

GOOD SHEPHERD ROMAN CATHOLIC PARISH

Established 1848

MASS SCHEDULE

Monday: Word and Communion	5:30 p.m.
Tuesday and Thursday	8:00 a.m.
Wednesday	5:30 p.m.
Friday	12:00 Noon
Saturday Vigil	5:00 p.m.
Sunday	9:30 am
Sunday Spanish Mass	4:00 p.m.
Holy Days	7:00 p.m.

With only one priest serving our parish, when a parish funeral is arranged and the Mass of Christian Burial is to be celebrated on a weekday, the regular scheduled Mass or Word and Communion will NOT be celebrated that day. A parish email blast will be sent to parishioners who have signed up to receive these notifications. To register on this list, please call Kevin in the Parish Office.

PARISH DIRECTORY

Church Address:	72 Shepherd Way, Frankfort, KY 40601	
Office:	70 Shepherd Way, Frankfort, KY 40601	
Hours:	Mon-Fri 9:00 a.m. to 5:00 p.m.	
Phone:	502-227-4511	
Fax:	502-875-9854	
Email:	gsc@gssfrankfort.org	
Web:	frankfortgoodshepherd.org	
Parish School:	75 Shepherd Way, Frankfort, KY 40601	
Phone:	502-223-5041	
Fax:	502-223-2755	
Email:	office@gssfrankfort.org	
Web:	www.gssfrankfort.org	

PARISH SACRAMENTAL LIFE

CATHOLIC CHURCH

ESTABLISHED 1848

Adoration of Eucharist First Fridays from 8:00a.m. to 4:45 p.m.

Sacrament of Reconciliation
Friday 11:15 a.m. before daily Mass;
Saturday 4:00 p.m. – 4:45 p.m.
Or by appointment – Please contact Fr. Charles

Baptism

Please contact Laura Hack. Parents are required to attend a Baptismal Preparation Session.

Anointing of the Sick

Call the office day or night, in the event of an emergency. Please notify us if you are ill, shut-in or entering the hospital.

RCIA

This process is open to all interested in the Catholic Faith. Contact Laura Hack for further information.

Marriage

Couples planning to be married at Good Shepherd are to contact the Parish Office at least six months prior to the anticipated wedding date. Engaged Encounter or Pre-Cana is a must.

IMPORTANT INFORMATION

St. Vincent De Paul Society P.O. Box 571, 40602 502-227-8037 Wednesday and Saturday 10:00 – Noon

Bulletin Deadline Monday, 12:00 Noon gsc@gssfrankfort.org

Parish Life Center - Rental Information Call Kevin in the Parish Office.

PARISH STAFF AND CHAIRPERSONS:

Pastor	Fr. Charles Howell, #2005	chowell@cdlex.org
Deacon	Tom Snyder, 227-2590	tfsnyder45@gmail.com
Deacon	Tom Kaldy, 330-8419	tkaldy@cdlex.org
Deacon	Mike Lynch, 229-3433	mlynch@cdlex.org
Dir. of Faith Formation	Laura Hack, #2006	LHack@cdlex.org
Administrative Asst	Kevin O'Neil, #2000	gsc@gssfrankfort.org
Development Director	Stephanie Sims, #2003	ssims@gssfrankfort.org
Coord. of Music & Liturgy	Tim Mallard, 502-352-8704	tmallard@cdlex.org
Parish/Facilities Manager	Lloyd Lynch, 320-1644	llynch@cdlex.org
Spanish Ministry	Fr. Jeff Estacio	jestacio@cdlex.org
Parish Pastoral Council	Dorothy Schroeder	doroschroed43@gmail.com
Finance Council	Margaret Wahrer	mwahrer@aol.com
Principal	Dr. Michele Ulrich, #1001	mulrich@gssfrankfort.org
School Council	Emily Osborne	hylime3@gmail.com
Youth Life Coordinator	Katharine Coleman	kcoleman@cdlex.org

PARISH MEMBERSHIP

A parishioner of Good Shepherd Parish is one who is Baptized, registered, and actively participates in our Parish Liturgical Life, and assists in the growth of our parish by gifts of Time, Talent and Treasure. Please contact Kevin in the Parish Office to fill out a membership card. We ask the membership to advise us of any changes in their registration information.

