

“St. Gregory the Great Church and School—Where Everybody is Somebody.”



# ST. GREGORY THE GREAT CATHOLIC CHURCH & SCHOOL

*San Gregorio Magno Iglesia Católica y Escuela*

## WELCOME! / BIENVENIDOS!

### WEEKEND MASS TIMES / HORARIO MISAS DEL FIN DE SEMANA

Saturday 5:30pm Vigil  
Sunday 8:00am; 10:00am and 4:00pm  
12:00pm Español

### DAILY MASS TIMES / MISA DIARIA

Monday - Friday: 8:15am  
(Jueves Español) - In the Adoration Chapel  
Fridays Mass is held in the Church with the School

### CONFESSIONS / CONFESIONES

5:00pm - 7:00pm Fridays  
Saturdays 4:00pm-5:00pm (Before Vigil Mass)  
Third Monday of Each Month: 5:00pm-6:00pm  
(In the Church or by appointment)

### ADORATION CHAPEL

Monday - Thursday - 7:00am - 9:00pm  
Friday - 7:00am - 4:00pm  
5:00pm - 7:00pm - Adoration resumes in the Church  
Saturday - 9:00am - 4:00pm  
4:00pm - 5:00pm - Adoration resumes in the Church

### CLERGY

Fr. Richard Samour - Pastor ext. 312  
padrerichard@stgregorys.net  
Deacons: Carlos Cerna; John Treviño, Fred Campos  
Jr. Choon-Bernard Chan, Joe López (retired)

### CHURCH STAFF

Office Manager: Ezekiel O'Campo. Ext. 321  
Parish Secretary: Martha Guajardo. Ext. 300  
Faith Formation Director: Gloria Silva. Ext. 333  
Bookkeeper: Noelia Saavedra  
Spiritual Director: Judy Scheffler - 832-427-0718  
Custodian: Martita Tamayo

### SCHOOL PRINCIPAL

Mrs. Ana Cortez  
Ana.cortez@stgregorys.net  
(210) 342-0281 Ext. 368  
Spiritual Direction: Sister Judy Scheffler 832-427-0718

### OFFICE HOURS

Monday - Friday 9:00am - 12:30pm  
1:30pm - 5:00pm

*Closed Holy Days of Obligation,  
Holidays, and Festive Days.*

*Check our website for more information*

### ANOIDING OF THE SICK & LAST RITES

Fr. Richard - 210-342-5271 Ext. 312  
Call the office as soon your loved one is  
admitted to the hospital.

