

Referral Services/Application Assistance

Service Provider	Phone	Address	Hours	Other Information
Get Help — 2-1-1 Texas www.211texas.org/cms/	2-1-1		Available 24/7	Accessible by TTY/TDD; Multilingual Provides names/phone # of local health & human service providers. Access resources on website or call and provide your zip code and what types of services you need.

Capital Area Food bank of TX 512-684-2550
or toll-free 855-684-2550
www.austinfoodbank.org/get-help/help-food-stamps

Call for appointment
or online at
austinfoodbank.org

Help with applications, referrals etc
SNAP (Food Stamps); TANF (Temporary Assistance for Needy Families)
Children's Medicaid, CHIP (Children's Health Insurance Program)
CHIP Perinatal Program
Women's Health Program (family planning and health screenings)

St. John Community Center 512-972-5139
www.austintexas.gov/department/st-john-community-center

7500 Blessing Ave.
Austin 78752

Mon - Thurs, 8am to 6pm
Fri, 8am to Noon

Notary services; assistance filling out forms and applications
Employment information and referrals
Information and referrals to community resources & case management
Christmas applications (Fall; call for dates); Tgiving Baskets (November)
Food pantry
Child safety seats

Refugees

Services Provider
Refugee Services of Texas
www.rstx.org

Phone
512 472 9472

Address
500 East St Johns Ave
Suite 1.280
Austin 78752

Hours
Call

Other Information

Primarily focuses on newly arrived refugees w/their initial resettlement.
Offers supplementary programs for on-going support.

Legal

Service Provider
Telephone Access to
Justice
www.trla.org/get-help/do-i-qualify

Phone
888-988-9996

Address

Hours
Mon-Thurs 8:30 to 7:30pm
Fri 8:30 to 5:30pm

Other Information

May be difficult to get through, evenings may be easier.
Can submit on-line screening for divorce proceedings, protective orders or
education issues.

Texas RioGrande Legal Aid 512 374-2700
www.trla.org or 800 369 9270

4920 N. I-35
Austin, TX 78751

Call for hours

Emergency Intake: Walk-in applicants will be accommodated to the extent possible
by intake workers.

Rent and Utilities

Service Provider
Caritas
www.caritasofaustin.org/

Phone
512 472-4135

Address
611 Neches St, Austin, TX 78701
9027 Northgate Blvd, Austin, TX 78758

Hours
Mon Thurs 8am - 4:00pm
Tues evening - till 6pm
Fri 8am to 10am

Other Information

Call at 8am or at 6pm Tues for appointment
Homeless Assistance only
Caritas North services by appointment only.
North focused on family or veteran homelessness, and employment services

Foundation Communities
www.foundcom.org 512-447-2026
512-610-4010

3036 S. 1st Street
Austin 78704

For more information, please
contact Valerie

Owns & operates 13 family communities in Austin and 6 efficiency
studio communities for single adults in Austin. Must meet specific
income guidelines dependent upon complex chosen, pass criminal & credit
checks and have a good rental history. See list of complexes on line and
call them directly to ask about availability.

Foundation Communities - 512 610 7392
Children's Home Initiative or email childrenshomeinitiative@foundcom.org
www.foundcom.org/housing/at-risk-homeless-families/

For families with children under 18 making less than 30% of the average
median income for Austin (under \$23,000/year for most families),

Rent and Utilities cont'd**Service Provider****Phone****Address****Hours****Other Information**

Travis County

(512) 854-4120

Palm Square Building
100 N. IH 35, Suite 2000 (78701)

Can apply on line or at any of 7 locations

8:00 AM to 5:00 PM; M-F

Closed on County Holidays

Must apply for: rent/mortgage assistance, utility assistance, prescription assistance, home repair/weatherization referrals

Once received, application put on waiting list for that site.

Case worker calls if your turn comes up; after 30 days, call and renew for 30 days or come in and reapply if you were not contacted.

Same day assistance: Food Pantry Clothes Closet (some locations)

professional social work svcs (by appointment),

Indigent burial (downtown only, by appointment)

www.traviscountytexas.gov/health-human-services/individuals-families/apply

(512) 854-2130

Oak Hill
8656-A Hwy 71 W., Suite A (78735)

(512) 854-1530

Pflugerville
15822 Foothill Farms Loop, Suite D (78660)

Contact the center nearest you if you meet any of the following criteria.

