



Assumption | Our Lady of the Lake | St. Bridget | St. Catherine of Siena

OUR PARISHES



ASSUMPTION

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assumptionseattle.com



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(206) 523-6776
ollparishseattle.org



ST. BRIDGET

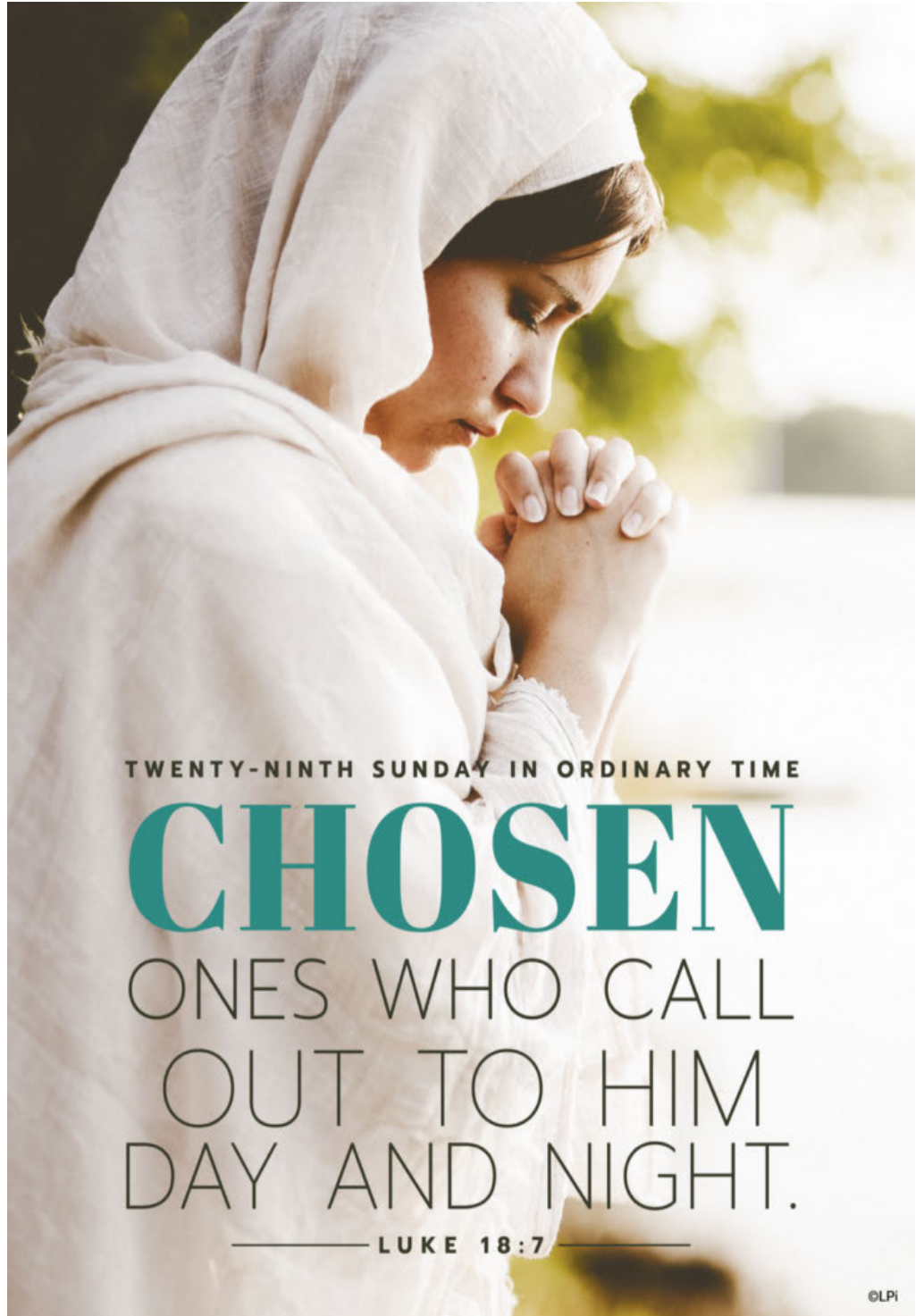
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(206) 523-8787
stbridgetchurch.org

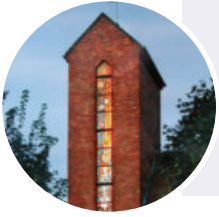


ST. CATHERINE OF SIENA

814 NE 85th Street
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(206) 524-8800
stcatherineparish.net

OCTOBER 19, 2025 | THE TWENTY-NINTH SUNDAY IN ORDINARY TIME





Assumption Catholic Church

(206) 522-7674

MASS TIMES

Friday at 9:00am | Sunday at 9:00am

Reconciliation: Friday at 9:30am

FRONT OFFICE

Annie Costello
annie@assumptionseattle.com

MUSIC DIRECTOR

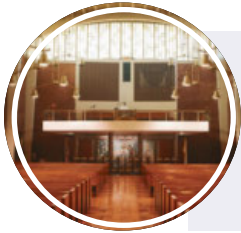
Craig Garretson
cgarretson.baritone@gmail.com