MISSION STATEMENT OF GOOD SHEPHERD ROMAN CATHOLIC PARISH

Good Shepherd Catholic Church is a multicultural faith community whose mission is to live the teachings of Jesus Christ. "Love God, Love Neighbor and Make Disciples." Monday, September 9, Saint Peter Claver

Col 1:24-2:3; Lk 6:6-11

5:00 Word and Communion

Tuesday, September 10

Col 2:6-15; Lk 6:12-19

8:00 a.m. Word and Communion

Wednesday, September 11

Col 3:1-11; Lk 6:20-26

5:30 p.m. Anita Harrod +

Thursday, September 12, The Most Holy Name of Mary

Col 3:12-17; Lk 6:27-38

8:00 a.m. Rose Ramsey+

Friday, September 13, Saint John Chrysostom

1 Tm 1:1-2, 12-14; Lk 6:39-42

Noon Deceased of Neale Family +

Saturday, September 14, Exaltation of the Holy Cross

Nm 21:4b-9;Phil 2:6-11; Jn 3:13-17

5:00 p.m. Kathleen Lowman LaFontaine +

Sunday, September 15, Twenty-fourth Sunday in Ordinary Time

Ex 32:7-11, 13-14;1 Tm 1:12-17; Lk 15:1-32

9:30 a.m. Carol McGurk+

Offertory Budget 2019-2020 \$850,000 Weekly Needed to Run the Parish FY 19-20 Needed Weekly \$16,346 Debt Balance as of July 1, 2019 2,868,180

	8/31-9/1	Cumulative
Offertory Collection	10,683	98,113
EFT - Weekly	1,337	12,123
EFT - Monthly	12,798	29,198
Holy Day	10	1,937
Total Offertory	24,828	141,371
Offertory Budget	16,346	130,768
Variance Actual vs Budget	8,482	10,630
Reduce, Renew, Reach Out	3,323	1,284,280
RRR EFT	8,277	408,162
Total RRR	11,600	1,692,442
Diocesan Collections	5	648

FLOWERS: The flowers in the sanctuary this weekend were donated by Jeri and Jim McGurk in memory of Carol McGurk Thank you for the beautiful floral tribute, remembering Carol, as we give glory to God for the gift of life and the promise of the resurrection.

5 MINUTE PRAYER

"5 Minute Prayer" ministers will be available weekly after both Sunday masses. Saturday night will continue to be on the 3rd Saturday of the month, until more ministers are trained. **IN SYMPATHY:** Please remember **Gary Jones** who died recently in Bowling Green. He was the brother of **Jimmy Jones of Good Shepherd.** May God the Father welcome Gary into His heavenly kingdom and grant peace to his family.

PRAY FOR THOSE SERVING IN OUR MILITARY: Tom Falconer, Kenny Collins, Mac Priest, Aaron Holder, Chris Nelson, Travis Clark, Donnie Brewer, Nick Wolford, Travis Pell, Brian Sheets, David Spahn, Aurora Herrera, C.J. Roberts, Zack Bauer, Brad Keough, Hunter Otten, David Nesselrode, Becky Schneider, Brandon Price, James White, Jessica Crum, Michael Lona, Jr., Nicholas Marshall.