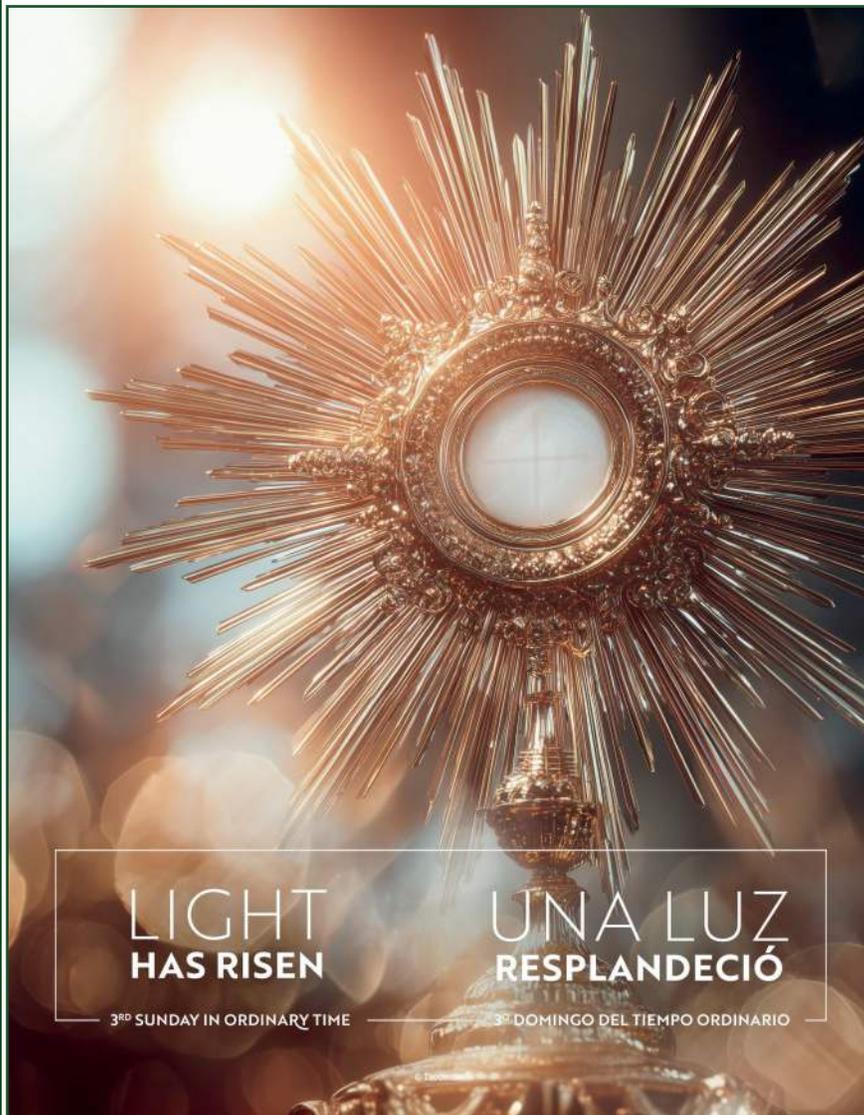
### SACRAMENT OF MATRIMONY

Call the office six months prior to your wedding day.

### BAPTISM, FUNERALS & HOMEBOUND

(210) 342-5271

JANUARY 24 & 25, 2026 3RD SUNDAY IN ORDINARY TIME  
24 & 25 DE ENERO 2026 - 3º DOMINGO EN HORARIO ORDINARIO



LIGHT  
HAS RISEN

UNA LUZ  
RESPLANDECIÓ

3<sup>RD</sup> SUNDAY IN ORDINARY TIME

3º DOMINGO DEL TIEMPO ORDINARIO

**PARISH OFFICE: 700 Dewhurst Road, San Antonio, Texas 78213**

**Telephone: 210-342-5271 Fax: 210-342-0542**

**www.stgregorys.net; saintgregsa@stgregorys.net**

**ST. GREGORY SCHOOL: School Office Hours 7:30am - 4:30pm**

**Phone: 210-342-0281**

# We are St. Gregory

**Welcome to Our Parish and School:** Join us as we Proclaim the Word of God, Celebrate the Eucharist, and Serve the local community. We believe in the power of the Gospel, the beauty in celebrating Mass together, and the commitment to love and support our neighbors, especially those in need.

Bienvenidos a nuestra parroquia y escuela: Únase a nosotros mientras proclamamos la Palabra de Dios, celebramos la Eucaristía y servimos a la comunidad local. Creemos en el poder del Evangelio, en la belleza de celebrar la Misa juntos y en el compromiso de amar y apoyar a nuestro prójimo, especialmente a los necesitados.

## PARISH MISSION STATEMENT

We, the community of St. Gregory the Great Catholic Church, gather as God's people in faith to share in the redeeming mission of Christ the Lord. Our community is integrated by persons from different backgrounds and cultures which enrich its life and give witness to the Gospel message. We witness collectively through the celebration of the Holy Sacrifice of the Mass and individually, through personal prayer and living the gospel in our lives.

This faith community, including inactive members, is called by the Lord to develop a closer relationship with Christ, to grow in faith and attain Christian maturity through education and service, and to open ourselves to the power of the Holy Spirit who sends us to proclaim the good news to the poor by responding to their multiple needs.

Thus, we strive to live what Jesus said: *"I give you a new commandment: To love one another, as I have loved you, so you also should love one another. This is how all will know that you are my disciples, if you have love for one another."* John 13:34-35

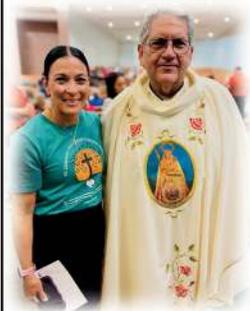
The Mission of St. Gregory is to be a community of prayer, service and stewardship leading each other closer to Christ.

## ARE YOU AN OFFICIAL MEMBER OF ST. GREGORY'S? ARE YOU REGISTERED IN OUR PARISH?

Welcome  
To Our  
Church



Parish Registration on line [www.stgregorys.net](http://www.stgregorys.net) or come to the Office. **Why is it so important that we register in a parish? Isn't it good enough that we go to Mass?** Registration is the official way we join a parish community. Many people think that because they attend a particular parish they automatically belong. At times, young adults who get married and/or have moved away for years think they are still signed up under their parents. But membership requires signing up, formally enrolling yourself in a parish. Registration is a commitment to a community, a way to be included in the religious, social, and ministerial activities of your parish. Registration shows you belong. It is also necessary for certain benefits, like registering your child for religious education, scheduling sacraments, obtaining sponsor certificates, and getting donation statements for taxes. Most importantly, it lets the parish count on you, to call on you to assist in its mission. Registering in your parish is a statement of faith and confidence in the life and work of your parish. If you are not registered yet...please consider it and become a new member of our family.



