

September 21, 2025  
25th Sunday in Ordinary Time



**PASTOR**

Rev. Matthew Robben

**PAROCHIAL VICARS**

Rev. Benson Lokidiriyo

Rev. Louis Jacquemin

**DEACONS**

Robert Schroeder,

*St. Antoninus*

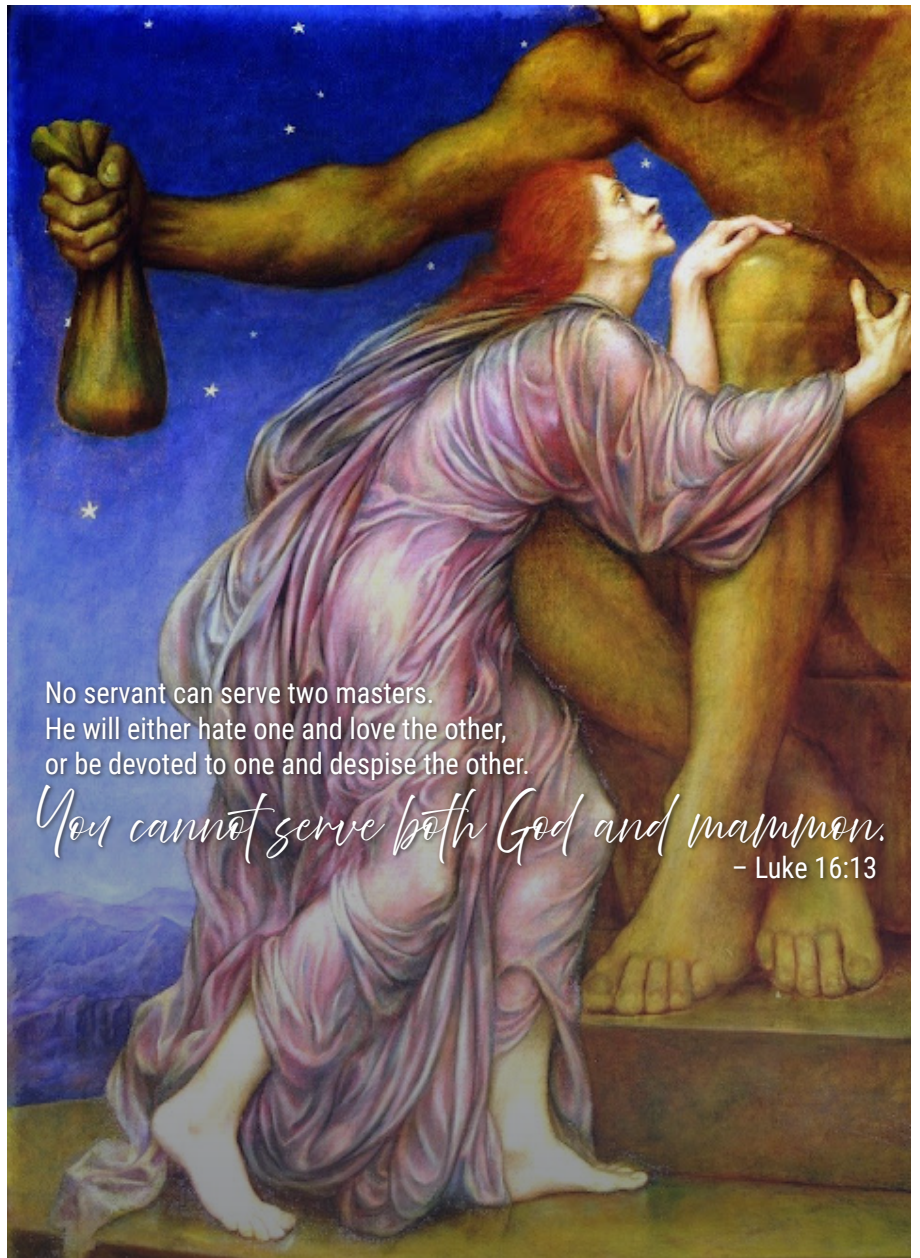
Mark Madden, OLL

**Church Office:**

513-494-HOST (4678)

3442 Lumardo Avenue,

Cincinnati, OH 45238



No servant can serve two masters.  
He will either hate one and love the other,  
or be devoted to one and despise the other.

*You cannot serve both God and mammon.*  
- Luke 16:13

**WEEKEND MASS SCHEDULE**

**Saturday Vigil**

3:30 p.m. St. Aloysius Gonzaga

4:00 p.m. St. Antoninus

**Sunday Mass**

8:00 a.m. Our Lady of Lourdes

9:00 a.m. St. Martin of Tours

10:00 a.m. St. Antoninus

11:00 a.m. St. Catharine of Siena

11:00 a.m. St. Aloysius Gonzaga

**After Hours Sacramental Emergency**

If you have a Sacramental Emergency (Anointing, death in the family, etc.) and the FMHE central Office is closed, please call 513-910-3971.

**RECONCILIATION**

**Monday**

7:15-7:45 a.m. St. Martin of Tours

9:00-9:30 a.m. Our Lady of Lourdes

**Wednesday**

8:30-9:00 a.m. St. Catharine of Siena

**Thursday**

8:30-9:00 a.m. St. Aloysius Gonzaga

6:30-8:00 p.m. St. Antoninus

**Saturday**

8:30-9:30 a.m. St. Antoninus

2:00-3:00 p.m. Our Lady of Lourdes

2:00-3:00 p.m. St. Aloysius Gonzaga

**Sunday**

8:00-8:30 a.m. St. Martin of Tours

**EUCCHARISTIC ADORATION**

**St. Antoninus**

Sunday 11:00 a.m.-6:00 p.m.

Monday 9:00 a.m.-10:00 p.m.

Tuesday 9:00 a.m.-10:00 p.m.

Wednesday 9:00 a.m.-10:00 p.m.

Thursday 9:00 a.m.-8:00 p.m.

Friday 9:00 a.m.-10:00 p.m.

Saturday 8:30 a.m.-4:00 p.m.

**St. Aloysius Gonzaga**

Thursday 8:30-9:30 a.m.

**Our Lady of Lourdes**

Saturday 12:00-3:00 p.m.

