
In and About: Celiac Disease and Communion



www.sttheresa.cc | 713-869-3783 | 6622 Haskell St. Houston, TX 77007

Celiac Disease and Communion

Some Catholics with celiac disease avoid the Communion host due to gluten intolerance and receive only the Precious Blood instead



Engaging Group and Events

Parish Schedule

Blessed Sacrament Chapel

Open daily for silent prayer from 6:00 a.m. to 6:00 p.m.

Mass Times

Sundays at 8:00 a.m., 10:00 a.m., and 5:30 p.m.

Monday - Friday at 7:00 a.m.

Wednesday Mass at 6:00 p.m.

Saturday (Vigil Mass) at 5:00 p.m.

First Saturday of the Month at 9:00 a.m.

Spanish Mass on the last Sunday of the month at 1:00 p.m.

Are you sick, or do you have a homebound family member?

Watch our Live Streamed Weekend Masses at sttheresa.cc/online-mass or on our YouTube channel. In addition to the live stream of our services, watch the Homilies Playlist.

Reconciliation (Confession)

Saturdays from 3:30 p.m. to 4:30 p.m.

Wednesdays from 4:30 p.m. to 5:30 p.m.

For confessions by appointment, contact: 713-869-3783.

Adoration of the Blessed Sacrament

Wednesdays after the School Mass (9:00 a.m.) to 5:45 p.m. in the main Sanctuary.

Let us Know How We Can Help You

The parish office hours are Monday to Thursday from 9:00 a.m. to 6:00 p.m. and

Fridays from 9:00 a.m. to 5:00 p.m.

Contact: 713-869- 3783 or info@sttheresa.cc

Holy Season Schedule



Fridays during Lent

6:00 p.m. Station of the Cross

7:00 p.m. Via Crucis (Español)

Ash Wednesday, March 5

7:00 a.m. Mass with Distribution of Ashes

12:10 p.m. Liturgy of the Word with Distribution of Ashes Only (No Mass)

6:00 p.m. Mass with Distribution of Ashes

Lenten Penance Service

Tuesday, March 18, 7:00 p.m.

Palm Sunday Vigil, April 12

5:00 p.m. Mass

Palm Sunday, April 13

Regular Mass Schedule

Holy Thursday, April 17

6:00 p.m. Mass

Good Friday, April 18

3:00 p.m. Liturgy of the Word

Holy Saturday, April 19

8:30 p.m. Easter Vigil Mass

Easter Sunday, April 20

Regular Mass Schedule

Contact: 713-869-3783 or info@sttheresa.cc

Visit: www.sttheresa.cc

Called to Love Lenten Series

Discover how God calls each of us to grow closer to Him by loving our neighbors. Through the Focolare spirituality, you will learn the Art of Loving, a practical yet profound way to love your neighbors and transform your relationships and your daily life. Join us on **Mondays, starting from March 10th to April 7th**, from 6:30 p.m. to 9:00 p.m. at St. Theresa Catholic Church.

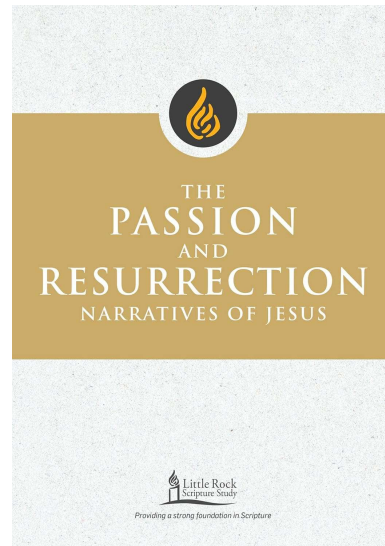
Contact: Joelma Regis at joelma.regis@focolare.us



Lenten Bible Study

You are invited to join us for Bible study beginning on **Monday, March 17th**, at 7:00 p.m. in the Holy Spirit Room.

