



FASTED FOR 40 DAYS.

— MATTHEW 4:2 —

FIRST SUNDAY OF LENT

February 22, 2026

©LPI

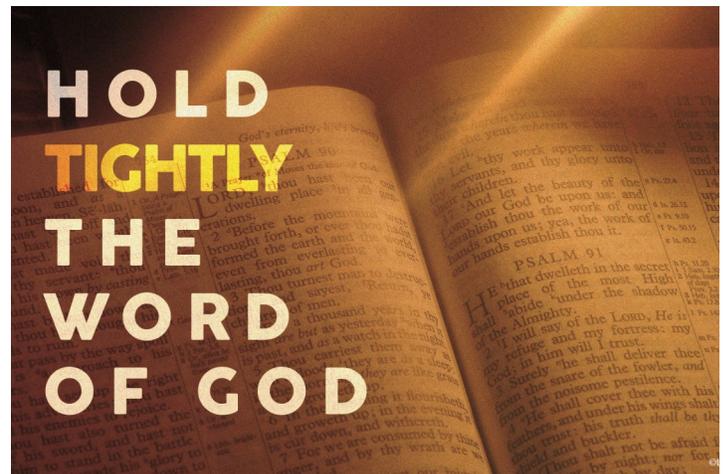
ST. VINCENT DE PAUL CATHOLIC CHURCH

PARISH MISSION STATEMENT:

KNOW and celebrate our Catholic Faith,

LOVE God and our neighbor,

SERVE as disciples of Jesus Christ.



WORSHIP

Location

9100 93rd Avenue North
Brooklyn Park, MN, 55445

Masses

Monday & Tuesday at 8 AM
Wednesday at 5:15 PM
Thursday & Friday at 8 AM

Saturday at 5 PM
Sunday at 7:30 AM, 9 AM, 11 AM

SACRAMENTS

Reconciliation

Mon., Tues., Thur., Fri. at 7:30 AM
Wednesday at 4:45 PM
Saturday from 3:30-4:15 PM
Or call to schedule an appointment.

Baptisms:

Call the office at 763-425-2210.

Matrimony:

Call the office at 763-425-2210.

CONTACT

Online

saintvdp.org

E-Mail

General: churchinfo@saintvdp.org
Prayer Line: prayerrequests@saintvdp.org

Parish Office

(763) 425-2210

School Office

(763) 425-3970

A Word from Fr. Mike



Lent is here. And I'll be honest with you—it's always a bittersweet season for me. Do I LOVE the idea of embracing sacrifices and discomforts? Not exactly. Whether you like it or not, you have a pastor who would generally prefer every day to basically be a holiday—or at least more fun than the last. But that's not real life... and it's certainly not the point of Lent.

The truth is, I'm grateful for this season—not because I *like* it, but because I *need* it. And I suspect I'm not alone.

This is my 38th Lent. Over the years I've given up a wide variety of things. As a kid it was video games and cookies. As an adult it's been meat, beer, media... and one year I gave up cheese, which was surprisingly one of the most difficult Lents of all when you basically only eat Italian, Mexican and American cuisine!

But it raises an important question: **Why do we do all this?** Is it to prove we have willpower? To impress ourselves for sticking with something for forty days? To get a head start on swimsuit season? Or is it to be spiritually **transformed**?

Lent isn't about self-improvement—it's about conversion. It's not just a diet plan; it's a return to the living God.

Every year the Church invites us into the desert with Jesus—not to punish us, but to free us. Free us from the constant noise, the endless distractions, and the subtle addictions to comfort, control, and convenience that can quietly take over our lives.

That's why the Church gives us the three pillars of Lent: prayer, fasting, and almsgiving.

We **pray** to deepen our relationship with God and to remember that we are not self-sufficient.

We **fast** to discipline our appetites so that we can hunger more for what truly satisfies.

We **give alms** to loosen our grip on possessions and remember that love always moves outward.

Lent is a season that asks us to stop numbing ourselves with trivialities and to face the big questions of life—about God, about sin, about death, about what truly matters. It's meant to shake us awake, to break complacency, and to realign our hearts.

So as you begin your Lenten journey, my encouragement is simple: stay connected to the "why."

Don't just give something up—make room for **Someone**.

Because the goal of Lent isn't just to arrive at Easter a few pounds lighter or simply having survived forty days without chocolate or coffee or wine. The goal is to arrive at Easter with a heart that is freer, deeper, and more alive—ready to receive the joy of the Resurrection in a way we couldn't have before. And that kind of joy is worth every step through the desert!



