

Grade 1

To develop an awareness of God, who gives us Jesus, the wonders of creation, and the promise of eternal life.

Six Tasks of Catechesis			
Task 1: Catechesis Promotes Knowledge of Faith.			
Content	Catechism (paragraph number)	Scripture	Living the Christian Faith
1.1.1 God the Father is the Creator of all. Everything He creates is good. God creates each person out of love .	279, 316	Genesis 1:1-27	
1.1.2 God creates us to know and love Him in this life and be with Him forever in heaven . Heaven is eternal life .	358-359, 1721	Ephesians 1:4-6	<ul style="list-style-type: none"> Discuss that life on earth is a journey towards eternity in heaven, which means being with God forever. Discuss what forever means.
1.1.3 God speaks to us in many ways. He tells us about Himself through the beauty of creation .	51, 68-69		<ul style="list-style-type: none"> Share ways to help take care of the earth, animals, and God's people. Topics to include: Loving people, recycling, pollution, and wildlife preservation.
1.1.4 God created the gift of light and saw that it was good.		Genesis 1:3-8; 1:14-18	
1.1.5 God created the sky and saw that it was good.			
1.1.6 God created the oceans and seas. He created the land and filled it with many plants, fruits, and vegetables. He saw that they were good.		Genesis 1:10-12	<ul style="list-style-type: none"> Share classroom snacks grown in a garden.
1.1.7 God created the sun and the moon and saw that they were good.		Genesis 1:16	<ul style="list-style-type: none"> Plant seeds with the children and show how sun and water effect their growth.
1.1.8 God created the fish and birds and saw that they were good.		Genesis 1:21	<ul style="list-style-type: none"> Display a picture of Saint Francis. Explain that Saint Francis taught us to love God by taking care of animals.
1.1.9 God created the land and all the creatures that crawl on the ground and saw that they were good.	2416	Genesis 1:24-26	<ul style="list-style-type: none"> Act out/demonstrate 'crawly' animals – play 'guess who?' (Identify name of animals.)
1.1.10 God created man and woman, the highpoint of creation , and saw that they were good.	343	Genesis 1:26	<ul style="list-style-type: none"> Explore the 5 senses. Take a nature walk and experience God's creation through the 5 senses.
1.1.11 When God finished creating the world He rested.	345	Genesis 1:31	<ul style="list-style-type: none"> Discuss how we rest at home, school, and church. Make chart.
1.1.12 God our Father is the giver of love . God wants to have a special relationship with each person.	357, 1703		<ul style="list-style-type: none"> Emphasize that God loves each one of us and that He wants a personal relationship with each of us.
1.1.13 He is a faithful God who is true to His promises. Christ is the ultimate fulfillment of God's promise.	705-706		

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1.1.14 God's greatest gift to us is His son, Jesus Christ. Jesus is the Son of God . He became man like us and loves us. The name of Jesus means " God saves." Jesus is our Savior .	458, 495	John 3:16	
1.1.15 Jesus is both human and divine . He is truly God and truly man.	480-482	John 1:14	
1.1.16 Jesus became man to show us how to live on this earth. To live like Jesus is to find total happiness.	564	Luke 2:51	<ul style="list-style-type: none"> • Talk about ways Jesus lived and modeled for us how to love one another.
1.1.17 God chose Mary to be the Mother of Jesus . Mary showed her love for God by saying 'yes' to Him when He asked her to be the Mother of Jesus . Joseph , a carpenter, was Jesus ' foster father. They loved God and each other so they are called the Holy Family .	488; 494	Luke 1:38, Luke 2:39-52	<ul style="list-style-type: none"> • Recognize Mary as Mother of God and our Heavenly Mother.
1.1.18 Mary is our Heavenly Mother. She wants to help each person to know her son, Jesus . Jesus loves His Mother, Mary , very much and wants us to honor her.	501		<ul style="list-style-type: none"> • Pray the Hail Mary.
1.1.19 When Jesus was 12, He went with Mary and Joseph to the Temple in Jerusalem. He was Jewish and this was His first time to celebrate the Passover .		Luke 2:44-53	
1.1.20 When Jesus was 30, He began His public life by being baptized by John the Baptist in the River Jordan.		Luke 3:1-22	<ul style="list-style-type: none"> • Ask the children to tell about a Baptism they saw at church.
1.1.21 Jesus began His ministry by going to the Sea of Galilee and calling His first apostles , Peter and Andrew.		Matthew 4:18-22	<ul style="list-style-type: none"> • Introduce some of the other apostles.
1.1.22 Jesus taught and healed sick people.		Matthew 8: 1-17	<ul style="list-style-type: none"> • Discuss how it feels to be sick or blind and imagine Jesus healing you.
1.1.23 Jesus was teaching a crowd of hungry people by the Sea of Galilee. He performed a miracle by using only five loaves of bread and two fish to feed the large crowd of people.		Matthew 14:15-21	<ul style="list-style-type: none"> • Talk about ways to help poor and hungry people.
1.1.24 Jesus showed how much He loved children. One day when He was teaching, He said, "Let the children come to me." He wanted them to know how much He loved them.		Luke 18:15-17	<ul style="list-style-type: none"> • Draw a picture of yourself with Jesus.
1.1.25 Jesus tells the story of The Good Shepherd .		Luke 15:1-7	<ul style="list-style-type: none"> • Read about how Jesus tells us that He is the Good Shepherd and we are His sheep. He loves us so much and looks for us when we are lost as a shepherd looks for his lost sheep.