Contact: Tommy Cordova at t.cordova@sttheresa.cc or 346-335-1816



Lenten Penance Service

Approach the Sacrament of Confession to receive forgiveness and spiritual healing during this Lent. St. Theresa Parish in Memorial Park will offer a Penance Service on **Tuesday, March 18th**, at 7:00 p.m.

Contact: 713-869-3783 or info@sttheresa.cc



How do you get confirmed as a Catholic Adult?

Adult Confirmation Preparation will begin **Tuesday, March 18th**, at 7:00 p.m. in the Holy Spirit Room. This six-week session is for any Catholic adult who has not yet received the Sacrament of Confirmation.

Contact: Tommy Cordova at t.cordova@sttheresa.cc or 346-335-1816



Register

Christian Initiation for Adults

Learn more about the Catholic faith by joining us for the next Christian Initiation Inquiry Session. The session will begin on **Thursday, March 20th**, at 7:00 p.m. in the Holy Spirit Room.

Contact: Tommy Cordova at t.cordova@sttheresa.cc or 346-335-1816



Learn More

Renewed: The Transformative Power of Baptism

Baptism configures us to Christ, empowering us through grace to embody His love, forgiveness, and goodness in our lives. Watch the video "The Sacrament of Baptism" this **Friday, February 28th**, on our Renewed Podcast Playlist.

Visit: youtube.com/c/StTheresaCatholicChurch



Five Ways Faith Can Free You From Anxiety and Depression

During this week's episode of the Word on Fire Show, we discuss anxiety and depression, starting at understanding the secular perspective of these maladies and journeying through five various ways faith can help alleviate our suffering.



That Man Is You: Paternal Expectations

Embrace your identity as sons of the Father and heirs of His Kingdom. Men, take on the challenge on **Thursday, February 27th**, from 5:45 a.m. to 6:55 a.m. in the Fellowship Hall, and answer the call to serve a purpose greater than ourselves.

Contact: Chris Favre at 713-256-0057 or chrisfavre@gmail.com

Visit: sttheresa.cc/that-man-is-you

Be Transformed

Faith Formation Summer Intensive Program 2025

With the school year's challenges fresh in our minds, we are excited to offer a timely solution for your family. Our FF Summer Intensive Program, running from **June 9th**

to **June 13th**, from 9:00 a.m. to 3:00 p.m. is specially designed for current 1st-5th graders who face difficulties attending sessions during the regular school year. As we are just a month away, now is the crucial time to secure your spot. Make a meaningful impact by registering to volunteer for our program today.

Contact: Josephine Balgos Le at 346-335-1808 or j.balgosle@sttheresa.cc

Register

Collections During Mass

Support Our Parish Mission Electronically. Your electronic gifts—weekly, monthly, or one-time—are vital in sharing God’s love and supporting our parish. Set up donations, including second collections, online or use our collection boxes at exit doors. For second collections, please use our golden envelopes. May our shared efforts bring abundant blessings to those we serve.



Sunday Giving

2025 Mardi Gras Fat Tuesday Celebration

Let us celebrate Mardi Gras with a morning filled with live Jazz by Raquel Cepeda and Louisiana-style food. This event is free of charge on **Sunday, March 2nd**, after the 10:00 a.m. Mass in the Fellowship Hall. Your kind donations will be welcome.

Contact: c.huch@sttheresa.cc or 346-335-1840

Visit: sttheresa.cc/mardi-gras-2025

Come Celebrate



Alcoholics Anonymous Young Adults Coed

Through life's chaos, you're not alone—the struggle is real, but together, we can rise above it. Our confidential meetings offer a safe space filled with compassion and support for all seeking help. Join us every **Saturday from 8:00 p.m. to 10:00 p.m.** in the Marian Room.

Visit: sttheresa.cc/youngaa

Bereavement Group

The death of a family member or friend is never easy, and we understand the importance of letting go while cherishing the memories of our loved ones. The next meeting will take place on **March, 7th at 8:30 a.m. to 9:30 a.m.** in the Holy Spirit Room. No reservations are necessary; walk-ins are always welcome.

