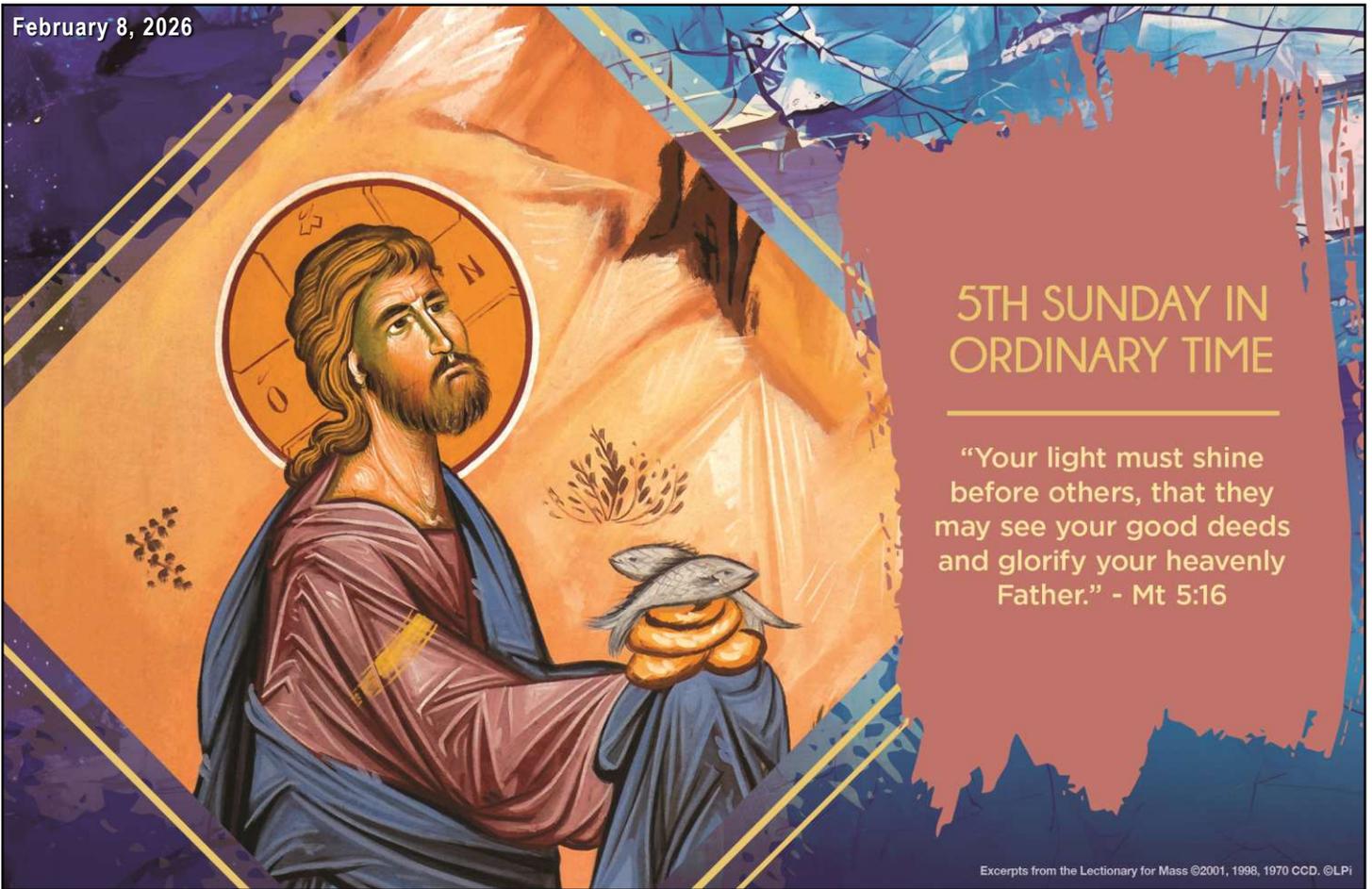


February 8, 2026



5TH SUNDAY IN ORDINARY TIME

“Your light must shine before others, that they may see your good deeds and glorify your heavenly Father.” - Mt 5:16

