



Epiphany of Our Lord Catholic Church

6596 Smiley Avenue
St. Louis, Missouri 63139

STAFF

Pastor

Rev. Thomas M. Pastorius
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Deacon

James Tetreault
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Pastoral Associate

Michael Rennier
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Music Director

Elizabeth Svancarek

Plant Manager

John Ellison
johnellison11@aol.com

Parish Secretary

Trish Nerviani
trishnerviani@aol.com

MASS & SACRAMENTS

Sunday Masses: 8:00 & 10:30 am

Weekday Masses Monday, Wednesday

Thursday, Friday & Saturdays: 8:00 am

Tuesday Morning Prayer: 8:00 am

Tuesday Mass: 5:30 pm

Saturday Masses 8:00 am and 5:00 pm

Sacrament of Penance: Saturday,
7:00-7:50 am or by appointment.

Tuesdays, 5-5:20 pm

Baptisms: Meeting first Thursday of the
month. Preregistration required.

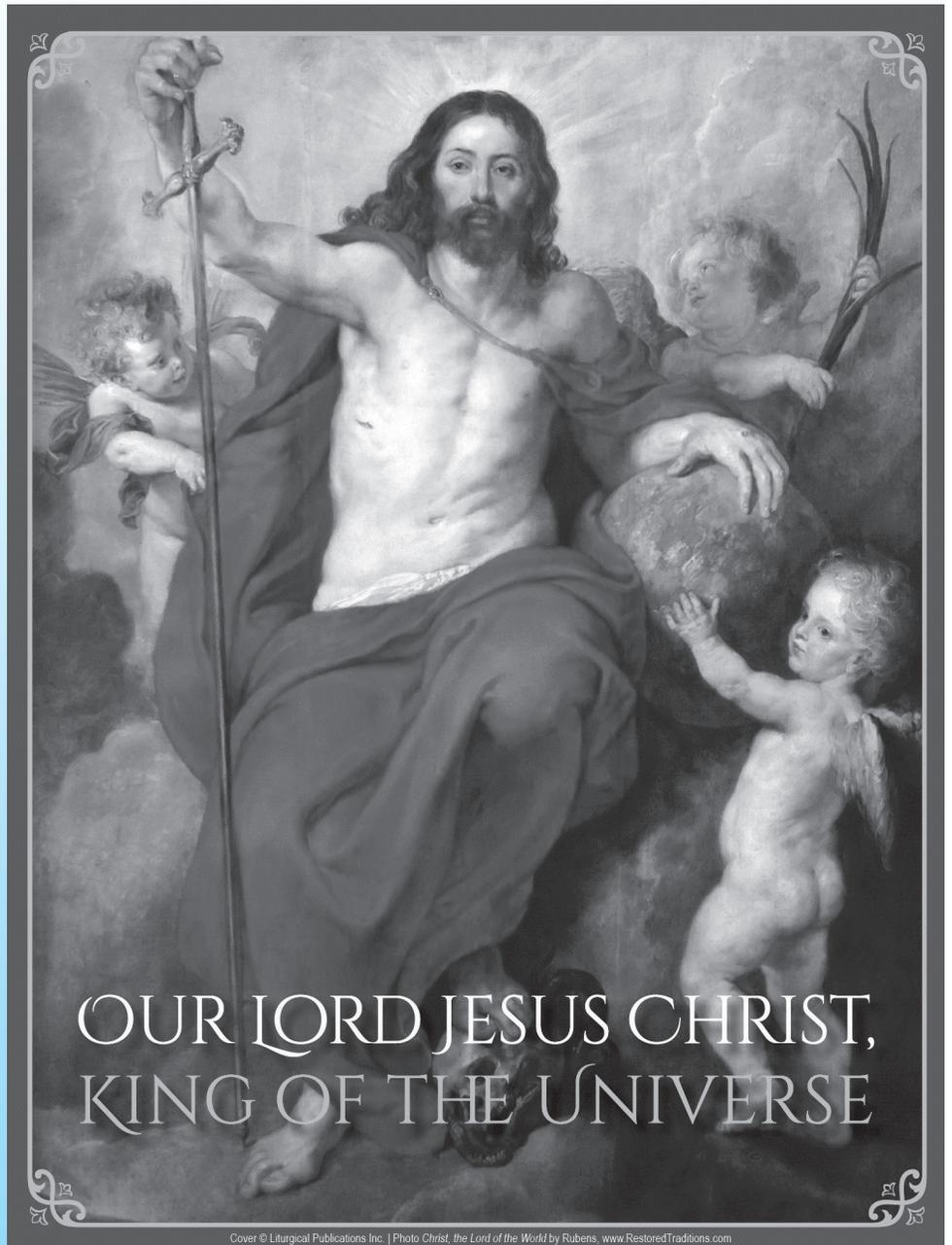
Marriages: Contact the priest at least 9
months prior to the wedding date.

