



# Extreme Faith Camp 2025

## What is Extreme Faith Camp?

Extreme Faith Camp (EFC) is a Youth Ministry camp that has been coordinated and facilitated by youth ministers since 2001. It is not an organization, but a collaboration between youth ministers that just love the Lord and desire for the youth to know Him and love Him as well. When middle school youth and high school teens think about faith and religion, “fun” isn’t exactly the word they have in mind along with that. This camp exists to show that faith and fun are not mutually exclusive. God wants to give us happiness and joy, and Jesus can encounter us in the liturgy and the sacraments as well as through fun and friendship.

Extreme Faith Camp is a 5-day summer camp for middle school youth (completed 6<sup>th</sup>-8<sup>th</sup> grade). During this week there will be no shortage of fun and games. Everything from water activities on a lake to zip lines, 9-square, archery tag, and laser tag.

Of course, though, this camp is about our Catholic faith and an encounter with our Lord, Jesus. Each day we will have Mass. We will have talks and testimonies about faith. We will sing praises to the Lord through Praise and Worship. We will experience his love and mercy in Confession, and we will encounter him personally through the Eucharist and Adoration. This is a life-changing experience!

High School teens are invited to help lead small groups, participate in the activities, and be there as a peer-mentor to the middle school youth. These are teens invested in their faith and the faith of their peers. They have been to EFC before and desire for the middle school youth to encounter Jesus personally just as they did a few years back.

Extreme Faith Camp is a collaborative event between parishes and youth ministries. There is no organization called “Extreme Faith Camp” but it is something we do. This year, we are doing Extreme Faith Camp with St. Bartholomew (Wayzata), Epiphany (Coon Rapids), Our Lady of Peace (Minneapolis), St. Peter (Forest Lake), Immaculate Conception (Lonsdale) and St. Michael (Farmington).

## Where is Extreme Faith Camp?

Extreme Faith Camp will be at Trinity Woods in Trego, WI. This camp is about 2 hours northeast of St. Vincent de Paul. This camp was purchased in 2024 by Minnesota Catholic Youth Partnership, an organization that was created to serve the Archdiocese. They bought this camp specifically for the sake of EFC and it will be the home for EFC for many years to come!

## When is Extreme Faith Camp?

EFC 2024 is Sunday, June 29 – Thursday, July 3. For high school leaders, they come a day earlier to prepare and have their own retreat before the camp. So, for high school, it is June 28-July 3.

## What does camp look like for high school teens?

There are two teams that high school teens (completed 9<sup>th</sup>-12<sup>th</sup>) can serve on. The first is Prayer Team, and once you have done that, you can serve on the Extreme Team.

**The Prayer Team** is generally for 9<sup>th</sup> grade youth or those high school teens who want to serve on Extreme Team. Prayer Team is a totally different look at Extreme Faith Camp. This is the year where you serve behind the scenes, and the best way to do that is through prayer. For the 5 days of camp, you are praying everyday in intercession for the WHOLE camp. You are doing behind the scenes work to set up for Mass, the evening sessions, for the prayer experiences, and more. You are also being formed through talks, small groups, and mentorship during this time as you will experience quite a bit of spiritual growth. For all of those who have done Extreme Team, a vast majority say that this year on Prayer Team is their favorite year of camp! The Lord does good work with the heart that is open.

**The Extreme Team** is for 10<sup>th</sup>-12<sup>th</sup> grade youth. These teens are invited and selected because of their willingness to serve the middle school youth and because of their love of God. These are the small group leaders that walk with the campers everyday and are with them most of the time. They take care of them if they need anything, they grow in relationship with them in a mentorship way, they help them have fun and they help them along their spiritual journey. These teens are true disciples of Jesus!

For both teams, teens must apply before they can register. We can only take a certain number of high school leaders based on our middle school registrations. Applications are necessary.

## What is the cost and how do I apply for scholarship if I need it?

The cost for both campers and leaders will be \$500.

If you need financial assistance in the form of scholarship, please contact John Boyle.

## How do I register my camper?

Registration begins with a Pre-Registration period starting December 16<sup>th</sup> at Noon and closing January 16<sup>th</sup>. You will be able to pre-register on the SVDP Parish website (<https://saintvdp.org/efc-pre-registration>). Pre-registration does not guarantee your child a spot, but it is a placeholder for admission. With limited amount of spots, we want to give a fair opportunity to students who may not have as many opportunities than others to go (ex. First time 8<sup>th</sup> graders). When the Pre-Registration period is closed, students who have pre-registered will either receive admission to register or be placed on the waitlist for more spots to become available.

### Steps for Registering: High School Leaders

Contact John Boyle ([johnboyle@saintvdp.org](mailto:johnboyle@saintvdp.org)) and he will provide an application form for your high school teen to complete. If accepted, you will then be provided the steps to take to register.

### Steps for Registering: Adult Chaperone

If you want to help with this incredible ministry, please contact John Boyle! Adult Leaders will be taking on more of a hands-on role this year, which I am very excited about. There have been adult volunteers helping with Extreme Faith Camp for many years passed the age when they have children in high school because they love this ministry so much! If you want to be a part of this and see this for yourself, do not hesitate. There is nothing quite like this camp and it is worth being a part of it.

If you have any further questions, feel free to contact John Boyle via email or phone.

Work: 763-762-7371

Email: [JohnBoyle@saintvdp.org](mailto:JohnBoyle@saintvdp.org)

I hope you may be able to join us for this incredible and life changing experience!

Thanks, and God bless,

John Boyle

Director of Youth Ministry and Theology  
Teacher

Billy Utecht

Confirmation Coordinator and Youth Minister