



IMMACULATE HEART RETREAT CENTER

HOPE PEACE HEALING

Immaculate Heart Retreat House Memories

By Bob Wilson

I grew up on the grounds of the Retreat Center. Our dad, Deacon Chuck Wilson was the first maintenance man or “Facilities Manager.” I remember watching our good friend Bishop Topel set the cornerstone. Dad; my brother Tom, and I volunteered a lot of time during the final construction doing additions and enhancements. (Dad worked, Tom and I worked and played.) Then Fr. Rosage asked Dad to be the maintenance man at about \$375 a month for six days a week with no benefits or vacation. The three boys (Tom, Joe, and I) came along for free.



Bob Wilson building the Seven Sorrows

I drove the old Ford tractor to plow, till and level the rosary garden when I was eight. That first year we also turned the old farmhouse into a convent and converted the porch into a chapel for the Dominican nuns who were the housekeepers and cooks. I remember watching volunteer bricklayers build the one-story block building, the “Shop” that was our base of operation. That I-beam across the middle of the building came from the old St. Francis of Assisi grade school which was demolished in 1957. Many of the bricks that ended up around the pathways at the retreat house were from St. Francis. Tom and I had to chip mortar off a lot of bricks!

Dad was the only paid maintenance person. All the rest of us were volunteers. Work parties from various parishes would come some evenings to do special projects, but a lot of the regular maintenance was done by my brothers and me. We helped build the “island” sidewalks, leveling and excavating the area by hand. I remember some seminarians (then Joe Deniker and George Haspedis) helping clear rocks so we could plant the grass and trees on the lawn on the north side. None of it was sod; all was planted from donated seed, which seemed to have an abundance of weed seed mixed in!

Growing anything was a minor problem for the first few years due to lack of water for irrigation. The single well in the pump house on the south side of the parking lot was only good for about three gallons per minute. Father Rosage got a volunteer to excavate a pond in the valley to the north where there was a small spring, but it never provided much water. Dad and I dammed the small creek in the valley below the shop and sank a 50-gallon barrel as a sump pump pit and pumped water to the buried storage tank by the pump house to provide irrigation.

continued on page 8

In this Issue:

- * Feature Story Pg. 1
- * Director’s Message Pg. 2
- * Program Guide Pg. 3
- * Retreat Schedule Pg. 4
- * Liturgical Services Pg. 6
- * Giving Opportunities Pg. 7

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FROM THE DIRECTOR'S DESK



Deacon John Ruscheinsky

This is God's Temple

In Bishop Daly's article in January's *Inland Register*, 'A diocese ... now poised for growth and new life,' he shared these objectives as our shepherd for the diocese: "supporting and strengthening Catholic education, promoting vocations to the priesthood and consecrated life, and the salvation of souls."

Since we opened our doors, Immaculate Heart Retreat Center has been in line with all of the bishop's goals. We are committed to supporting our Catholic schools, vocations to religious life and sacramental life for all the faithful.

Our commitment to support Catholic education and catechesis is reflected in the number of youth retreats that are held at Immaculate Heart every year. These retreats have a profound effect on our youth. In 2015, 575 of our young adults attended a retreat. Because of your generosity, we were able to provide \$60,334 in funding help which represented 71% of IHRC's total year's sponsorship. Two of our current diocesan priests heard the call to become priests, and serve God's people while they were on a youth retreat. How many others have been influenced in this same way? In addition, Catholic elementary school classes come on retreat to Immaculate Heart and are financially supported as well.

In March of this year, I made a request to Bishop Daly for diocesan financial assistance for the retreat center in the 2016-2017 fiscal year, and beyond. Bishop Daly has approved this financial support for the programs that support Catholic school children and/or the formation of young people. The great news is that his decision will allow Immaculate Heart to be included in the ministries supported by the Annual Catholic Appeal (ACA)! I want to thank the bishop for the generous contribution from the ACA to assist our diocesan retreat apostolate.