**Dear visitors and St. Gregory's family: Welcome to our Church and School:** We clergy, Church and School staff, send warm and hearty greetings to you! We couldn't be more delighted to welcome you into our blessed family, and we truly appreciate your decision to fellowship with us. God's House, our church, stands as a beacon of love, hope, and faith, dedicated to providing spiritual nourishment and

godly fellowship to all who seek it. Symbolizing the open arms of God, our church is a home for everyone, regardless of where they come from or their journey so far. Your presence is a blessing to us, and we hope that our church will become a place of solace and spiritual growth for you. Our vision for God's House is to create an environment where love thrives, faith is strengthened, and lives are positively transformed. We believe we are in great days to be serving Jesus, with even greater ahead! I hope that you found our time together inspiring, meaningful, challenging and perhaps even a little fun. We certainly enjoyed having you with us. **On behalf of Ana Cortez school principal and myself the pastor...have a blessed week.**

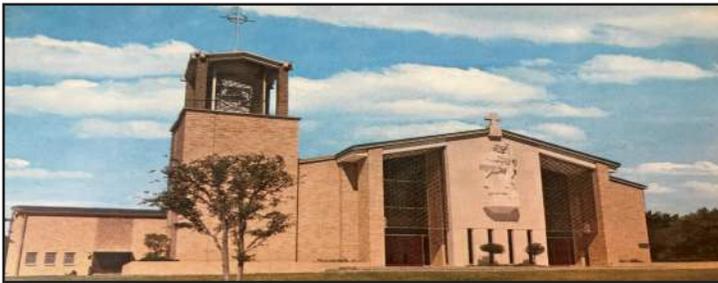
**Bienvenidos a todos a nuestra parroquia, estamos muy felices de que asistan a nuestras celebraciones y esperamos que formes parte de nuestra familia. Te deseamos una bende-**

## MINISTRIES & ORGANIZATIONS

A.C.T.S.	Augie Morales	210-630-9559
Altar Society	Adela Segura	210-725-4706
Bulletin/Web	Debra Benavides	210-677-2686
CYO	John Flores	210-748-3072
Divine Mercy	Mary Maldonado	210-414-3143
Events Ministry	Maureen Molina	210-379-7291
Finance Council	Linda Treviño	210-342-5271
Fishers of Men	Jesse Tello	210-332-7776
Guadalupanos	Juanita y Arnoldo	830-352-4546
Holy Name	Jesse Tello	210-332-7776
KC #4140	Felix Trevino	210-227-1904
Legion of Mary	Elvira Contreras	210-414-6207
Legión de María	Angelita Arrieta	210-844-5116
Liturgy	Dcn. Carlos Cerna	210-577-0799
Mental Health	Dcn. Carlos Cerna	210-577-0799
Pastoral Council	Mónica Flores	210-725-4706
Spiritual Director	Judy Scheffler	832-427-0718
SV de Paul	Rosie Abreu	210-683-9152
Women of Faith	Delma Campos	210-240-7757
YA Bible Study	Miguel Quiroga	210-289-6252
Lectors Coord.	Jessica Segura	210-725-4594

**Pastoral Council Members:** Mónica Flores - Chairperson; Adela Segura - Vice-Chair; Augie Morales; Christine Tejada - Secretary; Jesse Tello, Gilbert Segura; Mike Urrutia.

**Ex-Officio:** Fr Richard Samour-Pastor; Ezekiel O'Campo, Gloria Silva, Martha Guajardo, Deacon John Trevino; and Dcn. Carlos Cerna.



**MASS INTENTIONS/ INTENCIONES**

Saturday, January 24— 5:30 pm Mass

- † Oralia Abreu
- † Tito & Angela Fernandez
- † Richard Cervantes
- † Ken Kwan

Sunday, January 25— 8:00 am Mass

- † Janice Neugebauer
- Holy Souls in Purgatory
- Misa Pro Populo

10:00 am Mass

- † Celso Cuellar
- St. Gregory the Great Catholic Church
- Special Intention for Cindy & Christina Pantuso
- Special Intention for Dorothy Merritt

12:00 pm - Misa en Español

- † Victor Manuel Lopez
- † Haydee Davila Arevalo

4:00 pm Mass

- Holy Souls in Purgatory

Monday, January 26- 8:15 Mass and Morning Prayer

- Health Joe Contreras

Tuesday, January 27- 8:15 Mass and Morning Prayer

- Holy Souls in Purgatory

Wednesday, January 28—8:15 Mass and Morning Prayer

- † Claudio M. Maldonado, Jr.
- † Raul Contreras

Thursday, January 29—8:15 Misa y Oración de la mañana

- † Adelina Padilla
- Intención Especial para todos los Sacerdotes
- Vocaciones a la vida Religiosa y al Sacerdocio
- Almas Santas en el Purgatorio

Friday, January 30- 8:15 Mass Church with the School

- Holy Souls in Purgatory



Dear Parishioners, please call the office as soon as your relative or friend is admitted to the hospital. Do not wait until last moment or weekends. Let us practice mercy for people who are in need of healing.