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1.1.26 Jesus died on the cross and rose from the dead so each person can go to heaven .		Luke 23: 42	
1.1.27 God gives us the Holy Spirit , the third Person of the Blessed Trinity .	685, 733	John 15:26	<ul style="list-style-type: none"> • Pray the Sign of the Cross and emphasize the Blessed Trinity.
1.1.28 The Trinity is made up of the Father, the Son , and the Holy Spirit .	261	Act 2:4	
1.1.29 Angels are spirits created by God . Each person has a guardian angel sent by God to help and protect. We cannot see angels but they are present.	328, 336	Matthew 18: 10 Luke 16: 22 Psalm 91:10-18	<ul style="list-style-type: none"> • Pray the Angel of God prayer.
1.1.30 Saints are people who lived holy lives on earth and are now in heaven . They model for us how to follow Jesus . They pray for us and are honored by the whole church .	828, 945, 2030		<ul style="list-style-type: none"> • Ask the Saints to pray for us. Highlight a saint's feast day.
1.1.31 The Bible is the written word of God . It is the story of the love between God and his people. God made a promise in the Old Testament and fulfilled it in the New Testament .	104-108	Genesis 1:1-31, Genesis 2:1-25 Genesis 7:12-8:20 Genesis 21:1-8 Ex. 12:37-42 1Samuel 3:1–18 1Samuel 17:4 – 51 John 2:1-11 Daniel 6:2-29 Luke 2:1-20 Luke 2:39-51 John 2:1-11 Luke 18:15-17 Luke 15:11-32 John 10:1-21 Luke 2:14-20 Luke 22: 14-20	<ul style="list-style-type: none"> • Read stories and scriptures from the Bible. Suggested stories: • Creation • Adam and Eve • Noah and the Ark • Abraham and Sarah • Exodus • Calling of Samuel • David and Goliath • Jonah and the Whale • Daniel and the Lion's Den • Christmas Story • Holy Family • Wedding at Cana • Jesus blessing the little children • The Prodigal Son • The Good Shepherd • The Last Supper • The Resurrection