The author of 1 Chronicles 29: 14, 16-17, challenges us in these questions when it comes to stewardship. "But who am I, and who are my people, that we should have the

means to contribute so freely? For everything is from You, and what we give is what we have from You. LORD our God, all this wealth that we have brought together to build You a house for Your holy name comes from You and is entirely Yours. I know, my God, that You put hearts to the test and that You take pleasure in integrity. With a whole heart I have willingly given all these things, and now with joy I have seen Your people here present also giving to You generously."

You, my God, know what is in everyone's heart. In the Summer Appeal letter, I made the request of you to help us with needed kitchen upgrades and to keep up with standards of the hospitality industry regarding safeguarding our retreatants from allergens. I wrote this in my letter, "that I can count on all of you to be generous and to aid us in our time of need." Well, the kitchen is getting an NSF-approved three-compartment sink and proper drainage, the beds are encased and are as free as possible from allergens.

Your gifts have helped to continue to support God's temple, and the retreat ministry that serves us all. Let us use it well! I pray God continues to bless our benefactors, retreatants and volunteers.

Your servant in Christ,

2016 Annual Mother's Day Champagne Brunch Table Sponsors

The following companies helped to make our 13th Annual Mother's Day Brunch a great success! We warmly thank them for their support of our retreat ministry. May God bless them, their families, and employees!

Arby's
Catholic Charities of Spokane
Food Services of America
Hennessey Funeral Homes
H & R Complete
Lukins & Annis Attorneys
Mercer Health & Benefits LLC
Randall + Hurley
Senske Services
The Master's Touch, LLC
Tresko Monument Inc. & Washington Stone



PROGRAM GUIDE

From the Program Manager

Sister Mary Eucharista, SMMC

Smiles creep slowly across faces. Gentleness smooths out furrowed brows. Relaxation settles into previously tense shoulders and necks. St. Patrick's (Pasco) Parish Staff Retreat is underway at Immaculate Heart Retreat Center. One can spot a couple of sprightly, younger parish staff walking briskly along the walks, getting ideas for their next session as they stroll through the evergreen-shaded paths. A gentle, mature staff member paces slowly in the cool breeze, letting the peace of the evening with its crickets and great horned owls enter her soul. One of the men stands on the edge of the slope facing the sunset, watching a young buck crop grass. The alert but calm animal pauses while chewing to observe the retreatant in his quiet pose.

The next morning Father Steve Werner, pastor at St. Patrick's in Pasco, smiles at his parish staff over a hearty breakfast of eggs, homemade sweet rolls and other more healthy fare. "We knew we needed to get ready for the next year," he comments quietly. "What better way to plan and get ready than with a retreat?" Father Dale Tuckerman agrees, "It's awesome! We're digging down deep. The staff is really into it, and so are we! It's going to be a great year!" And it is, for Pasco's St. Patrick's Parish.

Have you thought of making a parish retreat or staff retreat? Most dioceses do not have a retreat center dedicated to their purposes. Immaculate Heart was built specifically for retreat possibilities for the laity. We hope you will consider it, even for a couple days this year. Check our website at www.ihrc.net, or give me a call at (509) 448-1224, ext. 109. The rewards are out of this world!

Dinner Series

Laudato Si: Practical Stewardship and Our Responsibility



September 27, Part I
October 25, Part II



In response to Pope Francis' *Laudato Si*, Bishop Skylstad and Father Joseph Sullivan, a geologist, will open a dialogue of the document, elucidating principles of Biblical foundations and Church teaching about our environment and our responsibility to care for it. Included will be PowerPoint presentations with slides of stories and events, even here in the Northwest.

Elegant dinner followed by two conferences over dessert and coffee.