PAROCHIAL ADMINSTRATOR

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Email: frmichaelselenski@saintvdp.org



PAROCHIAL VICAR

Fr. Ben Eichten

(763) 425-2210

Email: FrBenjaminEichten@SaintVDP.org



DEACON

Deacon Larry Lawinger

(763) 425-2210

Email: dcnlarrylawinger@saintvdp.org

Welcome our New Parishioners

*Thank
you for
being
a part
of our
parish
family!*

Jimmy & Amanda Buckingham, Golden Valley

Zach & Sarah Lonsky, Champlin

Osedebamen Akpede, Brooklyn Park

James Cotter, Dayton

Steven & Annette Boone, Brooklyn Center

Dennis & Jayne Hoffarth, Maple Grove

Roger & Nancy Noecker, Champlin

William & Kelly Vang, Maple Grove

Baptized into the Family of God

December 7, 2025

Caleb Michael,

son of Matthew & Virginia Contreras

Evan Allen, son of Nicholas
Torgerson & Kayla Coughlin

Gianna Mae and Mia Elizabeth,
daughters of Collin & Sara Frisco

Margaux Paulette, daughter of Conlan & Karlie Meade



December 14, 2025

Nolan James, son of Chase & Katie Ferris

December 21, 2025

Beau Dominik, son of Dominik & Alyssa Namken

Cameron Matthew, son of Patrick & Jessica Schroeder

January 4, 2026

Georgia Rose, daughter of Jack & Olivia Drucker

Simon Gregory, son of Eric & Kimberly Marshall

January 18, 2026

Theodore James, son of Matthew & Kayla Lietzke

Jordan Abwavo, son of Job Zablon & Charity Mabera

Lennox Mae, daughter of Jake & Brittany Petersen


**STATIONS
OF THE CROSS**
Please join us on Fridays
during Lent at 7 PM
in the Church
for the Stations of the Cross.

Parish Office Hours

Monday-Thursday: 8 AM – 3 PM & Friday: 8 AM – Noon

The deadline for the bulletin is Monday at Noon.



**Wednesday,
Mar. 18 from 6-9 PM
at Pints & Paddle
Maple Grove**



Join the St. Vincent de Paul Men's Club for a Pickleball Tournament!

Whether you're a skilled or amateur player—or if you prefer to just watch the action—we've got a fun night planned for all of you. Players can register for one of 2 tiers based on your skill level, and can sign up as a pair or as an individual to be paired up with someone else in the same tier.

\$30 for Pickleball, food, & soda

\$20 for food & soda only

All alcoholic beverages are purchased on your own.

Sign up online at saintvdp.org/pickleball-tournament.

Registration available until Noon on March 10 or until full.

Questions? Contact Mark at mrknovak23@gmail.com.



The self-serve taproom offers a rotating selection of 50 beer, seltzer, cider, wine, and cocktail options on the main level, with 24 additional self-serve taps in the mezzanine area.



Mass Intentions for Feb. 22—March 1

Monday	8:00 AM	† Steven Donahue
Tuesday	8:00 AM	† Charles Steffen Jr.
Wednesday	5:15 PM	Jenna & Daryl Baxa
Thursday	8:00 AM	The Carufel Family (<i>Living & Deceased</i>)
Friday	8:00 AM	† James Newman
Saturday	5:00 PM	† Floyd & Anna Brown
Sunday	7:30 AM	† Al Yanta
	9:00 AM	† Sheldon Pigeon
	11:00 AM	Parishioners

Readings for this Week

Sunday:	Gn 2:7-9; 3:1-7/Ps 51:3-4, 5-6, 12-13, 17/ Rom 5:12-19 or 5:12, 17-19/Mt 4:1-11
Monday:	Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/ Mt 25:31-46
Tuesday:	Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/ Mt 6:7-15
Wednesday:	Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/ Lk 11:29-32
Thursday:	Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12
Friday:	Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/ Mt 5:20-26
Saturday:	Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48
Next Sunday:	Gn 12:1-4a/Ps 33:4-5, 18-19, 20, 22/ 2 Tm 1:8b-10/Mt 17:1-9

Perpetual Eucharistic Adoration

Urgent hours with no adorers are printed in red below.

Hours that have only one adorers currently committed are printed in black. Sign up at saintvdp.org/perpetual-adoration.

Sunday:	5 AM, 6 AM, 12 PM, 8 PM, 10 PM
Monday:	5 AM, 7 AM, 8 AM, 9 AM, 10 AM, 2 PM, 10 PM
Tuesday:	7 AM, 8 AM, 12 PM, 2 PM, 3 PM, 4 PM, 6 PM, 8 PM, 9 PM
Wednesday:	6 AM, 3 PM, 7 PM, 11 PM
Thursday:	6 AM, 11 AM, 1 PM, 6 PM, 7 PM, 9 PM, 10 PM, 11 PM
Friday:	9 AM, 10 AM, 11 AM, 12 PM, 2 PM, 3 PM, 5 PM, 6 PM, 8 PM, 10 PM, 11 PM
Saturday:	2 AM , 5 AM, 10 AM, 11 AM, 12 PM, 1 PM, 2 PM , 3 PM, 4 PM, 9 PM, 10 PM, 11 PM



Pre-Baptism Class

Monday, Mar. 2 from 7-8:30 PM in the Comm. Rm.