Funerals: To be arranged by contacting
the Parish Office.

Change of Address or Telephone

Number: Please call the Parish Office.

Bulletin Deadline: 4:00 pm Monday.



Our Lord Jesus Christ, King of the Universe November 22, 2015

Phone: 314-781-1199

Fax: 314-645-8760

Sacramental Emergency After Hours Line: 314-260-6261

www.epiphanystl.org

LIVING OUR FAITH

From the Desk of Fr. Thomas Pastorius,

1. Thanksgiving Prayer

This Thursday is Thanksgiving and Mass will be at 9 AM. The following are a couple of prayers that you may wish to use at your family gathering:

Prayer 1: O Gracious God, we give you thanks for your overflowing generosity to us. Thank you for the blessings of the food we eat and especially for this feast today. Thank you for our home and family and friends, especially for the presence of those gathered here. Thank you for our health, our work and our play. Please send help to those who are hungry, alone, sick and suffering war and violence. Open our hearts to your love. We ask your blessing through Christ your son. Amen. (From *Celebrating Faith: Year-round Activities For Catholic Families*, by Mary Cronk Farrell)

Prayer 2: O God, we thank you for this earth, our home; For the wide sky and the blessed sun, For the salt sea and the running water, For the everlasting hills And the never-resting winds, For trees and the common grass underfoot. We thank you for our senses By which we hear the songs of birds, And see the splendor of the summer fields, And taste of the autumn fruits, And rejoice in the feel of the snow, And smell the breath of the spring. Grant us a heart wide open to all this beauty; And save our souls from being so blind That we pass unseeing When even the common thorn bush Is aflame with your glory, O God our creator, Who lives and reigns forever and ever. (From [Living God's Justice: Reflections and Prayers](#), compiled by The Roundtable Association of Diocesan Social Action Directors)

3. Mass Time Changes

On the following days we will deviate from our normal Mass schedule. Thanksgiving November 26th Mass will be 9 AM. Immaculate Conception Mass on December 8th will be at 8 AM and 7 PM. There will be no 5:30 PM Mass that day. Christmas Mass schedule will be 5 PM and 10 PM (Christmas Eve) and 8 and 10:30 AM Christmas Day.

4. Special Advent Program

Please see the bulletin insert this week to learn more about our special advent program that will begin next week.

5. Special Mass Intention and Bulletin For Christmas.

Since Christmas does not fall on a Sunday this year there would normally not be a bulletin handed out at the end of Mass. This year though we are creating a special bulletin that will include a blessing for your family nativity set, some Christmas prayers, and we would like to include as a sign of our gratitude the names of those who donate toward our Church decoration fund or the people that they would like to donate in memory of. For example, I am planning to donate in memory of my grandmother Margaret Daly. In addition the Mass intention for all four Christmas Masses will be for those people. To donate to our Christmas Flower display in honor of a loved one, please take an envelope from the pew, fill it out and drop it in the Sunday collection or turn it into the rectory. In order to have your loved one's name (living or deceased) listed in the Christmas bulletin this year, you must turn in your donation by Sunday December 20th.

6. Special Morning of Prayer

Joe Farris will be returning to Epiphany of Our Lord to lead a special morning of prayer on December 12, from 8 AM - 12 Noon. He will be speaking to us of Pope Francis's call for all of us to focus on God's Mercy in this upcoming year of Mercy. Please mark your calendars now and invite a friend or two to join you.

7. Food Pantry Need

Someone sent me an article that listed 10 things that Food Pantries need to better serve their clients. I thought I would share them with you as many of us participate in different food drives this time of year. 1. Spices. 2. Feminine Products. 3. Chocolate. 4. Toiletries. 5. Canned meats and jerky. 6. Crackers and tortillas. 7. Baby toiletries. 8. Soup packets. 9. Socks. 10. Canned fruit other than pineapple. (For more on why these items are needed you can check out Epiphany's Website.)