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Tasks of Catechesis			
Task 2: Catechesis Promotes Knowledge of the Meaning of the Liturgy and the Sacraments.			
Content	Catechism (paragraph number)	Scripture	Living the Christian Faith
1.2.1 The Sacraments of Baptism , Confirmation and the Eucharist are the Sacraments of Initiation .	1212		
1.2.2 Through Baptism each person becomes united with Jesus Christ and His Church , sharing in God's life and receiving His grace .	1213	Matthew 28:19-20	<ul style="list-style-type: none"> Share information about their Baptism.
1.2.3 Through Baptism each person becomes a child of God . We are Catholic Christians .	1213	Ephesians 4:1-6	
1.2.4 At our baptism, our parents and Godparents made promises for us, help us learn about God , and keep those promises.	1253-1255		<ul style="list-style-type: none"> Find out who your godparents are.
1.2.5 At Baptism the priest pours water on their head while saying the words, "I baptize you in the name of the Father , and of the Son , and of the Holy Spirit ." Water is a sign of new life in Christ .	1278		<ul style="list-style-type: none"> Visit the baptismal font. Invite priest in to discuss and show baptismal ceremony. (Book, white cloth, and candle)
1.2.6 Baptism takes away Original Sin and gives us grace . Baptism begins our journey with Christ . The Sacrament of Baptism is received only once in a person's life.	1280		
1.2.7 In the Sacrament of the Eucharist Jesus comes to each person in a very special way.	1373-1375, 1413		<ul style="list-style-type: none"> Help the children to understand they will be receiving Jesus under the appearances of bread and wine when they make their First Communion.
1.2.8 Mass is another word for the celebration of the Eucharist . Each Sunday, Catholics worship God by going to Mass at their parish church.	1194		
1.2.9 During the Mass the priest puts his hands over the bread and wine. He asks God the Father to send the Holy Spirit to make the bread and wine the Body and Blood of Jesus . This is called the epiclesis .	1353		
1.2.10 During the Consecration the bread and wine become the Body and Blood of Jesus . The priest says, "this is My Body, this is My Blood."	1354	Matthew 26: 26-28; Mark 14: 22-25 Luke 22: 14-20	
1.2.11 Before He died Jesus ate a last meal with His apostles . This Last Supper was the first Eucharist .	1323, 1337-1340	Matthew 26: 26-28; Mark 14: 22-25 Luke 22: 14-20	<ul style="list-style-type: none"> Tell children the story of the Last Supper and display an image.

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1.2.12 Until we are able to receive Jesus in the Eucharist we can go up to receive a blessing from the priest .			<ul style="list-style-type: none"> • Show the children how they should cross their arms over their chest when they go up to receive a blessing at Communion.
1.2.13 The Church has a liturgical year and colors . Easter is the most special feast in the liturgical year . Other liturgical seasons are: Advent , Christmas , Ordinary Time , Lent and the Triduum .	CCC 1168-1171		<ul style="list-style-type: none"> • Help children to learn the seasons and colors of the liturgical year. Go to church and see the priest's vestments (colors). Ask the priest to explain.
1.2.14 During the four weeks of Advent we prepare for the coming of Christ at Christmas . We are also preparing for Christ's second coming.			<ul style="list-style-type: none"> • Display an Advent wreath, purple cloth, or Jesse Tree.
1.2.15 Lent is the 40 day preparation time for the celebration of Easter . Lent is a time of penance and sacrifice . It begins with Ash Wednesday .	CCC 540, 1438		<ul style="list-style-type: none"> • Introduce the Stations of the Cross.
1.2.16 Lent is a time of prayer, fasting , and almsgiving . These acts of sacrifice are blessed by God .	CCC 540, 1438		<ul style="list-style-type: none"> • Provide opportunities for extra prayer, service to others, and ideas for sacrifices.
1.2.17 Palm Sunday is the Sunday before Easter and begins Holy Week .		Matthew 21:1-11	<ul style="list-style-type: none"> • Explain Palm Sunday. Also, explain Holy Thursday, Good Friday, and Holy Saturday (Triduum).
1.2.18 Easter celebrates the Resurrection of Jesus. The Paschal Candle is a symbol of Easter .		Matthew 28:1-10 Mark 16: 1-8 Luke 24: 1-12 John 20: 1-10	<ul style="list-style-type: none"> • Show them the Paschal Candle in church.

