

First Sunday of Lent - February 18, 2024

St. Timothy Catholic Parish

2960 Canyon Rd. Escondido, CA 92025



Website: StTimothyChurch.com
Church Office (760) 489-1200



Gospel Reading [Mark 1:12-15](#)

Jesus is tempted in the desert by Satan.

Family Connection

The announcement that Jesus makes as he begins his preaching in today's Gospel is recalled on Ash Wednesday at the signing with ashes: "Repent and believe in the gospel." This is our challenge for Lent; indeed, it is the challenge of our entire life. During Lent, we are invited to strengthen and to renew the promises that we made at our Baptism, to reject Satan and sin so as to live as children of God. Through the grace of God that we received at Baptism, we follow the promptings of the Holy Spirit and know that with Jesus' help, we will be victorious over sin.

As you gather as a family, talk about the importance of Baptism. At our Baptism, our sins were forgiven, and we promised to live as children of God. As part of the Rite of Baptism, we rejected sin and Satan. Read today's Gospel, Mark 1:12-15. During Lent, we renew the promises of our Baptism, turning again from sin and promising to follow God. Light a candle, perhaps a candle used at one of your family member's Baptisms, and pray together the [Act of Contrition](#).

SUNDAY MASS TIMES

SATURDAY EVENING 5 PM

**SUNDAY MORNING
8:30 AM + 10:30 AM**

WEEKDAY MASS 8:30 AM

CONFESSIONS SATURDAY 4 PM

**Holy Hour Adoration
1st Fridays 9am -10am**

**Adoration of the Blessed Sacrament
Every Wednesday 9am to 5pm**

THIS WEEK'S PRAYER

Grant, almighty God, through the yearly observance of holy Lent, that we may grow in understanding of the riches hidden in Christ and by worthy conduct pursue their effects. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

To be included in our parish family prayer chain,
email prayer@sttimothychurch.com

40 DAYS OF PRAYER

Lent is a 40 day season of **prayer, fasting, and almsgiving** that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer by reading Sacred Scripture; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully. We recall the waters of baptism in which we were also baptized into Christ's death, died to sin and evil, and began new life in Christ.

Many know of the tradition of abstaining from meat on Fridays during Lent. **Why abstain from meat?** We abstain from the meat of slaughtered animals to remind us that Christ is the Lamb, slaughtered on the Cross on Friday to free us from our sins by the shedding of his own blood.

The giving of alms is one way to share God's gifts—not only through the distribution of money, but through the sharing of our time and talents.



LENTEN FOOD DRIVE

40 DAYS = 40 CANS

Join St. Timothy's Knights of Columbus this Lenten Season to help feed the hungry. **Drop off your non-perishable food items and cans in the church food wagon.** Our brother Knights will bring your food gifts to the local Interfaith shelter where it will be used to provide daily meals for local families and those in need. Talk to our Knights after Sunday Mass to learn more about how you can support them in their corporal works of mercy.

Catechists Needed

Are you longing to share your Catholic faith and help form our future church? Is God calling you to be a catechist? Please consider joining our Religious Education team this Fall!

For more information, contact Christine Avella at christine@sttimothychurch.com or call 760-489-1242

The Parish office will be closed on **Monday, February 19th,** in observance of President's Day.

Friday Stations of the Cross 7pm

Please join us in the Piazza for a cup of soup and bread stick every Friday after Stations of the Cross.



Lenten Parish Penance Service with Confession

Saint Timothy Catholic Parish, Escondido

Wednesday, February 21st at 7pm

Resurrection Parish, Escondido

Thursday, February 22nd at 7pm

Saint Stephen's, Valley Center

Monday, February 26th at 7pm

Good Shepherd

Wednesday, March 6th at 7pm

Saint Mary's, Escondido

Thursday, March 7th at 4pm & 6:30pm

San Rafael Parish, Rancho Bernardo

Tuesday, March 12th, at 7pm

Immaculate Heart of Mary Parish, Ramona

Wednesday, March 13th, at 7pm

Our Lady of Mount Carmel, Rancho Bernardo

Thursday, March 14th at 5pm

Saint Gabriel Parish, Poway

Tuesday, March 19th at 6:30pm

— THIS WEEK'S MASS INTENTIONS —

~ February 17th - February 24th ~

The Risen Lord continually offers Himself to His Heavenly Father for each and every one of us. A "Mass Intention" assures us that our names are "written" in His Sacred Heart.

Saturday- Jackie Murphy (SI),

Sunday 8:30- People of the Parish,

Sunday 10:30 - People of the Parish,

Monday- Paul Sipos (SI),

Tuesday- Jasmine Covarrubias (SI),

Wednesday- Ginette Bouchereau (RIP),

Thursday- Marianne Testa (RIP),

Friday- Armond Nirdlinger (RIP),

Saturday- John Ferber (RIP)