Income Requirements: Gross household income must not exceed 200% of the Federal Poverty Income guidelines.

SSI: Households with a permanent resident receiving Supplemental Security Income (SSI.)

TANF: Households with a permanent resident receiving Temporary Assistance to Needy Families.

Food Stamps: Households with a permanent resident receiving food stamps under the Food Act of 1977.

Veterans Pension Plan: Households with a permanent resident receiving payments under the Veteran's and Survivors' Pension Plan.

Round Rock Area Serving Center 512 244 2431
<https://www.rrasc.org/>1099 E Main St
Round Rock 78664

Call

Daily budget - assistance available as funds permit.

Financial assistance for utilities, rents, prescriptions, transportation and temporary lodging. Clothing and furniture vouchers. Thrift store & boutique.

Serves Round Rock (78664, 78665, 68681); Wells Branch (78728)

All Saints Episcopal Church 512-476-3589
Loaves & Fishes
www.allsaints-austin.org/ministries/157209 W. 27th St. 78705
Gregg House (building behind church)

Sign up Tuesday beginning at 6:00 a.m.

Interviews begin at 9:00 a.m.

Serves between 18 & 25 people each week, depending on amount of assistance available.

Clients are served 1st-come, 1st served. If there are more people than the allotted #, those not served are given the chance to return the next wk & are assured of being seen first.

Capital Metro bus passes or HEB gift cards or for financial assistance (seldom more than \$25 and sometimes less) is given for rent, ID's, birth certificates, prescriptions not available at HEB, out-of-town transportation, glasses, textbooks & work boots.

University Presbyterian Church 512-476-5321
UPLift program
www.upcaustin.org/about/mission-service

2203 San Antonio St, Austin 78705

Tuesday 9:30-10:30am
Stop taking applications at 10:30a

Help with rent, utilities, city bus passes, work boots, eyeglasses, essential documents and other basic needs. Bring utility or other bill and photo ID

University Ave. Church of Christ 512 476 9584
www.uachurch.org/#/ministries/christian-service-centerChristian Service Center
1903 University AveServed by appointment only
Call Monday at 9:15 a.m.

Limited financial assistance

St Matthew's Episcopal Church 512 345 7600
Good Faith Fund
www.stmattsaustrin.org/caring/outreach/163-good-faith-fund.htmlOpen to all Travis County residents
Calls only.

Contact church office Tues 10am - Noon; information is given to volunteers; volunteers mail application to client; no walk-ins; clients will be contacted once all documentation has been received.

Provides assistance with rent, water, electric and gas bills. Rent needs to be past due. Will not help with closed utility

Does not offer assistance for mortgage payments or deposits.

COMMITTEE TAKES 30 DAYS TO PROCESS REQUESTS FOR ASSISTANCE.

Westover Hills Church of Christ 512 345-6386
www.westover.org/8332 Mesa Dr.
Austin, TX 78759Meet 2nd and 3rd Thurs from 1-4p
Take calls 2nd and 3rd Tuesday of the month

Provides limited rent and utility (electric, gas and water)

Assistance when funds are available. Help about 30 families each month.

Lite-Up Texas 1-866-454-8387 Phone/fax (toll free)
www.puc.state.tx.us/consumer/lowincome/Assistance.asp

On line application or call for hardcopy

Applies when you have a choice of utility provider; discounts May - Sept utility bills. Auto qualify if account owner has Medicaid or SNAP' otherwise possible if at or below 125% of poverty level

Catholic Charities 512 651-6100
www.ccctx.org1625 Rutherford Lane
Austin 78754Mon-Fri 8:30 - 5pm
Closed noon to 1pm
Call for appt

Long-term comprehensive case management is available to assist in developing and implementing a recovery plan to help stabilize their household and achieve economic self-sufficiency.

