

# *Saint* **AMBROSE**

CATHOLIC COMMUNITY

**ROOTED IN CHRIST**

518-785-1351 • 347 Old Loudon Road, | Latham, New York 12110 • [www.stambroselatham.com](http://www.stambroselatham.com)

**MASS TIMES: SATURDAY 4PM, SUNDAY 9AM & 11AM, MONDAY-THURSDAY 12:10PM**



**1ST SUNDAY OF LENT**



Lent is here! What can we do as a parish to enhance our Lent?

First, I'd like to direct you to a **weekly parish retreat that we're offering from 9:50am to 10:50am on the Sunday mornings of Lent**. It'll be in the chapel (or the Church if there's overflow).

The retreat is called "**Transformation**" and we're going to explore the Sunday readings in light of our path to discipleship.

**March 6th**

**"To Change I Must Face the Voice of Temptation"**

Here we'll discuss practical ways that you can hear God in your life.

**March 13th**

**"To Change I Must Allow Myself to See God for Who He Really is"**

An experience of God can forever change the course of our lives.

**March 20th**

**"To Change I Must Not Let My Past Determine My Future"**

Your story is not about your own failures but of God's victory in your life.

**March 27th**

**To Change I Must Accept My Struggling Brother and Sister"**

The Prodigal Son reveals the drama of sin and mercy within the context of a human family. Discover how this story reveals the God of mercy and how this can transform our selves, our families, and our community.

**April 3rd**

**"To Change, I Must Hold a Mirror Up to Myself and Not Judge Others"**

Judging comes easy to us yet Jesus presents a radical message on the nature of judgment.



What else can we do to enhance our Lent?

- **Pray**—Who wouldn't benefit from praying more? When we pray we communicate with God and give Him the space to speak to us. Think of one concrete step you can take to enhance your prayer life and make it something you can manage. If you don't pray at all, perhaps start by saying an Our Father slowly and intentionally at the beginning and end of each day. If you use memorized prayers, dedicate a time for God (for example, when you shower) where you can speak freely to Him and allow Him the silence to speak in your heart. The Church is a treasury of meaningful encounters with God in prayer. If you're looking for ideas, email or call me and I'd love to help you out! (thomas.acemoglu@rcda.org or 518-785-1351 x307).
- **Fast**—The idea of "giving something up for Lent" is still a mark for Catholics in our culture. We have special days to either fast (Ash Wednesday and Good Friday) or abstain from meat (Fridays in Lent). But by choosing to give something up we make a sacrifice and we believe that those sacrifices better unite us to Jesus on the cross. We can give up sinful habits that have been dragging us down or we may also give up good things as well. The hope is that by giving something up, we are more free to fill that time and energy with something good.
- **Almsgiving**— Almsgiving, or charity, is where we provide for the needs of others out of the good things God has given us. It reminds us that everything we've been given comes with a responsibility and that we may be the only way that relief comes to someone in need. You can give to our food pantry or towards the relief surfaces that the parish provides. You may also find a worthy charity or a local cause that could benefit from your help. Keep your eyes and heart open to the needs of others and God will show you where you can make a difference.
- **Read the Bible**—This can also be under prayer but I challenge you to read the rich readings offered at the daily and Sunday Masses!

-Tom Acemoglu

MARCH 6, 2022

St. Ambrose, Latham, New York



## ANOINTING OF THE SICK

Did you know that you can request the Sacrament of the Sick for any illness?

It's a Sacrament for anyone who is in danger due to serious illness, mental or physical.

If you're suffering due to an illness, reach out to us at the parish office. We can set up a time for you to be anointed. If you are here in person, Father would be happy to anoint you after any of the masses.

Furthermore, if you have reason to believe that a loved one is approaching death, do not wait! It is their right, and our privilege to administer this Sacrament.

Do you have an event you want us to advertise or announcement you want us to share? We can help you share that information through multiple platforms! Go to [stambroselatham.com](http://stambroselatham.com) and click on the button of this guy with the megaphone in the middle of the page.



