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The Bishops of the United States are calling for a two-year grassroots revival of devotion and belief in the Real Presence of Jesus in the Eucharist. They believe that God wants to see a movement of Catholics across the United States, healed, converted, formed, and unified by an encounter with Jesus in the Eucharist—and sent out in mission “for the life of the world.”

These two years will culminate in the first National Eucharistic Congress in the United States in almost fifty years. Almost a hundred thousand Catholics will join together in Indianapolis for a once-in-a-lifetime pilgrimage toward the “source and summit” of our Catholic faith.

In the Diocese of Superior, we are inviting and challenging all parishes to participate in this Eucharistic revival in the ways detailed in this handbook.

"The reality that, in the Eucharist, bread and wine become the Body and Blood, Soul and Divinity of Christ without ceasing to appear as bread and wine to our five senses is one of the central mysteries of the Catholic faith. This faith is a doorway through which we, like the saints and mystics before us, may enter into a deeper perception of the mercy and love manifested in and through Christ’s sacramental presence in our midst."
- The Mystery, 21
On the Solemnity of Corpus Christi in 2022, celebrated June 19th, Bishop James Powers has requested that all clusters in the Diocese of Superior participate with a local Corpus Christi procession.

"In it’s devotion the Church has handed down as a distinctive feature of the celebration of this solemnity a procession in which the eucharist is carried solemnly and with singing through the streets and the Christian people give public witness to their belief in the sacrament of the eucharist and to their devotion..."

-Ceremonial of Bishops, para. 386

**ALL PARISHES PARTICIPATE IN A PROCESSION**

Candles - 4 to 6 candles must be used while the Eucharist is exposed. Consider housing in red or clear glass.

Canopy - Also called baldachin. Creates a sacred space for the Eucharist to be carried. (Optional)

Processional Cross

Monstrance

Thurible and incense boat - Incense should be used throughout the procession.

Vestments - Celebrant may use either the vestments from the Mass of the day or vest in a white cope.

"Our gratitude is also expressed in our worship of the Blessed Sacrament outside of Mass"

*(The Mystery, 33)*
Eucharistic Procession Rubrics

All of the elements below are required by the local ordinary for a Eucharistic procession. Suggestions are also included in the shaded text.

Pre-Planning
- Decide upon an outside route. A procession taking place solely within the body of the church is not permitted. Due to local circumstances the procession may return to the same church where it began.
- Contact public authorities and local law enforcement officials regarding safety concerns.
- Singing is a necessary part of a Eucharistic procession. Find a leader for this or make plans for a choir. Songs should be focused solely on the Lord’s true presence in the Eucharist. Please see our suggestions.

Beginning the Procession
- It is recommended that the procession take place after the Mass in which the Host to be carried in the procession is consecrated.
- When the Communion of the faithful is over, the monstrance with the consecrated host is placed on the altar.
- When the prayer after Communion has been said, the Concluding Rites are omitted and the procession forms.

The recommended order is as follows:
- Crossbearer, accompanied by candlebearers
- Concelebrating clergy, including deacons
- Censerbearer with burning incense
- Priest carrying the Blessed Sacrament

Conclusion
- Benediction with the Blessed Sacrament should be given in the church where the procession ends.

Additional Ideas and Suggestions:
- If needed for timing purposes, a brief period of adoration may occur between Mass and the procession.
- Have stations/altars along the way to stop and sing, pray or have a Eucharistic themed reading.
- Participants carry candles.
- Recite the Rosary or Divine Mercy Chaplet.
- Some respectful silence is also fitting.

Singing
- Choose songs that are simple / easy to sing while walking.
- Consider providing worship aids.
- See page 5 for song recommendations.
- Consider having musical instruments.
Beginning June 2022 and concluding in June 2024, each parish in the Diocese of Superior will be asked to host Eucharistic Adoration. Each Wednesday evening a different parish will be hosting adoration so that the Eucharist is exposed and adored in each of our 103 church buildings. This act of passing the adoration from week to week through each parish is a call to unity in the Eucharist across our diocese. Please see the additional information in this booklet for rubrics, suggestions, and each parish’s assigned date.