ST. ALOYSIUS  
stalsbridgetown.org

ST. ANTONINUS  
saintantoninus.org

ST. CATHARINE  
stcathos.org

ST. MARTIN  
martinoftours.org

OUR LADY OF LOURDES  
lourdes.org

Visit Our Family Website: [fmhe.org](http://fmhe.org)



**MASS INTENTIONS:**

To schedule a Mass Intention, stop by the Parish Central Office or call 513-494-4678, ext. 1000. You can also complete a Mass Intention envelope (located in the back of the church) and place it in the collection basket.

**BULLETIN INFORMATION:**

Please turn in bulletin submissions Thursday by 4:00 p.m. (two Thursdays before the Sunday!) Submissions appear in the following weekend, not the coming weekend bulletin. Please submit items to: [bulletin@fmhe.org](mailto:bulletin@fmhe.org).

**TITHES & ONLINE GIVING**

Parishioners may place their giving envelopes in the offertory at any Mass and the contribution will be forwarded to their home parish. *Don't have your envelope?* Online Giving is a simple way to donate to your parish without having to write checks or remember your envelope each week! Please visit [fmhe.org](http://fmhe.org) and click on "Online Giving" to get started. For questions, please contact Beth at 513-494-4678, ext. 1026.

**MASS MINISTRIES**

If you are interested in becoming an Extraordinary Minister of Holy Communion or Lector at any of our five parishes, you will need to be Commissioned. To sign up, please contact Christy Welsh, Liturgy & Worship Coordinator, at [cwelsh@fmhe.org](mailto:cwelsh@fmhe.org) or call 513-494-4678, ext. 1016.

**ST. VINCENT DE PAUL**

Our parishes have St. Vincent de Paul conferences that help our brothers and sisters in need. This may be by way of support for either food supplies or rent and utilities. Please consider volunteering at one of our St. Vincent de Paul conferences or offer your support by way of donations; we can always use a helping hand! Contact us: OLL 513-347-2645; St. Martin/ St. Aloysius 513-661-0085; St. Catharine 513-661-0652; St. Antoninus 513-332-4600.

**MASS SCHEDULE**

**Saturday, September 20**

8:00 a.m.	St. Antoninus	Bro. Robert Schneider, S.J.†	Fr. Benson Lokidiriyo
3:30 p.m.	St. Aloysius	Kathleen Mancini † Birthday Remembrance	Fr. Denet Jung
4:00 p.m.	St. Antoninus	Bernice Shields† Birthday Remembrance	Fr. Matthew Robben

**Sunday, September 21**

8:00 a.m.	OLL	Dcn. Tom Westerfield†	Fr. Matthew Robben
9:00 a.m.	St. Martin	Mary Ann Haap†	Fr. Benson Lokidiriyo
10:00 a.m.	St. Antoninus	Living & Deceased Members of FMHE	Fr. Matthew Robben
11:00 a.m.	St. Catharine	Josephat Nguyen & Isave Ngoc Thi Tran†	Fr. Larger
11:00 a.m.	St. Aloysius	Philip & Gloria Hock † Anniversary of Death	Fr. Benson Lokidiriyo

**Monday, September 22**

8:00 a.m.	St. Martin	Kathleen Mary Mancini†	Fr. Benson Lokidiriyo
8:30 a.m.	OLL	Michael Noonan, Jr.	Fr. Dunham

**Tuesday, September 23**

8:00 a.m.	St. Aloysius	George & Jackie Rodenberg†	Fr. Matthew Robben
8:00 a.m.	St. Antoninus	John A. Ventre† Anniversary Remembrance	Fr. Windholtz

**Wednesday, September 24**

8:00 a.m.	St. Catharine	Barbara Hagedorn †	Fr. Benson Lokidiriyo
8:30 a.m.	OLL	Michael Noonan	Fr. Matthew Robben

**Thursday, September 25**

8:00 a.m.	St. Aloysius	Deacon Nick Emmerling	Fr. Matthew Robben
8:00 a.m.	St. Martin	Tom Koenig†	Fr. Benson Lokidiriyo

**Friday, September 26**

8:00 a.m.	St. Antoninus	Bro. Robert Schneider, S.J.†	Fr. Matthew Robben
8:00 a.m.	St. Catharine	Viola & Fred Wahlbrink†	Fr. Louis Jacquemin

**Saturday, September 27**

8:00 a.m.	St. Antoninus	Endowment Fund Honorees Both Living & Deceased	Fr. Benson Lokidiriyo
3:30 p.m.	St. Aloysius	Michael C. O'Donnell†	Fr. Louis Jacquemin
4:00 p.m.	St. Antoninus	Richard Pirraglia†	Fr. Louis Jacquemin

**Sunday, September 28**

8:00 a.m.	OLL	Gregor Vollman†	Fr. Matthew Robben
9:00 a.m.	St. Martin	Bob Frerick (L)	Fr. Benson Lokidiriyo
10:00 a.m.	St. Antoninus	Deceased Members of the Horn Family	Fr. Louis Jacquemin
11:00 a.m.	St. Catharine	Living & Deceased Members of FMHE	Fr. Benson Lokidiriyo
11:00 a.m.	St. Aloysius	Melva Heithaus†	Fr. Kemper

*May They Rest in Peace*



Please pray for parishioners within the Family of Parishes who have recently passed away:  
**John V. Custer – Our Lady of Lourdes**  
*Eternal rest grant unto them, O Lord,  
and let perpetual light shine upon them.*



**THE SACRAMENTS**

Christ instituted the Sacraments of Baptism, Confirmation, Reconciliation, Eucharist, the Anointing of the Sick, Holy Orders and Matrimony. The seven sacraments touch all the stages and important moments of Christian life. Please find below information on obtaining the sacraments.

**BAPTISM:** Expectant parents are asked to call the Evangelization office approximately three months before the anticipated birth date to enroll in the parental preparation program. Contact Erin Evans at eevans@fmhe.org with questions.

**MATRIMONY:** We ask that either the bride or groom be a registered, active parishioner for at least six months before arranging a date for your wedding. To get started in your preparation process, please call the Worship office at least six months before your wedding date. Contact Christy Welsh at Cwelsh@fmhe.org to discuss the marriage preparation process.

**ANOINTING OF THE SICK:** If you are anticipating surgery or have become ill and would like to receive the Sacrament of the Anointing of the Sick, please contact Christy Welsh in the Worship office.