**BLESSED MOTHER LAMP**  
PARISH PRIEST, DEACONS,  
STAFF AND CHURCH  
VOLUNTEERS

**ADORATION CHAPEL LAMP**  
SCHOOL PRINCIPAL, STAFF  
AND TEACHERS

**Parish Stewardship/ Mayordomía de La Comunidad  
17 & 18 January / 17 Y 18 de enero 2026**

MASS	ATTENDANCE	OFFERING	
5:30 PM	122	\$1,764.00	2nd Collection
8:00 AM	70	\$988.00	Preventative Maint.
10:00 AM	196	\$1,018.00	\$897.00
12:00 PM	212	\$1,281.00	Online Giving
4:00 PM	68	\$550.00	\$400.00
<b>TOTAL</b>	<b>668</b>	<b>\$5,601.00</b>	<b>Mail-In</b>
			<b>\$TBA</b>

Thank you for your generosity, support, and love to our parish and school. May God Bless you!!!

Muchas Gracias a todos por su generosidad!

**READINGS FOR WEEK OF JANUARY 26, 2026  
4TH SUNDAY IN ORDINARY TIME**

Monday	2 Timothy 1:1-8 or Titus 1:1-5; Mark 3:22-30 <i>Saints Timothy and Titus, Bishops Memorial</i>
Tuesday	2 Samuel 6:12b-15, 17-19; Mark 3:31-35 <i>[Saint Angela Merici, Virgin]</i>
Wednesday	2 Samuel 7:4-17; Mark 4:1-20 <i>[Saint Thomas Aquinas, Priest and Doctor of the Church Memorial]</i>
Thursday	2 Samuel 7:18-19, 24-29; Mark 4:21-25
Friday	2 Samuel 11:1-4a, 5-10a, 13-17; Mark 4:26-34
Saturday	2 Samuel 12:1-7a, 10-17; Mark 4:35-41 <i>[Saint John Bosco, Priest Memorial]</i>
Sunday	<b>FOURTH SUNDAY IN ORDINARY TIME</b> Zephaniah 2:3; 3:12-13; 1 Corinthians 1:26-31; Mathew 5:1-12a

**MINISTRY MEETINGS**

Monday, January 26	6:30 pm - 8:00 pm - Young Adults Bible Study - Mtg Rm# 2
Tuesday, January 27	6:00 pm - 8:00 pm - OCIA en Español - Mtg Rm# 2
Wednesday, January 28	No meetings today.
Thursday, January 29	6:30 pm - 8:00 pm - OCIA - StJ Rm
Friday, January 30	4:00 pm - 6:30 pm - Adoration - Church 5:00 pm - 7:00 pm - Confessions - Church
Saturday, January 31	9:00 am - 10:00 am - EMHC & Lector Training - Church 10:00 am - 12:00 pm - Capacitación para ministros extraordinarios de la Sagrada Comunión - Iglesia

**ADORATION CHAPEL/CAPILLA DE ADORACION**



**ADORATION**

Monday—Thursday: 7:00 am—9:00 pm  
Fridays: 7:00 am—4:00 pm  
Adoration Resumes in the Church  
until 6:30 pm

## GUIDELINES FOR RECEIVING COMMUNION



The Church permits reception of Holy Communion either on the tongue or in the hand, provided both are done with reverence. **The norm in the Latin Rite remains on the tongue, but the Holy See has granted indults allowing for reception in the hand.**

The reverence to receive the Consecrated Host and the precious blood is before not after. Any gesture after receiving communion like sign of the cross or bow is not required nor necessary.

**Reverence while in line:** Silence, folded hands, and a prayerful disposition help prepare the soul. One should not be chatting or distracted. It is an ascent toward the holy—not a cafeteria line.

**Receiving on the hand:** The hand should be clean and formed like a throne—one hand placed upon the other, lifted high enough for the priest, deacon, or extraordinary minister to reverently place the Host. **The communicant should consume the Host immediately in the presence of the minister.**

**Reverence:** To receive worthily requires more than outward appearance. One must be in a state of grace, free of mortal sin, and have fasted for at least one hour before reception (Canon 919). If Communion is received in the hand, the hands should first of all be clean. If one is right handed the left hand should rest upon the right. The host will then be laid in the palm.

**The Meaning of "Receiving":** To "receive" Holy Communion is not to take or grab—it is a receptive act. The term reception implies humility, surrender, and faith. Please do not use your fingers "to receive the Eucharist"

**Receiving while carrying a child:** The Church does not prohibit this explicitly, but it is strongly discouraged. Carrying a child occupies one or both hands and makes it difficult to form a proper throne or consume the Host reverently. In such a case, reception on the tongue is far more appropriate.

**Receiving on the tongue:** This ancient practice is still preferred by many. The faithful should open their mouth wide and slightly extend their tongue to receive the Host carefully and reverently.

## EXTREME COLD WEATHER PREPARATION GUIDE

Below are some recommendations on how to winterize your facility. Building temperatures should be monitored and maintained at 65°—do not turn off heat!