**WHAT IS IT?**

The Eucharistic Adoration that parishes will participate in as part of the National Eucharistic Revival should consist of three parts:

- Exposition
- Time of Adoration
- Benediction

Parishes should have the Blessed Sacrament available for at least 1 hour, but may decide on a longer timeframe. While there should be a period of silence during this time, please see the suggestions below for other ideas.

**SUGGESTIONS**

- Music - should be reflective and orientated toward worship of the Lord.
- Prayer - Consider praying the Rosary, Divine Mercy Chaplet, a Litany, or other prayers with significance to universal unity in the Real Presence of Christ.
- Reading - Consider a brief Eucharist themed reading.
- Confession - Have the opportunity for people to participate in the sacrament of confession.
ADORATION RUBRICS

Included below are general guidelines and suggestions. Please CLICK HERE for a link to the Diocese of Superior’s Rubric for Adoration of the Blessed Sacrament.

GENERAL GUIDELINES

- The ordinary minister for exposition of the Eucharist is a priest or a deacon.
- For exposition, the vesture for a deacon or priest is alb and stole (the cope may be added). For the benediction itself a white cope and humeral veil are used.
- Genuflection in the presence of the Blessed Sacrament, whether reserved in the tabernacle or exposed for public adoration, is on one knee.
- Four to six candles are used, in addition to the sanctuary lamp (perpetual tabernacle light).
- When the Blessed Sacrament is incensed, the thurible is swung back and forth three times.
- When exposed, the Blessed Sacrament must never be left unattended.

PRE-PLANNING

- Find your parish(es) on the list to see what date(s) you have been assigned.
- Prepare all liturgical items needed. This could be an awesome opportunity to locate historical items at your local parish.
- Find volunteers to help with leading music or prayer.
- If you are planning on a multi-hour adoration time, find people who will plan on being present during certain times.
- Review the Rubrics!

SONG SUGGESTIONS:

- Holy, Holy, Holy
- Jesus, My Lord, My God, My All
- Be Thou My Vision
- Holy God We Praise Thy Name
- O Sacrament Most Holy
- Alleluia, Sing to Jesus
- All Glory, Praise and Honor
- How Great Thou Art
- Love Divine, All Loves Excelling
- Praise God From Whom All Blessings Flow
ADORATION SCHEDULE