David Chapel Baptist Church 512 472 9748
www.davidchapel.org or info@davidchapel.org2211 E Martin Luther King Jr Blvd
Austin 78702

Call for types of services available

Food Pantries/Clothing Closets

Service Provider	Phone	Address	Hours	Other Information
Capital Area Food bank of TX	877-541-7905	www.austinfoodbank.org/food-assistance		Call for local food bank information
Covenant United Methodist Food Pantry	512-346-3124 www.covenantaustin.org/missions-3/food-pantry/	4410 Duval Rd 78727	Wed 5:30 - 7pm	Check in begins at 4pm
St. Mark United Methodist www.stmarkaustin.org/#/calendar/c17et	512-836-5747	601 W. Braker 78753	Wed, Fri 10am-noon Mon 5-6:30pm	For 78753, 78758 zip codes; photo id & address verification; can help once every 4 months; bring your own bag
St. Andrew's Presbyterian www.staopen.org/our-ministries/come/	512-251-0698	14311 Wells Port Dr. Austin, TX 78728	2nd and 4th Sat of month 10am - Noon	Food Pantry Showers for homeless
North Austin Christian Church Heaven's Harvest	512-836-3282	1734 Rutland Dr 78758 www.nacconline.info/welcome-1/	Food Pantry: Mon 6:30pm - 8:00pm, Fresh food 3rd Fri of month 1:00pm - ?	Heaven's Harvest is open for people to receive food, clothing and showers for the homeless.
Gateway Community Church www.gatewaychurch.com/need-help/	512-837-2162 Main	7104 McNeil Rd. Austin, TX 78729	Wed 10:00am - 1:00pm	Food Pantry in the garage at McNeil campus
El Buen Samaritano www.elbuen.org	512-439-0700	7000 Woodhue Drive Building A Austin, Texas 78745	Tues, Wed, Thurs 9am - noon First time visits - 9am to 11am Not limited to a certain zip code.	Emergency food assistance for twice a month for a period of six months. Required documents: Applicant's photo identification (ID); Original or copy of ID for each adult in household and birth certificates for children. Proof of where applicant currently lives and proof of income for all members of household for last 30 days. Immediate food support may be provided <i>first time with all documents required the next visit.</i>
St. John Community Center www.austintexas.gov/departments/st-john-community-center	512-972-5139	7500 Blessing Ave. Austin 78752	Mon - Thurs, 8am to 6pm Fri, 8am to Noon	Basic Needs Food pantry; Child safety seats (call 512-972-5139 for more info) Notary services; assistance filling out forms and applications Employment information and referrals Info & referrals to community resources & case management Seasonal Program Services Christmas applications (Fall; call for dates); TGiving Baskets (Nov.)
St Louis Catholic Church	454-0384	7601 Burnet Rd Austin 78757	Sat 8:15-10:30am first 4 Saturdays of the month	Please bring proof of address and picture id. If you were helped by St Albert the Great SVDP then you are eligible.
Vincentian Family Center & Thrift Store	OFFICE: (512) 251-6995 STORE: (512) 442-5652	901 W. Braker Lane Austin, TX 78758	TU 6:00 PM - 7:00 PM SA 10:00 AM - 12:00 PM <i>Sat 9am - 11am</i>	http://www.ssvdp.org/thrift-stores/the-vincentian-family-center-and-thrift-store/
Hill Country Community Missions http://hccm.org/services.php	512-259-0360	1005 Lacy Drive Leander 78641	Mon - Fri, 9-12, 1-3p Thurs 3-7p	Serves zip codes 78613, 78641, 78642, 78645, 78717, 78726, 78729, 78732, 78750, and 78759.
Michah 6 of Austin University Presbyterian Church www.micah6austin.org/services/		2203 San Antonio Street btwn 22nd and 23rd Austin TX 78705	Thursdays from 6:00 - 7:00 p.m. and Sat from 10:30-11:30am One shopping trip per week	Pantry Shoppers —enter the courtyard north of the UPC building through the gate just north of the church itself on San Antonio St. Gate will have Food Pantry sign directly to its right.
Manos de Cristo www.manosdecristo.org	512-477-7454	4911 Harmon Avenue Austin 78751	Mon - Fri at 8-11 Tues - Thurs at 8-11a	Food Pantry Clothing Pantry
Free Store - United Methodist church outreach www.freestoreaustin.org/	(512) 469-7970	1717 E. 12th Street Austin, TX 78702	Tues, Thurs, Sat 10am to 1pm	Temporarily closed
Round Rock Area Serving Center https://www.rasc.org/	512 244 2431	1099 E Main St Round Rock 78664	Held outside: 1st, 3rd & 5th Thurs of each month 7:30am to 10am (call to confirm) Seniors 60 yrs & older - 2nd Fri of the month from 10am to 4pm	

