Grade 1 – Lesson 10

Key Points

- Lent
- **Original Sin** is the first sin committed by Adam and Eve and passed down to everyone.
- At the **Resurrection** Jesus was raised from the dead to new life by God the Father through the power of the Holy Spirit.

Materials

- Jesus the Savior (p. 217E)
- Time to Go (Bible Brain Teasers)
- Lenten Resolution Egg (Active Learning Primary 2)
- Construction paper
- God Made Our World book

Catechist Prayer before the lesson:

*Loving God, bless my journey through the desert of Lent to the font of rebirth. Amen.*

Before the lesson:

- Hand out **Time to Go** for the children to color.
[10 min] **Invite – Time for Change** (p. 27)

- Ask the children if there is anything they would like to pray for.
- Pray the Our Father, Hail Mary, and Glory Be.
- Recite the prayer and Scripture passage on page 27.

[15 min] **Discover – Lent** (p. 28-29)

- Ask the children if anyone went to Church on Ash Wednesday.
  - *What was something special that happened in Church that day?* (People received ashes on their forehead.)
  - **Explain:** Lent started on Ash Wednesday, and it is the time when we prepare for Easter.
- Read and discuss the text on pages 28-29 about Lent.
- Remind the children about collecting money for their rice bowls during Lent.

[10 min] **Lenten Resolutions**

- Hand out Lenten Resolution Egg.
- During Lent we try to do something to make ourselves better and our world a better place. We call a promise to try to do better a resolution.
- Decide on one thing you will do this Lent to improve yourself or the world. This is your resolution.
- Write your resolution on the egg, then color and cut out the egg.
- Glue the egg to a sheet of construction paper. You can cut along the edges of the construction paper to make it into the shape of an egg.
- Put your Lenten Egg in a place you’ll see it every day and keep track of how well you are doing with your resolution each week until Easter (April 16th).

[15 min] **Discover – Adam and Eve** (p. 218-219)

- Ask the children if they remember the story of Adam and Eve. (Show them the story book which you read during the first lesson this year.)
  - When God created the world everything was perfect, Adam and Eve were happy. The devil appeared to Eve and tricked Adam and Eve into disobeying God by sinning. Because of Adam and Eve’s bad choice, sin and death entered the world. This is called Original Sin.
- Read pages 6-7 from *God Made Our World*, or you can read the whole story if you prefer.
- God never stopped loving humanity. To fix Adam and Eve’s mistake, God sent a Savior: His Son, Jesus.
- Ask: *Why did humanity need to be saved?*
  - We needed to be saved from Original Sin and its punishment.
  - Because Jesus chose to be born on earth and die for our sins, Jesus opened the gates of heaven for all humans. Everyone who follows Jesus can live forever with him in heaven.
[15 min] **Discover – New Life with God** (p. 220-221)

- Read and discuss pages 220-221 about the Resurrection.
  - At the Resurrection Jesus was raised from the dead to new life by God the Father through the power of the Holy Spirit. We celebrate the Resurrection on Easter Sunday.
- Hand out *Jesus the Savior* for the children to color and cut out.
  - Discuss the three scenes:
    - The Last Supper
    - The Crucifixion
    - The Resurrection

[10 min] **Sending – Celebrate Lent** (p. 31)

- During Lent we should try to become a better person. Our guardian angel will help us avoid sin and do good things, especially if we ask our angel for help.
- **Prayer the **Guardian Angel prayer** (p. 319)
- Recite the prayer on page 31.
- Listen to “God of Mercy” (Track 15).
- Remind the children to read the Family + Faith page with their parents.
Jesus the Savior

Color the figure of Jesus and cut it out. Cut the picture strips, too. Put Jesus in every picture. Tell the story of Jesus, from the Last Supper to his Resurrection, to a family member.
My Lenten Resolution Egg

My Resolution

________________________________________

1st Sunday of Lent
☐ I did great.
☐ I did okay.
☐ I'll do better next week.

2nd Sunday of Lent
☐ I did great.
☐ I did okay.
☐ I'll do better next week.

3rd Sunday of Lent
☐ I did great.
☐ I did okay.
☐ I'll do better next week.

4th Sunday of Lent
☐ I did great.
☐ I did okay.
☐ I'll do better next week.

5th Sunday of Lent
☐ I did great.
☐ I did okay.
☐ I'll do better next week.

Palm/Passion Sunday
☐ I did great.
☐ I did okay.
☐ I'll do better next week.