

PROGRAM GUIDE



From the Program Manager

Sister Mary Eucharista, SMMC

A friend in Northern California, contemplating removing an evergreen sapling in his yard one day, said, "It's strange how that has been a sapling all ten years I have owned this home." He checked it out and found out it was a 60-year-old coastal redwood! Since these can live up to 2,000 years, he figured he would leave it for the next family to take care of, and hopefully many more after that.

Contemplating a tree, contemplating the age of a 60-year old human, or contemplating a retreat apostolate that has thrived for over 60 years can be mind-boggling. To unpack the different programs, the retreat leaders, the participants who have passed through these doors, and the conversions, blessings and spiritual gifts that have accompanied them as they left can cause one to pause and thank God for the gift of such a ministry in our own diocese.

"What is a retreat?" many ask me. I usually pause for a moment, hesitating to bowl them over with too much. So, I let them know gently: a retreat is an encounter with Jesus in a "desert place" (Mark 6:31; Luke 5:16) where you can be alone to hear what He is waiting to share with you. Do you have a family problem? A health struggle? A vocational discernment? A job crisis? Marriage difficulties? Feel overwhelmed? Experience an urge to thank God for what He has done for you and given you? Need time to rest in the spirit, to love your God? Come on retreat!

A retreat is a place where you don't have someone knocking at your door, calling you on the phone, requiring something of you. A place where you can be free of any technology: social media, alarms, sounds, news, additional music, talking, talking, talking. A retreat is a place where you can pray, think, take stock in the parts of our lives that are eternal, reflect on the needs of our souls, the place, time and people that God has placed you in and with.

Don't wait 60 years to come on retreat. Your invitation is now!

Days of Reflection

A Day of Reflection is a chance for anyone to come to reflect on a theme with spiritual impact. These events contain more conferences than a Day of Prayer, and the Mass and sacraments available for a Day of Prayer are not available. Lunch is included. Optional Mass at 8:00 AM.

Please register in advance: www.ihrc.net (509) 448-1224

Day of Reflection

Painting Sacred Art

Illuminated Manuscripts:

The Word in Miniature

Hannah Charlton

Saturday, June 22, 2019,

9:00 AM - 3:00 PM

\$55 per person (includes art supplies), \$65 with a room



Silent Day of Reflection on

Carmelite Spirituality

Prayer Beyond the Beginnings:

Journey to Divine Intimacy with

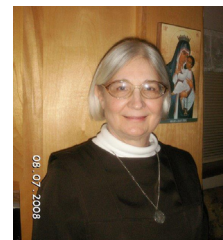
St. Teresa

Sister Leslie Lund, OCDH

Wednesday, July 10, 2019,

9:00 AM - 3:00 PM

\$40 per person, \$50 with a room.



**Private Directed Retreats are
always available:**

**Ignatian or Scriptural
Spiritual Direction available**

Cost \$85 per day

3-Day, 5-Day, 8-Day, 30-Day

RETREAT SCHEDULE

Weekend 12-Step Retreat for Those with Addiction

*One Day at a Time,
but Are the Days Too Long?*

Fr. Tom Weston, SJ

May 31, 6:00 PM - June 2, 1:00 PM



Come join other women and men in recovery as we reflect on the good news of recovery, the power of the 12-Steps, and the grace of a new life: clean, sober, and serene. A time for some refreshment and renewal. Newcomers and Old-timers are most welcome. \$204 per person, \$318 per couple, (includes two nights lodging and 5 meals), \$118 commuters

24-Hour Retreat on Dealing with Cancer

The Cancer Adversity:

Is There an Advantage?

Jim Morrison, Cancer Survivor

June 14, 4:30 PM –

June 15, 4:30 PM



Cancer tests the reality of our Faith, informing us if it is counterfeit or real. It also tests our attitudes about life: our relationships and our goals. Join a fellow cancer warrior, author and survivor of stage 4 lung cancer, who shares remedies and support for those going through the cancer ordeal. Bring a friend, spouse or caregiver.

Individual \$112 per person; couples: \$182

8-Day Ignatian Silent Retreat

*Spiritual Exercises of St. Ignatius
Loyola: Being Drawn by God's
Encouragement*

Fr. Jeff Putthoff, SJ

July 14, 4:30 PM -

July 21, 1:00 PM



St. Ignatian has offered the Church the amazing gift of the Spiritual Exercises and the rules of discernment. Learn how discouragement and desolation are opportunities for connection with God. We are called to be people who live for God's love and in connection with God. The spiritual exercises help us to learn in a (w)holy way. \$720 per person. This retreat is silent.

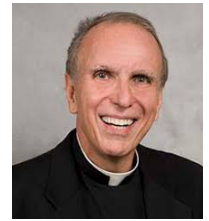
Weekend Retreat on Everyone's Call to Holiness

Everyday God

Fr. Anthony Ciorra

August 16, 6:00 PM -

August 18, 1:00 PM



God's grace is blowing in the wind and all we have to do is open up our sails. We are flooded with God's grace in the midst of the ordinariness of everyday life. All we have to do is pay attention, open our eyes and become mystics. "The Christian of the future will be a mystic or not exist at all." (Karl Rahner). This retreat will be an invitation to embrace and experience our Everyday God in the spirit of Vatican II's Universal Call to Holiness. \$204 per person, \$318 couples, (includes two nights lodging and 5 meals) and \$118 commuters. This retreat is silent.