5:30 - 8:30 PM 5:30 PM Dinner (deluxe, with wine)

Cost \$38 each

Silent Teresian Carmelite Retreat



September 23, 2016 through September 25, 2016

The retreat, open to the first forty-five registrants, is sponsored by the Jesus, King of All Nations OCDS Community from Coeur d'Alene, Idaho and will feature Retreat Master, Fr. Jerome Early, OCD sharing lessons on St. John of the Cross. Please contact David Rinaldi at 208-664-0455 or rinaldi1430@gmail.com for further information or a retreat brochure/registration form.

RETREAT SCHEDULE

Weekend Retreat on Mercy for the Jubilee Year of Mercy October 28 – 30, 2016
Msgr Robert Pearson / Father Michael Blackburn, OFM
Living Mercy: Jubilee Year of Mercy in Action



Two of our three diocesan Missionaries of Mercy appointed by Pope Francis are ready to share the abundant blessings available to all of us at this weekend retreat. From the spiritual and corporal works of mercy to the sharing of the purple stole and scroll received from the pope, the blessings flow onward to the world in this Year of Mercy!

Weekend Advent Retreat December 2 - 4, 2016
Father Gary Caster
Waiting with Joseph and Mary for the Messiah's Birth



St. Joseph experienced changing expectations, frustrations and setbacks, all while following God's plan. Whatever may seem to us as an obstacle, is not; it actually presents everything we already need to be faithful to the Father's will and draw closer to Him. Start out the new Church year with a retreat!

Please Register in Advance
 Weekend Retreat Costs: \$196/person, \$302/Couple, \$110/Commuters
 These retreats begin on Friday night with 6PM Registration, and depart after a noon lunch on Sunday.

Save the Date, Reserve Early!

Weekend Retreat on Adversity
 Jerry Sittser, Ph.D.
 January 20 – 22, 2017

Weekend Retreat on Life's Purpose
 Sisters of Mary, Mother of the Church
 February 3 – 5, 2017

Dessert Series on *Amoris Laetitia* (The Joy of Love)
 Bishop William Skylstad
 January 24, February 28, March 28, 2017

Weekend Retreat
 Fr. Mitch Pacwa
 February 17 – 19, 2017

Holy Week Retreats for Women and Men
 Fr. Michael Maher, SJ
 April 10 – 12 for Women
 April 13 – 15 for Men

Weekend Serenity Retreat
 Fr. Emmerich Vogt, OP
 June 2 – 4, 2017

One Day Healing the Culture Conference/Workshop For Ministry Leaders and Educational Professionals
 Camille Pauley
 Thursday, July 13, 2017

Weekend Princess Retreat for Mothers and Young Daughters (ages 5-11)
 Camille Pauley
 July 14 – 16, 2017

Icon Writing (Painting) Retreat
 Fr. Damian Higgins
 July 17 – 21, 2017

RETREAT REGISTRATION

(OR WWW.IHRC.NET)

Retreat Name/Date _____
 Name _____
 Address _____
 City _____ State _____ Zip _____ Parish _____
 Phone _____ E-mail _____

I need a room on the first floor yes no
 My \$25.00 (non-refundable) deposit is enclosed _____
 If you are in need of financial help to attend a retreat please call (509)448-1224.

Eve of Prayer for Couples on Marriage

“Suffering and Self-Sacrifice in Marriage: What the Wedding Feast at Cana and Christ on the Cross can teach us about Holy Matrimony”

Tuesday, October 18, 2016, 5:00 PM - 8:30 PM

Father Jeffrey Lewis



Married couples enjoy marital bliss...but also sometimes suffer marital blunders! We remember that unlike mere contracts (which are a 50/50 proposition), the covenant of Holy Matrimony is a 100/100 proposition: each half of the whole is all-in! This is the beautiful and mysterious spirituality of Holy Matrimony – a spirituality of self-sacrifice. At Cana and on the Cross, Jesus models for us what self-sacrifice is, and married couples who embrace this holy model hopefully will enjoy a rejuvenated marital bliss full of new vigor and blessed joy.