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Tasks of Catechesis			
Task 3: Catechesis Promotes moral formation in Jesus Christ.			
Content	Catechism (paragraph number)	Scripture	Living the Christian Faith
1.3.1 Each person can choose right or wrong. God's grace helps us choose what is right. A person sins when they choose what is wrong. Sin offends God .	1871-1872		<ul style="list-style-type: none"> Discuss right and wrong choices.
1.3.2 Hurting ourselves and others offends God . We ask God to forgive us and He wants us to forgive each other.		Luke 15: 11-32	<ul style="list-style-type: none"> Read the Prodigal Son story and discuss forgiveness.
1.3.3 Jesus suffered and died for our sins . On Easter Sunday, he rose from the dead and brought us forgiveness .	619-620	1Corinthians15:3	<ul style="list-style-type: none"> Introduce the image of the crucifix to help the children understand why Christ suffered and died for each person.
1.3.4 God loves every person He created. When a person hurts others they offend God and the Church .	619, 1849	Matthew 28:1-7	
1.3.5 In the Sacred Scriptures Jesus showed us how He forgave sinners. The Our Father prayer says: " forgive us our trespasses as we forgive those who trespass against us." Forgiveness means to change our thoughts of being hurt to thoughts of love and kindness.	2862	Matthew 6:14-15	<ul style="list-style-type: none"> Have the children tell stories about when their parents forgave them or when they forgave a friend. How does it feel to be forgiven? How does it feel to forgive someone who has hurt you?
1.3.6 God gave Moses the Ten Commandments so that we would know how to do what is right and pleasing to God .	2056	Exodus 20:1-17	<ul style="list-style-type: none"> Discuss the Ten Commandments. Have children draw tablets / have a coloring sheet.
1.3.7 God wants each person to love Him and to love others by being kind in word and action.	2055, 2142	Matthew 22:37-40	<ul style="list-style-type: none"> Read the story of the Good Samaritan and discuss the greatest commandment.
1.3.8 God wants each person to worship him each Sunday at Mass .	2168-2169, 2172, 2174-2176	Exodus 20:8-11	
1.3.9 God wants each person to obey their parents and other people in authority.	2197, 2214-2217, 2234	Exodus 20:12	<ul style="list-style-type: none"> Share ways we obey or disobey our parents.
1.3.10 God wants each person to always tell the truth. It is wrong to say hurtful things about other people. It is wrong to hurt someone on purpose.	2464-2487, 2258, 2262, 2302	Exodus 20:13;16	<ul style="list-style-type: none"> Talk to the children about ways to be kind in word and action.
1.3.11 God wants each person to respect the gift of their own bodies, and to never hurt the bodies of other people.	2258, 2262, 2288	Exodus 20:13, 14, 16	
1.3.12 God wants each person to respect the belongings of other people. It is also wrong to take or damage anything that belongs to another person.	2401, 2534, 2408	Matthew 25:40	

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1.3.13 God wants each person to treat everyone with respect because we are all God's children and are special to Him.	1700		
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Tasks of Catechesis			
Task 4: Catechesis teaches the Christian how to pray with Christ.			
Content	Catechism (paragraph number)	Scripture	Living the Christian Faith
1.4.1 Prayer is talking and listening to God . God listens to each person's prayers and answers them. God speaks to us through prayer .	2564	Luke 11: 1-4 Luke 11: 9-10	<ul style="list-style-type: none"> • Begin and end each class with a prayer. Encourage daily prayer which helps each person grow closer to God.
1.4.2 Each person should pray to God with their minds and their hearts. We need to be silent to hear God's voice.	2559		<ul style="list-style-type: none"> • Show children different postures and motions of prayer, such as standing, kneeling, genuflecting, making the sign of the cross, and folding hands.
1.4.3 We can pray to God anywhere, by ourselves or with others.	2691, 2696		<ul style="list-style-type: none"> • Discuss the difference between formal and spontaneous prayer.
1.4.4 Jesus listened to and talked with His Father . Jesus showed us how to pray by teaching us the " Our Father ".	2607, 2849	Luke 11:1-4	<ul style="list-style-type: none"> • Help the children begin to understand what we are saying when we pray the "Our Father".
1.4.5 Each person can pray to God for help to make choices that please Him.	2620, 2621,2759, 2607-2616,		
1.4.6 The Holy Spirit is sent by Jesus to make us holy . The Holy Spirit helps us to pray .	2670	Acts 2:38	<ul style="list-style-type: none"> • Talk about the Holy Spirit as the gift of love.
1.4.7 We pray to ask God to help us and others. This is called a prayer of petition.	2633		<ul style="list-style-type: none"> • Point out to the children that we pray the prayer of petition at Mass. Help them think of people they want to pray for.
1.4.8 We can ask the Blessed Mother, Mary , to pray to Jesus for us.	2682		
1.4.9 We can ask the saints to pray to Jesus and to intercede for us. We look to them also as examples of holy lives.	2683, 2692		<ul style="list-style-type: none"> • Talk about Saints they know. • Talk about their patron Saints.

