



Assumption | Our Lady of the Lake | St. Bridget | St. Catherine of Siena

OUR PARISHES



ASSUMPTION

6201 33rd Avenue NE
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assumptionseattle.com



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8900 35th Avenue NE
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ollparishseattle.org



ST. BRIDGET

4900 NE 50th Street
Seattle, WA 98105
(206) 523-8787
stbridgetchurch.org



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(206) 524-8800
stcatherineparish.net

FEBRUARY 8, 2026 | THE FIFTH SUNDAY
IN ORDINARY TIME

FIFTH SUNDAY IN ORDINARY TIME

YOUR LIGHT MUST
SHINE.

— MATTHEW 5:16 —





Assumption Catholic Church

(206) 522-7674

MASS TIMES

Friday at 9:00am | Sunday at 9:00am and 5:00pm

Reconciliation: Friday at 9:30am

ADMINISTRATIVE ASSISTANT

Chris Covey

reception@neseattlecatholic.org

MUSIC DIRECTOR

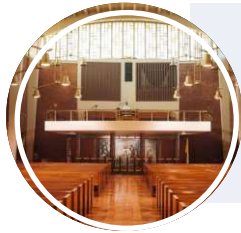
Craig Garretson

cgarretson@neseattlecatholic.org

CUSTODIAN

Kenny Kahaloa

kkahaloa@neseattlecatholic.org



Our Lady of the Lake

(206) 523-6776

MASS TIMES

Wednesday at 9:00am | Saturday at 5:00pm

Sunday at 11:00am | Reconciliation: Saturday at 4:00pm

ADMINISTRATIVE ASSISTANT

Grace Haider

parishadmin@neseattlecatholic.org

MUSIC DIRECTOR

Ann Radermacher

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NE Seattle Catholic Community

All-Parish Family Clergy & Staff

www.neseattlecatholic.org

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PAROCHIAL VICAR

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DEACON

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BUSINESS MANAGER

Colleen Baardse

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BEREAVED PARENT SUPPORT GROUP

The Bereaved Parent Support Group will gather on Monday, February 16 at 7:00 pm at St. Bridget's. This gentle and compassionate group offers a safe, welcoming space for parents who have experienced the loss of a child to come together, share, listen, and support one another. Whether your loss is recent or from years past, you are not alone. All are welcome, and you are warmly invited to join us for an evening of understanding, prayer, and quiet companionship.

03 | GET TO KNOW US

NE Seattle Catholic Community



St. Bridget Church

(206) 523-8787

MASS TIMES

Monday at 9:00am | Wednesday at 6:30pm | Sunday at 9:00am
Reconciliation: Wednesday at 7:00pm

ADMINISTRATIVE ASSISTANT

Mary-Anne Mutua
mmutua@neseattlecatholic.org

MUSIC DIRECTOR

Sarah Chopyak
schopyak@neseattlecatholic.org

CUSTODIAN

Kenny Kahaloa
kkahaloa@neseattlecatholic.org



St. Catherine of Siena Church

(206) 524-8800

MASS TIMES

Tuesday at 9:00am | Thursday at 9:00am | Sunday at 11:00am |
Reconciliation: Tuesday at 9:30am

ADMINISTRATIVE ASSISTANT

Anakaren Medina-Ayala
amedina@neseattlecatholic.org

MUSIC DIRECTOR

Jennifer Kowalewski
jkowalewski@neseattlecatholic.org

CUSTODIAN

Omal Alfred
oalfred@neseattlecatholic.org

A REFLECTION BY FR. HERIC



Dear Friends in Christ,

One of the significant moments in life that becomes more apparent this time of year is couples preparing to get married. Our family is looking forward to that for my nephew Mitch and his fiancée, Riley, who will marry this April in Puerto Vallarta, Mexico. For several reasons tied to their desired location, they will initially marry in a civil ceremony and then have their marriage blessed in the church later.

The Archdiocese of Seattle now has a policy allowing couples to request permission to celebrate the **Sacrament of Marriage** outside a church setting. In a church is still the ideal, of course, but for some couples, there is a desire to celebrate their wedding in one of the many beautiful natural settings in our Northwest region. There are conditions for granting this permission. The couple still needs to go through the normal parish marriage prep process, and their wedding must be witnessed by a priest or deacon. The wedding location must be an appropriate space. This excludes places such as bars, casinos, theme parks, or boats. Finally, the wedding cannot be part of a full Mass.

Congratulations to all those engaged to be married in our NE Seattle Catholic Community. For more information on wedding venue options, please visit the following link: ln.nwcatholic.org/weddingpolicy.

Blessings of peace,



Fr. William Heric, Pastor

Holy Mary Mother of God...pray for us!
St. Bridget of Kildare...pray for us!
St. Catherine of Siena...pray for us!
Live Jesus in our hearts...forever!