- Assumption of the Blessed Virgin Mary, Farmington - June 22, 2022
- Assumption of the Blessed Virgin Mary, Strickland - June 29, 2022
- Cathedral of Christ the King, Superior - July 6, 2022
- Good Shepherd, Rib Lake - July 13, 2022
- Holy Assumption, Superior - July 20, 2022
- St. Joseph, La Pointe - July 27, 2022
- Holy Family, Woodruff - August 3, 2022
- Holy Trinity, Haugen - August 10, 2022
- Immaculate Conception, Butternut - August 17, 2022
- Immaculate Conception, Grantsburg - August 24, 2022
- Immaculate Conception, New Richmond - August 31, 2022
- Most Holy Rosary, Mellen - September 7, 2022
- Most Precious Blood, Glidden - September 14, 2022
- Nativity of Our Lord, Rhinelander - September 21, 2022
- Our Lady of Lourdes, Dobie - September 28, 2022
- Our Lady of Perpetual Help, Danbury - October 5, 2022
- Our Lady of Perpetual Help, Whittlesey - October 12, 2022
- Our Lady of Sorrows, Ladysmith - October 19, 2022
- Our Lady of the Holy Rosary, Medford - October 26, 2022
- Our Lady of the Lake, Ashland - November 2, 2022
- Our Lady of the Lakes, Balsam Lake - November 9, 2022
- Our Lady Queen of Peace, Manitowish Waters - November 16, 2022
- Sacred Heart of Jesus, Almena - November 23, 2022
- Sacred Heart of Jesus, Stetsonville - November 30, 2022
- Sacred Heart, Radisson - December 7, 2022
- Sacred Hearts of Jesus & Mary, Crescent Lake - December 14, 2022
- St. Albert, Land O'Lakes - December 21, 2022
- St. Ann, Cable - December 28, 2022
- St. Ann, Cornucopia - January 4, 2023
- St. Ann, Saxon - January 11, 2023
- St. Ann, Turtle Lake - January 18, 2023
- St. Anne, Boulder Junction - January 25, 2023
- St. Anne, Sanborn - February 1, 2023
- St. Anne, Somerset - February 8, 2023
- St. Anthony Abbot, Cumberland - February 15, 2023
- St. Anthony de Padua, Park Falls - February 22, 2023
- St. Anthony de Padua, Tony - March 1, 2023
- St. Anthony of Padua, Gordon - March 8, 2023
- St. Anthony of Padua, Lac du Flambeau - March 15, 2023
- St. Anthony, Highbridge - March 22, 2023
- St. Anthony, Lake Nebagamon - March 29, 2023
- St. Anthony, Superior - April 5, 2023
- St. Augustine, Harrison - April 12, 2023
- St. Boniface, Chetek- April 19, 2023
- St. Bridget, River Falls- April 26, 2023
- St. Bridget, Wilson- May 3, 2023
- St. Catherine, Sarona - May 10, 2023
- St. Dominic, Frederic - May 17, 2023
- St. Florian, Ino - May 24, 2023
- St. Francis de Sales, Spooner - May 31, 2023
- St. Francis of Assisi, Fifield - June 7, 2023
- St. Francis of Assisi, Flambeau/Holcombe - June 14, 2023
- St. Francis of Assisi, Pier Willow - June 21, 2023
- St. Francis Solanus, Reserve - June 28, 2023
- St. Francis Xavier, Merrill - July 5, 2023
- St. Francis Xavier, Superior - July 12, 2023
- St. Francis, Red Cliff - July 19, 2023
- St. George, Clam Lake - July 26, 2023
- St. Ignatius, New Post - August 2, 2023
- St. Isaac Joques & Companions, Mercer - August 9, 2023
- St. John the Apostle, Sheldon - August 16, 2023
- St. John the Baptist, Bloomville - August 23, 2023
- St. John the Baptist, Glenwood City - August 30, 2023
- St. John the Baptist, Prentice - September 6, 2023
- St. John the Baptist, Webster - September 13, 2023
- St. John, Birchwood - September 20, 2023
- St. John, Clear Lake - September 27, 2023
- St. John, Pelican Lake - October 4, 2023
- St. Joseph, Amery- October 11, 2023
- St. Joseph, Barron - October 18, 2023
- St. Joseph, Hayward - October 25, 2023
- Holy Family, Bayfield - November 1, 2023
- St. Joseph, Osceola - November 8, 2023
- St. Joseph, Rice Lake - November 15, 2023
- St. Joseph, Shell Lake - November 22, 2023
- St. Kunegunda of Poland, Sugar Camp - November 29, 2023
- St. Louis, Washburn - December 6, 2023
- St. Mary Immaculate Conception, Hammond - December 13, 2023
- St. Mary of Czestochowa, Hawkins - December 20, 2023
- St. Mary of the Seven Dolors, Hurley - December 27, 2023
- St. Mary, Bruce - January 3, 2024
- St. Mary, Minong - January 10, 2024
- St. Mary, Odanah - January 17, 2024
- St. Mary, Phelps - January 24, 2024
- St. Mary, Sayner - January 31, 2024
- St. Mary, Tomahawk - February 7, 2024
- St. Michael, Iron River - February 14, 2024
- St. Michael, Jump River - February 21, 2024
- St. Patrick, Erin Prairie - February 28, 2024
- St. Patrick, Hudson - March 6, 2024
- St. Paul the Apostle, Catawba - March 13, 2024
- St. Peter the Fisherman, Eagle River - March 20, 2024
- St. Peter, Cameron - March 27, 2024
- St. Peter, Dauby - April 3, 2024
- St. Peter, Winter - April 10, 2024
- St. Philip, Stone Lake - April 17, 2024
- St. Pius X, Solon Springs - April 24, 2024
- St. Rita, Presque Isle - May 1, 2024
- St. Stanislaus, Lublin - May 8, 2024
- St. Theresa, Three Lakes - May 15, 2024
- St. Therese of Lisieux, Phillips - May 22, 2024
- St. Thomas More, River Falls - May 29, 2024
- St. William, Superior (Foxboro) - June 5, 2024
- Sts. Peter & Paul, Gilman - June 12, 2024
- Sts. Peter & Paul, Moquah - June 19, 2024
- Sts. Peter & Paul, Weyerhaeuser - June 26, 2024
Throughout the upcoming years, here are some ways to help educate and promote Eucharistic Revival at your parish.

