

OCTOBER NEWSLETTER



132 Butler St. Manchester, IA 52057 563.927.3689

FROM THE PRINCIPAL'S DESK

We are moving and grooving and already to October! Students and staff have found their routines, and learning is in full swing!



You may notice our staff wearing blue shirts from time to time stating, "On P.O.I.N.T. for our Stars!" P.O.I.N.T. stands for "Preparing Ourselves into Notable Teachers". St. Mary's is blessed with amazing teachers and staff, but do we ever reach our maximum potential or try to always strive for more? The idea of continual improvement is a mindset, one we can all get behind.



Adjacent to this thinking, we as a staff have come together to see how we all have a part in impacting our system, our students, and each other. 1 Corinthians 12:14 states: "Now the body is not a single part, but many." In this chapter, we are reminded that we are ALL members of the body of Christ. Christ accepts us at our best AND at our worst; therefore, we are called to see each other, support each other, and see how each of us supports the collective mission!

-Jen Soderblom



EXTENDED CARE

- ALL Schedules for the following week must be submitted on MyProcare by the Friday before NOON! This allows us to properly staff and prepare for the week ahead. Teachers do not have access to MyProCare. Please communicate with your student's teacher or school office if extended care schedules change or are updated.
- Billing will be bi-weekly to coincide with Cluster payroll. Invoices will be emailed on Monday, payments due Friday of the same week. ACH payments will be pulled on that Friday as well.
- Reminder: Per the handbook, you are charged a minimum of 1 hour each time your child(ren) attends Extended Care.
For example: Your child attends PM care (beginning at 3pm) and you pick them up at 3:30. You will still be billed for a full hour.
- EC Handbook can be found on the SMS website under the "Extended Care" tab



As always, THANK YOU for your patience as Jen and Holli continue to navigate the system blindly 😊..

Please email

hhogan@st-marys.pvt.k12.ia.us
with any questions



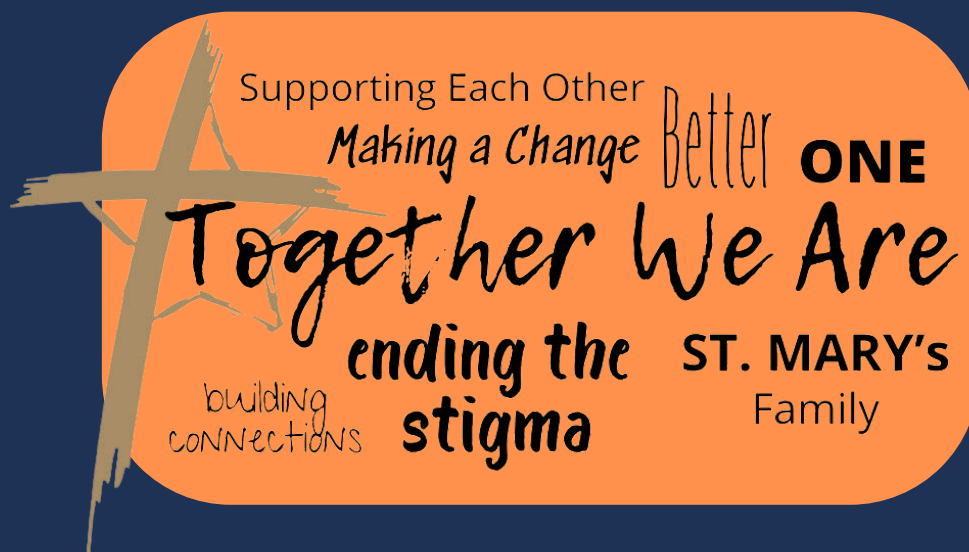
Together WE ARE Campaign

Mackenzie Atwater, HS Counselor has invited St. Mary's school to be a part of the ever-growing "Together WE ARE Campaign" in partnership with West Delaware. Over the last several years, WD has been working hard to change the conversation in our school community around mental health. In all communities across the country, mental health has become a bigger part of many of our lives, and although we all have mental health, it often gets viewed in a negative light as something that is "wrong" with us when in reality it is a part of each and every one of us. That's why we have been working hard to connect the idea that our brain is an organ in our body too, that can get sick or hurt just like any other part of our bodies.