## Tuesday Lenten Rosary

Each Tuesday during Lent, immediately following the 12:10PM Mass, the sorrowful mysteries will be prayed in the church. Please join us!



## KEEP IN TOUCH

Website: [stambroselatham.com](http://stambroselatham.com)  
Facebook: [@stambrosechurch](https://www.facebook.com/stambrosechurch)  
Email: [salatham@rcda.org](mailto:salatham@rcda.org)  
YouTube: [youtube.com/c/StAmbroseMedia](https://www.youtube.com/c/StAmbroseMedia)

Are you receiving text and email notifications from St. Ambrose? Text the word **ambrose** to 84576 to opt in.

## Eucharistic Adoration

Wednesdays  
11:00 AM to 6:00 PM  
in Church





**MARCH 6, 2022**

## OFFICE HOURS

Monday—Thursday 9:00 am—4:00 pm  
Sunday Before & After Masses

## ARE YOU BEING CALLED?

Our Lady of Mercy Secular Order of Discalced Carmelites is a lay community of Catholic men and women, from all walks of life, pursuing a contemplative prayer life in the context of their daily personal, family and work activities in the world, under the protection of Our Lady of Mount Carmel, and inspired by the teachings of St. Teresa of Avila, St. John of the Cross and other Carmelite Saints. If you are between the ages of 18 and 65 and feel called to a contemplative prayer life, we invite you to visit our community at one of our first Sunday of the month meetings. To find out more, contact Laura Iwan 518-428-2084, or Linda Levine 518-399-6965.

**Reconciliation**  
Wednesdays 5-6 PM  
Saturdays 2:30-3:30 PM



## SNOW REMOVAL ASSISTANCE

**DO YOU ENJOY RUNNING A SNOWBLOWER  
AND REMOVING SNOW?**

**JOIN OUR BUILDING AND GROUNDS MINISTRY  
AND HELP US KEEP OUR CHURCH READY FOR  
WORSHIP ON THE WEEKENDS!**

**PLEASE CONTACT TOM HEALY AT  
THEALY969@NYCAP.RR.COM, OR CONTACT  
THE PARISH OFFICE: 518-785-1351**

**1ST SUNDAY OF LENT**

## ADULT FORMATION



## Mass & Adult Formation Sessions

### Transformation: A Lenten Retreat

**EVERY SUNDAY of Lent (3/6 - 4/3). For  
Lent we will be in the Chapel from  
9:50am-10:50am. If we overflow, we will  
meet in the Church.**

For more information, contact Tom Acemoglu:  
[thomas.acemoglu@rcda.org](mailto:thomas.acemoglu@rcda.org)

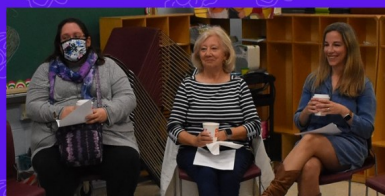
### St. Ambrose Bible Study

**Thursdays @ 7pm  
via ZOOM**

We cover all parts of the Bible in  
an approachable way even for first  
time attendees. E-mail your  
contact information to  
[thomas.acemoglu@rcda.org](mailto:thomas.acemoglu@rcda.org)  
to join!



### St Ambrose Mom's Ministry



Join us the first Sunday of each  
month in Room 312 of the school  
from 9:50AM -10:50AM

AND

The second Wednesday of the  
month from 6PM-7PM in the  
lounge

Contact Darlene at  
518-496-1886 for more information.

"I love this group  
and appreciate the  
mix of Bible  
readings/prayers,  
reflections, support,  
fellowships, and  
now activities and  
retreats."

"This group is a  
welcome breath of  
fresh air!"

"Feels good to have  
such  
loving/supportive  
women and mothers  
to turn to."