Childcare/Education/Job Search

Page 4

Service Provider	Phone	Address	Hours	Other Information
Caritas www.caritasofaustin.org/	512 646-1254	611 Neches	Mon Thurs 8am - 4:00pm Tues evening - till 6pm Fri 8am to 10am	When you complete the Financial Literacy or LifeSkills Class Series you will receive a \$25 HEB gift card. The bonus class* (Being a Tenant) can be substituted for any of the 5 classes in either series. Classes are \$10 each. Register on line. Registration is required and must be completed by the Friday prior to the scheduled class date.
Workforce Solutions Capital Area (North) www.wfscapitalarea.com/	(512) 454-9675	6505 Airport Boulevard, Suite 101 Austin, TX 78752	8am - 5pm Mon - Fri	If you've lost your job due to a layoff or business closure, you may be eligible to receive no-cost services to help you return to work through the Workforce Investment Act (WIA) program. Workforce Solutions Capital Area offers a variety of programs and services specifically designed for dislocated workers – persons who have lost their jobs in mass layoffs or business closings, or who have been laid off and are unlikely to return to their jobs.
Workforce Solutions Child Child Care Services (North) www.wfscapitalarea.com/ChildCareServices.aspx	(512) 597 7191	6505 Airport Boulevard, Suite 101-C	8am - 5pm Mon - Fri	Financial assistance for Childcare w/waiting list Criteria: a) single parent working or in training/school at least 25 hrs per week OR b) a 2 parent household w/both parents working or in training/school a combination of at least 50 hours per week? c) Income limits - www.wfscapitalarea.com/ChildcareServices/ForParents.aspx
Caplial IDEA Job Training www.capitalidea.org	(512) 457.8610	835 N. Pleasant Valley Rd 78702 (Third floor)	Call for info Mon- Fri, 8:30am to 5pm	Capital IDEA offers financial support to low-income adults who need a college degree (income Qualifications). Our mission drives us to connect with local employers and support adults in targeted, career-oriented fields. Our goal for our participants is employment. Our sponsorship includes tuition, books, and additional support and guidance to ensure our non-traditional students are successful.
Goodwill Community Center www.goodwillcentraltexas.org/	512-637-7580	1015 Norwood Park Blvd Austin, Texas 78753		One on one job search assistance.
Computer Classes at the Public Library Little Walnut Creek Branch http://library.austintexas.gov/little-walnut-creek-branch	(512) 974 7400 (Central line)	835 W Rundberg Lane 78758	On-line schedule or call for info.	Variety of free computer classes. The full schedule available on Events Calendar. Click on line for description. Classes do not require any advanced registration unless otherwise noted.
Computer Classes Manos de Cristo www.manosdecristo.org	(512) 628 4200	4911 Harmon Avenue Austin 78751	Morning and evening classes available	8-wk computer courses for individuals w/little to no prior experience. Classes meet twice a week for 2 hours.. Classes are bilingual (English/Spanish) when bilingual instructors are available. Course topics include computer basics, word processing, Internet navigation, e-mail, & use of spreadsheets. Enrollment in August, October, January, Ma Registration fee: \$20 for 8-week course Morning and evening classes are available
ESL Classes Manos de Cristo www.manosdecristo.org	(512) 628 4200	4911 Harmon Avenue Austin 78751	Morning and evening classes available	During the academic year for 16-week semesters w/4 levels of English offered. In summer, 3 levels offered for an intensive schedule of 4 days a wk for 3 hours ea class. All age adults learn practical life skills in English. Enrollment during 2nd wk of Jan & 3rd wk of Aug. Summer enrollment is in mid-May. Registration fee: \$40 per course Morning and evening classes are available
Adult Basic Education in Spanish – Mexican Nat'l Institute of Adult education Manos de Cristo www.manosdecristo.org	(512) 628 4200	4911 Harmon Avenue Austin 78751	Morning and evening classes available	Registration thruout the year Jan - June, Sept - Dec Registration is free
Citizenship Class Manos de Cristo www.manosdecristo.org	(512) 628 4200	4911 Harmon Avenue Austin 78751	Mon/Wed 7 to 9pm Mon/Wed 6 to 7pm; English t	Requires intermediate reading, writing, speaking and listening skills in English \$40 Registration fee During the school year, additional classes in the evening at 3003 Northland Dr. 78757.
El Buen Samaritano www.elbuen.org	(512) 439-0700	7000 Woodhue Drive Austin, Texas 78745	Call for info, schedule & fees. (Some classes are free.)	Computer classes, ESL Classes, Adult basic education in Spanish, Citizenship class, Spanish conversation classes. After school programs for 6 to 14 yr olds Registration occurs three times per year in August, January and May.
Austin Life Care www.austintlifecare.com	512 374-0055	1215 W Anderson Lane Austin, TX 78757	9:30 am - 5:30 pm - Mon., Tues., Thur. 12:00 pm - 5:30 pm - Wed; 9:30am - Noon Fri	Referral Services for pregnant women - testing, counseling, maternity and baby clothes
Catholic Charities www.ccctx.org	512 651-6100	1625 Rutherford Lane Austin 78754	Mon-Fri 8:30 - 5pm Closed noon to 1pm	Imigration Legal Services