With this campaign, it is our mission to create a community at West Delaware & St. Mary's where it is ok to not be ok, and that putting a focus on our brain health will only keep us all moving forward. Hopefully you've seen the bright orange shirts around town and in our community. On the first Thursday of every month, students and staff are encouraged to wear their bright orange shirts as a symbol of the support we have for each other's brain health. Because brain health goes beyond the walls of school, we want to invite others in our community to become involved as well.

St. Mary's will incorporate the age appropriate activities this program has to offer within our monthly "Faith Families" time. We are in the process of designing a version of the shirt that includes our St. Mary's logo. An order form for these shirts will go out when the design is complete. More information to come!!

Thank you SO MUCH to Mackenzie and the WD staff for including St. Mary's in this awesome coalition!!!





The SCRIP Committee asks that you consider buying SCRIP if you've never purchased it before or maybe add a little bit more to your regular SCRIP buying this month!

If we meet our goal of \$125,000, the kids and staff at St. Mary's School enjoy *banana splits* from our local Dairy Queen during Catholic Schools Week in January.

October 2022 was the first time that we **DID NOT** meet our goal. We're really hoping that this year can be better.

WE MAKE SCRIP EASY FOR YOU TO USE!

If you have questions, ask our volunteers in the back of church, call the Cluster Parish Office, email us at scrip@st-marys.pvt.k12.ia.us or call Sue Morris. We want to help you understand SCRIP, use SCRIP and have your family benefit from the SCRIP you buy.

BANANA SPLIT SCRIP MONTH WILL OFFICIALLY START OCTOBER 1ST!

**SINCE SCRIP STARTED IN 1997
THRU JUNE 30TH OF 2022:**

TOTAL SALES..\$24,504,843.44

1% TUITION CREDITS PAID..\$292,673.44

DONATION TO ST. MARY'S SCHOOL..\$692,168.71

**DONATION TO ST. PAUL SCHOOL OF
RELIGION..\$20,600.00**

**DONATION TO RELIGIOUS EDUCATION
PROGRAM..\$17,500.00**

**TOTAL DONATION AND TUITION
CREDITS..\$1,022,942.15**

*These numbers are impressive, but not our **best**! We understand that credit cards have attractive interest rates and rewards . We know some families have difficulty purchasing in advance because of financial constraints. We also know that some families do NOT need tuition assistance and tuition costs don't concern them, but helping our Catholic School, our Religious Education programs, and our Blessed Trinity Cluster families **SHOULD** concern everyone.*

Quick Bits:

- SCRIP forms are available in the back of church, the school office, and the parish office!
- SCRIP is sold at the school on Tuesday and Wednesday
- SCRIP is sold at 8:30 Mass on Fridays, orders can be sent home with students
- SCRIP is sold before and after weekend masses at St. Mary's

UPCOMING EVENTS

October 2nd - Extended Care Invoices Sent

October 3rd - Preschool Sherman's Pumpkin Patch Field Trip

October 6th - Extended Care Payments Due/ACH Withdrawals

October 6th - JK/K Sherman's Pumpkin Patch Field Trip

October 16th - Extended Care Invoices Sent

October 18th - Early Dismissal, *Parent-Teacher Conferences, 2-7pm*

October 19th - Early Dismissal, *Parent-Teacher Conferences, 2-6pm*

October 20th - Extended Care Payments Due/ACH Withdrawals

October 20th - Grandparents Day Mass 1:30

October 30th - Extended Care Invoices Sent

PARENT - TEACHER CONFERENCES

An email with sign up information will be coming out soon. Please be sure you have the correct email on your "Contact 1" information on PowerSchool.



SAVE THE DATE!

Northeast Iowa Family STEM Festival

Come enjoy a night filled
with fun, interacting
STEM activities!



November 16, 2023
4:00PM-7:00PM
Community Center at the
Delaware Co. Fairgrounds

GRANDPARENTS DAY MASS

St. Mary's School will be celebrating Grandparents Day on October 20th. This is an afternoon for Grandparents or a special friend. Parents, there is not enough room for all family members to sit with their child, so please keep this to Grandparents/Special Friend only. Orange and Green sheets with more information were sent home in late September.

LIKE OUR FACEBOOK PAGE!



BOOKS TO MOVIES!

(FORMERLY "BOOK IT!")

