

Assumption | Our Lady of the Lake | St. Bridget | St. Catherine of Siena

OUR PARISHES

ASSUMPTION

6201 33rd Avenue NE Seattle, WA 98115 (206) 522-7674 assumptionseattle.com



OUR LADY OF THE LAKE

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ST. CATHERINE OF SIENA

814 NE 85th Street Seattle, WA 98115 (206) 524-8800 stcatherineparish.net

APRIL 13, 2025 | PALM SUNDAY



GET TO KNOW US | 02

April 13, 2025 | Palm Sunday



Assumption Catholic Church

(206) 522-7674

MASS TIMES

Monday, Wednesday & Friday at 9:00am | Sunday at 9:00am Reconciliation: Friday at 9:30am

FRONT OFFICE

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Kenny Kahaloa



Our Lady of the Lake

(206) 523-6776

MASS TIMES

Wednesday & Thursday at 9:00am | Saturday at 5:00pm Sunday at 10:30am | Reconciliation: Saturday at 4:00pm

ADMINISTRATIVE ASSISTANT

Colleen Baardese cbaardse@neseattlecatholic.org



St. Bridget Church

(206) 523-8787

MASS TIMES

Monday & Friday at 9:00am | Wednesday at 6:30pm | Sunday at 9:00am Reconciliation: Wednesday at 5:30pm

ADMINISTRATIVE ASSISTANT

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St. Catherine of Siena Church

MASS TIMES

Tuesday & Thursday at 9:00am | Saturday at 5:00pm Sunday at 10:30am | Reconciliation: Saturday at 4:00pm

ADMINISTRATIVE ASSISTANT

Anakaren Medina-Ayala reception@stcatherineparish.net

MUSIC DIRECTOR

Jennifer Kowalewski ikowalewski@st-c.org

03 | GET TO KNOW US

NE Seattle Catholic Community



NE Seattle Catholic Community All-Parish Family Clergy & Staff

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Iron Sharpens Iron

12th Annual Seattle Catholic Men's Conference: "Refined Through Love"

The Seattle Catholic Men's Conference invites men of all ages and backgrounds to deepen their faith and strengthen their families through prayer and action. This year's theme, "Refined Through Love: Becoming the Man You Are Called to Be," focuses on personal growth in faith, spirituality, and morality.

Saturday, May 24, 2025 at Holy Rosary Parish, 760 Aloha Street, Edmonds, WA

For more information and to register, please visit https://www.seattlemensconference.org.

A REFLECTION BY FR. HERIC

Dear Friends in Christ,

The celebration of **Holy Week, which starts this Palm Sunday**, comes as it always does at just the right time. The list of concerns in our world, country, and church is growing, but so is the list of our reasons for hope in the new life revealed in the death and resurrection of Christ. This paschal mystery of the Lord is celebrated in a powerful way through a single liturgy that takes place over three days that we call



the **Triduum**. My hope is that many of you will choose to participate in the Mass of the Lord's Supper on Holy Thursday, the Passion of the Lord on Good Friday, and the Great Easter Vigil on Holy Saturday.

Please take a few minutes to read the bulletin insert reflection on the meaning of the Triduum by Corinna Laughlin, pastoral assistant for liturgy at St. James Cathedral.

Finally, please spread the word to family, friends, neighbors, and coworkers that we would love to have them join us for any and all of our coming celebrations!

Blessings of peace,

F. Walle Heir

Fr. William Heric, Pastor

Holy Mary Mother of God...pray for us! St. Bridget of Kildare...pray for us! St. Catherine of Siena...pray for us! Live Jesus in our hearts...forever!

PRAYER & READINGS | 04

April 13, 2025 | Palm Sunday

Mass Intentions

Our Mass celebrants will remember the following Intentions during the celebration of the Eucharist:

MONDAY, APRIL 14

9:00 am | For the Parish † - AP 9:00 am | For the Parish † - STB

TUESDAY, APRIL 15

9:00am | For the Parish † - STC

WEDNESDAY, APRIL 16

9:00am | For the Parish † - AP 9:00am | For the Parish † - OLL

6:30pm | For the Parish † - STB

THURSDAY, APRIL 10

9:00am | For the Parish † - OLL & STC

FRIDAY, APRIL 11

9:00 am | For the Parish † - STB & AP

Mass intentions may be requested through the parish office.