God bless,
Fr. Tom

 **ProLife** Pro-Life Events: *Project Rachel* is a spiritual support group for post-abortive women. For more information about the next meeting contact Marisol at 314-792-7451 or email: mpfaff@archstl.org. *Project Joseph* is a spiritual support for post-abortive men. Held on the first Monday of each month at 7:00 pm. Contact Chuck at 314-974-6787 or email: craymjr@sbcglobal.net



St. Vincent DePaul Adopt-A-Family for Christmas

Please consider adopting a family for Christmas. If you or someone you know is in need of assistance for the Christmas Holidays, please contact St. Vincent DePaul through the parish business office, 314-781-1199.

For the past three weeks we have been looking at the spiritual illness called scrupulosity. This week and next I would like to share with you from Fr. Santa's C.Ss.R book: *Understanding Scrupulosity: Questions, Helps, and Encouragement* something he calls **The Ten Commandments for Peace of Mind**. They were written by Fr. Santa C.Ss.R. as a follow up to the Ten Commandments for the Scrupulous by Fr. Don Miller C.Ss.R. It was Fr. Santa's hope that these commandments would help individuals living with scrupulosity in their everyday life.

1. Understand that scrupulosity can be a temporary condition or a persistent and seemingly unyielding condition, which is most often a manifestation of obsessive-compulsive-disorder (OCD); in either case, it is not a punishment from God.

Philosophers, psychologists, sociologists, theologians and historians talk about the idea of a Just World Theory. The idea of the Just World Theory is simple: if you do good things then good things will happen to you and if you do bad things then bad things will happen to you. This idea is also called by many karma. This is not a Catholic idea. We believe that God created this world good, but sin turned the world into chaos and so there are times in which bad things happen to good people. As Catholics, we believe that God will bring good out of evil, like an artist uses black to help make his paintings stand out. This means God does not give a person scrupulosity, but if the person works with God, they could bring good out of the situation.

2. Acknowledge your need for help and guidance and accept that you cannot effectively pursue a path of healing and wholeness by yourself.

Everyone from time to time needs help and it is important to admit that to ourselves. As the saying goes "the first step in healing is to first admit that we need help.

3. Accept and understand that the presence of fear and anxiety is the condition of scrupulosity and not the indication or warning of the presence of sin.

A person with diabetes has a problem regulating their blood sugar and thus they know that there are certain symptoms that they must watch out for so that they can inject themselves with insulin; a person with scrupulosity needs to monitor themselves so that they can inject themselves with the appropriate psychological medicine.

4. Always remember and never forget that discipline is essential if you wish to become healed. Choose one helper and resist the urge to seek many different helpers and a variety of different opinions.

As human beings, we must search out the truth and not the answers we want to hear. Find a good spiritual director, mentor, counselor, or support group to assist you in your healing process. We also must avoid becoming addictive to the attention we may receive for our illnesses. It may be hard for us to start relating to others in a new way and that can be scary.

5. Learn to be very patient with yourself, your confessor and spiritual director, your therapist, and with family and friends.

When talking to engage couples about how to argue and problem solve in marriage, I remind them that it is important for husband and wife to remind themselves that they are on the same side. When we find ourselves arguing it is important for us to remind ourselves that we are on the same side with ourselves. We also need to be patient with those who want to help us because it is not always easy to help a person change.

Prayer for the Scrupulous written by a Scrupulous Person

I was the lost lamb in your flock of sheep. And you've found me and carried me home. You guide me in everything that I do, and I know that I'm never alone. After all the pain that I've given you, You've given to me only love. And now I know that wherever I go You'll look after me from above. A wise man once said that those who seek the Lord have already found him. I believe it's true, for in seeking God, I have built my world around him!



ProLife Poinsettia and Candle Fundraiser The ProLife Committee is sponsoring the Poinsettia & Candle fundraiser this year. Volunteers will be happy to take your orders after all the Mases this weekend. Now is the time to think about purchasing a beautiful poinsettia and/or a few wonderfully scented candles as gifts or for your home, family and friends. Please stop by our table at the main entrance to church. We have all of the candles in stock for immediate purchase of \$13 each. Cash or checks made payable to:

Epiphany. Candles will be available for purchase through the weekend of December 12th & 13th. **Volunteers are needed** to help sell the poinsettias and candles. To help call Marilyn or Gerry Unger at 645-3483. Proceeds will benefit our commitment to help save lives of the unborn and assist pregnant women. Thank you for your support!!!