Contact: Bertha Brophy, the Bereavement Group leader, at 713-869-3783

Visit: sttheresa.cc/bereavement

Welcome, Melanie

We are pleased to introduce Melanie Gaskins as the newest member of the accounting team at St. Theresa Catholic Church. Melanie graduated from the University of Texas at Austin with a degree in accounting. She has spent significant time volunteering at her children's Catholic schools and is also trained in dyslexia remediation. Melanie and her family moved back to Houston from the suburbs this past summer. They returned to St. Theresa, where they had been parishioners for over a decade. A devoted wife and mother of two, Melanie enjoys spending time with her family and friends and engaging in creative pursuits. She looks forward to adding value to St. Theresa in her new role and meeting more of her parish family.



Serving Ministries

Music Ministry

Lift up your voice and with us sing! Together, we will enhance each service with liturgical music, encouraging active participation among the gathered assembly and inspire ministry beyond our Church walls. We'd love to have you be part of our ministry!

Contact: Stephen Schad at s.schad@sttheresa.cc

Visit: sttheresa.cc/music



Sing with Us

Community Outreach

Christian Community Service Center Lenten Food Drive

St. Theresa will be hosting a Lenten food drive for CCSC starting on **March 16th**. Any of the following items will be a blessing, and a great appreciation for your generosity: cereal, pasta, rice, beans, canned vegetables and fruits, peanut butter, canned tomatoes, canned tomato sauce, spaghetti sauces, canned tuna, and canned chicken.

Visit: ccschouston.org



Donate

Giving Beyond St. Theresa

We believe our generosity should extend beyond our community to those in need locally, nationally, and globally. Charitable giving reflects our call to love our neighbors. See the list of agencies below worthy of your support if you're looking to share and/or volunteer your blessings beyond the parish.

View Agencies

Beyond Our Parish

Incarnate Word Leadership Conference

Incarnate Word Academy's Young Leaders Program invites 7th and 8th grade girls to Look 'n Lead: Be Your Own Hero, a one-day leadership workshop empowering them to reach their potential. Led by IWA leadership students, the day includes collaboration, reflection, and personal growth. The event will be held at Incarnate

Word Academy on **Saturday, March 22nd**, 2025, from 10:15 a.m. to 3:15 p.m.

Registration is \$30, with a deadline of March 7, 2025.

Register: Look 'n Lead

Eighth Annual Priests vs. Seminarians Basketball Game

The seminarians' Saints team faces off against the priests' Martyrs on **Friday, April 4th, at 7:00 p.m.** Location: Rice University Tudor Fieldhouse, [6100 Main St.](#) Tickets range from \$4 to \$95, with all proceeds going to the seminarians at St. Mary's Seminary.

Get Tickets: houstonvocations.com/events/

Parish and School Directory

Pastor

Fr. Vincent Tran

frv.tran@sttheresa.cc

Website

StTheresa.cc

Email

info@sttheresa.cc

Address

6622 Haskell St., Houston, TX 77007

Phone

713-869-3783

Deacons

Deacon Dwight Coles,

deacondwight@sttheresa.cc

Deacon Larry Vaclavik,

deaconlarry@sttheresa.cc

Guest Hospitality

Deandra Mackey

d.mackey@sttheresa.cc

Mary Ann Virgilio

maryann.virgilio@sttheresa.cc

Connie Huch

c.huch@sttheresa.cc

Ann Cox

ann.cox@sttheresa.cc

Parish Manager

Enrique Benitez

e.benitez@sttheresa.cc

Capital Campaign

Johanna Bransford

Parish Engagement and Sacramental Records

Connie Huch

c.huch@sttheresa.cc

Donor Relations/ Data Entry

Linda Rosenberg

l.rosenberg@sttheresa.cc

Liturgical Ministers / Flower Ministry

Juliette Listi

j.listi@sttheresa.cc

Communications

Veronica Benitez

v.benitez@sttheresa.cc

Chris Jones

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Jax Mores

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Director of Technology

[**j.bransford@sttheresa.cc**](mailto:j.bransford@sttheresa.cc)