We will once again be utilizing our local reading program, "Book to Movies!" that is offered by Castle Theater. This is a reading incentive program where the students will be rewarded if they meet their monthly goal. They will receive a certificate for a free kids combo (popcorn, small candy, and small drink.)

Teachers will be letting you know what their classroom/grade goal is!

Thank you to Castle Theater for supporting our students with their reading goals!



KIDS HEART CHALLENGE

(FORMERLY JUMP ROPE FOR HEART)

It is once again time for our biannual Kids Heart Challenge event for the K-6th grade students. The event will take place on **Monday, October 23 from 1:30-2:45**. The rain date is Tuesday, October 24. Envelopes will be sent home for students to collect donations on Oct. 9 and they are due back October 17.

In 2021 we shattered our previous amount collected by over \$4,000 collecting \$14,495 for the American Heart Association! Our goal this year is \$15,000!

More information will be sent home with the envelope. We are in need of volunteers to help supervise stations and turn jump ropes...if you are able to help please email Mrs. Foley or Miss Domeyer as soon as possible. We could use at least 3 volunteers for each set of stations, K-2nd, 3rd-4th and 5th-6th .

Happy Fall!

efoley@st-marys.pvt.k12.ia.us
bdomeyer@st-marys.pvt.k12.ia.us





FRIDAY - MASS DRESS CODE

- Students are expected to DRESS UP for mass on Fridays.
- We encourage dress shorts, slacks, shirts with collars, dresses, capris, skirts or skorts
- NO JEANS, wind pants, sport shorts, leggings, sweatpants or sport t-shirts/sweatshirts should be worn at Mass.



COMMUNITY EVENTS



MAYOR, CONNIE BEHNKEN HAS DECLARED "A YEAR OF KINDNESS"

October's Theme: "Be Kind to Your Neighbors"

Go to the City of Manchester's Website or Facebook page for more information!

Website: <https://www.manchester-ia.org/>

Facebook Page: <https://www.facebook.com/ManchesterIA52057>

"The smallest act of kindness is worth more than the greatest intention"

Students at St. Mary's and Lambert will be discussing each monthly theme and finding ways to do their part in keeping our community KIND!