**HOLY ORDERS:** If you are interested in learning more about the priesthood, please contact Fr. Michael Willig, Archdiocese of Cincinnati Vocations Director, at 513-263-3390 or vocations@catholicaoc.org.

**SACRAMENTAL RECORD REQUEST:** If you are in need of a sacramental record such as a record of Baptism, Confirmation or Marriage, we now have an easy way for you to make your request at all five parishes! Click on the Faith/Formation/Sacraments tab at [fmhe.org](http://fmhe.org) to take you to the page and fill out the form. It's that easy! Once the request has been received, please allow 10 business days for processing.

**SACRAMENT OF MARRIAGE**

Congratulations to the following couple united in our Parish Family:

*Karl Isac and Serena (Meierjohan) Roell,  
married September 13, 2025 at St. Martin of Tours*

*Bless their Marriage, O God, with peace and happiness, may their love be fruitful for Your glory.*



**FMHE PARISHIONERS: IMMIGRATION UPDATE FROM FR. BENSON LOKIDIRIYO**

With gratitude, I share that, through the support of the Archdiocesan attorneys, I have received approval for an H1-B visa. This visa replaces the Religious Visa, which is currently backlogged in the immigration system. This new visa status allows me to live and minister in the United States through 2028.

I am currently awaiting further communication from USCIS regarding the next steps for applying for permanent residency (Green Card). Although the process is experiencing delays due to backlogs and changes in immigration policy, I remain hopeful and am grateful that I may visit my family in Kenya in the next year.

Thank you for your prayers and continued support.

Sincerely,

Fr. Benson Lokidiriyo



**EXTRAORDINARY EUCHARISTIC MINISTER TRAINING**

For all new and experienced ministers who were unable to attend the previous two weekend trainings, there will be another Extraordinary Minister of Holy Communion training and commissioning scheduled for **Tuesday, September 30th at 7:00 p.m.**, in the large conference room at the Parish Office. A blessing to (re)commission is now an annual requirement and will be scheduled around Corpus Christi. Anyone who was commissioned at any time in 2025 is not expected to attend. Thank you for the time sacrificed in volunteering for this sacred ministry. *"The Eucharistic sacrifice...is the fount and apex of the whole Christian life."* Lumen Gentium 11

**EUCHARISTIC ADORATION**

Sign up for St. Antoninus at :

[Adorationpro.org/saintantoninus](http://Adorationpro.org/saintantoninus)

**Sunday**, 11:00 a.m.-6:00 p.m.

**Monday**, 9:00 a.m.-10:00 p.m.

**Tuesday**, 9:00 a.m.-10:00 p.m.

**Wednesday**, 9:00 a.m.-10:00 p.m.

**Thursday**, 9:00 a.m.-8:00 p.m.

Rosary with Benediction and Adoration at 7:00 p.m.

**Friday**, 9:00 a.m.-10:00 p.m.

**Saturday**, 8:30 a.m.-4:00 p.m.

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**Our Lady of Lourdes**

Saturday, Noon-3:00 p.m.

**St. Aloysius**, Thursday, 8:30-9:30 a.m.

**ROSARY**

**St. Antoninus**

After 8:00 a.m. weekday Masses

**Monday**, 7:00 p.m., Church,

Fatima Prayer Group

**Thursday**, 7:00 p.m., Church

**First Friday**, 2:00 p.m., Church

**St. Aloysius**

**Thursday**, 7:35 a.m., Church.

**First Saturday**, before 3:30 p.m. Mass

**St. Catharine**

**Friday**, 7:30 a.m., before 8:00 a.m. Mass

**Our Lady of Lourdes**

**Sunday**, 7:30 a.m.,

**Wednesday** 7:30 a.m.

**First Saturday**, Noon in church

**FATIMA HOLY HOUR**

**WITH ROSARY**

**Every Monday | 7:00 p.m. |**

**St. Antoninus Church**

**DIVINE MERCY CHAPLET**

**St. Martin**, Monday, after 8:00 a.m. Mass.

**St. Catharine,**

Friday, after 8:00 a.m. Mass.

**PRAYER CHAIN MINISTRY**

The prayer chain ministry serves to join in prayer with others for our sick, for the elderly, and those who request prayer for a specific need:

**Our Lady of Lourdes:** Please contact Sharon McBreen at sdphoto12@fuse.net.

**St. Aloysius Gonzaga:** Please contact Pat Schlimm at 513-662-7151.

**St. Martin of Tours:** Please contact Carol at 513-451-8566.



**CHILDREN’S ADORATION HAS RETURNED TO ST. ANTONINUS**

Join us for Children’s Adoration beginning Tuesday, October 7, 2025, in St. Antoninus Church. Time is a “holy half hour” from 3:00-3:30 p.m. Confessions are available during this time. Bring your children to experience the peace and love that comes to us through Adoration. All are welcome!



**ATTENTION, ALL VINCENTIANS**

September 27th is St. Vincent de Paul’s Feast Day. In celebration of this, ALL Vincentians are invited to a special Mass on **September 27, 2025, 4:00 p.m., at St. Antoninus**. The poor whom we serve in our communities are also invited. All volunteers in the St. Vincent de Paul conferences will receive a special blessing from Fr. Jacquemin. We encourage you to attend for this special occasion! We will have a social gathering afterwards of BBQ, chips, and fellowship! *Prayer: Saint Vincent de Paul, you were called by God to serve the poor, sick, and many others in need. You drew many others into this service through your work in forming the clergy, religious sisters, and laity to be instruments of God’s love. Please pray for me, that I will more fully devote myself to a life of compassion, and that I will make the proclamation of the Gospel my central mission in life. Saint Vincent de Paul, pray for me. Jesus, I trust in You.*