RELIGIOUS EDUCATION

Ellen Bollard
ellenb@neseattlecatholic.org

CUSTODIAN

Kenny Kahaloa



Our Lady of the Lake

(206) 523-6776

MASS TIMES

Wednesday at 9:00am | Saturday at 5:00pm

Sunday at 11:00am | Reconciliation: Saturday at 4:00pm

ADMINISTRATIVE ASSISTANT

Colleen Baardse
cbaardse@neseattlecatholic.org

MUSIC DIRECTOR

Ann Radermacher
kurdyam@hotmail.com



St. Bridget Church

(206) 523-8787

MASS TIMES

Monday at 9:00am | Wednesday at 6:30pm | Sunday at 9:00am

Reconciliation: Wednesday at 7:00pm

ADMINISTRATIVE ASSISTANT

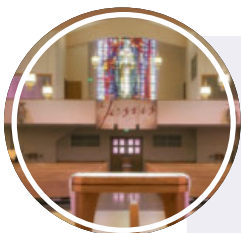
Mary-Anne Mutua
mary-anne@stbridgetchurch.org

PAS. ASST. MUSIC & CONFIRMAT.

Sarah Chopyak
sarah@stbridgetchurch.org

PAS. ASST. ADULT FAITH FORM. & LITURGIES

Alex Chopyak
alex@stbridgetchurch.org



St. Catherine of Siena Church

(206) 524-8800

MASS TIMES

Thursday at 9:00am | Saturday at 5:00pm

Sunday at 11:00am | Reconciliation: Saturday at 4:00pm

ADMINISTRATIVE ASSISTANT

Anakaren Medina-Ayala
reception@stcatherineparish.net

MUSIC DIRECTOR

Jennifer Kowalewski
jkowalewski@st-c.org

03 | GET TO KNOW US

NE Seattle Catholic Community



NE Seattle Catholic Community All-Parish Family Clergy & Staff

PASTOR

Fr. William Heric
wheric@neseattlecatholic.org

PAROCHIAL VICAR

Fr. Duc Nguyen
frduc@neseattlecatholic.org

DEACON

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PAS. ASST. STEWARDSHIP

Anne Lovinger Earhart
anne@neseattlecatholic.org

A REFLECTION BY FR. HERIC

Dear Friends in Christ,

"What return shall I make to the Lord for all that he has done for me?" I chose this verse from Psalm 116 to put on the holy card commemorating my ordination to the priesthood some 44 years, and pounds ago! You will not recognize the picture below of the young man on the card, I frankly don't either! What I try to remember is the challenge of Psalm 116 to see everything in my life as a gift from God, that belongs to God. My vocation is to give it all back as a steward of God's grace.



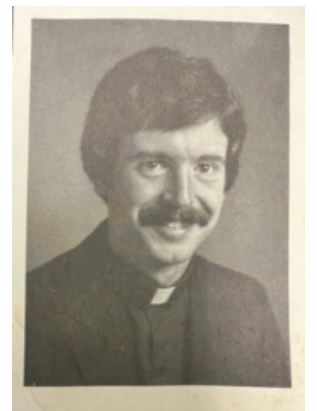
That's our common vocation as Christians. We have begun our annual fall **stewardship appeal**, once again inviting our parish households to make a commitment by pledging a gift of our time, talent, and treasure to the Lord in the coming calendar year 2026. The difference between stewardship and other gifts is that it is first and foremost an act of **gratitude** for God's blessings, and **trust** in God's continued providence in our lives. Furthermore, Christian stewardship places our gift at the forefront of our giving, and not an afterthought we get around to when we feel like it. Please consider what your monthly stewardship pledge will be like in the coming year. I never ask our community to give something that I don't plan to do, so, before I head out on **vacation on Friday October 17th**, I will be renewing through Push Pay my gift of treasure for the coming year.

I am heading to Rome with my brother Todd to meet up with our brother Fr. Paul. From there we will take a cruise on the Mediterranean with stops in Italy, Greece, and finally Barcelona, Spain. We then train up to Lourdes and end in Paris France for our **return home Nov. 6**. While I am away, Fr. Duc and Torrie Smith will be in charge of overseeing our parishes, with the able help and support of our staff and volunteers. I am looking forward to the break and will follow the Mariners from afar. A reminder, that should they make it to the "World Series" and you have an extra ticket for me, I will fly home immediately to join you! **GO M'S!**

My love and prayers,

Fr. William Heric

Holy Mary Mother of God...pray for us!
St. Bridget of Kildare...pray for us!
St. Catherine of Siena...pray for us!
Live Jesus in our hearts...forever!