Prayer Corner

Please pray for those who are ill:

Carmina Bacani

Ryan Corr

Susan Donat

Phil Hart

Jim McFarland

Barbara King

Gary Raymond (Father of David Raymond)

Marianne Roulet

Carter Schlichmeyer

Terry Smith

Frank Virant

For those who have died:

David Monk (Brother of Mary Dunphy)

Sally Ryan





Readings for the week of April 13, 2025

Sunday:

Lk 19:28-40/ls 50:4-7/ Ps 22:8-9, 17-18, 19-20, 23-24 (2a)/ Phil 2:6-11/Lk 22:14—23:56 or 23:1-49

Monday:

Is 42:1-7/Ps 27:1, 2, 3, 13-14/Jn 12:1-11

Tuesday

Is 49:1-6/Ps 71:1-2, 3-4a, 5ab-6ab, 15 and 17/ Jn 13:21-33, 36-38

Wednesday:

Is 50:4-9a/Ps 69:8-10, 21-22, 31 and 33-34/ Mt 26:14-25

Thursday:

Chrism Mass: Is 61:1-3a, 6a, 8b-9/ Ps 89:21-22, 25 and 27/Rv 1:5-8/Lk 4:16-21

Evening Mass of the Lord's Supper: Ex 12:1-8, 11-14/Ps 116:12-13, 15-16bc, 17-18 (see 1 Cor 10:16)/1 Cor 11:23-26/Jn 13:1-15

Friday:

Is 52:13—53:12/Ps 31:2, 6, 12-13, 15-16, 17, 25 (Lk 23:46)/Heb 4:14-16; 5:7-9/ Jn 18:1—19:42

Saturday:

Easter Vigil: Gn 1:1—2:2 or 1:1, 26-31a/Ps 104:1-2, 5-6, 10, 12, 13-14, 24, 35 or Ps 33:4-5, 6-7, 12-13, 20-22 (5b)/Gn 22:1-18 or 22:1-2, 9a, 10-13, 15-18/Ps 16:5, 8, 9-10, 11 (1)/Ex 14:15—15:1/Ex 15:1-2, 3-4, 5-6, 17-18 (1b)/Is 54:5-14/Ps 30:2, 4, 5-6, 11-12, 13 (2a)/Is 55:1-11/Is 12:2-3, 4, 5-6 (3)/Bar 3:9-15, 32—4:4/Ps 19:8, 9, 10, 11 (Jn 6:68c)/Ez 36:16-17a, 18-28/Ps 51:12-13, 14-15, 18-19 (12a)/Rom 6:3-11/Lk 24:1-12

Next Sunday:

Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9 or Lk 24:1-12

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass @1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All Rights Reserved.

05 | COMMUNITY LIFE

NE Seattle Catholic Community

Get Involved in Our Ministries!

Sacristans SEEKING NEW MEMBERS!

Sacristans prepare the the church and sacristy for Mass! Lighting the candles, preparing the gifts and altar, assisting during mass, and tidying up after are critical jobs for celebrating Mass. Please consider joining in this important ministry by contacting the sacristy leaders below!

STB - Alex Chopyak alex@ stbridgetchurch.org

STC - David Gent dave.gent@ hotmail.com

OLL - Pam Thomas trockcreek@ msn.com

AP - Ron Murphy ronm365@gmail. com

Lectors ALL PARISH

Lectors proclaim the scriptures at Sunday, Saturday, and weekday Mass. This is a wonderful ministry for those who are comfortable with public speaking! Please contact the following at your parish for more information on getting involved!

STB - JJ Horner matzje@hotmail.

STC - Joe Bringman jbringman@ perkinscoie.com

OLL - chud8@comcast.net

AP - Sara Ireton saraireton@ comcast.net



Phoebe Circle at Mass

Inspired by Discerning Deacons and with Father Bill's support, our Phoebe Circle continues to elevate women's voices in our community. On the last weekend of April, three women from our parish will share reflections at all six Masses.

Kristin Holland (St. Catherine
- Sat. evening, St. Bridget's Sun. morning) holds a master's
in theology and organizational
leadership from Gonzaga and is the
Director of Liturgy for NE Seattle
Catholic Family.

Erin Ahern (OLL - Sat. evening & Sun. morning) has served as a children's liturgist, youth leader, and Catholic school teacher and is currently a second-grade teacher at OLL.

Chris Covey (Assumption - Sun. 9 AM, St. Catherine - Sun. 10:30 AM) has been active at OLL for 10 years, serving in the Mother Teresa Guild, peace and justice committee, and as a sacristan.

To learn more about Phoebe Circle, email Liz Jackman, elizabeth.ann. jackman@gmail.com. Inspired by St. Phoebe, a deacon in the early Church, we uplift women's roles through reflections, prayer, and fellowship. Join us!

Lenten Recipes -Kenyan Coconut Beans

Suggested by Mary-Anne Matua

Ingredients: 1/2 onion chopped, 1/2 bell pepper chopped, 2-3 cloves

garlic minced, 2tsp turmeric, 2tsp cumin, 1tsp coriander, 1/4tsp cardamom, 1tsp ginger paste, 1 jalapeno, chopped, 2tsp agave, s&p, 2 cans drained kidney or black beans, 1 can diced tomatoes, 1 can coconut milk, 1 cp water.

Method: Sauté onions, bell pepper, and garlic in ¼ inch of water in a soup pot over medium heat until soft, 7-10 mins. While the veggies are cooking, measure out your spices into a pinch bowl and open your cans. Add all spices, including the ginger paste, plus the jalapeño. Stir to create a pastelike consistency and cook about one minute, not allowing the mixture to get too dry (add a splash of water if needed). Reduce heat to low and stir in the agave, salt and pepper, beans, tomatoes, and coconut milk. Add water to thin to desired consistency. Simmer at least 20 mins, stirring occasionally. Serve with chapati or naan bread.