**THE ELEVENTH ANNUAL CATHOLIC MEN’S EUCHARISTIC PROCESSION**

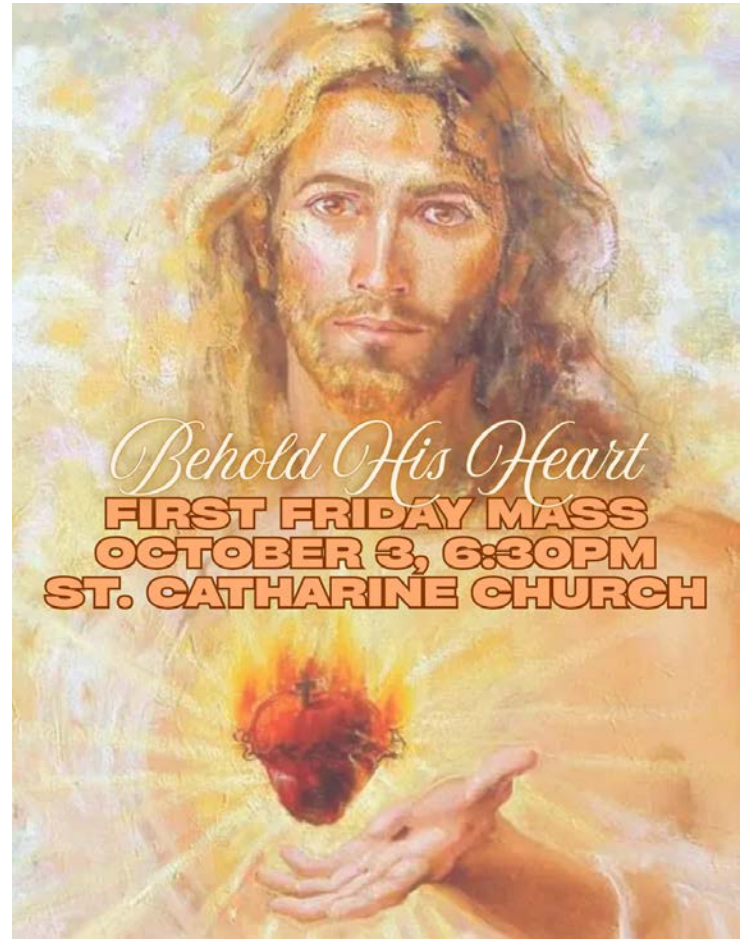
Thousands of Christian men will gather to witness the power of Christ’s presence in the Eucharist. **SATURDAY, OCTOBER 18, 2025**  
 8:00 a.m. – Mass at St. Peter in Chain’s Cathedral  
 Following Mass – 2 Mile procession through downtown Cincinnati  
 11:00 a.m. – Final Benediction at Old St. Mary’s Church led by Fr. Jon-Paul Bevak and the priests of the Oratory of St. Philip Neri. All men are invited to join in a spirit of reverence and prayer. For more information, contact David Willig at 513-305-6719, Doug Jaefer at 513-417-2503, or visit [CMEPS.org](http://CMEPS.org).

**CHILDREN’S LITURGY DURING ST. ANTONINUS SUNDAY MASS**

The Children’s Liturgy, for **Pre-K to 2nd graders**, starts this Sunday, September 21st, 10:00 a.m., at St. Antoninus Church. Children are invited to join the leaders as they present a Children’s Liturgy of the Word in the undercroft, returning to Mass before the consecration. All members and friends of our parish family are encouraged to attend. This program runs from September until First Communion in May. *We do not meet if retreats/events are held in the undercroft.*

**CEMETERY CLEANUP**

St. Al’s Cemetery fall cleanup begins October 1st. If you have an item on a grave you wish to keep, please remove it during this month and you may replace it after November 1. Please note that all items on graves during cleanup will be disposed. Thank you.



*Behold His Heart*  
**FIRST FRIDAY MASS**  
**OCTOBER 3, 6:30PM**  
**ST. CATHARINE CHURCH**

**STATE OF THE FAMILY OF PARISHES REPORT**

The State of the Family of Parishes Report will be available in the Gathering Spaces at all of the parishes this weekend. Anyone who would like a copy may take one. Please only take one per family. A copy of this report can also be found on the front page (bottom) of [fmhe.org](http://fmhe.org). Thank you.

**CONFIRMATION PARENT MEETING OCTOBER 1, 2025**

All parents of this year’s Confirmation candidates (both school and PREP students) are required to attend a Parent Catechesis Meeting on October 1, 2025 in the St. Antoninus Undercroft at 6:30 p.m. Students are not required to attend. Please mark your calendars. All important dates and other pertinent information for the 2025-2026 school year can be found at [fmhe.org/confirmation](http://fmhe.org/confirmation). Questions? Contact Julie McDonald, Director of Religious Education, at [jmcdonald@fmhe.org](mailto:jmcdonald@fmhe.org).

**MONDAY MORNING BIBLE STUDY**

The Monday Morning Bible Study Group will begin a new book “Angels of God.” We will be studying an overview of the Bible’s presentation of God’s angels as mediators, guardians, and guides. Meetings are at St. Catharine in the rectory, 10:00 a.m. Books have already been ordered and the start date is September 22nd. Feel free to come on any Monday! **ALL ARE WELCOME!** For any questions, please contact Teecy Bower at 513-708-0460.

## WE HAVE A VISION!

### DEAR FAMILY OF THE MOST HOLY EUCHARIST,

On October 5, 2024, approximately 50 parishioners of the 5 parishes began a process to pray about and create a vision for our parish. This launch was followed by more than 15 meetings writing, planning, discussing and clarifying the direction of our Family. It is with great joy and with many thanks to those who helped us reach this day, that I announce and explain our Family Vision Statement: *“We are a Catholic Community empowered by the Body and Blood of Christ to know, love and serve the Lord.”*

#### ...WE ARE A CATHOLIC COMMUNITY...

*“Now you are Christ’s body, and individually parts of it. Some people God has designated in the church to be, first, apostles; second, prophets; third, teachers; then, mighty deeds; then, gifts of healing, assistance, administration, and varieties of tongues. Are all apostles? Are all prophets? Are all teachers? Do all work mighty deeds? Do all have gifts of healing? Do all speak in tongues? Do all interpret? Strive eagerly for the greatest spiritual gifts.” (1 Corinthians 12:27-31)*

*“And God put all things under his feet and gave him as head over all things to the church, which is his body, the fullness of him who fills all in all.” (Ephesians 1:22-23)*

#### ...WE

We are first and foremost the “Body of Christ” which has three interconnected meanings: the Eucharist, where Jesus is truly present in consecrated bread and wine; the Mystical Body, referring to the Church as a spiritual union of all baptized Christians with Christ as their Head; and the suffering bodies of the poor, emphasizing the duty to serve Christ in vulnerable people. These three aspects are inseparable, forming a single concept of Christ’s total and pervasive presence in the world.