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

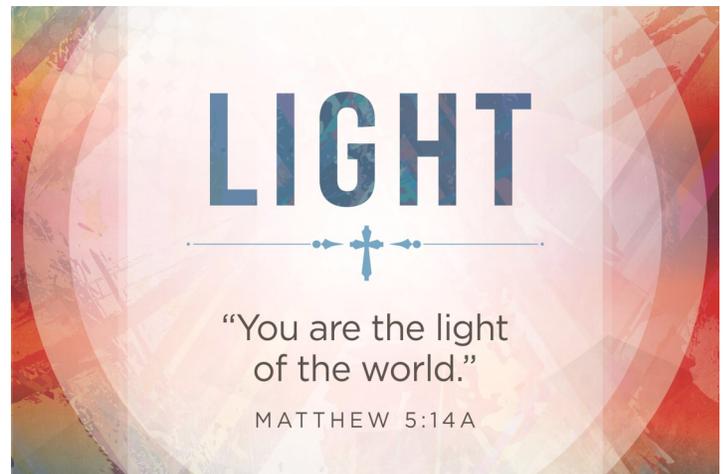
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PARISH MISSION STATEMENT:

KNOW and celebrate our Catholic Faith,

LOVE God and our neighbor,

SERVE as disciples of Jesus Christ.



LIGHT

“You are the light of the world.”

MATTHEW 5:14A

WORSHIP

Location

9100 93rd Avenue North
Brooklyn Park, MN, 55445

Masses

Monday & Tuesday at 8 AM
Wednesday at 5:15 PM
Thursday & Friday at 8 AM

Saturday at 5 PM
Sunday at 7:30 AM, 9 AM, 11 AM

SACRAMENTS

Reconciliation

Mon., Tues., Thur., Fri. at 7:30 AM
Wednesday at 4:45 PM
Saturday from 3:30-4:15 PM
Or call to schedule an appointment.

Baptisms:

Call the office at 763-425-2210.

Matrimony:

Call the office at 763-425-2210.

CONTACT

Online

saintvdp.org

E-Mail

General: churchinfo@saintvdp.org
Prayer Line: prayerrequests@saintvdp.org

Parish Office

(763) 425-2210

School Office

(763) 425-3970

Meditation on this Week's Gospel

Be Salty

A Gospel Reflection by Colleen Jurkiewicz Dorman, ©LPi

I want you to close your eyes. Are they closed? (I'm serious.)



Okay. Now think of the greatest saint in history.

I don't care who you're thinking of. It's going to be different for everyone. Just think of that person. Think of his or her life. And answer the question: Why is he or she a great saint?

You're all thinking of different people, but the answer is the same for everyone. And it's not "Because he did great things for God" or "Because she sacrificed everything she had for the poor." Those answers show evidence of the reason. But the reason is something more.

The greatest saints in history were not great at holiness. God brought holiness about within them because (ding ding ding! Here's the answer!) the greatest saints in history were great at being who they were meant to be.

Not who they wanted to be. Not who they thought they should be. Who they were meant to be.

Simply put, they gave themselves to God. All of themselves. Flaws and all. And God took them, in their totality, and said: "Now watch this."

Just imagine if salt was ashamed of being salty. Imagine if it looked at the sodium content on its nutrition label and thought, "That's embarrassing," and decided it was going to stop being salt. Well, great. Now it's just a box of tiny rocks.

Wouldn't it have been better for the salt to trust the baker using it?

There is a plan for each of us. There is a path to holiness for each of us. This path doesn't bypass our flaws or our weaknesses; it incorporates them. It transforms them. It fulfills them.

So be salty. Be who you were meant to be.



PAROCHIAL ADMINSTRATOR

Fr. Mike Selenski

(763) 425-2210

Email: frmichaelselenski@saintvdp.org



PAROCHIAL VICAR

Fr. Ben Eichten

(763) 425-2210

Email: FrBenjaminEichten@SaintVDP.org



DEACON

Deacon Larry Lawinger

(763) 425-2210

Email: dcnlarrylawinger@saintvdp.org

2nd Collection This Weekend

Our second collection for February will be for our St. Vincent de Paul School "Blessings Fund". This fund helps to provide financial assistance to families at our school.



Please use your designated 2nd Collection Envelope included in your envelope packets or mark your donation as 2nd Collection.



Follow us on Facebook

To find our page, go to Facebook and type "St. Vincent de Paul Catholic Church Brooklyn Park" in their search box. We post daily on our faith and our parish!