HEALTH & Health Insurance

Service Provider

insure Central Texas
www.insurecentraltexas.org

Phone

512 610 7963

Address

enroll@foundcom.org
5900 Airport Blvd, Austin, 78752

Hours

A program of Foundation Communities
M-Th 9-7; Fr&Sat 10-4

Other Information

Call for locations and times at drop in centers during open enrollment period. Just walk in!! After Feb 15th, call for year-round services

CommUnityCare

www.communitycaretx.org/

New Patients call
512 978 9015 to register
Primary Care: 512-978-9300
Dental Care: 512-978-9880

CommUnityCare-North Central
1210 W. Braker Lane
Austin, TX 78758

Primary Care
Monday – Thursday 7 am – 9 pm
Friday 7 am – 6 pm
Saturday 8 am – 4:30 pm
Dental
Monday – Thursday 7:30 am – 9 pm
Friday 7:30 am – 6 pm
Saturday 8 am – 4:30 pm

Accepts Medicaid, Medicare, CHIP, MAP, and Sliding Fee Scale.
At Braker location (call for other locations/services): Dental including Pediatric Dentistry, Family medicine, Internal Medicine, Pediatrics, Women's Health, Maternity Care including maternity ultrasounds. Ancillary Services including Psychiatry, Behavioral Health, Nutrition, Clinical Pharmacist. Radiology including x-ray and Mammography. Psychiatry (through videoconference). Specialty Services, Cardiology, Dermatology, Pulmonology, Endocrinology, Gastroenterology, Hepatitis C
Capital Metro Route: #392 Braker/Parkfield

CommUnityCare

www.communitycaretx.org/

New Patients call
512 978 9015 to register
Primary Care: 512-978-9600

Rundberg Health Center
825 E Rundberg Lane, Ste B-1
Austin, TX 78753

Primary Care
Monday – Fri 7:10am – 5 pm

Accepts Medicaid, Medicare, CHIP, MAP, and Sliding Fee Scale.
At Rundberg location (call for other locations/services): Family Medicine, Internal Medicine, Pediatrics, Psychiatry (through videoconference)
Capital Metro Route: 10, 325, stop number 1290

Manos de Cristo

www.manosdecristo.org

512 477 2319

4911 Harmon Ave
Austin 78751

Mon-Thurs 7am to 6pm, Fri 7am to 3pm
Emergency walk-ins daily from 7am to noon; first come first serve

Dental Services - Sliding Fee Scale

Children

Northwest WIC Center
www.austintexas.gov/wic

512-972-4942

8701 Research Blvd.Suite A

Call for an appt
(central # for all WIC locations)

Children < 5; Families must meet income reqmnts; parents, step-parents, grandparents, guardians & foster parents can apply for their children who must accompany their parents/guardians to WIC eligibility screening

El Buen Samaritano

Primary Care Clinic and Mental Health
www.elbuen.org/

512 439-0701

7000 Woodhue Drive
Austin, Texas 78745

Walk in on Mon and Fri 8-10a
Mon-Thurs 9am - 6pm
Fri 9am - 5pm

General and internal medicine, Pediatrics, gynecology and obstetrics, Mental health services, immunizations, On-going free pre-natal classes

