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## Decree Introduction to Natural Family Planning in Marriage Formation In Nomine Domini. Amen.

Whereas Natural Family Planning Ministry in the Diocese of Crookston is a resource for married and engaged couples and is designed to provide couples with easy access to Natural Family Planning.

Whereas Natural Family Planning follows God's plan for fertility awareness within the sacrament of marriage.

*Whereas* many people, Catholics included, do not fully understand the Church's teaching on marriage, the unique marital bond of the sexual act between husband and wife, and the blessing that they may receive when they "cooperate with God" in the creation of a new life.

*And, whereas* a goal is to support the couples in the Diocese of Crookston by providing them with easy access to Natural Family Planning education.

**Therefore,** I hereby decree all couples to be married in the Diocese of Crookston or that prepare in the Diocese for a wedding to take place in another diocese will complete a one-hour Natural Family Planning introductory session (via online delivery and at no cost to the couple) offered by those contracted by the Diocese of Crookston to provide this service. **Also, therefore,** a full Natural Family Planning preparation course can be completed in lieu of the one-hour introductory session. This decree takes effect for all couples beginning marriage preparation after January 1, 2024.

Anden A. Cozgens

+Most Rev. Andrew Cozzens Bishop of Crookston

Given at the Chancery This 10th day of July, 2023.

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