We are all ministers of health, whether it is of our own or of others.



Prayer for Restoration of Health

Lord God, you know the desire of my heart - to be restored to health. You are indeed the Great Physician, and I ask You for the gift of restored health. Help me to remember that your Word teaches that You Cause all things to work together for good to those that love You. So whether You choose to restore me to health or allow my sickness to continue, help me to Trust the goodness of Your will and to serve You whole-heartedly whatever the outcome. In Jesus name I pray. Amen.

Blessed Trinity Cluster Health Ministry Program includes:

PASTOR
Fr. Gabriel Anderson

Parish Nurse Ministry
Nancy Appleton, RN



To make a request for a visit or questions please <u>call</u>
<u>Cell # first and leave message</u>
or call office:

CELL: 563-920-1394
OFFICE: 563-927-4710

Parish Office Hours: 8:00 a.m.- 4:00 p.m.
Monday-Friday

BLESSED TRINITY CLUSTER

St. Mary
Manchester

St. Patrick
RYAN

St. John
Delhi

Immaculate Conception

MASONVILLE



HEALTH
MINISTRY
PARISH NURSE
PROGRAM

What is Parish Health Ministry?

Parish Health Ministry functions as a referral and resource service within a parish community. Holistic wellness is the primary goal of the ministry. The role of the local parish nurse is to promote health care, *not provide direct care*. Parish Health Ministry is one of the visible means of identifying God's love within the parish community.

Mission Statement

Parish nursing holds the spiritual dimension to be central to the practice. Health Ministry is designed to build on and strengthen capacities of individuals, families and parish community to understand and care for one another in light of their relationship to God, faith traditions, themselves and the broader society. The ministry believes that all people are sacred and must be treated with respect and dignity. In response to this belief, we assist and empower individuals to become more active partners in the management of their health care.

A Parish Nurse/ Health Minister serves as a...

- Health Educator
- Personal Health Counselor
- Referral Agent
- Coordinator of Befriender Program & Volunteers
- Assistant to Integrate Faith & Health
- Health Advocate



The Parish Nurse role balances...

Knowledge with skill; and the sciences with theology;

Health ministry advocates...

the health of the whole person; **Body**, **Mind**, **and Spirit** addressing physical, emotional and spiritual needs.

The Health Ministry Program recognizes...

the difference between <u>being well</u> and <u>well-being</u>. There can be a sense of well being in illness and healing may exist in the absence of a cure.