OUTREACH & NEWS | 06

April 13, 2025 | Palm Sunday



Earth Day Summit

Laudato Si Movement WA

Join us for the annual Laudato Si Movement Washington Chapter Summit (formerly CCN/Care for Creation Summit) on Saturday, April 26, 2025, 9:00 am – 5:00 pm at Seattle University - La Roux Conference Center. Our theme for this year is Pilgrims of Hope for Creation. We are thrilled to announce that our guest speaker will be Dr. Robert Bullard, Father of Environmental Justice.

America is segregated and so is pollution. Race and class still matter and map closely with pollution, unequal protection, and vulnerability. Today, zip code is still the most potent predicter of an individual's health and wellbeing. Reducing environmental, health, economic, and racial disparities is a major priority of the Environmental Justice Movement.

Our annual summit also includes prayer, presentations on local and global environmental issues (including a presentation from Eastside Catholic youth representatives), a "trash pilgrimage" to clean up around the SU campus and local neighborhood, reflection, and representatives from local organizations to answer any questions you might have!

Come to learn, pray, share, reflect, and answer the call to action!

Good Friday Special Collection for the Holy Land

Every year on Good Friday, a collection is taken up in Catholic Churches to support the work of the Franciscans working in the Holy Land. Christians there rely heavily on the help that comes to them from this worldwide collection.

The Franciscan Monastery of the Holy Land in America is part of a world-wide network of Commissariats of the Holy Land which function as bridges between the Holy Land and Christians all over the world. The Franciscan Monastery in Washington, D.C., coordinates this vital support for the work of the Franciscans who work in the Holy Land.

The Franciscans of the Custody of the Holy Land have the unique responsibility to care for the Holy Places as well for the "Living Stones," the Christians living there. It is vital that we support Christians living in the Holy Land, in order to maintain a Christian presence in the very land made holy by the life, death and Resurrection of Jesus. Learn more here: https://myfranciscan.org/good-friday-2025/



Child Abuse Prevention Month

April is National Child Abuse Prevention Month. During this month, Archbishop Etienne is encouraging everyone to increase our awareness, to educate ourselves and our communities, and to pray for healing for those who have been tragically impacted by the scourge of child abuse.To learn about the Archdiocese of Seattle's longstanding commitment to transparency, accountability, and assistance to victims of abuse, as well as safe environment standards, visit: https://archseattle.org/protectand-heal/



St Francis House Update

Truly appreciate all the sandwiches people have been making!! If you want to send hard boiled eggs & bags of small oranges/apples with the sandwiches our folks love those as well!!

Many thanks!

Have a bulletin story or pictures to share? Scan this code to learn more.



07 COMMUNITY LIFE

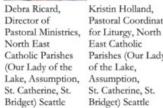
NE Seattle Catholic Community

Jubilee of Hope - Saturday, April 26

A day of prayer and faith-sharing in observance of the Holy Year

Presenters







Kristin Holland Pastoral Coordinator East Catholic Parishes (Our Lady of the Lake, Assumption, St. Catherine, St. Bridget) Seattle



Chris Koehler, Director of Missions & Immigrant Affairs, Archdiocese of Seattle

St. Mary's by the Lake, Bellevue, 9:30 - 4:30 pm Cost: Cost: \$30 (single), \$50 (couple) Scholarships available! Drinks/snacks provided.

PLEASE BRING A SACK LUNCH!

Presenters will respond to the following questions:

- Describe your relationship with God and your journey of faith.
- What does it mean for you to be a person of hope?
- How do you nurture hope, and where do you see signs of bope?
- What is a Scripture text that speaks to you of the hope you have in God?
- What is a piece of wisdom that you would like to share to encourage others to have hope?

Questions? To Register: Send name & email or address to: CLM, 1827 NE 58th St, Apt B, Seattle WA 98105 Online registration: Go to catholiclifeministries.org, click on "Register for an event." (Payment at the door.)

Homebound Visits If you know of someone who is

unable to attend Mass and wishes to receive Holy Communion please let your Parish Office know!



Grief Support

Group If you are grieving over the death of a loved one, you are not alone. Our NE Seattle Catholic Community offers a grief support group that is a safe space to talk about loss and listen to others who are having the same experience as you. The **Wednesday meetings** are held at the Our Lady of the Lake Parish Office every two weeks at 7 pm. The next meeting will be on Wednesday, April 16. Join us and discover how life may not be the same, but that it can continue in a new and hopeful way. Father Bob Camuso will be there to introduce the new facilitator for the group.

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THAVEN Call 206-365-3020

Northaven, a Community You Can Grow Old With.

Northaven Retirement & Assisted Living is the vibrant non-profit, affordable housing community located in the Northgate neighborhood. Dignity, respect, compassion, generosity, are values that inspired our mission, guided our caring staff, for over 40 years