5:00 PM Mass, includes dinner, two conferences.

Cost: \$38 or \$60 per couple

Immaculate Heart Retreat Center Women’s Auxiliary Card Party & Luncheon September 20, 2016 12:00 pm – 4:00 pm

Enjoy lunch, social time and play cards, Mahjong, or Mexican Dominoes. There will be door prizes, raffle items, and a quilt and afghan raffle drawing. Cost per person is \$12, and everyone is welcome to attend!

Please call Jan Stripes 509-939-5539 to make your reservation by September 8, 2016

Spread the Word Road to Discovery September 14, 2016 11:30 AM – 1:00 PM (No Cost)

Explore our programs and facilities and hear stories of Hope, Peace and Healing. Learn about our retreat ministry and our programs. Lunch included.

To R.S.V.P. or for more information
Contact Mike Pallardy at 448-1224 ext. 105
or development@ihrc.net

Relationship Retreats



November 11-13

March 10-12

Engaged Encounter

Engaged Encounter offers couples time to question, examine and deepen their relationship with each other and God.

For info: eespokane.org



September 16-18

Retrouvaille

Thousands of couples headed for cold, unloving relationships or divorce have successfully overcome their marriage problems by attending the program.

Contact: 509-690-7354



October 28-30

Beginning Experience

This weekend program helps grieving single-again persons emerge from the darkness of grief into the light of renewed hope. Contact: Ann Borgman (509) 385-9105



October 21-23

Marriage Encounter

All marriages need attention, effort and nurturing. Worldwide Marriage Encounter provides an opportunity for you to explore your relationship together and find ways to make it more fulfilling and stronger for a lifetime.

Contact: Chris & Mary McJimsey (509)922-0668

Silent Days of Prayer

Day of Prayer on the Sacrament of Mercy
September 28, 2016

The Sacrament of Reconciliation: Experiencing Mercy from God and from ourselves

Msgr. John Steiner



Day of Prayer on Mysticism

October 26, 2016

Christian Mysticism: Moving to the Heart of the Matter

Sister Joy Milos, CSJ



Day of Prayer on the Communion of Saints

November 15, 2016

All Saints-All Sinners: Path to Fullness of Life

Father Michael Savelesky



Advent Day of Prayer

December 1, 2016

Bishop Thomas Daly



A Day of Prayer is an excellent opportunity to come away from the hectic schedule of our everyday life and reconnect with God in an atmosphere of prayer and reflection. The Day of Prayer begins at 9:00 AM and includes varied events through the day, including lunch. Cost is \$38 or \$48 with a room for the day.

LITURGICAL SERVICES

Mass 8:00 a.m., Daily

Adoration Fridays, 9:00 - 12:00a.m.

Televised Mass

Noon and 5:00 p.m., Sunday
Comcast Channel 14
or on our website

Participate in a Virtual Retreat every day.

Find Deacon John's Daily Reflections on-line at www.ihrc.net or sign-up to receive them daily by e-mail



"Coffee and Contemplation"

In response to the call of Saint Pope John Paul II, our diocesan retreat center reaches out to all for a program that encourages the Church's true ecumenical sense of hospitality and welcome -- Bring a friend from another faith tradition!.

September 21
Andi and Ernie McGoran
"Greater things...shall you do":
Holy Spirit Opportunities for Healing Today as Yesterday

October 19
Heather Berndt
Crossing the Threshold with SoulCollage®

November 16
IHRC Staff
Stone Soup and Other Holiday Gifts of Gratitude

December 21
(Cocoa and Contemplation)
Deacon Tom Heavey
How Saint Nicholas Became Santa Claus (for kids at home, parents and grandparents)

Come enjoy spirited discussion and prayer time over a roll and a hot beverage. People of all faiths welcome!