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Tasks of Catechesis			
Task 5: Catechesis prepares the Christian to live in community and to participate actively in the life and mission of the Church.			
Content	Catechism (paragraph number)	Scripture	Living the Christian Faith
1.5.1 God the Father, Son, and Holy Spirit are three persons in one God and are identified as the Trinity .	261		<ul style="list-style-type: none"> • Use Saint Patrick's example of the shamrock to teach the Trinity.
1.5.2 The family is a special community within the Church . The father and mother have different but complementary roles. Children are a blessing from God . The family is an image of the Trinity .	2204; 2205	Ephesians 5:21-30	<ul style="list-style-type: none"> • Bring in pictures of your family.
1.5.3 We belong to a Church family. The Church is a community made up of the people of God led by the priest .	832, 833, 836		
1.5.4 Saints are special friends of Jesus who lived their lives doing God's will. They now live in heaven and are part of our Church family.	828, 946, 2683		<ul style="list-style-type: none"> • Discuss how we can model our lives after the lives of a Saint.
1.5.5 The parish is a community of people who gather with the priest at church to praise and worship God . The name of our parish is _____.	880-882		<ul style="list-style-type: none"> • Go for a tour of church and parish offices.
1.5.6 Every parish has a pastor who is a priest . The name of our pastor is _____. He helps us to learn about and worship God in the celebration of the Mass .	1566-1568		<ul style="list-style-type: none"> • Show or display photographs of the Pastor, Bishop, and Pope. • Talk about ways you can participate in your parish.
1.5.7 Our parish is one of many parishes in this community that make up our diocese . We are part of the Diocese of Lafayette-in-Indiana. A diocese is led by a priest who is a bishop . The name of our Bishop is _____.	833, 894		
1.5.8 The Pope is a bishop who is the head of all the dioceses of the Catholic Church . The Pope's name is _____. He is the head of the family of the Church here on earth. The Pope lives in Vatican City, which is near Rome, Italy, also called the Holy See.	880-882		<ul style="list-style-type: none"> • Show a map of the world and let them see where Italy is. Vatican City is the smallest country in the world. 6.2 square miles.

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Tasks of Catechesis			
Task Six: Catechesis promotes a missionary spirit that prepares the faithful to be present as Christians in society.			
Content	Catechism (paragraph number)	Scripture	Living the Christian Faith
1.6.1 Christ's work is rooted in the love of the Trinity . We must strive to always participate in this love and bring it to others. Each person can share God's love with their words and acts of service .	715-716	Roman 5:5-6	<ul style="list-style-type: none"> Teach children to pray for and serve those who are suffering.
1.6.2 God calls us to share the love of Jesus by treating everyone with kindness: especially people who are sad, lonely, or treated badly.	1832, 1928-1933, 2447		<ul style="list-style-type: none"> Discuss bullying. How would you help someone who is being bullied? Acts of Kindness: list of ways to be kind to others and illustrate (class book).
1.6.3 God calls every Christian to share the good news of Jesus with others.			<ul style="list-style-type: none"> Talk about ways to share the good news with others.
1.6.4 Each person should share God's love by giving to the poor because He wants everyone to have what they need.	2443-2444, 2462	Luke 10:30-37	<ul style="list-style-type: none"> Create a classroom project that will help the children give in little ways to the poor.
1.6.5 Each person can share God's love by helping our neighbors, the sick, and the elderly.	2447	Luke 3:11	<ul style="list-style-type: none"> Make cards or visit the sick and elderly.
1.6.6 Missionaries are people who share the good news of Jesus . Missionaries also help people who are poor, sick, and hurting. Each person can help the missionaries by praying for them.	767-769, 904-907		<ul style="list-style-type: none"> Find a story of a missionary and read the story to the students, i.e. Mother Teresa.