The deadline for the bulletin is Monday at Noon.

Parish Office Hours

Monday-Thursday: 8 AM – 3 PM & Friday: 8 AM – Noon

Mass Intentions for February 9-15

Monday	8:00 AM	† Christ & Elizabeth Koble
Tuesday	8:00 AM	† DeWayne Koble
Wednesday	5:15 PM	† Antony Chacko
Thursday	8:00 AM	Genny Lessard
Friday	8:00 AM	† Lisa Rauch
Saturday	5:00 PM	† Sylvia & Harold Belisle
Sunday	7:30 AM	Parishioners
	9:00 AM	† Jim Gustafson
	11:00 AM	† Patricia Kopp

Perpetual Eucharistic Adoration

To sign up or to be a sub, login to saintvdp.org/perpetual-adoration or call JoAnne Newman at 763-420-4089.



Help is urgently needed for: **Saturday at 2 AM, 1 PM, & 2 PM**

Readings for this Week

- Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9/1 Cor 2:1-5/Mt 5:13-16
- Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56
- Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13
- Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23
- Thursday: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/Mk 7:24-30
- Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11 ab, 12-13, 14-15/Mk 7:31-37
- Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7 ab, 19-20, 21-22/Mk 8:1-10
- Next Sunday: Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34/1 Cor 2:6-10/Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37

Morning Rosary at SVDP

All are welcome to join us in the recitation of the rosary each weekday before Morning Mass, starting at 7:30 AM in the Church.

LENTEN

Days of Prayer

Discovering the Meaning of Lent: Signs and Symbols

Suggested
Offering
\$30
Lunch is
Included



February 18

Lessons from the Desert: Lent as a Time of Making Room for God's Grace

February 25

Returning to the Heart: Prayer, Almsgiving, and Fasting

March 11

I Once Was Blind but Now I See: Lenten Insights

March 18

From Palms to the Crown of Thorns: Jesus's Journey to the Cross

Schedule:

9:00 arrival, coffee, tea

9:45 Welcome, Opening Prayer and Conference

10:30 Confessions and Spiritual Direction

11:30 Guided Prayer Experience

12:00 Lunch Provided by the Retreat Center!

1:00 Lenten Station of the Cross

1:45 Mass

2:30 Departure

These day retreats are not sequential;
one may attend one or all of these days

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ADULT ACTIVITIES

SVDP Men's Club

Wednesday, February 11 from 6:00–8:00 PM in Regan Hall

We'll enjoy a light meal, beverages, video, and discussion focused on living out our Catholic faith. (We are a week early this month due to Ash Wednesday on Feb. 18.)

Each evening is a stand-alone event, so come when you can—and bring a friend! If you have any questions or want to get on the email list, email us at saintvdpmensclub@gmail.com.

St. Vincent's Book Club on Thursday

Thursday, Feb. 12 from 9:30-10:30 AM in the Community Room

We will discuss How To Read A Book by Monica Wood.

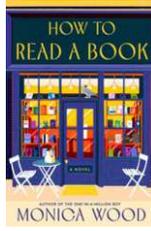
"Violet Powell, a twenty-two-year-old from Abbott Falls, Maine, is being released from prison after serving twenty-two months for a drunk-driving crash that killed a local kindergarten teacher.

Harriet Larson, a retired English teacher who runs the prison book club, is facing the unsettling prospect of an empty nest.

Frank Daigle, a retired machinist, hasn't yet come to grips with the complications of his marriage to the woman Violet killed.

When the three encounter each other one morning in a bookstore in Portland, their lives begin to intersect in transformative ways."

Please join us! New members are always welcome! We meet the second Thursday of each month. On March 12 we will discuss The Tea Girl of Hummingbird Lane by Lisa See.



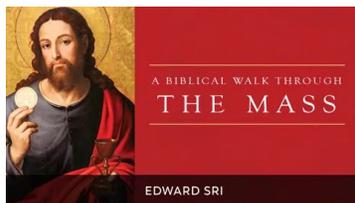
Lenten Bible Study Coming Soon

All Five Mondays in March from 6-7 PM

Have you ever found yourself at Mass saying all the right words, doing all the right things—but still wondering why we do them?

Why we stand, sit, kneel... why the prayers sound the way they do? The words, the gestures, the rituals of the Mass are deeply rich in meaning, and yet most of us—even if we've been Catholic our whole lives—might be surprised by how rooted the Mass is in Sacred Scripture.