#### ...CATHOLIC COMMUNITY...

The Family of the Most Holy Eucharist: Our Lady of Lourdes, Saint Aloysius Gonzaga, Saint Antoninus, Saint Catharine of Siena, and Saint Martin of Tours, is our local Catholic community striving to be a beacon of light, spreading the Gospel message of Jesus Christ. Each parish in the family brings unique gifts, talents, and traditions that make us a more complete expression of the Gospel message in the communities in which we live. Together, we are becoming more Christ-like than what any one parish could be on its own. We gather for worship, sacraments, prayer, fellowship and service. Our Family exists within the wider structure of the Catholic Church, which is organized into the Archdiocese of Cincinnati led by Archbishop Robert Casey and overseen by our pope, Leo XIV.

#### ...EMPOWERED BY THE BODY AND BLOOD OF CHRIST...

*“Jesus said to them, “Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you. Whoever eats my flesh and drinks my blood has eternal life, and I will raise him on the last day. For my flesh is true food, and my blood is true drink. Whoever eats my flesh and drinks my blood remains in me and I in him. Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me.” (John 6:53-57)*

*“I know indeed how to live in humble circumstances; I know also how to live with abundance. In every circumstance and in all things, I have learned the secret of being well fed and of going hungry, of living in abundance and of being in need. I have the strength for everything through him who empowers me.” (Phillipians 4:12-13)*

#### ...EMPOWERED...

In the Bible, being “empowered” means receiving divine enablement, authority, and spiritual strength from God. Jesus, before His death, called us to pick up our cross and follow Him. Knowing that our crosses would be too difficult to bear alone, He gave to the Church His body and blood to heal, strengthen, and encourage our share in His passion. Through the power of the Holy Spirit, Jesus, in the Eucharist, empowers believers to live in accordance with God’s will, overcome sin and weaknesses, fulfill God-given purposes, and be witnesses to Christ. This power is a gift of God’s grace, not human effort, and equips believers with spiritual gifts for service, wisdom, love, and strength to live a victorious Catholic life.

#### SOURCE OF EMPOWERMENT

1. The Sacrifice of Christ: Jesus died on the cross for the expiation of our sins. We share in His cross whenever we pick up our crosses and follow Him. To prepare us for our own passion, Jesus gave us His Body and Blood to strengthen and heal us for our journey.
2. The Holy Spirit: The ultimate source of divine empowerment, the Holy Spirit comes upon believers to give them grace and power to guide them on their faith journey.
3. God’s Grace: Empowerment is a gift of God’s unmerited favor, or grace, which provides the necessary strength to live godly and fruitful lives.

#### ASPECTS OF EMPOWERMENT

1. Spiritual Authority: Believers are empowered to act in the capacity of God’s sons and daughters, given the authority to live out their faith.
2. Strength to Overcome Weakness: God’s power is made perfect in believers’ weaknesses, enabling them to persevere and succeed in their spiritual and life challenges. God’s grace in the Sacrament of Confession brings both healing and grace to overcome sin.
3. Spiritual Gifts: The Holy Spirit, in the Sacrament of Confirmation, equips us with the gifts of Wisdom, Understanding, Council, Fortitude, Knowledge, Piety, and Fear of the Lord. These gifts are used to live in right relationship with the Lord.
4. Capacity for Service: Believers are empowered to serve God and fulfill their God-given missions, using their unique gifts and skills for His glory.
5. An Empowered Mindset: Through the truth of God’s Word and focusing on what is good and right, believers can develop a mindset characterized by power, love, and self-discipline.

## MANIFESTATION OF EMPOWERMENT

1. Living a Godly Life: Empowerment enables believers to live in a way that honors God, exhibiting the fruits of the Spirit and overcoming sin.
2. Witnessing for Christ: Believers are empowered to be bold and effective witnesses of Christ, spreading the Gospel to the ends of the earth.
3. Bearing Fruit: The Spirit's empowerment enables believers to bear spiritual fruit and accomplish God's purposes in the world.

### ...THE BODY AND BLOOD OF CHRIST...

The "Body and Blood of Christ" refers to the Holy Eucharist, where the bread and wine in the Mass are transformed by the power of the Holy Spirit into the actual, physical body, blood, soul, and divinity of Jesus Christ through a process called transubstantiation. At the Last Supper, Jesus instructed the disciples to eat His body and drink His blood to have eternal life. Receiving the Eucharist is the "source and summit" (Lumen Gentium) of the Catholic faith and the central aspect of Catholic worship. In receiving the Eucharist, we receive Christ Himself, uniting us both with Him and fellow Catholics in a deeply personal and transformative way as the Mystical Body of Christ.

## THE MEANING OF THE HOLY EUCHARIST

1. Transubstantiation: The Catholic Church teaches that the substance of the bread and wine changes into the substance of Christ's body and blood, even though the appearance of bread and wine remains.
2. Real Presence: The Eucharist is not symbolic! Catholics believe it is Christ Himself who is truly present under the consecrated forms of bread and wine.
3. Spiritual Nourishment: Receiving the Eucharist provides a healing spiritual nourishment, making believers more like Christ and helping them to grow in holiness.

### ...TO KNOW, LOVE AND SERVE THE LORD.

In the Catholic tradition, the phrase "to know, love, and serve the Lord" summarizes the purpose of human life. It is based on the teachings of Jesus and has been a cornerstone of Catholic education, notably in the Baltimore Catechism.

## WHAT IT MEANS TO KNOW GOD

To know God is to actively pursue a relationship with him, not just to gain factual knowledge. This involves:

1. Listening to His Word: Engaging with sacred Scripture through reading, reflection, and meditation and contemplative prayer. Our model of faith and prayer is the Blessed Virgin Mary who "sat and listened" to Jesus and "pondered these things in her heart."
2. Spending Time with Him: Making time for prayer and meditation in God's presence occurs in both public and private settings. It is not "me and Jesus" nor "us and Jesus" but in true Catholic style, both/and! Spending private time and communal time in prayer are essential in cultivating a relationship with God that moves beyond knowledge in the mind to a relationship in the heart.
3. Learning His Will: Seeking to understand and align your will with God's will. This is a journey of growth, trust, and acceptance, especially during challenging times, in which we surrender our will to God's providence.
4. Learning through creation: A deeper knowledge of God can also be sought by reflecting on the beauty of the world He created.