People's Community Clinic

www.austinpcc.org/

512 478-4939
(Option 3, Option 1 for new patients)

1101 Camino La Costa
Austin, TX 78752

Call for appointment
Mon, Tues, Thurs 8am - 8pm
Wed, Fri 8am to 5pm

Serves those w/out any insurance Sliding scale) as well as Medicare, Medicaid, CHIP

Children's Health Express

www.dellchildrens.net/services_and_programs/childrens_health_ex

512 324-0060

Mobile clinic
4900 Mueller Blvd, Austin, TX 78723

Must call for appointment

Mobile clinic program of Dell Children's Medical Center. Well child exams, immunizations, sports physicals, minor illnesses.

Volunteer Healthcare Clinic

www.volclinic.org/

512 459-6002

4215 Medical Parkway
Austin, Texas 78756

Walk-In Clinic for Acute/Primary Care:
Tuesday & Thursday evenings - 6:00 pm
Doors open at 5pm and must be there by 6pm
\$5 donation requested; Expect to be at clinic 2 to 3 hrs. Space limited.

To receive services, patients must not have health insurance or healthcare coverage (i.e. no MAP, Medicaid/CHIP, private insurance etc); Meet income guidelines (200% FPL); Present a photo ID (passports NOT accepted); present proof of current Travis County address (ID, utility bill, or address (ID, utility bill, or lease agreement)

Seton McCarthy Community Health Clinic

www.seton.net/locations/mccarthy/

512 324-4930

2811 E. 2nd St; 78702
Bus route numbers: 300, 17, 451
silver dillo, 320

Call for appointment
Monday-Thursday 9 a.m. - 6 p.m.
Friday 9:15 a.m. - 4:30 p.m.; closed Sat & Sun

CHIP, Medicaid, Medicare, Sliding Fee scale
Arrive 30 minutes early for 1st appointment
Bring proof of income for one month (include everyone in household who is employed), a utility bill (proof of address), and a photo I.D.(Texas ID or drivers license) if available.
You will visit with an eligibility specialist who will determine your co-pay based on your family size and income.

Seton Kozmetsky Community Health Clinic

www.seton.net/locations/kozmetzky/

512 324-4940

3706 S. First Street
Austin, TX 78704

As above

Seton Topfer Community Health Clinic

www.seton.net/locations/topfer/

512 324 6850
Call for appointment

8913 Collinfield Road
Austin, TX 78758-6704

Monday 9:00 a.m. - 6:00 p.m.
Tuesday - Thursday 8:00 a.m. - 6:00 p.m.
Friday 9:15 a.m. - 1:00 pm, Sat 9am to 1pm

St. John Community Center

Shots for tots/Big shots (Adults)
www.austintexas.gov/immunizations

512 972-5520

7500 Blessing Ave.
Austin, TX 78752

Appointment only
- Mon 10am - 1:30pm, 3pm - 6:45pm
- Tues-Thurs 8am - 12:30pm, 2:00pm - 4:45pm
- Fri 8:am - 11:30am; Third Sat of each month 9am to 1pm

\$10 per vaccine per child; no cost for children with Medicaid; \$25 per vaccine per uninsured adult; no one turned away for inability to pay.

Austin Travis County Integral Care (ATCIC) - Behavioral Health & Developmental Disabilities Services

512-472-HELP (4357)

24 hours a day
www.integralcare.org/content/contact-us?wssl=1

Counselors and referrals

Senior Services

Service Provider

St. Albert the Great SVDP
Area Agency on Aging

Phone

Help Line @ 512 836 0020
(512) 916 6062

Address

Agency on Aging of Capital Area

Hours

SVDP Helped Resource List 1_14_17
Caregiver Support Eligibility:

Other Information

Calls to Help Line accepted on Fridays before noon.

(512) 916 6062
or toll free 888-622-9111, ext. 6062.

www.benefitscheckup.org/ (512) 916 6062
or toll free 888-622-9111, ext. 6062.

(512) 916 6062
or toll free 888-622-9111, ext. 6062.

(512) 916 6062
or toll free 888-622-9111, ext. 6062.