Lent is the Church's annual invitation to go deeper—to make a more intentional offering of ourselves to the Lord. One powerful way to do that this year is through our parish Lenten Bible



Study. Fr. Mike will be leading Dr. Edward Sri's "A Biblical Walk Through the Mass", a fascinating exploration of the extraordinary biblical roots of the Liturgy—what it all means, where it comes from, and why it matters.

The cost is \$20, which includes an in-depth workbook, but be assured there is no homework! Register by Noon on Friday, February 20 at <https://saintvdp.org/bible-study>.

If you've ever wanted to understand the Mass more deeply—and love the Eucharist more fully—this study is for you.

Space is limited, so please sign up today!

CCW Meeting

Tuesday, Feb. 10 from 6:30 - 8 PM in the Community Room



We'll hear an update on The Divine Mercy Chaplet for this upcoming Lenten season, and committee updates from the Scholarship Committee, Spring Luncheon Committee, and the Nominating Committee (to present the candidates for the Vice President and Treasurer positions).

Wear your purple, gold, and green for some Mardi Gras fun too! Come and bring a friend to enrich your faith and your fellowship!



Membership in our Parish

All adults (age 18+) should be registered. To learn more about our parish or to join, please stop in at the parish office or go online to saintvdp.org/become-a-member.

K of C Cor, Men of the Cross

Saturday, Feb. 14 at 7:30 AM in the Community Rm

We welcome all men over 18 years old to attend this gathering of the Knights of Columbus Cor, Men of the Cross. All men are welcome.



This meeting's discussion will be about preparing for Lent. Beverages and light breakfast treats will be provided.



Do you want to better understand yourself, your spouse and your children?

Join

The Temperament God Gave You

Meetings begin this week!

A Small Group Book Study for Catholic Parents

Twice a month on Wednesday from 7-8:30 PM from February through May in the West Meeting Room

Questions? Contact Anna Kreklow at annakreklow@gmail.com. Cost is \$55.

Register at canafamilyinstitute.com



ADULT ACTIVITIES (CONTINUED)

Series on St. Paul Continues

Thursday mornings from 8:30-9:30 AM
in the Community Room (2 weeks remaining)

Paul: Contending for the Faith

Zealous for the God of Israel, Saul of Tarsus was determined to stamp out this new cult surrounding Jesus of Nazareth. But Saul's zeal was

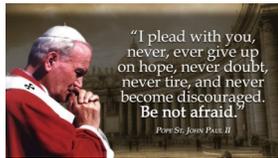
turned upside down when he was humbled by Jesus himself. Join Stephen Ray via video as he takes us on the road with St. Paul through Israel, Syria, Turkey, Greece, and Italy. You'll better understand the life, ministry, and sufferings of Paul the Apostle.



Catholic Business Owners Group

2nd and 4th Thursdays of the month from 7-8 AM
in the Community Room

Rooted in the words of Christ, "Be not afraid," this group is for Catholic business owners who seek to integrate faith with leadership and daily work.



We gather to support one another in faith, encourage business growth, and build community with fellow Catholic owners who understand the responsibilities and blessings of running a business. For more information, contact:

Brody Marietti at 612-487-8584 or bjmarietti@gmail.com or Joe Cassidy at 612-803-4301 or joecassidy@kw.com.

New members and guests are always welcome.

Moms Morning Out

Wednesday, Feb. 11
from 9:30—11 AM
in the Community Room



Our topic for this meeting is preparing yourself and your family for Lent. Join us for fellowship and fun with other SVDP moms. Free childcare and coffee are provided. For information, contact Shannon.vanderheyden@gmail.com or visit our Facebook Group by searching for: St. Vincent de Paul Mom's Morning Out.

Catholic United Financial Raffle

You still have a chance to purchase Catholic United Financial Raffle Tickets in the parish office until Feb. 20.

You can purchase tickets with cash or check (made out to St. Vincent de Paul). Tickets cost \$10 each and all proceeds go directly to the school. \$30,000 in prizes will be drawn live on March 12, 2026. Prizes include:

Grand Prize – One Winner: \$20,000 Cash



- First Place Prize – One Winner: \$5,000 Cash
- Second Place Prize – Three Winners: \$1,000 Cash
- Third Place Prize – Three Winners: \$500 Cash
- Fourth Place Prize – Five Winners: \$100 Cash

FAMILY & YOUTH ACTIVITIES

You're invited to!