## WHAT IT MEANS TO LOVE GOD

1. Loving God is not merely an emotion but a commitment and an act of virtue that requires putting Him at the center of your life.
2. Obeying His Commandments: As Jesus said, "If you love me, you will keep my commandments" (John 14:15).
3. Loving Your Neighbor: Since God is love, love for Him is made real in how others are treated. As 1 John 4:20 says, "He who does not love his brother whom he has seen cannot love God whom he has not seen."
4. Loving with Your Whole Self: This means loving God with all your heart, soul, mind, and strength.

## WHAT IT MEANS TO SERVE GOD

Serving God means using God-given gifts and talents to do His will. It is the practical, lived-out expression of your knowledge and love for Him.

1. Serving Others: In the Catholic tradition, serving others is a primary way to serve God. The Corporal and Spiritual Works of Mercy provide a model for meeting the physical and spiritual needs of others.
2. Evangelization: Spreading the Gospel and inviting others into a deeper relationship with Christ is a way of serving God.
3. Fulfilling Your Vocation: Whether as a parent, teacher, priest, or other calling, fulfilling your role in life is a way of serving God's plan.
4. Participating in the Sacraments: The sacraments, particularly the Eucharist, unite us with the divine life of the Holy Trinity, strengthening us to go out and "glorify the Lord with your life."

Now that we have a Vision pointing us toward our destination, it is time for some prayer and reflection. Knowing, loving, and serving the Lord are the hallmarks of Catholic living and a clear set of benchmarks by which we can personally and institutionally analyze how we are living up to Jesus' call to holiness. Over the next few weeks, I challenge you, as I have, to take this vision statement and its explanation to prayer. How do you measure up? What are your successes and areas you do well and where are your areas in need of focus? Ask God to help you take that next step in your faith journey. Over the coming months, I am asking each school, ministry, group, and organization to assess their own situation and create a concrete plan by which they seek to live out our mission more completely by growing in the call to know, love and serve the Lord. May the Lord, through the grace of His sacraments, embolden us to live more completely with Him!

God's blessings and Peace!

*Rev. Matthew J. Robben*

Pastor,  
Family of the Most Holy Eucharist

**SUNDAY COLLECTION**  
SEPTEMBER 6/7, 2025

Our Lady of Lourdes	\$ 8,048.21
St. Aloysius Gonzaga	\$ 7,013.08
St. Antoninus	\$ 20,030.70
St. Catharine	\$ 7,903.77
St. Martin of Tours	\$ 7,574.00

**MASS ATTENDANCE – SEPTEMBER 6/7**

MASS			Attendance	Capacity	Empty Seats
Saturday, September 6	3:30 p.m.	St. Aloysius	241	550	309
	4:00 p.m.	St. Antoninus	201	840	639
Sunday, September 7	8:00 a.m.	OLL	185	760	575
	9:00 a.m.	St. Martin	295	655	360
	10:00 a.m.	St. Antoninus	369	840	471
	11:00 a.m.	St. Catharine	264	475	211
	11:00 a.m.	St. Aloysius	172	550	378
<b>TOTAL</b>			<b>1,727</b>	<b>4,670</b>	<b>2,943</b>

**You Are Personally Invited to... BINGO!**  
**WEDNESDAY NIGHTS 7:00 P.M.**  
 doors open at 5 P.M. In the Church Undercroft  
**Great BINGO prizes!!!**  
**Variety of Instantants!!!**  
**bring your friends!!**  
*Over \$12,000 won last week!*  
 Help Keep St. Martin Church Serving the Area!!

**ADULT SOCIAL GROUP LUNCHEON**



Saint Antoninus will host the next FMHE Adult Social Group Luncheon on Monday, October 13 in the undercroft at noon. Ray Grothaus will give a presentation on the hidden cemeteries in Delhi. Cost is \$13.00. Payment MUST be dropped off to St. Antoninus Rectory by Wednesday, October 8th. Questions? Call Carole Jones at 513-922-2177.

**ST. CATHARINE'S MINISTRY FAIR**

Sunday, September 28, following the 11:00 a.m. Mass. See all the wonderful things St. Catharine has to offer and find out how you can be part of our beautiful community of faith.

**END-OF-YEAR DONATIONS TO YOUR PARISH**

It is never too early to make an end-of-year donation! We appreciate these donations as they help to keep our family of parishes financially sound. *If you are older than 70.5 years old, you may donate directly from your IRA. This donation counts toward your RMD (Required Minimum Distribution) while not paying income tax on your contribution. You can help your Church while helping yourself. If you have further questions, please consult your tax advisor.*

**MEN'S MORNING OF SPIRITUAL FELLOWSHIP**

Attention, Men of the Family of the Most Holy Eucharist: You are invited to a morning of Men's Spiritual Fellowship on Saturday, September 27 following 8:00 a.m. Mass at St. Antoninus.

Then, join us at 9:00 a.m. at Our Lady of Lourdes, Trinity Hall, for food (breakfast), fellowship, a faith-filled reflection and discussion followed by prayer. It ends at 11:00 a.m., but you can leave earlier if needed.

**Who:** All interested men are welcome. The planned speaker is Mark Hennessey, and the topic of the talk will be "The seven most deadly sins."

**When:** Saturday, September 27, from 9:00-11:00 a.m.

**Where:** Our Lady of Lourdes Trinity Hall (above OLL Church on the upper east side)

**What & Why:** Food, fun, fellowship, and faith building. Please call Jerry at 513-659-9270 with any questions.

**FAMILY OF THE MOST HOLY EUCHARIST**  
**SAVE THE DATE!**  
**CHRIST RENEWS HIS PARISH WOMENS WEEKEND**  
 JANUARY 24-25, 2026 / SAINT ANTONINUS UNDERCROFT

**Help Us Share the Warmth This Season**

**FAMILY OF THE MOST HOLY EUCHARIST SVDP WINTER COAT DRIVE**

We are in great need of as many winter coats as we can possibly get! We need all sizes and genders of either new or gently used coats, for both adults and children. Bins will be available in the back of all churches September 21 - November 30.