Mass Intentions

Our Mass celebrants will remember the following Intentions during the celebration of the Eucharist:

MONDAY, OCTOBER 20

9:00 am | Phil Hart (RIP) - STB

TUESDAY, OCTOBER 21

No Mass

WEDNESDAY, OCTOBER 22

9:00am | For the Parish - OLL

6:30pm | For the Parish - STB

THURSDAY, OCTOBER 23

9:00am | For the Parish † - STC

FRIDAY, OCTOBER 24

9:00 am | For Nicholas Butterfield † - AP

Mass intentions may be requested through the parish office.



Readings for the week of October 19, 2025

Sunday:

Ex 17:8-13/Ps 121:1-2, 3-4, 5-6, 7-8 (see 2)/2 Tm 3:14-4:2/Lk 18:1-8

Monday:

Rom 4:20-25/Lk 1:69-70, 71-72, 73-75/
Lk 12:13-21

Tuesday:

Rom 5:12, 15b, 17-19, 20b-21/Ps 40:7-8a, 8b-9, 10, 17/Lk 12:35-38

Wednesday:

Rom 6:12-18/Ps 124:1b-3, 4-6, 7-8/
Lk 12:39-48

Thursday:

Rom 6:19-23/Ps 1:1-2, 3, 4 and 6/
Lk 12:49-53

Friday:

Rom 7:18-25a/Ps 119:66, 68, 76, 77, 93, 94/Lk 12:54-59

Saturday:

Rom 8:1-11/Ps 24:1b-2, 3-4ab, 5-6/Lk 13:1-9

Next Sunday:

Sir 35:12-14, 16-18/Ps 34:2-3, 17-18, 19, 23 (7a)/2 Tm 4:6-8, 16-18/Lk 18:9-14

Prayer Corner

Please pray for those who are ill:

Carmina Bacani (OLL)

Ryan Corr (AP)

Kathleen Genis (AP)

Lori Griswald (STC)

John Hassay (STC)

Patti Herlihy (AP)

Cheryl Kerner

JoAnne King (AP)

Julie Kirkevold

Kay Laporte (OLL)

Patrick Mulvihill (OLL)

Colleen Riley (OLL)

Ethel Rose Shea (STC)

Doug Ward (OLL)

For those who have died:

Arlene Boulanger (STC)

Dan Karches (STC)

Pat Kelly (STB)

Mary Gibson (STB)

Holy Rosary

You are warmly invited to join us each week in praying the Holy Rosary. We gather on **Wednesdays at 5:30 pm at St. Bridget** and on **Thursdays at 9:30 am at St. Catherine**. This is a beautiful opportunity to reflect on the mysteries of our faith, lift up our intentions, and spend time in prayerful community together.

05 | COMMUNITY LIFE

NE Seattle Catholic Community

October is Respect Life Month

"Christ needs you to enlighten the world and to show it the 'path to life' (Psalm 16:11). The challenge is to make the Church's 'yes' to Life concrete and effective. The struggle will be long, and it needs each one of you. Place your intelligence, your talents, your enthusiasm, your compassion, and your fortitude at the service of life!" St. John Paul II



Taizé Adoration

Join us for a Holy Hour of Taizé Adoration at St. Catherine of Siena Church on Friday, October 24, 2025, from 7:00 PM to 8:00 PM. This meditative service features the beautiful and contemplative music of Taizé — simple, prayerful songs that invite everyone to sing together. It's a peaceful opportunity for reflection and quiet connection with God in the presence of the Blessed Sacrament.



All are welcome!

St Catherine's School Enrollment

St. Catherine School is accepting **Early Learning & Kindergarten** applications for the 2026–2027 school year. Please note the following priority application windows:

Current Families & St. Catherine Parish Members:
Now – October 26, 2025

Family 15 Parishioners:
October 27 – November 2, 2025

Open to the Public:
Beginning November 3, 2025

We look forward to welcoming both new and returning students into our school community. Families are encouraged to apply during their designated priority window.

Apply now! - <https://www.stcatherineschool.net/how-to-apply>



Holiday Bazaar!

The NESCC Holiday Bazaar hosted at St Catherine's Parish is **November 22nd and 23rd**. The bazaar supports a variety of charities, including SVDP. The deadline to reserve a booth to sell your craft is October 20th. Many volunteers will be needed to make it a success.

Please email or text Katie Fleming for all details

kjfleming1239@gmail.com 206-354-5161



2026 Stewardship of Treasure

Last week, we invited you to reflect on how God has blessed you and to prayerfully consider how you might share those blessings with our parish.

