



# Adult to Youth Minor Ratios

## Recommendations from Catholic Mutual

Adults are defined as those 21 and older. Younger adults are counted as helpers and not chaperones.

**For overnight trips, chaperones should be 25 or older.**

The following recommendations are age specific. Overnight and higher risk events warrant a higher supervision level.

- |                             |      |
|-----------------------------|------|
| • Under two                 | 2:3  |
| • PreK (2 to 5 years)       | 2:5  |
| • School Age (5 to 7 years) | 2:10 |
| • Older School Age (over 7) | 2:15 |

For mixed age groups, try to follow the age of the *youngest* in the group. For instance, if you have a group with 8- 4-year-olds and 1- 18-month-old, they would be required to follow the 2:3 for the 18-month-old, and not the 2:5 for PreK. In this scenario, they would need to add a 3<sup>rd</sup> chaperone as you have 9 kids, and one falls in the 2:3 category.