Third Wednesday of the month

9:00 - 11:00 AM

Cost \$10 - includes roll and hot beverage



Weekly Serenity of the Heart AA Meeting at Immaculate Heart Retreat Center

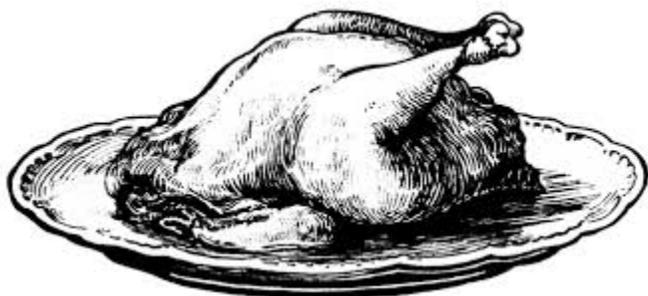
IHRC is blessed to have our own AA Meeting every Friday at 12:00 PM. The group is called Serenity of the Heart, and is always open for more members. Call Barb at (509) 688-5640, if you would like to come, or simply come to the meeting. All are welcome!



IHRC Foundation's Corner

The Foundation Board and Deacon John want to especially thank the Jack Lundberg Family for the generous gift that Jack made to Immaculate Heart through his estate. May he rest in peace! Gifts to our endowment through bequests, and estate planning ensure that we'll continue to bring our retreat ministries alive for thousands of people every year, changing lives and renewing spirits.

Contact Mike Pallardy at 448-1224, ext. 105 or development@ihrc.net for more information about making bequests and other legacy gifts to Immaculate Heart.



From Our Kitchen to Yours

Jack's Turkey Roasting Tips

Buying a free range or organic turkey should be your first step for a delightful centerpiece on your table for this holiday. Basting a turkey leaves the skin soft and barely increases flavor. Butter or margarine mixed with spices of your choice will add more flavor and the end result will be crispier skin. Before cooking, always thaw the bird for 3-4 days in the refrigerator. Rinse and dry well before rubbing with butter, salt and spices. A 400° oven is the perfect temperature to get a desired roast on the bird. Buy a good thermometer and don't cook it over 170 degrees. Cooking times vary for stuffed and unstuffed birds. A 6-8 lb. unstuffed turkey will take 2.5 - 3 hours to cook. A stuffed turkey of the same weight can take 3 - 3.5 hours. These are approximate cooking times and temperature of the bird should be checked with a meat thermometer where the thickest part of the breast meets the spinal bone. Happy Holidays from Immaculate Heart Retreat Center!

Hope Peace & Healing 2016

Retreat Ministry...

Hear the gentle whisper of God.

"The Lord has heard my cry for mercy; the Lord accepts my prayer." Ps. 6:8-10

Saturday, November 5, 2016

10:30 am - 12:00 pm

Join us at The Hemmingson Center's Grand Ballroom on the GU Campus

Inspirational talk by The Most Rev. Thomas A. Daly
Keynote Speaker Sr. Joy Marie Milos, CSJ
A delicious brunch will be served!

A vegetarian option is available with advance notice.
There is no cost to attend. You will be asked to support our retreat apostolate with a monetary gift or pledge.
Please make your reservation today!

Your Gift of Time

Our feature story was a wonderful trip down memory lane. I want to thank Bob Wilson for sharing his story about his boyhood time here at Immaculate Heart. I hope you enjoyed reading it as much as I did. In reading the story, I was reminded about how important volunteers were when Immaculate Heart opened, and how we rely on them today. Without our Marthas and Josephs who help clean rooms, our talented "rose ladies," who tend our front gardens, and the others who volunteer their time, Immaculate Heart's apostolate could not survive. During last year, 2015, our Martha and Joseph volunteers alone gave 5,452 hours in service to our mother's house.