LITURGIES & SCHEDULES

MASS INTENTIONS FOR THE WEEK

Sunday, November 22 Feast of Christ the King

8:00 am John Jankowski
10:30 am Parishioners

Monday, November 23

8:00 am Enrollees & Benefactors of
Epiphany Memorial Fund

Tuesday, November 24

8:00 am Morning Prayer
5:30 pm Frank Stochla



Wednesday, November 25

8:00 am Louise Gambill

Thursday, November 26 Thanksgiving Day

9:00 am Dan Nerviani

Friday, November 27

8:00 am Joseph LeGrand

Saturday, November 28

8:00 am Katie Bach
5:00 pm Pat Kenny

First Sunday of Advent, November 29

8:00 am Parishioners
10:30 am Rosalie Heuing

PLEASE PRAY FOR THE HOMEBOUND & SICK OF OUR PARISH

Ethan Strauss Ethan Sonderman Mary Hipskind

Vicky Tacchi Chris Perron

READINGS FOR THE WEEK OF NOVEMBER 22, 2015

Sunday: Dn 7:13-14/Rv 1:5-8/Jn 18:33b-37
Monday: Dn 1:1-6, 8-20/Lk 21:1-4
Tuesday: Dn 2:31-45/Lk 21:5-11
Wednesday: Dn 5:1-6, 13-14, 16-17, 23-28/Lk 21:12-19
Thursday: Dn 6:12-28/Lk 21:20-28
Friday: Dn 7:2-14/Lk 21:29-33
Saturday: Dn 7:15-27/Lk 21:34-36
Next Sunday: Jer 33:14-16/1 Thes 3:12-4:2/Lk 21:25-28, 34-36

OUR OFFERING FOR THE WEEK OF NOVEMBER 14-15, 2015

Sunday Collection

General Fund.....	\$3,756.00	
General Fund Loose	\$311.00	
General Fund Online ..	\$1,085.00	
Total	\$5,152.00	
All Saints.....	\$10.00	
All Souls.....	\$10.00	
Christmas Flowers	45.00	
Hymnals.....	20.00	
Maintenance & Repair	\$20.00	
M& R Online	\$25.00	
Retired Religious	\$50.00	
Rice Bowl	%5.74	
SVDP.....	\$10.00	
SVDP Online	\$30.00	
Votive	\$37.20	
Debt	\$25.00	\$704.00(YTD)
Tuition Assistance	\$25.00	\$301.00(YTD)
Endowment Fund	\$	\$(YTD)



OUR PARISH THIS WEEK

Monday - Saturday November 23-28

* 7:30 am - Rosary, Church

Sunday, November 22

* 9:00 am - Bible Study, AR
* 9:15 am - Little Lambs, RBF
* 9:15 am RCIA, CMR
* 10:30 am - Liturgy with Children, RBB

Monday, November 23

* 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
* 7:00 am - 5:00 pm - GSA, Gym
* 5:30 pm - Fit Factor, UH
* 7:00 pm - Boy Scouts, Upper Hall

Tuesday, November 24

* 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
* 7:00 am - 5:00 pm - GSA, Gym
* 6:30 pm - Covenant Nights, Church
* 7:00 pm - Finance Committee Meeting, CMR

Wednesday, November 25

* 7:00 am - 5:00 pm - GSA, Msgr. Sullivan Field
* 7:00 am - 5:00 pm - GSA, Gym
* 5:30 pm - Fit Factor, UH
* 6:30 pm - Bells Practice, Church
* 7:30 pm - Choir Practice, Church

Thursday, November 26

* *Parish Office Closed*

Friday, November 27

* *Parish Office Closed*



Saturday, November 28

Sunday, November 29

* 9:00 am - Bible Study, AR
* 9:15 am - Little Lambs, RBF
* 9:15 am RCIA, CMR
* 10:30 am - Liturgy with Children, RBB

CCHD The collection for the Catholic Campaign for Human Development (CCHD) provides funding for groups that make lasting change and uplift the poor in the united States. CCHD's grants improve education, support economic development, and create affordable housing in low-income neighborhoods. Help us continue to defend human dignity and build communities of solidarity. Please give to the CCHD Collection.

St. Pat's Salad Makers Due to the Thanksgiving holiday, we will not be meeting to make salads this Wednesday. As always, monetary donations are greatly appreciated. We hope to see you all next month. Thanks for your support! Have a wonderful Thanksgiving!

LIVING OUR FAITH

Lectionary: 161 Gospel

[Jn 18:33b-37](#)

Spiritual Reflection: What do you mean when you say Jesus is the King of Universe? King of your life?

Spiritual Questions:

1. What is your idea of a king/leader?
2. How does Jesus live up to this idea?
3. How do you live up to this idea?
4. Who are examples of servant leadership to you?