Mass Intentions

Our Mass celebrants will remember the following Intentions during the celebration of the Eucharist:

MONDAY, FEBRUARY 9

9:00 am | For Fr Marlin Connole † - STB

TUESDAY, FEBRUARY 10

9:00 am | For the Parish † - STC

WEDNESDAY, FEBRUARY 11

9:00am | For Dennis Smith (RIP) † - OLL

6:30pm | For the Parish † - STB

THURSDAY, FEBRUARY 12

9:00am | For the Parish † - STC

FRIDAY, FEBRUARY 13

9:00 am | For Brendan Corr † - AP

Mass intentions may be requested through the parish office.



DAILY SCRIPTURE READING

We will no longer print the daily readings due to space constraints. Please visit the website: www.usccb.org for the daily readings.

Prayer Corner

Please pray for those who are ill:

Carmina Bacani (OLL)	Matt Todaro (STB)
Tom Barrett (OLL/STC)	Crystal Vines (OLL)
Ryan Corr (AP)	For those who have died:
Kathleen Genis (AP)	Sheldon Joseph Best (STC)
Mary Gill (AP)	Maria Luisa Buan (AP)
Patti Herlihy (AP)	Fr Marlin Connole (All)
Julie Kirkevold (All Parish)	Joanne Deligan (STC)
Jim McFarland (AP)	Carol Gary (OLL)
Lucy McGovern (OLL)	Kathleen Methot (STC)
Patrick Mulvihill (OLL)	Patricia Mueller (STB)
Ray Pinney (STB)	Brian Ward (OLL/STC)
Pat Pruss (OLL)	Greg Smith (STC)
	James Smith (OLL)

Camillus Ministry

Catholic Hospital Ministry



Our Camillus ministers are specially trained lay volunteers who work with the hospital chaplains at Seattle Children's Hospital to serve the spiritual needs of Catholic children and their families. We visit the hospital regularly to bring Christ's healing presence to those in need through the Sacrament of the Eucharist, prayers and a listening ear. The experience for the ministers is uplifting and spiritual fulfilling.

Training consists of a Hospital Ministry course and shadowing a Camillus minister to learn how to minister independently. Ministers must also complete Seattle Children's Hospital and Seattle's Archdiocese requirements.

If you need more information or are interested in becoming a Camillus, please contact Fr. Duc Nguyen.

Holy Rosary

You are warmly invited to join us each week in praying the Holy Rosary. We gather on Wednesdays at 5:30 pm at St. Bridget and on Thursdays at 9:30 am at St. Catherine. This is a beautiful opportunity to reflect on the mysteries of our faith, lift up our intentions, and spend time in prayerful community together.

Prayers needed for Lucy McGovern

Vince McGovern, the former Principal of Our Lady of the Lake School, has requested prayers for his daughter, Lucy McGovern, at this time of need. Please hold Lucy and the McGovern Family in your heart and prayers.

05 | COMMUNITY LIFE

NE Seattle Catholic Community

Special Collection: PREPARES February 7-8th

A statewide initiative of the Catholic Bishops of Washington State, Pregnancy & Parenting Support (PREPARES) supports parish-based outreach to pregnant and parenting families of all faiths in building healthy support networks. By offering holistic, life-affirming resources, PREPARES provides for the emotional, material, and spiritual needs of families, from pregnancy to a child's fifth birthday. This collection will help families across Washington build strong foundations for years to come.

Please use the envelopes provided in the pews for your donation, and place in the basket during regular collection.

Donate online and learn more here: <https://www.preparesforlife.org/support>



New Office Hours at Assumption

Please note, beginning Monday, February 9 - the office will be open Monday, Thursday and Friday, 9:30 am - 2:30 pm. The office will be closed on Tuesday and Wednesday.



Atrium Open House

We have a unique Montessori approach to faith formation in our parish family for children 3-12 (adults love it too). You are invited to come explore our materials and see our dedicated space at Assumption.

Enjoy wine and cheese and learn about how this program enriches the faith life of our children. Experience the wonder yourself.

March 1: Noon – 1pm at Assumption (after sacramental prep class)

March 15: 6 – 7 pm at Assumption (after 5pm Mass)

We look forward to seeing you. Learn more at cgsusa.org.

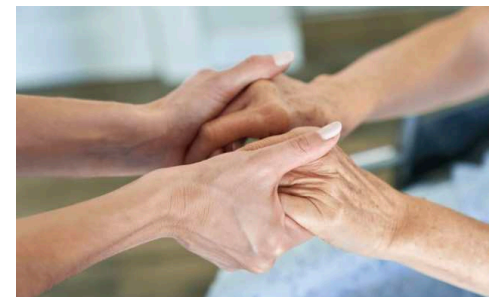
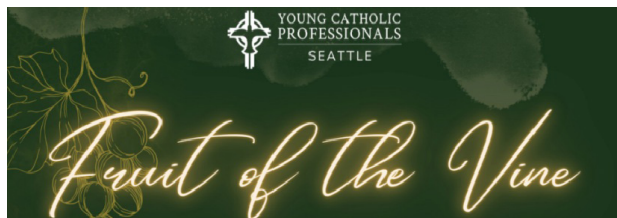
Any questions? Please email Ellen.Bollard@seattlearch.org

YCP Anniversary Celebration

Young adults! Join us for the Young Catholic Professionals Fruit of the Vine Anniversary Celebration - an elegant evening of curated wine tastings, meaningful fellowship, and reflection on the growth of our Seattle YCP community.