**Society of St. Vincent de Paul**  
 Neighbors helping neighbors.®

## UPCOMING SPEAKERS

SEPT 22



**FR. MICHAEL WILLIG**

Learn about vocations and how to encourage our young people to prayerfully consider a calling to the priesthood or religious life.

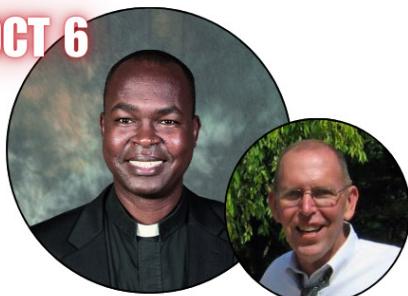
SEPT 29



**DR. KENNETH CRAYCRAFT**

A professor at Mt. St. Mary's Seminary, Dr. Craycraft will host an introductory presentation of the Catholic Social Teaching doctrine of the Church and how we are called to live them out.

OCT 6



**FR. BENSON LOKIDIRIYO**

Fr. Ben will give us a lesson on the Catholic Social Teaching theme of Solidarity. Following, Mr. Ed Colina, of "Journey: The Ed Colina Foundation," will present an update on our Twinning parish in Kenya and share about his experiences from his visit in August.

# FAMILY MONDAYS ARE BACK!

## JOIN US FOR FOOD, FAITH & FELLOWSHIP!

### 6:00PM DINNER

## OUR LADY OF LOURDES CAFETERIA



We need volunteers to continue making Family Mondays a success!  
Please scan the QR code or visit [fmhe.org/news/family-mondays](https://fmhe.org/news/family-mondays) to sign up!



## EVENTS THIS WEEK

### September 20

8:30 a.m.-4:00 p.m. – Adoration – St. Antoninus, Chapel  
12:00-3:30 p.m. – Adoration – OLL, Church  
2:00-3:00 p.m. – Confessions – OLL, Church  
2:00-3:00 p.m. – Confessions – St. Aloysius Gonzaga, Church  
7:00 p.m. – Into Light: A Concert of Renewal and Radiance –  
St. Martin of Tours, Church

### September 21

8:00-8:30 a.m. – Confessions – St. Martin of Tours, Church  
9:00 a.m. – Contemporary Choir Rehearsal – St. Antoninus,  
Holy Family Room  
10:00 a.m. – Children's Liturgy begins during Mass –  
St. Antoninus, Church  
11:00 a.m.-6:00 p.m. – Adoration – St. Antoninus, Chapel

### September 22

7:15-7:45 a.m. – Confessions – St. Martin of Tours  
9:00 a.m. – Foundations of Faith – St. Aloysius, Rectory  
9:00-9:30 a.m. – Confessions – Our Lady of Lourdes  
9:00 a.m.-10:00 p.m. – Adoration – St. Antoninus, Chapel  
10:00-11:30 a.m. – Monday Morning Bible Study –  
St. Catharine of Siena, Rectory  
6:00 p.m. – Family Mondays – Our Lady of Lourdes, Cafeteria  
6:30 p.m. – PREP – FMHE Youth Center  
7:00-8:00 p.m. – Our Lady of Fatima Prayer Group/Rosary –  
St. Antoninus, Church  
8:00 p.m. – Men's CRHP Meeting – St. Antoninus, Holy Family Room

### September 23

9:00 a.m.-10:00 p.m. – Adoration – St. Antoninus, Chapel  
6:30 p.m. – Walking with Purpose Bible Study – OLL, Archive Room  
7:00 p.m. – Boy Scout Meeting – St. Martin, Red School Building

### September 24

8:30-9:00 a.m. – Confessions – St. Catharine of Siena  
9:00 a.m.-10:00 p.m. – Adoration – St. Antoninus, Chapel  
6:00 p.m. – OCIA – Central Parish Office,  
Large Conference Room  
7:00 p.m. – Bingo – St. Martin of Tours, Fr. Mick Hall

### September 25

8:30-9:00 a.m. – Confessions & Adoration – St. Aloysius Gonzaga  
9:00 a.m.-8:00 p.m. – Adoration – St. Antoninus, Chapel  
6:30 p.m. – Choir and Bell Choir Practice –  
St. Aloysius Gonzaga, Presentation Room  
6:30-8:00 p.m. – Confessions – St. Antoninus

### September 26

9:00 a.m.-10:00 p.m. – Adoration – St. Antoninus, Chapel

### September 27

8:30 a.m.-4:00 p.m. – Adoration – St. Antoninus, Chapel  
8:45 a.m. – Men's Morning of Spiritual Fellowship –  
Our Lady of Lourdes, Trinity Hall  
12:00-3:30 p.m. – Adoration – OLL, Church  
2:00-3:00 p.m. – Confessions – OLL, Church  
2:00-3:00 p.m. – Confessions – St. Aloysius Gonzaga, Church  
5:00 p.m. – Feast of St. Vincent de Paul Social after Mass –  
St. Antoninus, Undercroft

### September 28

8:00-8:30 a.m. – Confessions – St. Martin of Tours, Church  
9:00 a.m. – Contemporary Choir Rehearsal –  
St. Antoninus, Holy Family Room  
11:00 a.m.-6:00 p.m. – Adoration – St. Antoninus, Chapel  
12:00 p.m. – Ministry Fair – St. Catharine of Siena, Rectory

LOVE IN ACTION



**We accompany. We love. We serve. Join us. Pray/Donate/Volunteer.**

**Specific St. Vincent de Paul Conference Needs:**

**The St. Martin/St. Aloysius SVdP Food Pantry** provides personal care items to our neighbors along with food. This week, we are asking for toilet paper and deodorant to stock our shelves. We always need brown paper grocery bags to pack up food and care items given to our neighbors in need. Please place your donations in the SVdP bins located at each door of the church. Thank you for your ongoing support of our ministry.

**Our Lady of Lourdes:** The Our Lady of Lourdes Food Pantry is in need of Hamburger Helper, jelly, canned tuna, and mashed potatoes. Thank you for all you do in helping to serve the poor and disadvantaged in our community!



