will in all things, through Jesus Christ, our Lord, in the unity of the Holy Spirit, God forever and ever. (Prayer of St. Monica)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/26	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Perseverance</p> <p style="text-align: center;"><u>Today let us pray:</u> That we do not give up and complete the things we are expected to do. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Holy Spirit, be with me when I feel like giving up when I am taking on a good task. Help me to see that I can always work hard and take on the challenges in my day.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/27	<p style="text-align: center;">The Virtue of Fortitude and the Gift of Perseverance</p> <p style="text-align: center;"><u>Today let us pray:</u> That we persevere in our responsibility to live as missionary disciples of Jesus. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> May Mary, Mother of the Church, Star of Evangelization, accompany us on our journey, as she remained with the disciples on the day of Pentecost. To her we turn with confidence. Through her intercessions may the Lord grant us the gift of perseverance in our missionary duty, which is a matter for the entire Church community. (Pope St. John Paul II)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/28	<p style="text-align: center;">The Virtue of Temperance</p> <p style="text-align: center;"><u>Today let us pray:</u> That we use the good things of this world in moderation and keep our focus on the eternal happiness found only in God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Holy Spirit, guide us so that we are moderate in seeking the pleasure of the things of this world. May we not over-indulge in social media, food or drink, purchases or hobbies. May we keep our focus on our faith and the relationships in our family.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/29	<p style="text-align: center;">The Virtue of Temperance</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who suffer from addiction to chemicals, food, material things, social media, or on-line videos. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Heavenly Father, You surround me with good things. I ask for the grace to use Your gifts rightly, allowing You to control my desires for the things You put into my life. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

3/30	<p style="text-align: center;">The Virtue of Temperance</p> <p style="text-align: center;"><u>Today let us pray:</u> That we are always able to restrain our passions. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God of all Grace, you give us great gifts in this world. May we always use your gifts in a way that pleases you. May we look at others as being created in your image and likeness, and thus love them as You love us all.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
3/31	<p style="text-align: center;">The Virtue of Temperance and the gift of Honesty</p> <p style="text-align: center;"><u>Today let us pray:</u> That we are always truthful in our family and never tell lies. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Breath of God, pour forth your blessings upon our family so that we are people of honesty and sincerity. May we always control our statements so that everything we say reflects the truth of the Gospel, the truth of Your law, and the truth of Your presence in our lives.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>