**MEDIA**

Watch for 5 upcoming teaching articles in the Catholic Herald on the Eucharist, as well as an introductory article explaining the diocesan goal for the Eucharistic Revival. Consider providing opportunities for more discussion on these articles when they come out.

**TESTIMONIES**

Search out people in your local parish communities who have profoundly encountered the True Presence of Jesus in the Eucharist. Ask them to share their experience.

The Diocese of Superior will be highlighting several testimonies on its Facebook page, please consider sharing those as well!

**SOCIAL MEDIA**

Share what your parish is learning and experiencing!
- Take and post pictures of your Corpus Christi procession & parish adoration.
- Use social media to supplement your bulletin announcements inviting people to attend.

The Diocese will provide images, quotes, and information in a social media friendly format that you can utilize to help promote Eucharistic Revival.

These can be found on the Diocesan Website after June 1.
ADORATION
CHAPELS

The Diocese of Superior is blessed with 10 Adoration Chapels where the Blessed Sacrament is available to the public.

Please consider visiting one or several of these chapels. Some chapels may be locked during certain hours, so please double check with the local parish before stopping.

St. Joseph, Rice Lake
- Open 24 hours daily
- Contact: 715-234-2032

Our Lady of Lourdes, Rice Lake
- Open 24 hours daily
- Contact: 715-234-2032

Our Lady of the Lake, Ashland
- Open 8:00 am Wed through 6:00 pm Thurs
- Contact: 715-682-7620

St. Joseph, Hayward
- Open 8:00 am to 4:00 pm daily
- Contact: 715-634-2867

St. Francis de Sales, Spooner
- Open 8:00 am to 12:00 am Mon through Thurs
- Contact: 715-635-3105

Our Lady of Sorrows, Ladysmith
- Open 6:00 am to 11:00 pm daily
- Contact: 715-532-5643

St. Francis Xavier, Merrill
- Open Mon 2:00 pm to 5:00 pm; Tues 5:00 am to 5:00 pm; Wed 6:00 am to 8:00 pm; Thurs 12:00 pm to 8:00 pm; Fri 5:00 am to 7:00 am
- Contact: 715-536-2803

St. Patrick, Hudson
- Open 8:00 am to 10:00 pm, Mon through Fri
- Contact: 715-441-9150

St. Bridget, River Falls
- Open Tues 9:00 am to 5:00 pm
- Contact: 715-425-1879

Holy Family, Woodruff
- Open 24 hours daily (not exposed)
- Contact: 715-356-6284

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During this time of Eucharistic Revival, it is important to prioritize catechesis of the faithful on the Real Presence of Christ in the Eucharist. This should be done through the Mass and homily, special presentation sessions about the Eucharist, stronger commitment to adoration of the Blessed Sacrament, and continual reference to the Real Presence. There are many resources available to do this and many more will be published and made available throughout these two years. New resources will be listed in the Chancery bulletin and Catechetical Leader Newsletter during this revival.

- Altaration
- FORMED.org
- A Biblical Walk Through the Mass
- USCCB Video Overview

REFERENCES

The Mystery of the Eucharist in the Life of the Church, USCCB (2021)
The Ceremonial of Bishops
Congregation for Divine Worship and the Discipline of the Sacraments, "Notitiae" (1968)
Roman Missal, Third Edition