Turn off the water at the shut off or meter and open faucets if a building loses power or has no heat. Once the cold snap passes, bring the buildings back online one by one to allow you time to identify leaks and turn the water back off, if needed. The 2021 water loss would have been much less if someone had turned off the water once the power failed.

Insulate all exposed pipes with pipe insulation or fabric (towels, sheets, old shirts, etc.). Exterior pipe ruptures can still cause interior damage.

Remove water hoses from the spigot and insulate with pipe insulation, faucet covers and/or fabric. Water can freeze in the hose and back up into the faucet.

Open the cabinets of sinks that are on exterior walls. In extreme cold, the heater may not be able to keep the space under the sink warm.

Inspect buildings daily for water leaks. Much of the damage caused in 2021 was due to water running for days because no one inspected the buildings. Identify the water shutoff or meter for each building in case of emergency. In 2021, many locations didn't even know how to turn off the water. Caulk, seal or otherwise insulate windows and doors known to leak water or air. In extreme cold, the heat systems can have trouble keeping up, especially in large, open buildings.

## DCN. BERNARD CHAN MEDITATION



This thing we call worry can be quite a bug which if we are not careful can be very damaging to our health.

First it starts in the head. Whatever is eating at us we play it over and over in our mind. Is it the future and concern about not having enough to live by? Is it the current situation at work where there is some conflict with work demands or

unreasonable people?

This worry causes the body to start producing stress hormones. Our muscles tighten, blood pressure rises, and sugar level gets out of whack. We get a headache.....Stop worrying.

This body which we have is given to us by an All Mighty God. The heart pulsates on its own. The rhythm of the lungs; inhale and exhale of the precious air keeps us alive. These actions are governed by the mighty God. The body has automatic regulatory systems. Not only that, much of the time when we do not abuse it, there is a self-healing mechanism which keeps us healthy and in working order.

This is why in Luke 12: 6-7 it says "Are not five sparrows sold for two small coins? Yet not one of them has escaped the notice of God. Even the hairs of your head have all been counted. Do not be afraid. You are worth more than many sparrows." This passage draws us to see God's care and knowledge of His creation. It assures those who believe in him of their immense value to Him. It calls attention to even the smallest creatures, like the sparrows, they too are significant in God's eyes. What more humans are of greater worth, and we should not fear or worry when we trust our All Mighty God whom we call Abba, Father.

So do not dwell on worry. Focus on the All Mighty God. And do what is necessary in your lives.

## WHAT IS A SPIRITUAL DIRECTION?



Spiritual direction is a supportive relationship where a trained companion helps someone deepen their relationship with God, focusing on spiritual growth through attentive listening, reflection, and discernment of the Holy Spirit's work in their lives. Spiritual direction is available for both men and women. If you are interested, call Sister Judy Scheffler at 832-427-0718

## INVITE A FRIEND TO THE NEW MASS

1 Peter 4:10: "Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its

## NEW MASS SCHEDULE

EVERY SUNDAY—ENGLISH MASS  
ROSARY 3:30PM; MASS 4:00PM

**VOLUNTEERS NEEDED.**  
**PLEASE CONTACT ADELA SEGURA**



**BLESSING OF THROATS—FEAST OF ST. BLAISE**



**FEBRUARY 3: FEAST OF ST. BLAISE  
BISHOP AND MARTYR—  
BLESSINGS OF THROATS**

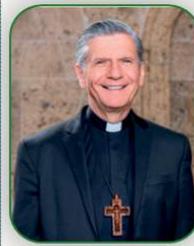
**8:15 am - Mass (with the school)  
6:30 pm – Liturgy of the Word  
(Bilingual) No Communion**

“Through the intercession of St Blaise, bishop and martyr, may God deliver you from any decease of the throat. and from every other evil. † In the Name of the Father, and of the Son and of the Holy Spirit. Amen. †

**FAITH FORMATION RETREAT**



**ARCHBISHOP GUSTAVO MEDITATION**



“Speak, Lord, for your servant is listening.” This is the profound prayer of Samuel, whom God called in the middle of the night and in the silence. In the Eucharist – the source and summit of our lives – we remember that God’s call is not a distant echo, but a presence that transforms our steps. St. Paul encourages us by saying that everything else is loss if we do not gain Christ and allow ourselves to be transformed by Him. This reminds us of the experience of St. John of the Cross, who taught us to advance through the dark night of the spirit not with fear, but with the certainty that God purifies in order to reveal His most intimate light. This decision is not an isolated act, but a daily fidelity that invites us all to leave behind what binds us, what prevents us from loving. The liturgy invites us to contemplate, together with the Virgin Mary, the beauty of a life given so that others may find Christ. When the psalmist asks: “Lord, who may abide in your tent? Who may dwell on your holy mountain?”, the answer arises from a heart willing to love without reservation. That response is the life of a disciple who does not cling to his own self, but allows himself to be possessed by Jesus, always looking ahead, toward the goal of the heavenly calling.