OCTOBER LUNCH MENU



OCTOBER 2023—ST.MARY'S

BREAKFAST SERVED
7:40-7:55

Monday

CEREAL—TOAST
2
TOMATO SOUP
GRILLED CHEESE
COOKED CARROTS
PINEAPPLES

CEREAL—TOAST
9
GOULASH
GARLIC BREAD
GREEN BEANS
PINEAPPLES

CEREAL—TOAST
16
HAM PATTIE WITH BUN
SWEET POTATO FRIES
PEAS
MANDARIN ORANGES

CEREAL—TOAST
23
MR. RIB SANDWICH
WAFFLE FRIES
MIXED VEGETABLES
PINEAPPLES

CEREAL—TOAST
30
HAM, TURKEY & CHEESE SUBS
CHIPS
COWBOY BEANS
RAISINS

Tuesday

MINI DONUTS
3
BREAKFAST FOR LUNCH
PANCAKES
SAUSAGE PATTIE
TRI TATERS
APPLESAUCE

BISCUITS & GRAVY
10
GRILLED CHICKEN SANDWICH
FRENCH FRIES
CELERY—PB
PEACHES
*COOKIE

CINNAMON ROLLS
17
CHICKEN TENDERS
MASHED POTATOES—GRAVY
CORN
PEACHES

S'MUFFINS
24
CHICKEN & NOODLES
GREEN BEANS
DINNER ROLLS
FRUIT COCKTAIL

LONG JOHN'S
31
HAPPY HALLOWEEN!!
HALLOW MUMMIES
KINKY FRIES
SCARECROW CORN
GRAPEY EYEBALLS
SPOOKY CUPCAKES

Wednesday

BREAKFAST PIZZA
4
CHICKEN NUGGETS
BUTTERED NOODLES
CORN
PEACHES

BREAKFAST BAGEL
11
WALKING TACOS
LETTUCE-TOMATOES-CHEESE
CORN
COTTAGE CHEESE
STRAWBERRY YOGURT

PANCAKES & SAUSAGE
18
SPAGHETTI
WITH MEAT SAUCE
BREADSTICK
SALAD—RANCH
PINEAPPLES

EGGOS
25
BREADED CHICKEN SANDWICH
BROCCOLI WITH CHEESE SAUCE
FRENCH FRIES
STRAWBERRIES
*PUDDING

EGGOS
5
HAM & CHEESE ROUNDS
CHIPS—CHEETOS
BEANS & WEENIES
MANDARIN ORANGES

MUFFINS
12
HAMBURGER WITH BUN
CURLY FRIES
CUCUMBER SLICES—RANCH
GRAPES

BREAKFAST CROISSANTS
19
HOT DOGS
TATER TOTS
RAW CARROTS—RANCH
FRESH ORANGE SLICES

PANCAKE WRAPS
26
CHILI
GRILLED CHEESE
SALAD—RANCH
APPLESLICES—PB

Thursday

LONG JOHN'S
6
MAIDRITES
FRENCH FRIES
RAW BROCCOLI—RANCH
PEARS
*ORANGE SLUSHIE

CAKE DONUTS
13
CHEESE PIZZA
SALAD—RANCH
MOZZARELLA STICKS
PEARS

FUNNEL CAKES
20
LOADED NACHOS
LETTUCE—CHEESE
BAKED BEANS
BANANA
BROWNIES

FRENCH TOAST STICKS
27
SALISBURY STEAK
MASHED POTATOES—GRAVY
CORN
MANDARIN ORANGES

Friday

Behavioral Health Intervention Services

What are Behavioral Health Intervention Services (BHIS)?

Behavioral Health Intervention Services are offered by Life Connections for children with severe emotional and behavioral issues. Our BHIS provider works with your family to help create a supportive environment at home. We offer the tools, training, and support that address the behavioral health of your children. A BHIS provider will work with your family in the privacy of your own home to ensure comfort and to learn new skills in the environment that many issues occur. Your child will participate in a combination of skill-building interventions that can target specific behavioral struggles and help to improve your child's skills and empower you to help them manage those behaviors effectively. Skills can be built in the areas of communication, learning to cope with other difficult emotions, conflict resolution, and decision making, to name a few.

Who is eligible to receive BHIS Services?

Youth aged 18 and under are eligible for BHIS Services with Life Connections. In order to qualify, clients must have a mental health diagnosis and be involved with Mental Health Therapy Services. Medicaid (Title 19) is accepted for Behavioral Health Services, and there is no DHS or juvenile court system requirement in order to receive services.

How do I get started?

Visit our website (www.life-connections.org) to fill out our electronic New Client Form, email us, or call your local Life Connections office today!



Emily Krapfl, Behavioral Health Intervention Services Provider, has a few openings in Delaware County for services. Please email **e.krapfl@life-connections.org** for more information!

Life Connections

Mental Health & Behavioral Health Services

Greetings,

Life Connections is now offering the wonderful opportunity to work with students in the school in order to work on and alleviate barriers

Behavioral Health services are services where the counselor works with both the child and their family to work on behavioral modification; by way of anger management, coping skills, reduction in reactive behaviors among many other types of behaviors which can include social skills.

Behavioral health services may be conducted in the school (in a private and confidential location) for the individual portion of services for the client; all family services have to be conducted in a confidential location where at least one of the children's biological or adoptive parents are engaged.

There are many reasons why the children having in school sessions is helpful and productive for them; first there are a lot of clients who are students that have significant barriers of in school behaviors-this allows for the children to be able to work on those barriers in a manner in which they are encountering those barriers. Next, many of these children do not have a place where they feel safe to talk about the barriers they encounter or their feelings at home as the families are often around to hear the discussions taking place. In conjunction with those; this allows the opportunity for our counselors to help alleviate possible triggers and provide support to the teachers by way of items that might allow the student and teacher to work together and reduce reactive behavior within the school or classroom.

BHIS services are covered under Iowa Medicaid (not hawk-i), if there is anything we can do to help assist your school and students please do not hesitate to reach out.

Best Regards,

Renée M Snyder, MA
Director of Behavioral Health
Life Connections
r.snyder@life-connections.org

0 N. Bluff Blvd. Suite 206
Clinton, IA 52732

Tel. 877.878.6606
Cell 319.409.6922

contactus@life-connections.org
<https://life-connections.org/>