PARISH COMMUNITY NEWS, NOTES & EVENTS

Adopt-A-Person Epiphany is, once again, sponsoring Adopt-A-Person for Kasey Paige Assisted Living. The program provides *100 residents* of Kasey Paige a joyous Christmas. *As of today, we still have 30 residents who need to be adopted.* There is a \$25 limit on the gifts. To adopt a resident please call Bill & Lynn Kloecker at 636-529-1164 and we will give you the necessary information about the resident.

Thank you, from the residents and Bill & Lynn.

Kasey Paige Assisted Loving Christmas Party (Formerly Loving Care Home) Saturday, December 12th. Please donate small items such as pens, notepaper, socks, Kleenex, and personal care items in either full size or travel size (i.e. toothpaste, tooth brushes, combs, brushes, shampoo. Emery boards, lotion, gloves, etc.) We are especially in need of items for men. A box will be in the vestibule from Now through 9 am December 12th. Anyone wanting to help with the sorting and packing of the donations into gift bags, from 11 am - 12:45 pm, or at the party, from 2-3:30 pm, please call Catie Shinn at 314-482-6174.

Is God Calling You? We are in need of ladies who would be willing to clean church on a Saturday morning. Cleaning takes 45 minutes to an hour. We meet after the 8 am Mass, once every fourth week. For more information call Gloria at 647-8731, Dolores at 644-0067 or Trish at 781-1199.

Heavenly Dusters The Christmas Church cleaning will be Thursday, December 17th after the 8 am Mass. Bring your own buckets & rags, we have all the cleaning supplies needed. Refreshments served after cleaning in the Assumption Room.

NO LIFE TEEN THIS WEEK - Attention all high-schoolers! There will be NO LIFE TEEN THIS WEEK! Please enjoy the time with your families and we will see you back on December 2nd for a Mass and social. As always, please contact Lauren (lauren@saintlouislifeteen.org) or visit www.saintlouislifeteen.org for more information.

8TH GRADERS - Save the date! Luke 18 will be **February 12-14, 2016** at Bishop DuBourg High School. More information will be available as the date gets closer, but please mark your calendars! Additionally, we will be in need of families to host teens and serve as a **sleep house for Luke 18**. Please contact Lauren (lauren@saintlouislifeteen.org) if you are interested.

Thanksgiving Dinner Epiphany Parish will be offering Thanksgiving Dinners, with all the trimmings, to ANYONE who would otherwise be unable to enjoy a traditional feast. Please ask you neighbors and friends who might not have Thanksgiving Dinner if they would like to have one delivered. We are in need of pies and people to deliver dinners. We also need sweet potatoes (yam halves), Pepperidge Farm crumb style herb seasoned dressing and Heinz roasted turkey gravy. We already have sufficient quantities of green beans and cranberry sauce. You may drop off your donated goods in the back of church and we will pick them up regularly. Call Bill and Lynn Kloecker, as we have moved, at 636-529-1164 to request a dinner or volunteer your assistance, pies and canned goods. EUCHARISTIC MINISTERS, please ask you Communion calls if they would like a dinner. We appreciate the donations made by the Men's Club and those that provided can goods and turkeys, without you this would not be possible. This will be the 26th year that Epiphany has been providing Thanksgiving meals.



Ladies Guild Our monthly regular meeting will be held on Wednesday, November 28th at 11:30 am in the Assumption Room. Desserts and drinks will be provided. For entertainment, Sue will be showing us how to make a fun craft. This is our birthday month. We will celebrate birthdays from October, November and December. Note: Our meeting is one week earlier due to Thanksgiving. Happy Thanksgiving! Nancy, Sue, Gloria & Marilyn

St. Vincent DePaul Thanksgiving Collection
Please help us restock our shelves! Donations of the following items are needed:

- Peanut butter ~ Jam or Jelly ~
- Canned Fruit ~ Pasta Sauce ~ Cereal (Mainly Children's)
- Tomato & Chicken Noodle Soup
- Canned Meat ~ Ham ~ Spa ~ Chicken ~ Tuna/Salmon
- Shampoo/Conditioner ~ Bath Soap ~ Toothpaste ~ Toilet Paper

Please bring your donation to church on Thanksgiving Day. No perishables please! As always, your donations are greatly appreciated! *Remember, the proceeds from the Thanksgiving Day envelope collection benefit our St. Vincent DePaul Society.* Thank you in advance for your generosity!