To Register for Retreats call (509)448-1224
or go to www.ihrc.net

SPONSORS CLUB MAKES A DIFFERENCE

Last year more than 1200 young people and others received support to attend retreats or Days and Evenings of Prayer. A Sponsors' Club gift of at least \$204 a year brings our Retreat Ministries alive for those who could not otherwise afford to participate. For more information about Sponsor's Club or other ways to support IHRC, please contact Mike Pallardy at 448-1224 ext. 105 or Development@ihrc.net.

Summertime Spiritual Moments

Summertime Spiritual Moments are programs designed to give participants a taste of what it is like to attend Day of Prayer or Retreat. They begin with Mass, a delicious breakfast will be served, and a spiritual talk will be presented. There is no cost to attend. Please invite a friend to join you, who has not been to Immaculate Heart in a long time or before.

*"Images of God: Glimpses of Our Lord
in Events, Nature, Objects, and People"*

Fr. Ed Marier

June 12, 2019

8:00 am – 9:30 am

*"The Life of Vietnamese Catholics before,
during and after the Vietnam War."*

Fr. Jo Hien

August 14, 2019

8:00 am – 9:30 am

"Yeast of the Pharisees"

Fr. Mike Savelesky

Sept. 27, 2019

8:00 am – 9:30 am

IN MEMORY OF MY LOVING HUSBAND
PETER J. KOLL
MARIE KOLL

Please make reservations.

Relationship Retreats



June 7-9

October 18-10

Engaged Encounter

Engaged Encounter offers couples time to question, examine and deepen their relationship with each other and God.

For info: eespokane.org



September 13-15

Retrouvaille

Thousands of couples headed for cold, unloving relationships or divorce have successfully overcome their marriage problems by attending the program.

Contact: 509-520-4118.



October 25-17

Marriage Encounter

All marriages need attention, effort and nurturing. Worldwide Marriage Encounter provides an opportunity for you to explore your relationship together and find ways to make it more fulfilling and stronger for a lifetime.

Contact: Chris & Mary McJimsey (509)922-0668

Silent Day of Prayer

A Day of Prayer is an excellent opportunity to come away from the hectic schedule of our everyday life and reconnect with God in an atmosphere of prayer and reflection. The Day of Prayer begins at 9:00 AM and includes Mass, the Sacrament of Reconciliation, two conferences, lunch and quiet time through the day.

Join us! \$40 per person, \$50 with a room.

Please register in advance: www.ihrc.net (509) 448-1224

Silent Day of Prayer on Following Jesus

Discipleship in the Bible and in Life

Fr. C Hightower, SJ

Tuesday, June 4, 9:00 AM - 3:00 PM



Summer Barbeques

Connect with a priest of our diocese over a summer barbecue with beer and wine. Enjoy a talk from him over dessert and coffee in the soft breeze on Immaculate Heart Retreat Center's Sunset Terrace. (Mass begins at 5:30 PM; departure at 7:45 PM)

Divine Mercy on Display: Do we believe it?

Come hear Divine Mercy from one of Pope Francis' designated Ministers of Mercy

Msgr. Robert Pearson

Tuesday, June 11, 2019

Update on the Pope and His Renewal of the Roman Curia

The Pope and the Curia: are they friends? ...

More to come!

Msgr. John Steiner

Tuesday, July 9, 2019

Morning Star Boys Ranch:

The First 50 Years and Beyond

A privileged view of one of the most influential youth ministries in the Northwest from the heart of its former director.

Fr. Joe Weitensteiner

Monday, August 26, 2019

Cost \$25 Please register in advance.

LITURGICAL SERVICES

Mass 8:00 a.m. Daily

Adoration Fridays, 9:00 - 12:00 p.m.

Televised Mass

Noon and 5:00 p.m., Sunday

Comcast Channel 14

or on our website

Participate in a Virtual Retreat every day.

Find Deacon John's Daily Reflections on-line at www.ihrc.net or sign-up to receive them daily by e-mail



Find us on Facebook

Save the Date, Reserve Early!

Silent Day of Prayer on Scripture

Fr. Patrick Hartin, Ph.D.

Wednesday, September 18, 2019

24-Hour Retreat on Death and Dying

Fr. Stan Malnar, MD

September 20 - 21, 2019

Silent Day of Prayer on the Theotokos

Dr. Catherine Tkacz

Tuesday, October 1, 2019

5-Day Icon Painting Retreat

Father Damian Higgins

(Abbot, Holy Transfiguration Monastery)

October 2 - 6, 2019

Retreat on the Spirit of Fun

Fr. David Robinson, SJ

Nov 1 - 3, 2019

Day of Prayer on Grief and Loss

Michael D'Esterre and Teresa Warren

Nov 5, 2019

Weekend Retreat on Simplicity and Peace

Dr. Robert Wicks

November 8 - 10, 2019

Musical Advent Retreat

Marty Rotella

December 6 - 8, 2019

Silent Day of Prayer

Bishop Thomas Daly

December 9, 2019

Weekly Serenity of the Heart AA Meeting

IHRC is blessed to have our own AA Meeting every Friday at 12:00 PM. The group is called Serenity of the Heart, and is always open for more members. Call Barb at (509) 688-5640, if you would like to come, or simply come to the meeting. All are welcome!