## **“COMMON THREAD DAY” IN THE COMMUNITY | SEPTEMBER 27, 2025**

Join the Common Thread volunteers for our annual “Common Thread Day.” Donuts/coffee in the morning and a box lunch provided. Please RSVP by Monday, September 22nd, so we have an accurate head count.

When: Saturday, September 27, 2025 from 10:00 a.m.-2:00 p.m.

Where: St. Elizabeth Ann Seton School Cafeteria (first floor), 5890 Buckwheat Road, Milford, OH 45150

Finding the Cafeteria: Enter at the “St. Elizabeth Ann Seton Campus” sign, go through the door, turn right, then left to enter the cafeteria.

Parking: Park anywhere in the lot near the front doors. Hotline help: Call Laurie at 513-910-9085 if you get lost.

**Sewing Projects:** “Therapy Doll” gowns for Children's Hospital (precut kits provided), applying backs to Wanda Turner's quilt tops for Hospice of Cincinnati and Cincinnati Children's Hospital, burp cloths (precut kits provided), and Christmas stockings – everyone's favorite (cutting and sewing stockings together). Purificators will also be sewn for a local Catholic church (precut kits and instructions provided).

**Knit/Crochet Projects:** pocket prayer shawls, therapy carrots and pickles for Hospice patients, 18” square knit or crochet car seat blankets for Healthy Moms and Babies, Pregnancy Center East and West hats (adult, youth, and full-term infant size).

*The following items will be provided at the event:* fabric, yarn, cutting boards/roller cutters/scissors, patterns, two sewing machines and an iron. Feel free to bring your own machine/projects-in-progress.

Help save lives in Greater Cincinnati!

40 DAYS FOR LIFE  
September 24th til November 2nd



The Family of the Most Holy Eucharist needs YOU to pray with us on Tuesday, October 14th!

Here are the details:

- **Vigil Location:** Outside Planned Parenthood, 2314 Auburn Ave. Cincinnati, 45219.
- **Vigil Hours:** 7:00 am to 7:00 pm daily
- **What We Do:** We stand and pray for an hour. You can also bring a lawn chair and sit.
- **How to Sign Up:** Sign up sheets will be available in all five FMHE churches, or you can call Mary Cappel at 513-659-3966 to sign up or get more information.

Information about parking and additional information can be found at: [40daysforlife.com/cincinnati](http://40daysforlife.com/cincinnati)

You can protect mothers and children by joining this worldwide mobilization! Through prayer and fasting, peaceful vigils and community outreach, 40 Days for Life has inspired 1,000,000 volunteers to help end the injustice of abortion in their local communities.

With God's help, through campaigns held in over 950 cities around the world:

- 25,695 babies have been saved
- 274 abortion workers converted
- 172 abortion centers closed (45% in "blue" states!)

RESPECT LIFE FUND



Please help us to extend works of mercy throughout the Archdiocese of Cincinnati by participating in the Archdiocesan Respect Life collection on October 4 and 5, 2025. The Respect Life Fund helps support local Crisis Pregnancy Centers, educational resources, advocacy groups, and other local organizations whose work supports a Culture of Life right here in the Archdiocese of Cincinnati. In short, the Respect Life Fund helps save lives. For more information, check out the website at [www.catholiccincinnati.org/ministries-offices/respect-life-2/respectlife-fund/](http://www.catholiccincinnati.org/ministries-offices/respect-life-2/respectlife-fund/). Please help us save lives by supporting the Respect Life Fund through your generous donation!

40 DAYS FOR LIFE – FALL 2025

Help Save Lives! – Christians throughout Cincinnati, Northern Kentucky and surrounding areas are invited to take part in the international 40 Days for Life effort from Wednesday, September 24 through Sunday, November 2, 2025. In addition to 40 days of prayer and fasting for an end to abortion in America, please consider volunteering to pray outside of the Planned Parenthood abortion facility on Auburn Avenue in Cincinnati for one or more hours during the 40 days, and spread the word to others about this important life-saving effort. Learn more at [www.40daysforlife.com/cincinnati](http://www.40daysforlife.com/cincinnati). The Family of the Most Holy Eucharist parishes will be praying all day on Tuesday, October 14. Sign-up info will be in the gathering space or vestibule of all churches. For more information about our parish family's plan to stand in prayer as a witness for life in front of Planned Parenthood, contact Mary Cappel at 513-659-3966. Please join us at the Kickoff Rally on Sunday, September 21, 2025 at 2:00 p.m. in front of our vigil site, Planned Parenthood, 2314 Auburn Avenue, Cincinnati, 45219. Our speaker is Micaela Clay, who survived a failed abortion attempt and was abandoned with her 2-year-old brother at a clinic in Minnesota. Planned Parenthood facilities are closing around the country. Help us close the Auburn Avenue facility through prayer and peaceful public witness. All are welcome. For more information, visit [www.40daysforlife.com/cincinnati](http://www.40daysforlife.com/cincinnati).

Change for Life

Baby Bottle Campaign



Family of the Most Holy Eucharist will be hosting a Baby Bottle Campaign to support Pregnancy Center West. Baby Bottles will be available to pick up after all Masses on Oct. 4-5. Please take them home and fill them with any loose change, bills, or a check. Please drop the bottles off at the Masses on Oct. 18-19. All proceeds will go towards Pregnancy Center West's mission to protect the unborn and provide hope and love to women and families in need.

Take a bottle, change a life!

Please contact Naomi with any questions.

✉ [naomi@pc-west.org](mailto:naomi@pc-west.org)  
☎ 513-389-2035  
🌐 [supportpcw.org](http://supportpcw.org)

SCHOOL NEWS & FUNDRAISERS

FMHE Substitute Teacher Interest Form



SUBSTITUTE TEACHERS NEEDED FOR THE 2025-2026 SCHOOL YEAR!

Looking to make an impact on our youth? Consider applying for a paid substitute teacher role. Use the QR code or visit [fmhe.org/our-schools](http://fmhe.org/our-schools) to sign up with interest and receive next steps.

COMMUNITY INFORMATION

HEALING SERVICE

September 24, 2025; Rosary: 5:45 p.m.; Mass: 6:15 p.m.

Healing Service after Mass

Our Lady of the Holy Spirit Center, 5440 Moeller Avenue, Norwood, OH 45212; Phone: 513-351-9800.

Come to Jesus for Healing!