Accounting

Jeanette B. Deciderio

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Melissa Swanson

[**m.swanson@sttheresa.cc**](mailto:m.swanson@sttheresa.cc)

Gaye Hablinski

[**g.hablinski@sttheresa.cc**](mailto:g.hablinski@sttheresa.cc)

Director of Faith Formation

Tommy Cordova

[**t.cordova@sttheresa.cc**](mailto:t.cordova@sttheresa.cc)

**Elementary Faith Formation. First Reconciliation
and First Communion Coordinator**

Josephine Balgos Le

[**j.balgosle@sttheresa.cc**](mailto:j.balgosle@sttheresa.cc)

Baptism Coordinator

Kendall Solé

[**k.sole@sttheresa.cc**](mailto:k.sole@sttheresa.cc)

Pastoral Associate Matrimony/Annulment

App./Funerals

Patrick Miral

[**p.miral@sttheresa.cc**](mailto:p.miral@sttheresa.cc)

Zach Wilson

[**zach.wilson@sttheresa.cc**](mailto:zach.wilson@sttheresa.cc)

10:00 a.m. Mass Choir Director/Organist/Media

Ministry Coordinator

Stephen Schad

[**s.schad@sttheresa.cc**](mailto:s.schad@sttheresa.cc)

Director of Maintenance

Andras Bandi

[**andras.bandi@sttheresa.cc**](mailto:andras.bandi@sttheresa.cc)

St. Theresa Catholic School

[**www.facebook.com/StTheresaCatholicSchool**](https://www.facebook.com/StTheresaCatholicSchool)

Principal

Sarah Fox

[**sarah.fox@sttheresa.cc**](mailto:sarah.fox@sttheresa.cc)

Director of Admissions

Kelly McCarty

[**k.mccarty@sttheresa.cc**](mailto:k.mccarty@sttheresa.cc)

Early Childhood Center (ECC)

[**facebook.com/steccmemorialpark**](https://facebook.com/steccmemorialpark)

Director

Rae James

[**rae.james@sttheresa.cc**](mailto:rae.james@sttheresa.cc)

Director of Admissions

Kelly McCarty

[**k.mccarty@sttheresa.cc**](mailto:k.mccarty@sttheresa.cc)

Our Social Media

Website

[**sttheresa.cc**](http://sttheresa.cc)

Facebook

[**facebook.com/StTheresaMemorialPark**](https://facebook.com/StTheresaMemorialPark)

Instagram

[**instagram.com/stcchouston**](https://instagram.com/stcchouston)

Twitter

[**twitter.com/STCCHouston**](https://twitter.com/STCCHouston)

YouTube

[**youtube.com/c/StTheresaCatholicChurch**](https://youtube.com/c/StTheresaCatholicChurch)

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Helpful Websites

- Alcoholics Anonymous (AA): aa.org
- American Red Cross: redcross.org
- Centers for Disease Control and Prevention: cdc.gov
- Christian Community Service Center: ccschouston.org
- Counseling (Grief, Family, etc.): catholiccharities.org
- Domestic Violence: tbotw.org
- Families of Addicts: al-anon.org
- Houston Police: If you have a life-threatening emergency, call **911**. Non Emergencies: houstontx.gov/police
- Narcotics Anonymous (NA): na.org
- National Suicide Prevention Lifeline Center: 988lifeline.org
- Overeaters Anonymous (OA): oahouston.org
- Sex Addicts Anonymous (SAA): saa-recovery.org
- Texas Department of Family and Protective Services txabusehotline.org
- United Way of Greater Houston: unitedwayhouston.org

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