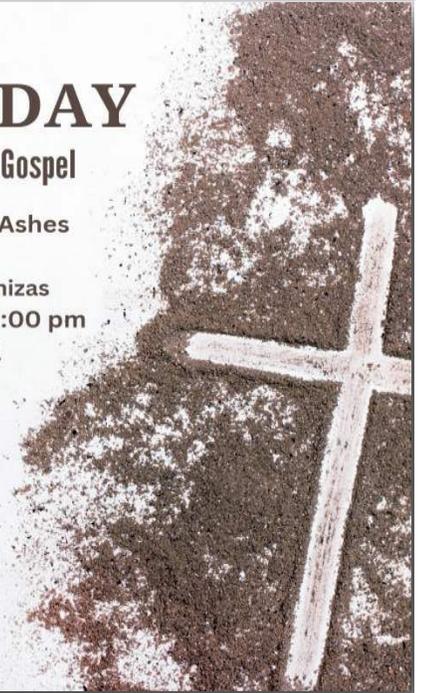
**ASH WEDNESDAY—FEBRUARY 18**

**ASH WEDNESDAY**

**Repent and Believe in the Gospel**

Liturgy of the Word and Ashes  
No Communion  
Liturgia de la palabra y cenizas  
6:30 am, 12:30 pm and 5:00 pm  
All services are Bilingual

Masses and Ashes  
8:15 am with the School  
& 6:30 pm Bilingual



**MASS ETIQUETTE**

(Do's and Don'ts When Attending the Mass)

**FAST**  
Do not eat any food an hour before the Mass. Only water is allowed.

**COME EARLY**  
Allow 10– 15 minutes of meditation before the Mass.

**DO NOT EAT**  
Eating is not allowed during Mass.

**DRESS PROPERLY**  
This is to show decency and honor to God.

**NO PHONES**  
Turn your mobile phones off.

**PARTICIPATE**  
Sing, respond, listen, and pray.

**GENUFLECT**  
Kneel your right knee in the direction of the tabernacle before sitting.

**PARTICIPATE**  
Sing, respond, listen, and pray.

**COMMUNE**  
Examine conscience beforehand.

**THINK OF OTHERS**  
Respect the pew and queue.

**BE STILL**  
Don't be in a hurry. Enjoy and feel God's presence and thank Him for His graces.

**Ashes remind us of the need for God's mercy.** Ashes are a symbol. “In the Roman rite, the beginning of the 40 days of penance is marked with the austere symbol of ashes, which are used in the liturgy of Ash Wednesday. The use of ashes is a survival from an ancient rite according to which converted sinners submitted themselves to canonical penance. The act of putting on ashes symbolizes fragility and mortality, and the need to be redeemed by the mercy of God. Far from being a merely external act, the Church has retained the use of ashes to symbolize that attitude of internal penance to which all the baptized are called during Lent. The faithful who come to receive ashes should be assisted in perceiving the implicit internal significance of this act, which disposes them toward conversion and renewed Easter commitment.”

MEDITACION DEL DIACONO BERNARD CHAN

Esto que llamamos preocupación puede ser un virus bastante grave que, si no tenemos cuidado, puede ser muy dañino para nuestra salud.

Primero empieza en la cabeza. Sea lo que sea que nos carcomiendo, lo repetimos una y otra vez en nuestra mente. ¿Es el futuro y la preocupación por no tener suficiente para vivir? ¿Es la situación actual en el trabajo, donde hay algún conflicto con las demandas laborales o personas irrazonables?



Esta preocupación hace que el cuerpo empiece a producir hormonas del estrés. Nuestros músculos se tensan, la presión arterial sube y el nivel de azúcar se descontrola. Nos duele la cabeza..... Deja de preocuparte. Este cuerpo que tenemos nos lo ha dado un Dios Todopoderoso. El corazón late por sí solo. El ritmo de los pulmones; inhalar y exhalar el aire precioso que nos mantiene vivos. Estas acciones están gobernadas por el Dios poderoso. El organismo cuenta con sistemas automáticos de regulación. No solo eso, muchas veces que no abusamos de ella, existe un mecanismo de autocuración que nos mantiene sanos y en buen estado. Por eso en Lucas 12:6-7 dice: "¿No se venden cinco gorriones por dos monedas pequeñas? Sin embargo, ninguno de ellos ha escapado a la atención de Dios. Incluso los pelos de tu cabeza han sido contados. No tengas miedo. Vales más que muchos gorriones." Este pasaje nos invita a ver el cuidado y el conocimiento de Dios sobre Su creación. Asegura a quienes creen en él el inmenso valor que tienen para Él. Llama la atención incluso sobre las criaturas más pequeñas, como los gorriones, que también son importantes a los ojos de Dios. ¿Qué más son los humanos de mayor valor, y no debemos temer ni preocuparnos cuando confiamos en nuestro Dios Todopoderoso, al que llamamos Abba, Padre? Así que no te obsesiones con las preocupaciones. Concéntrate en el Dios Todopoderoso. Y haz lo que sea necesario en vuestras vidas.