The night will begin at 7 pm on Saturday, March 14th, in the Isaac Orr Conference Room (910 Marion Street, Seattle, WA).

Come dressed in your best cocktail attire!



Bereaved Parent Support Meeting

St Bridget's - All Welcome!

The Bereaved Parent Support Group will gather on Monday, February 16 at 7:00 pm at St. Bridget's. This gentle and compassionate group offers a safe, welcoming space for parents who have experienced the loss of a child to come together, share, listen, and support one another. Whether your loss is recent or from years past, you are not alone. All are welcome, and you are warmly invited to join us for an evening of understanding, prayer, and quiet companionship.

Middle School Encounter Saints In The Making

Saturday, March 21 | 9:30am - 5:00pm

Kennedy Catholic High School

Calling all students in grades 6–8! Join us for the annual Middle School Encounter, a fun, faith-filled, day-long retreat designed just for middle schoolers. This year's theme, Saints in the Making, reminds us that holiness is possible — and joyful — right here and now.

Highlights include:

- Mass presided by Bishop Elizondo
- Live music
- Games and engaging activities



Adoration

- Lunch and refreshments included

More details will be shared in January, with registration opening mid-February 2026.

Questions? Contact Kimberly Abadir, Director of Youth Ministry for the Archdiocese of Seattle, at kimberly.abadir@seattlearch.org

Parish Family Advisory Council (PFAC) Monthly Update

After a break for the holidays, the PFAC is finalizing summaries of the Partners in the Gospel “Who Are We/What Are Our Gifts?” Listening Sessions/Surveys completed in November at each church/school in the NE Seattle Catholic Community. Participants were asked for input on the gifts and charisms of their parish. The results will be shared at masses the weekend of February 21st & 22nd as well as communicated in the on-line Weekly Word and church bulletin.

PFAC members started the new year with a retreat on January 25th in anticipation of turning their focus toward the next phase of “Who Are We?” which will include “Who do we serve?” and “What opportunities and challenges exist for us?” They will be reviewing parish metrics and demographic material as it becomes available. Later this year there will be a parish family-wide opportunity to provide feedback regarding opportunities and challenges for the NE Seattle Catholic Parish/wider-community moving forward.

Standing with Migrants

A day of prayer, information sharing, and conversation

Assumption Parish Social Hall | Time: 9am - 1:15pm

The Migrant Welcoming Committee of Assumption is hosting a Stand with Migrants Day with migrant advocates Ms. Dora Rodriguez and Fr. Ray Riding ST (Missionary Servant of the Most Holy Trinity) of Phoenix, Arizona.

In a life-saving attempt to flee El Salvador's civil war in 1980, Dora Rodriguez was one of thirteen survivors found near death while crossing the border through the Sonoran Desert. Since then Dora has been unswerving in her support for migrant rights. Through her public speaking and advocacy work, Dora's focus is to educate communities about the harsh realities migrants face in the desert, and to inspire transformative changes to the immigration injustices plaguing our border towns.

Fr. Ray Riding ST has served for over 50 years in pastoral ministry with the bulk of his priesthood spent in Spanish speaking apostolates in Puerto Rico and Mexico. He has served as the director of novices for the Missionary Servants of the Most Holy Trinity until his move to senior ministry in the summer of 2004.

To register: [email roblori.fontana@gmail.com](mailto:roblori.fontana@gmail.com). Snacks will be provided. Bring your lunch.



DID YOU KNOW? Volunteering in liturgical roles - both for adults and kids - counts towards school service hours! Please see the Weekly Word or your parish website for more volunteering opportunities!

Have a bulletin story or pictures to share? Scan this code to learn more.



07 | COMMUNITY LIFE

NE Seattle Catholic Community



SCAN HERE TO REGISTER!



SUCH A
TIME AS
THIS

PLEASE JOIN US FOR A
PHOEBE CIRCLE WOMANS
RETREAT
FEBRUARY 7TH, 2026
8:30AM- 3PM AT
ASSUMPTION PARISH

ALL WOMEN IN THE NE
SEATTLE CATHOLIC
FAMILY ARE INVITED TO
ATTEND!

ESTHER 4:14

"WHO KNOWS?
PERHAPS YOU HAVE
COME TO ROYAL
DIGNITY FOR JUST
SUCH A TIME AS THIS."

FOR QUESTIONS OR MORE INFORMATION PLEASE
CONTACT KRISTIN HOLLAND AT
KHOLLAND@NESEATTLECATHOLIC.ORG



Valentine's Breakfast

Wednesday, February 11 | 11:00am

Assumption Fellowship Hall

Seniors, You're Invited to a Valentine's "Breakfast"

The Third Grade classes from Assumption–St. Bridget warmly invite our senior groups to a special Valentine's Breakfast filled with smiles, sweet treats, and heartfelt fellowship.

Join us for a delightful morning of food, laughter, and time together as our students share a little Valentine's joy. We would love to celebrate with you!

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