Registration is required (call the office) and babysitting is not available. We recommend attending before the birth of your child. Both parents are required to attend. Parents are encouraged to attend for each child and are required to attend if it has been 5 years or longer.



Note: Godparents must be practicing Catholics who are confirmed, one male and one female, and at least 16 years of age.

ADULT ACTIVITIES



SAVE THE DATE!

The St. Vincent de Paul CCW will be hosting this year's Spring Luncheon on Saturday, April 18 with doors opening at 10:00 AM, celebrate a theme called "Rock n' Roll Forever". If you'd like to help with this event or contribute a raffle item, please contact Candy Alstadt at 763-221-3712. More details coming soon!

Holy Hour for Marriage

One Hour per Month to Pray for Marriages

The Archdiocese Marriage Ministry office has asked for spiritual support for the local marriage ministry, and we need a few more people to sign up to dedicate one Holy Hour a month to pray for marriages.

Your holy hour can easily be at any hour, any church, any city, whether on vacation, etc.—preferably in an Adoration chapel, but it may be simply before the Blessed Sacrament.



You choose a specific day (1-31) of the month to pray your holy hour each month—or are assigned a day if that day is already chosen. Text or call Lois Taylor at 763-331-2652 or email her at taylor5224@comcast.net. Thank you!

A Taste of Italiano!

**Saturday, March 7
5:30 – 7:30 PM
Regan Hall**



Includes pasta and a choice of sauces, salad, garlic bread, & dessert!



\$15 per person at the door (age 11+)

\$5 for children ages 6 - 10 (5 and under eat free)

Pre-sale: **\$14 tickets available** after Masses on February 28/March 1, online at saintvdp.org, and at the St. Vincent de Paul Parish Office.

Pre-Sale Tickets will only be available through Noon on Friday, March 6.



Proceeds to benefit
Women's Care Center &
Feed My Starving Children



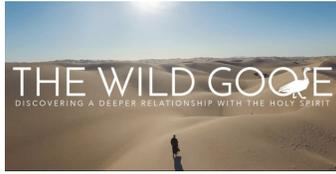
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ADULT ACTIVITIES (CONTINUED)

Continuing Series on the Holy Spirit

**Thursdays from 6:30-8:00 PM
in the West Meeting Room**

How deep is your relationship with the Holy Spirit? Do you feel the Spirit working in your life? Our series, "The Wild Goose," will help us explore this Third Person of the Trinity, under the old Celtic name for the Holy Spirit, the "Wild Goose." The gifts of the Holy Spirit are like sails on a boat; let yourself be propelled forward in faith.

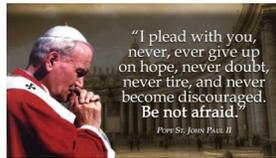


This series continues for 7 weeks—come to one or several Thursdays, as you're able. There is no cost to participate and all are welcomed and encouraged to join whenever you can.

Catholic Business Owners Group

**2nd and 4th Thursdays of the month from 7-8 AM
in the Community Room**

Rooted in the words of Christ, "Be not afraid," this group is for Catholic business owners who seek to integrate faith with leadership and daily work.



We gather to support one another in faith, encourage business growth, and build community with fellow Catholic owners who understand the responsibilities and blessings of running a business. For more information, contact: Brody Marietti at 612-487-8584 or bjmarietti@gmail.com or Joe Cassidy at 612-803-4301 or joecassidy@kw.com.

New members and guests are always welcome.

Moms Morning Out

**Thursday, Feb. 26
from 9:30—11 AM
in the Community Room**



Join us for fellowship and fun with other SVDP moms. Free childcare and coffee are provided. For information, contact Shannon.vanderheyden@gmail.com or visit our Facebook Group by searching for: St. Vincent de Paul Mom's Morning Out.

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TUESDAYS from 7-8:30 PM in REGAN HALL

Divine Mercy Chaplet

Wednesdays at 3 PM in the Church

All are invited to join! The Chaplet is prayed on the beads of an ordinary rosary and may be recited in about ten minutes. Questions? Contact Terri Leeds at 763-370-3777.



FAMILY & YOUTH ACTIVITIES



YOUTH MINISTRY '25-'26

Middle School Youth Group Wednesdays scheduled below 6:00-7:30 in Community Room
High School Youth Group Wednesdays scheduled below 7:30-9:00 in Community Room
Friday Night Live (6th-12th) Fridays scheduled below 6:00-8:30 in Regan Hall

Season 4

March 4, 11, 18
April 1, 10

Season 5

April 29
May 6, 13, 20, 29

Want to stay up-to-date on the latest in Youth Ministry?