Then as now, to keep our ministry alive, we must rely on your volunteerism to make retreat ministry happen. Therefore, I ask of you. Please make time to volunteer and help us here at your retreat house. Our need for Marthas and Josephs is challenging: current volunteers are aging, and their numbers are shrinking, and new volunteers are not yet stepping up. We truly need your help. As St. Luke reminds us, "It is more blessed to give than to receive." (Acts 20:35) God bless you and your families!

**Our Mission:
Immaculate Heart
Retreat Center, rooted
in the Catholic faith,
provides opportunities
for spiritual growth
to all people on their
journey toward God,
in an atmosphere of
prayer and reflection.**

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Center. To request e-mail
delivery or to remove your name
from our mailing list, please
contact us at 509-448-1224
or skrause@ihrc.net.*

In Memoriam

Stephanna Leahy
Bill Zimmer
Bill Roberts
Ruby Maxey
James Pantaleo
Geraldine Malloy
David Hamer
John Michels
Rev. Frank Costello, S.J.
Helen Murbach
Dr. Robert Bariletti
Linda Varela
James Bertis
Helen Blashill
William Wightman
Sr. Delores Shaw, SNJM
Richard Lawton
Estelle Ledger
Mary Jane O'Neill

6910 South Ben Burr Road
Spokane, WA 99223

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Fax: (509) 448-1623
Web page: www.ihrc.net

There was not enough money for an irrigation system. All lawns were watered with hoses and sprinklers. All the trees planted in the fields or around the building (except the native bull pines) had a dirt bowl around the base for holding water. A WWII army Jeep towing a 300-gallon tank trailer brought water to all the trees. I spent a lot of time watering Fr. Rosage's precious trees. (In later years, many of them along the road would get stolen for Christmas trees).



Most summer weeks, my brother Tom and I would start mowing the island on Monday using the two push mowers (no money for a riding mower.) Once an area was mowed, we set the sprinklers and had to stop mowing to move them. The objective was to finish mowing all the grass areas by lunch time on Wednesday, so we could get to the weeding of all the flower beds. We must have circled the Fatima statues a couple thousand times!

Fr. Rosage would direct us in adding more beds or lawns. Sometimes a few seminarians would be assigned to help us and once in a while, Father would let Dad hire some help. But mostly it was Dad, Tom and me. Father Rosage would come out and help at times. My mother would also come and weed. About the third summer I worked there, Dad paid me \$50 out of his own pocket for three months' work. When I was 15, Fr. Rosage hired me at about \$0.50/hour. (I also got fired and rehired that same summer, but that's another story!) Ed Rosage, Father's nephew, was hired about then and was a big help with his experience from the family landscaping and gardening business in Johnstown, PA.

Based on pictures from the IHRC website, many things have changed, but I still see trees

and lawns we planted and sidewalks that probably still have our initials on the edge. Our family name is on the Station we donated and on the list of deceased retreatants.

Nowadays, I am an engineer using the things I learned at the Retreat House to build power plants around the world. Co-workers are surprised to learn that I could weld, drive a front end loader, thread pipe, drive a dump truck, drill a well, set a pump and repair almost anything by the time I was 12. It took a few years before I realized how valuable that hands-on education was. The other part of learning was having lunch every day with Fr. Rosage, the current retreat master or the bishop and other visitors. I met many bishops, priests, and nuns and listened to many good conversations while eating good food with a German flavor. Until recently, I didn't realize how much that impacted me and my faith.

When I brought my wife, Sundee, to Spokane to meet my family in 1979, we drove out to the retreat house so I could show her a big part of my life. As we were walking across the parking lot, Bishop Topel drove up, fresh from his interview on The Today Show in New York. I didn't expect him to remember me but he did. After the greetings he asked if I was showing Sundee all the trees I planted and watered. I answered, "yes!," and with a twinkle he responded, "Don't bother; they died."

Thanks for listening to some of my memories. I hope Dad's cost-effective and prudent designs (that's my company's code words for cheap and dirty) are not still causing you problems. If you need to find some buried pipes or skeletons, give me a call!