512-929-7330

North IH35

TX Dept of Human Services 512-908-9455

Drive a Senior - North Central Austin
www.volunteerdriiving.com/north-central-austin/

512-453-2273

901 braker lane, Suite 131
Austin, TX 78758
Serves parts of 78727, 78728, 78751,
78751, 78752, 78753 78756,
7757, 78758, 78759

Meals on Wheels and More
www.mealsonwheelsandmore.org/

512 476-6325

3227 East 5th Street
Austin TX 78702

Benefits Counselor

The primary caregiver for an adult 60 years of age or older or primary caregiver for an individual of any age with a diagnosis of Alzheimer's or a disease-related dementia. The non-parental caregiver, age 55 or older, for an adult w/severe disabilities. If you are a grandparent or other non-parent relative 55 yrs or older with formal or informal custody of a relative child or children age 18 years or younger, we may be able to provide assistance

A Benefits Counselor provides information and counseling free of charge to seniors 60 yrs or older, or to Medicare beneficiaries of any age. The Benefits counselor helps those who need assistance or have questions about the following:

Social Security Benefits, Private Insurance Issues, Medicare Prescription Drug Plans (Part D) Medicare Parts A & B, Medicare Advantage Plans, Appeals Representation, Medicare Savings Pgms, Medicare Supplement Insurance (Medigap), Medicaid, Public Benefits Pgms, SSI, Personal Finance/Credit Issues, Low-Income Subsidy (LIS), Assistance to help pay for Part D prescription costs.

Benefits Check-up

Web-based screening tool which helps to find local, state and federal programs that can help w/expenses such as prescription drugs, rent, heating bills, meals and more. BenefitsCheckUp® is a service of the National Council on Aging (NCOA) It's simple. It's fast. It's free. And it's private. **Hint:** "Find More Benefits Programs" will give you the widest variety of programs for which you may be eligible. If you need assistance, call & ask for a Benefits Counselor who can help complete the CheckUp.

Care Coordination

60 years and older who have been recently hospitalized or suffered a health crisis w/in 30 days, and without financial resources to pay for total cost of needed care. Short term services. Care Coordinator completes an assessment to identify client needs and develop an individual care plan. Arrangement for short term in-home services & follow up managed by assigned Care Coordinator.

Information, Referral and Assistance (I&R/A)

Provides info about available human services. Provide info about region-wide resources; assistance to determine next steps in finding help.

Medication Screening

Area Agency on Aging partners with selected pharmacists, who review participants' medications, supplements & vitamins & provide a written report on when and how to take the products or what special precautions to consider. Consumers can additionally opt for a phone consultation. Free program requires just a short survey before and after the screening. Schedule a screening by calling 512-916-6062 or download the medical screening application & submit by mail.

Food Stamps SSI Medicaid

See on-line for income eligibility requirements or call.
www.capcoq.org/documents/Aging/EligibilityTable_2014.docx.pdf

Long-Term Care Assistance

Provided through Texas Health and Human Services Commission & Texas Department of Aging & Disability Services. Eligibility table for information on allowable financial resource amounts.

Mon-Fri, 9am-Noon

Must be 60 or over and be a non-driving or limited driving & living in own home or w/family. Must be able to walk alone with walker or cane - although volunteers may offer a sturdy arm. Can not transport wheelchairs or move people in/out of chairs. If wheelchairs at destination, can help situate senior. Providing personal transportation to medical appts, personal business & shopping. Handyman Services - providing minor household repairs, changing of bulbs, household repairs, changing of bulbs, batteries etc. Friendly visits and care calls also available; Information & Referrals: Helping to find needed community services and programs.

Many Programs:

M-F home delivered meals
Groceries to Go - assistance with shopping
Handy Wheels - minor safety related home repairs
Mike's Place - once a wk program for folks with Alzheimer's, dementia etc
P.A.L.S. - Assistance with pets
H.O.P.E. - addtnl food delivery on 2nd Sat of mth
Home Repair

Who is Eligible for Meals? Individuals must be:

Primarily homebound & unable to prepare nutritious meals w/out consistent daytime assistance from another person. Must be able to accept meals during the delivery time frame & must live in Greater Austin Area

Each applicant will be assessed by a MOWAM social worker to ensure that eligibility requirements are met. Short-term service is available to those with temporary meal needs.

All other programs - call for information!