Send an email to billyutecht@saintvdp.org to subscribe to YM Weekly and get updates on events, registration, and news in SVDP Youth Ministry!

Lenten Fish Dinners

Friday, Feb. 27— 5:00-6:30 PM
(Tickets sold through Noon on Wednesday, Feb. 25)

Friday, March 20 — 5:00-6:30 PM
(Tickets sold through Noon on Wednesday, March 18)

Join us for one or both of our upcoming Lenten fish dinners hosted by the Knights of Columbus!

Each dinner will include pan-fried tilapia with tartar sauce, mashed potatoes, coleslaw, dinner roll, and dessert.

Tickets are \$14.00 per plate and must be purchased in advance online or by calling the Parish Office.



FAMILY & YOUTH ACTIVITIES (CONTINUED)

2026 Northwest Metro MobilePack

COMING UP THIS WEEK! SIGN UP NOW FOR FEBRUARY 25th-28th

This is the 10th Annual Northwest MobilePack for Feed My Starving Children!

WOW, 10 years would not have been possible without the continued support of the parishioners at St. Vincent de Paul! Thank you! This year's MobilePack will be hosted by St. Joseph the Worker Catholic Church in Maple Grove. The 6th – 10th grade Faith Formation groups will be packing at various times throughout the event (details will be sent directly to Faith Formation families). However, more volunteers are needed to reach our goal of packing 330,000 meals for 2026!



In 9 years, this event has packed 8,275,768 MILLION MEALS!

AMAZING! Register yourself, your family, a friend, or your child's team for a packing shift at fmsc.org!

Over the past 9 years meals have been sent to 13 countries with Haiti receiving 50% of the meals. Donations are still needed to reach our goal of \$80,000!! Donate online or through a QR code below. Questions? Contact Nichole Chang at nicholechang@saintvdp.org.



Feed My Starving Children

Tuesday, Feb. 24 from Noon-1:45 PM

Join us to pack meals at the Coon Rapids site. Contact Joy Reinhart to pre-register at reinhartj@gmail.com. Lunch TBD.

As a Christian nonprofit, FMSC is dedicated to seeing every child whole in body and spirit. FMSC works with food distribution partners that stay with communities for the long haul, empowering them to move from relief to development.



Sunday Pre-K Formation Volunteers

We are hoping to offer a monthly Sunday Preschool Formation during the 9:00 AM Mass. For this to begin, we are seeking to create a core team of adults and youth (13 yrs. old and up) who are willing to work with and share their faith with the little ones in our parish family. If you are interested in joining the core team, or would like more information, please contact Nichole Chang at: nicholechang@saintvdp.org.



CCW Rosary before Funerals



Some of the women of the CCW pray a Rosary starting 1 hour before women's funerals at the parish.

If the funeral begins at 10:30 AM, the rosary will begin at 9:30 AM to allow time for the family to join the recitation. If you would like to join this group or get more information, contact Susan Jones

at susane.jones@comcast.net and she will email you a few days prior to the funeral. If you can't join the group in person at the church, you can still pray along at home!

Our Gifts of Gratitude



For this Fiscal Year (FY) Ending June 30, 2026
- showing January 2026 donations

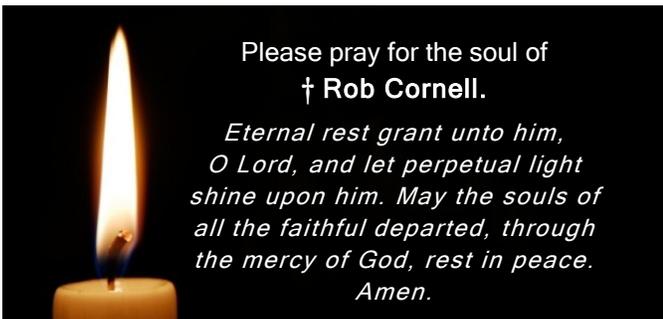
Sunday and Holy Day Contributions

OFFERTORY

Includes envelopes/plate/electronic giving

Thank you!

	Current Year Budget	Current Year ACTUAL	Prior Year ACTUAL
January Giving	\$208,130	\$224,344	\$204,749
Total Giving through January	\$208,130	\$224,344	\$204,749
<i>Monthly vs. Budget/Prior Year</i>	<i>\$16,214</i>		<i>\$19,595</i>
FY 2026 through January	\$1,455,520	\$1,529,180	\$1,431,709
<i>Annual vs. Budget/Prior Year</i>	<i>\$73,660</i>		<i>\$97,471</i>
Special Collections in January			
Parish Charity Fund	\$6,623.26		



Please pray for the soul of
† Rob Cornell.

*Eternal rest grant unto him,
O Lord, and let perpetual light
shine upon him. May the souls of
all the faithful departed, through
the mercy of God, rest in peace.
Amen.*



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