BENDICIONES DE GARGANTAS—FIESTA DE SAN BLAISE 3 DE FEBRERO



FIESTA DE SAN BLAISE, OBISPO Y MÁRTIR  
BENDICIONES DE LA GARGANTA

8:15 am - Misa en Ingles (con el colegio)

6:30 pm — Liturgia de la Palabra (bilingüe)

"Por la intercesión de San Blas, obispo y mártir, que Dios os libre de cualquier desgracia de la garganta, y de todo otro mal. † En el Nombre del Padre, del Hijo y del Espíritu Santo.

Amén. †

MIERCOLES DE CENIZA—FEBRERO 18

LITURGIA DE LA PALABRA Y CENIZAS  
NO COMUNION—SERVICIOS BILINGUES

6:30AM, 12:30PM AND 5:00PM

MISA Y CENIZAS

8:15AM CON LA ESCUELA

6:30PM BILINGUE

Las cenizas nos recuerdan la necesidad de la misericordia de Dios. El acto de poner cenizas simboliza la fragilidad y la mortalidad, y la necesidad de ser redimido por la misericordia de Dios. Lejos de ser un acto meramente externo, la Iglesia ha conservado el uso de las cenizas para simbolizar esa actitud de penitencia interna a la que todos los bautizados son llamados durante la Cuaresma

MÍERCOLES DE CENIZA



RECOMENDACIONES PARA RECIBIR LA COMUNION



La Iglesia permite la recepción de la Sagrada Comunión ya sea en la lengua o con la mano, siempre que ambas se realicen con reverencia. La norma en el rito latino permanece en la lengua, pero la Santa Sede ha concedido indultos que permiten la recepción en la mano.

**La reverencia** para recibir la Hostia Consagrada y la preciosa sangre es antes, no después. No se requiere ningún gesto tras recibir la comunión,

como el signo de la cruz o la reverencia, no es necesario.

**Reverencia mientras se está en la fila:** El silencio, las manos juntas y una disposición orante ayudan a preparar el alma. No se debe estar charlando ni distraído. Es un ascenso hacia lo sagrado—no una cola de cafetería.

**Recibir en la mano:** La mano debe estar limpia y formada como un trono—una mano colocada sobre la otra, levantada lo suficiente para que el sacerdote, diácono o ministro extraordinario coloque reverentemente la Hostia. El comulgante debe consumir la Hostia inmediatamente en presencia del ministro. Para recibir dignamente se requiere más que apariencia exterior. Se debe estar en estado de gracia, libre de pecado mortal y haber ayunado al menos una hora antes de la recepción (Canon 919). Si la Comunión se recibe en la mano, las manos deben estar limpias ante todo. Si uno es diestro, la izquierda debe descansar sobre la derecha. La hostia se coloca entonces en la palma.

**El significado de "recibir":** "Recibir" la Sagrada Comunión no es tomar ni agarrar—es un acto receptivo. El término recepción implica humildad, entrega y fe. Por favor, no uses los dedos "para recibir la Eucaristía"

**Recibir mientras se lleva un niño:** La Iglesia no prohíbe esto explícitamente, pero se desaconseja encarecidamente. Llevar un niño ocupa una o ambas manos y dificulta formar un trono adecuado o consumir al Anfitrión con reverencia. En tal caso, la recepción en la lengua es mucho más apropiada.

**Recibir en la lengua:** Esta antigua práctica sigue siendo preferida por muchos. Los fieles deben abrir la boca de par en par y extender ligeramente la lengua para recibir al Jesús con cuidado y reverencia.

PREPARENSE PARA UNOS DIAS MUY FRIOS

A continuación, algunas recomendaciones sobre cómo preparar tu instalación para el invierno. Las temperaturas del edificio deben monitorizarse y mantenerse a 65°—¡no apagues la calefacción! Cierra el agua en el cierre o en el contador y abre los grifos si un edificio se queda sin electricidad o no tiene calefacción.

Una vez que pase la ola de frío, vuelve a poner los edificios en marcha uno a uno para tener tiempo de identificar fugas y cerrar el agua si es necesario. Aísla todas las tuberías expuestas con aislamiento o tela (toallas, sábanas, camisas viejas, etc.).

Las roturas de tuberías exteriores aún pueden causar daños en el interior. Quita las mangueras del grifo y aísla con aislamiento de tuberías, tapas de grifo y/o tela.

El agua puede congelarse en la manguera y volver al grifo. Abre los armarios de los lavabos que están en las paredes exteriores. En condiciones de frío extremo, el calefactor puede no ser capaz de mantener el espacio bajo el fregadero caliente. Inspecciona los edificios a diario para detectar fugas de agua.