Stewardship giving funds many things, and one is our amazing staff! Parish staff support our priests and parishioners, communicates important info to our community, supports outreach ministries, orders liturgical supplies, and helps plan community events.

Your commitment helps sustain the ministries, outreach, and spiritual life of our parish. From sacramental preparation to outreach to our brothers and sisters, your gifts make it possible for us to continue helping one another encounter Jesus Christ.

It's easy to make your stewardship of treasure pledge to our parish:

- **Visit your parish website to learn more,**
- **Fill out and mail your pledge card back to your parish using the postage-paid return envelope enclosed,**
- **Stop by your Parish Office to pick up a pledge card or have one of our staff help you set up your pledge!**

Women of Wisdom

Introducing Women of Wisdom - A quarterly written contribution sponsored by The Phoebe Circle and created by an active member. These reflections are in addition to The Phoebe Circle pulpit reflections that take place throughout the Liturgical Year. For more information regarding The Phoebe Circle please contact: Elizabeth Jackman:

elizabeth.ann.jackman@gmail.com

Power of Prayer - by Margaret Nichols

In today's reading of Exodus 17: 8-13 the victory of Moses over the Amalekites is directly linked to the power of prayer as well as the importance of community support. Regular, persistent prayer keeps us on track with God. We can't do this Catholic journey alone. We need each other. So let's talk about contemplative prayer for a moment. What is it?

Contemplative prayer is a way of cultivating a deeper relationship with Jesus through quieting the mind. It can be done alone or in a group format. We have a group centering prayer group at OLL that meets at 7pm on Monday evenings. It's a simple easy way to get a general introduction to the power of contemplative prayer.

When we gather in centering prayer, we open our minds and hearts – our whole being – to God. Through grace, we open our awareness to God whom we know by faith is within us, closer than breathing. We do the same thing each week when we attend Mass in community but this is more personal and designed to be reflective. We come away with new personal awareness, perhaps an insight to do things a bit differently.

In summary, centering prayer allows us to rest in God's presence and take a break from every day concerns allowing our minds and hearts to go deep within. In today's chaotic world, we all need this to stay on our Catholic journey.

Today's readings all focus on the importance of deepening our prayer life. I invite you to look closely into the power of contemplative prayer. As Psalm 46:10 tells us: "Be still and know that I am God."

Margaret Nichols, MA is a retired career counselor from Bellevue



PREPARES Drive

Layette-Making Party!

PREPARES co-chairs Judy Curran and Mary Jo Gasparich recently learned that St. Edwards Baby Closet is out of Layette's for new moms. Consequently, Judy and Mary Jo are hosting a Layette making party on **Monday October 27th at 10:30 am**. If you can join us, please RSVP by e-mailing Judy Curran, jcurran2@msn.com or Mary Jo Gasparich, maryjogasparich@gmail.com.

Items specifically needed for the Layettes are:

- Diaper bags: the young parents prefer the backpack style
- Receiving blankets

- Disposable Diapers, Newborn size
- Baby Outfits 0-3 months
- Onesies 0-3months
- Small infant socks, and hats/caps
- Infant Bibs
- Pacifiers
- Newborn Toys

Please put any purchases into the PREPARES Bins or in any of our Four Churches or if you can join us at the Layette making party, please bring your donations to the party.

If you have already donated to our PREPARES baby drive, thank you so much and God Bless!

Donate Here!



Blood Drive at Assumption Parish

Join us for the Assumption Catholic Church blood drive on **Tuesday, October 21**. Appointments are available between 12:00 pm - 6:00 pm. Sign up for your appointment here:

<http://bit.ly/47g7OFI>

07 | COMMUNITY LIFE

NE Seattle Catholic Community



Date Night for Couples!

Sat, Nov 1, 6:30–8:30 pm

All couples—married, engaged, or dating—welcome. Enjoy a fun, meaningful evening together and with other couples.

Past feedback: “We kept the conversation going for hours,” “Perfect for engaged couples,” “We met new friends and were inspired across generations.”

Register by emailing Robert Fontana at roblori.fontana@gmail.com

Spiritual Rosary

Spiritual Rosary with Immigrant Detainees

Wednesday evenings in October | 5:30-6 p.m. | Virtual

Join us in prayer as Deacon Juan Lezcano, chaplain at NW Detention Center in Tacoma, and immigrant detainees pray the rosary every Wednesday during the month of October. We are praying for the Blessed Mother's protection for migrants throughout the world, especially those detained at the NW Detention Center. For more information contact Terri Nelson terri.nelson@seattlearch.org



DID YOU KNOW?

Volunteering in liturgical roles - both for adults and kids - **counts towards school service hours!** Please see the Weekly Word or your parish website for more volunteering opportunities!

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