

April Daily Family Virtue Prayers

Directions: Start by reading the title of the day, praying for the intention of the day, allow family members to state other intentions, have one person read the next prayer, and then conclude by joining in the Lord's prayer.

4/1	<p style="text-align: center;">The Virtue of Temperance and the Gift of Honesty</p> <p style="text-align: center;"><u>Today let us pray:</u> That we will seek to find the Truth in Jesus Christ. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, You said, "I am the Truth" (John 14:6). You have made me for Truth, because You have made me for Yourself. Help me to be honest in all that I say and do, that I might know true happiness in You. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/2	<p style="text-align: center;">The Virtue of Temperance and the Gift of Honesty</p> <p style="text-align: center;"><u>Today let us pray:</u> That we live as people of honesty and integrity. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, Son of God, you forgive us our sins. May we always come to you with a spirit of repentance when we have done something that goes against your teaching, you will, your truth.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/3	<p style="text-align: center;">The Virtue of Temperance and the Gift of Honesty</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who struggle to tell the truth, that they find strength in God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, our High Priest, you call on us to be people who tell the truth. Guide those who stray from the honesty of your way and grant them forgiveness when they turn to you in repentance.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/4	<p style="text-align: center;">The Virtue of Temperance and the Gift of Honesty</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who are killed for professing the Christian faith. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Spirit of Truth, you guided St. Stephen to proclaim that Jesus was risen from the dead. When asked by the Jewish leaders if he had professed this message, Stephen stated that what he had taught was the truth. For this, they killed him and he died a martyr's death. We pray that we will have the courage to always proclaim the truth about the Savior of the World, Jesus Christ.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/5	<p style="text-align: center;">The Virtue of Temperance and the Gift of Humility</p> <p style="text-align: center;"><u>Today let us pray:</u> In thankfulness for the gifts we have received from God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Heavenly Father, we give you thanks for the many gifts you have given us. May we always appreciate the great gift of your grace you have shared with us all.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/6	<p style="text-align: center;">The Virtue of Temperance and the Gift of Humility</p> <p style="text-align: center;"><u>Today let us pray:</u> For the gift of humility in our relationships with others so that we can reflect the humility of Jesus who became man and died on the cross for our sins. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, You said, "Learn from Me, for I am meek and humble of heart" (Matthew 11:29). You are God, yet You became little out of love for me. I desire to become little for love of You. Help me to be honest about my strengths and weaknesses. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/7	<p>The Virtue of Temperance and the Gift of Humility</p> <p><u>Today let us pray:</u> That we think about the needs of others before our own. And for what else shall we pray on this day?</p> <p><u>Let us pray:</u> Spirit of Love, we are called to love others for their good. May we offer the gift of love to others and not seek to only take care of our needs.</p> <p><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/8	<p>The Virtue of Temperance and the Gift of Humility</p> <p><u>Today let us pray:</u> That we reject self-centeredness in our family. And for what else shall we pray on this day?</p> <p><u>Let us pray:</u> God of all Grace, watch over us so that we set aside our pride and serve others in humility. May we seek to serve our family with a spirit of love and humility.</p> <p><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/9	<p>The Virtue of Temperance and the Gift of Humility</p> <p><u>Today let us pray:</u> That we humbly serve the poor and the homeless. And for what else shall we pray on this day?</p> <p><u>Let us pray:</u> Father, Son and Holy Spirit, let me understand that if I become discouraged in my Christian life, it is a sign of pride because it shows that I trust only in my own power. Come into my heart and help me to submit to your will. (St. Theresa of Calcutta)</p> <p><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/10	<p style="text-align: center;">The Virtue of Temperance and the Gift of Humility</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who seek the guidance of God, may they hear His voice and know His will. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Heavenly Father, before we undertake a task great or small, before making decisions, before beginning a journey, may we humbly acknowledge our dependence on you and invoke your guidance and blessing on all our tasks. (adapted from Archbishop Fulton J. Sheen)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/11	<p style="text-align: center;">The Virtue of Temperance and the Gift of Meekness</p> <p style="text-align: center;"><u>Today let us pray:</u> For the sick, in our families and our parish. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, our Divine Teacher, in the Sermon on the Mount you said, “Blessed are the meek, for they will inherit the earth.” (Mt 5:5). May we serve the needs of others with meekness, reflecting your love to all those in need.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/12	<p style="text-align: center;">The Virtue of Temperance and the Gift of Meekness</p> <p style="text-align: center;"><u>Today let us pray:</u> That we never become angry with our family members. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, please be King of my heart, especially when I am frustrated or angry. In those moments give me the grace to use all my emotions for the good. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/13	<p style="text-align: center;">The Virtue of Temperance and the Gift of Meekness</p> <p style="text-align: center;"><u>Today let us pray:</u> For the wisdom to know when we need to take a break before becoming upset. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Spirit of Love, may we turn to You for Your guidance during times when we are growing frustrated or angry. Grant us the wisdom to know how to remain calm when we are becoming upset.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/14	<p style="text-align: center;">The Virtue of Temperance and the Gift of Meekness</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of Mary, our Mother in Faith, that we too can give our yes to God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Lord, you left your Mother in our midst that she might accompany us. May she take care of us and protect us on our journey, in our hearts, in our faith. May she make us disciples like herself, missionaries like herself. May she teach us to go out onto the streets. May she teach us to step outside ourselves. May she, by her meekness, and by her peace, show us the way. (Pope Francis)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/15	<p style="text-align: center;">The Virtue of Temperance and the Gift of Meekness</p> <p style="text-align: center;"><u>Today let us pray:</u> For an end to war, murder, and violence of any kind. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Loving God, may we seek to replace anger with love, aggression with peace, and killing with life. May we share a message of peace as missionary disciples of Jesus Christ.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/16	<p style="text-align: center;">The Virtue of Temperance and the Gift of Meekness</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Therese of Lisieux, that we, like her, will desire to become a “little saint.” And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> St. Therese, Flower of fervor and love, please intercede for us. Fill our hearts with your pure love of God. Instill in us your little way of doing ordinary things with extra- ordinary love. (Adapted from the Society of the Little Flower)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/17	<p style="text-align: center;">The Virtue of Temperance and the Gift of Moderation</p> <p style="text-align: center;"><u>Today let us pray:</u> For balance in our life so that we can spend time together as a family. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God of Peace, may we find balance in our lives so that we have time to spend with your family during meals, in play, in conversation, and in prayer. While the world may be hectic, may our families be islands of peace.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/18	<p style="text-align: center;">The Virtue of Temperance and the Gift of Moderation</p> <p style="text-align: center;"><u>Today let us pray:</u> That we are moderate in the pursuit of the good things in the world. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, help me to keep a balance in my life, using created things properly and in the right amount that is truly best for me. I need Your help to set limits for myself even with the good things of this world.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/19	<p style="text-align: center;">The Virtue of Temperance and the Gift of Moderation</p> <p style="text-align: center;"><u>Today let us pray:</u> That we pray every day. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Father, guide us to keep from overindulging in the digital world. May be moderate in our use of electronic devices so that we can gather as a family in conversation and prayer. We pray that we will be moderate in our access to the digital world and protect any younger children from it.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/20	<p style="text-align: center;">The Virtue of Temperance and the Gift of Moderation</p> <p style="text-align: center;"><u>Today let us pray:</u> That we take the time we need to attend to our duties during each day. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Eternal Spirit, guide us in wisdom so that we work to accomplish our duty to our family, our work or school, and to God each day. May our day be filled with the glory and praise of God and may we care for others and God's creation.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/21	<p style="text-align: center;">The Virtue of Temperance and the Gift of Moderation</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. John Henry Newman who devoted his life to seeking the truth in Jesus Christ. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, shine in me, and be so in me that every soul I come in contact with may feel Your presence in my soul. Let them look up and see no longer me, but only Jesus! (adopted from St. John Henry Newman)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/22	<p style="text-align: center;">The Virtue of Temperance and the Gift of Moderation</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Francis de Sales who learned to moderate his temper and desires. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear St. Francis de Sales, may we follow you and learn to control our temper and moderate our desires. When we find ourselves becoming upset or overly focused on our physical wants, may we remember the way you dedicated your life to God's plan in order to practice temperance in life.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/23	<p style="text-align: center;">The Virtue of Temperance and the Gift of Modesty</p> <p style="text-align: center;"><u>Today let us pray:</u> For the gift of modesty in our actions, dress, and speech. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, our Lord and Savior, you teach us, "Blessed are the pure in heart for they will see God." (Mt 5:6). May we keep our hearts pure, so that one day we will be with you heaven.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/24	<p style="text-align: center;">The Virtue of Temperance and the Gift of Modesty</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of Mary, that she guides us every day so that we follow the way of Jesus. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Dear Jesus, give me a pure heart like that of Your Mother! Please increase in me the gift of the fear of the Lord, so that I may always follow You by the way I dress, act, or speak.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/25	<p style="text-align: center;">The Virtue of Temperance and the Gift of Modesty</p> <p style="text-align: center;"><u>Today let us pray:</u> That we humbly celebrate the gifts we have been given by God. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God in Heaven, may we celebrate the gifts of others. Guide us so that we do not desire to make ourselves the center of attention. May we seek to keep you always at the center of our family.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/26	<p style="text-align: center;">The Virtue of Temperance and the Gift of Modesty</p> <p style="text-align: center;"><u>Today let us pray:</u> For those who do not love and respect themselves. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God of mercy, we pray for those who only find fault with themselves. May they see in themselves the beauty of someone created in Your image and likeness so that they respect themselves and celebrate their gifts.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/27	<p style="text-align: center;">The Virtue of Temperance and the Gift of Modesty</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Bruno who declined glory and honor so that he could be a person of service. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Jesus, your servant St. Bruno declined to accept an invitation to a position of great authority in Your Church so that he could serve others. May we seek to serve the poor, the homeless, the immigrant, and the hungry rather than only seek to place ourselves in positions of privilege and power.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

4/28	<p style="text-align: center;">The Virtue of Temperance and the Gift of Modesty</p> <p style="text-align: center;"><u>Today let us pray:</u> For the intercession of St. Andre' Bessette, the humble doorkeeper who showed great love to all who visited the St. Joseph's Oratory. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> God of Peace, St. Andre' served as a religious brother as the doorkeeper and in the laundry of his community. Through this simple servant, You brought about the miraculous healing of many souls. May we grow in our knowledge of how you seek to use our gifts for the good of others.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/29	<p style="text-align: center;">The Virtue of Temperance and the Gift of Orderliness</p> <p style="text-align: center;"><u>Today let us pray:</u> That our family joyfully help keep our home clean. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Oh infinite Beauty, in Your wisdom, You created all things with perfect order. Orderliness brings peace, beauty, harmony, and joy! Please help me to keep order in my own life so that I may respect those things. (Disciples of Christ)</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>
4/30	<p style="text-align: center;">The Virtue of Temperance and the Gift of Orderliness</p> <p style="text-align: center;"><u>Today let us pray:</u> For those without the water with which to bathe. And for what else shall we pray on this day?</p> <p style="text-align: center;"><u>Let us pray:</u> Father, give of all good things, we pray for those who do not have the means to regularly clean themselves. There are people without water, who do not have the means to buy clothes or shoes when the ones they are wearing wear out, who do not have parents or caregivers who make sure they live in a clean environment. May those of us with means give to those in need so that they can achieve orderliness in their lives.</p> <p style="text-align: center;"><u>Let us join our voices and pray:</u> Our Father, who art in heaven, hallowed by Thy name....</p>