Identifica el corte de agua o el contador de cada edificio en caso de emergencia. En 2021, muchos lugares ni siquiera sabían cómo cerrar el agua. Sella con masilla, sella o aísla de otra forma ventanas y puertas conocidas por filtrar agua o aire.

En condiciones de frío extremo, los sistemas de calefacción pueden tener dificultades para seguir el ritmo, especialmente en edificios grandes y abiertos.





# ST. GREGORY THE GREAT CATHOLIC SCHOOL

## Discover the difference at St. Gregory the Great Catholic School!

We provide a faith-filled, nurturing environment where students grow spiritually, academically, and socially. Our dedicated teachers, strong community, and commitment to Catholic values help each child reach their God-given potential. St. Gregory offers rigorous academics, engaging extracurriculars, and a supportive parish partnership that feels like family.

We are also excited to share that families may qualify for the Texas Freedom Account (TEFA), which can help make a Catholic education more affordable. If you're interested in learning more or would like assistance with the application process, we are here to help.

We invite you to learn more, schedule a tour, or join our Charger community today!



  
Schedule a  
Tour

## EDUCATION SAVING ACCOUNT

### Application Workshop

*We're excited to let families know about the Texas Freedom Account (TEFA), which may help make a Catholic education more affordable. Interested in learning more or getting help with the application? Join us - this event is designed especially for you.*



**Thursday, Feb. 5th**  
5:00 - 6:00 PM



**St. Gregory Parish Hall**  
703 Beryl Drive



ST. GREGORY THE GREAT  
CATHOLIC SCHOOL

Visit Our Website  
[www.stgregorysa.org](http://www.stgregorysa.org)





# Diocesan is proud to be printing *St. Gregory the Great's Sunday Bulletin*

**You are invited to help support our Parish!**  
**For opportunities to advertise, please contact**  
**Eddie Lozoya at 512-563-5091 or [elozoya@diocesan.com](mailto:elozoya@diocesan.com).**

 <p><b>TREE CARE</b> <i>Licensed and Insured</i> <b>Thomas Espinoza</b> <b>210.846.3004</b> ST. GREGORY PARISHIONER</p>	<p style="text-align: center;"><i>In Loving Memory of</i> <b>Ramon</b> <i>&amp;</i> <b>Estela Flores</b></p>	<p>★ <b>Turning 65 or new to Medicare?</b> Call your local licensed sales agent <b>Humana.</b></p> <p><b>Jonathan Araiza</b> <b>210-398-0150 (TTY: 711)</b> Monday – Friday 8 a.m. – 5 p.m. JAraiza@humana.com Y0040_GHHXDFEN_25_BC_C</p>
<p>★ <b>GILLETTE Air Conditioning &amp; Heating</b> Commercial • Residential • Industrial • Boilers</p> <p><b>G</b> We Service All Central Systems TACLA #763C Since 1959 <b>(210) 735-9235</b> “Don’t Forget to Change Your Filters”</p>	<div style="text-align: center;">  <p><b>The App for Catholic Life Every Day</b></p> <p><a href="http://www.myParishApp.com">www.myParishApp.com</a></p> </div>	
<p><b>ADVERTISE HERE</b></p> <p>Promote your Business AND support your Parish. Eddie Lozoya ~ 512-563-5091 <a href="mailto:elozoya@diocesan.com">elozoya@diocesan.com</a></p>		
<p> <b>Get this bulletin emailed to you every week.</b></p> <p>Simply go to <b><a href="http://www.DM.CHURCH/5742">www.DM.CHURCH/5742</a></b></p> <p style="text-align: right;">...or scan → </p> <p style="text-align: center;"></p>	<p style="text-align: center;">EWTN.COM/RADIO</p>  <p style="text-align: center;"><b>EWTN</b> Global Catholic Radio TUNE IN</p>	<p style="text-align: center;">IN LOVING MEMORY OF</p> <p style="text-align: center;"><b>Michael W. Derouen</b></p>
	<p><b>catholicmatch®</b></p> <p>Texas </p> <p><a href="http://CatholicMatch.com/goTX">CatholicMatch.com/goTX</a></p>	<p>★ <b>Looking For A Real Estate Agent?</b></p>  <p><b>MARCELINO GUTIERREZ III</b> REALTOR®, ARMY VETERAN 210-273-5976 <a href="mailto:MARCELINO@CINOREALTY.COM">MARCELINO@CINOREALTY.COM</a> <a href="http://Cinorealty.com">Cinorealty.com</a></p> 

*The Businesses listed above make this bulletin possible.*

**Please support them when you can.**

**Sign up to get our bulletin in your email each week.**

**Go to [DiscoverMass.com/subscribe](http://DiscoverMass.com/subscribe)**