Daddy-Daughter Luau

St. Vincent de Paul's 2026 Father Daughter Dance

Saturday, February 21, 2026
6:00 PM - 8:00 PM

There'll be delicious food, drinks, music, and island vibes all night long!

Register online at school.saintvdp.org/daddy-daughter-dance

\$35/couple
\$5/extra child

Lenten Fish Dinners

Friday, Feb. 27— 5:00-6:30 PM
(Tickets sold through Noon on Wednesday, Feb. 25)

Friday, March 20 — 5:00-6:30 PM
(Tickets sold through Noon on Wednesday, March 18)

Join us for one or both of our upcoming Lenten fish dinners hosted by the Knights of Columbus!

Each dinner will include pan-fried tilapia with tartar sauce, mashed potatoes, coleslaw, dinner roll, and dessert.

Tickets are \$14.00 per plate and must be purchased in advance online or by calling the Parish Office.



FAMILY & YOUTH ACTIVITIES (CONTINUED)

2026 Northwest Metro MobilePack

February 25th-28th

This is the 10th Annual Northwest MobilePack for Feed My Starving Children!

WOW, 10 years would not have been possible without the continued support of the parishioners at St. Vincent de Paul! Thank you! This year's MobilePack will be hosted by St. Joseph the Worker Catholic Church in Maple Grove. The 6th – 10th grade Faith Formation groups will be packing at various times throughout the event (details will be sent directly to Faith Formation families). However, more volunteers are needed to reach our goal of packing 330,000 meals for 2026!



In 9 years, this event has packed 8,275,768 MILLION MEALS!

AMAZING! Register yourself, your family, a friend, or your child's team for a packing shift at fmsc.org!

Over the past 9 years meals have been sent to 13 countries with Haiti receiving 50% of the meals. Donations are still needed to reach our goal of \$80,000!! Donate online or through a QR code below. Questions? Contact Nichole Chang at nicholechang@saintvdp.org.



Sharing & Caring Hands This Week

We appreciate you generous bakers who kindly provide us with cookies for dessert at the shelter.



NOTE CHANGE IN DAY THIS MONTH: Please deliver them to the parish office by 10 AM on **Tuesday**.

Adoration for Vocations Holy Hour



**Tuesday, February 10
from 6:30-7:30 PM
in the Adoration Chapel**

This is a Holy Hour where we focus our prayer and time with Christ for an increase in vocations to the priesthood and consecrated life as well as spiritual support for the existing vocations. Join us in person if you can, or from home!

*God our Father, we thank you for calling men and women to serve in your Son's Kingdom as priests, deacons, and consecrated persons. Send your Holy Spirit to help others to respond generously and courageously to your call.
Amen.*

Parish Gift Shop Volunteers

We are seeking reliable volunteers to assist in the Gift Shop for 20 minutes following the weekend Masses. Duties include greeting guests and processing simple sales. If you can spare a small amount of time once or twice a month, we would love to have you on the team. Contact Tony Freeman at tonyfreeman@saintvdp.org or contact the parish office.



Every Life is Worth Living

Heavenly Father, thank you for the precious gift of life. Help us to cherish and protect this gift, even in the midst of fear, pain, and suffering.

Give us love for all people, especially the most vulnerable, and help us bear witness to the truth that every life is worth living.

Grant us the humility to accept help when we are in need, and teach us to be merciful to all.

Through our words and actions, may others encounter the outstretched hands of Your mercy.

We ask this through Christ, our Lord. Amen.

Source: USCCB Respect Life webpage

Holy Hour for Marriage

The Archdiocese Marriage Ministry office has asked for spiritual support for the local marriage ministry, and we need a few more people to sign up to dedicate one Holy Hour a month to pray for marriages. Your holy hour can easily be at any hour, any church, any city, whether on vacation, etc.—preferably in an Adoration chapel, but it may be simply before the Blessed Sacrament.

You choose a specific day (1-31) of the month to pray your holy hour each month—or are assigned a day if that day is already chosen. Text or call Lois Taylor at 763-331-2652 or email her at taylor5224@comcast.net. Thank you!

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