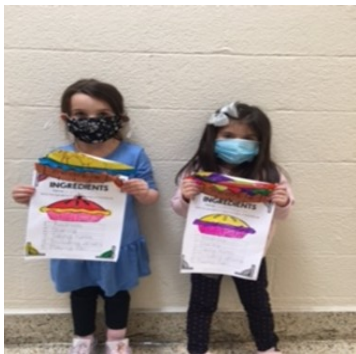
## SCHOOL UPDATE

**Ms. Schaffer's Pre-K 4 Class Celebrates Friendship.**

Oh what a fun we have had! We celebrated Valentine's Day by handing out special cards to all of our friends. It's a wonderful time to remember how blessed we are with all the friends we have.



Our 100th Day celebration was one for the books! It's hard to believe we are more than half way done with the school year. We did everything the 100 way. Each student brought in 100 of a secret item and provided 3 clues for their friends to guess what was inside; a great way for the children to begin public speaking. We counted 100 dots on each of our numbers. We did 100 exercises. We counted by 1's, 5's and 10's all the way to 100. We illustrated: I wish I had 100 (puppies); If I had \$100 (take my family out to dinner), I would eat 100 (M&M's) and I can do 100 (jumping jacks).



Thursday, February 17 was National Kindness day. In Pre-K we try to be kind every day. We love to help each other and the opportunities come often. We reflected on what it takes to be a good friend, then created a recipe for our Friendship Pie. The ingredients are 1. Kindness 2. Sharing 3. Taking turns 4. Including others and 5. Playing fair. Wonderful words to live by.

**FOLLOW OUR SCHOOL ON SOCIAL MEDIA**

Facebook: @stambroseschoollatham

Instagram: @st.ambrose.latham

518-785-6453

Website: [www.stambroselatham.com](http://www.stambroselatham.com)

Lily Spera, Principal

Kelly Sano, Secretary





MARCH 6, 2022

## Kieran's Light

Catholic LGBTQIA+ Ministry  
at Saint Ambrose

Meetings Sunday at 12pm  
in the Parish Office

For questions, or to be added to the flocknote list, email Robyn:  
robyn.spateholts@rcda.org

### MASS INTENTIONS

#### Saturday, March 5th — 4pm

Fr. John J. Gurley  
Richard Bango  
Wilfred, Ella & Janet Grignon  
Richard Kent, Sr.  
Harvey Lanthier

#### Sunday, March 6th — 9am

Jane & John Placido  
Gertrude Sally  
Mary Doran

#### Sunday, March 6th — 11am

Vittorio Renda  
Pat Pyndus

#### Monday, March 7th — 12:10pm

Virginia & Philip Mahar

#### Tuesday, March 8th — 12:10pm

The People of St. Ambrose

#### Wednesday, March 9th — 12:10pm

Vittorio Renda

#### Thursday, March 10th — 12:10pm

Roy Seipel  
William Magee, Jr

**PRAY FOR  
UKRAINE**

FR. BRIAN KELLY, PASTOR

### OFFERTORY

Current Year

2/20/2022:

\$13,352.55

Previous Year

2/21/2021:

\$13,755.25



ONLINE GIVING

Always forgetting  
your envelopes?  
Switch to online giving:  
[stambroselatham.com/egiving](http://stambroselatham.com/egiving)

The Latham-Colonie Columbiette Buffet Breakfast  
Sunday, March, 13th, 2022  
8:30 am to 11:30 am  
328 Troy-Schenectady Road, Latham, N.Y. 12110

Menu includes: Scrambled Eggs, an Omelet Station, Home Fries, Corned Beef Hash, Bacon and Sausage, Pancakes and French Toast served w/Warm syrup, A Variety of Cereals and Juices, Bananas and Hot Tea, Coffee or Hot Chocolate.

Adults - \$10    Children (5-10) - \$5    Under 5 - Free!

### HAILEY'S CORNER



If you feel called  
to selflessness,  
listen to that call  
because it's the  
Lord.

If you feel called  
to selfishness,  
ignore that one.  
That's the other  
guy.