KEEP IN YOUR PRAYERS: Margie Moore, Carrie Arnette, Ira Blakeman, Rhonda McGrath, Theresa Williams, Mary Mahoney, Charles Mitchell, Alice Wickman, Charles Spaulding, Katie Hines, Michael McCarty, Hannah Broughton, Jude Mattingly, Judith Bowen, Kelly Noel, Larry Flick, Anna Morici, Paul Smith, Paul Douglas Harrod III, Ann Stribling, Elder Weimer, Judy Pack, Amos Book, Teresa Elliott, Davey Fallis, Tim Lucas, Mary Anne Hockensmith, Janice Richards, Margo Cotton, Mary Peters, Nita Nalley, Ruth Ann Cole, Dottie Slone, Jerry Morgan, Larry Lynn, David Patrick Bryan, Sarah Weaver, David Pettus, Liz Beckley, Jackie Stockton, Michael McClain, Larry Waters, Taylor Banta, Mary Simpson, Joyce Quire, Don Williams, Clinton Tupts, Betty Mitchell, Karen Howser Judy, Mary Dominic Morici, David Wood, Rebecca Mitchell. Moshenko, Lori White, Charles Doerge, Charles Vanoy, Angela Todd, DeSantis Family, Henry Briggs, Norman Johnson, The Wood Family, Joseph Mattingly, Jane Haden, Sr. Rose Eleanor Perry, Judie Dufresne, Jack Williams, Brooks Howell, Braham Grey, Angela Wilkins, Mark Weber, Gwen Perez, Dale Roberts, Judy Spaulding, Rita Rector, Sam Mandina, Gordon Webb, Roger Swatzyna, Kennedi Mulberry

THIS WEEKEND! LECTOR TRAINING WORKSHOP

Sunday, September 8, 10:30 - 12:30

SENIOR SHEPHERDS: will be held on Tuesday, September 17 beginning at noon. Chicken and beverages provided. Please bring a dish to share...and a friend. All "Seniors" of the parish are welcome.

CONGRATULATIONS: To **Betsy Hardesty of Good Shepherd and Larry Troitino** who were married at the 5:00 Mass this Saturday. May God bless you both.

Adult Formation

CATHOLIC WAY BIBLE STUDY

Tuesday morning session begins in September – The Gospel of Mark. Every Tuesday, 10-11am, beginning September 10th, in the Church Conference Room. Mark's Gospel is action packed and fast paced. Jesus does amazing signs and wanders to underline the message of salvation. Join us as we explore Jesus as seen through the eyes of Peter, Mark's primary source of information. Contact Dana for more information, 875-3327.

CATECHISM & POPES IN A YEAR

Go to Flocknote.com/catechism for a daily email with an article of our Roman Catholic faith or info on our Popes.

FAITH FORMATION KIOSK

Our Faith Formation Kiosk in the Gathering Area of the church is packed with Formation resources!

SAFE ENVIRONMENT CERTIFICATION

Mandatory for all who work with minors or vulnerable adults. Contact Laura at 502-227-4511 or LHack@cdlex.org.

PIVOTAL PLAYERS: St. Augustine & St. Benedict, by Bishop Barron, beginning Monday, September 16th. Every-other Monday. Contact Eleanor at 502-695-1426.

Sacramental Formation

BAPTISM - INFANT, CHILD, & ADULT

Contact Laura at 502-227-4511, x 2006, LHack@cdlex.org.

FIRST RECONCILIATION & HOLY EUCHARIST

Preparation must be preceded by one year of religious education and is traditionally in the 2nd grade through the parish REP or GSC School. \$50 fee per student. Contact Laura at <u>LHack@cdlex.org</u> or 502-227-4511. **Sessions begin September 11**th!

CONFIRMATION

Preparation must be preceded by one year of religious education and is traditionally in the 9th grade during the regular school calendar. \$50 fee per student. Contact Laura at 502-227-4511 or <u>LHack@cdlex.org</u>. **Sessions begin on September 29th**, 5:30-7pm, PLC!

Children's Formation

RELIGIOUS EDUCATION PROGRAM (REP)

Sessions for K-5th grades meet each Wednesday, 6:15-7:30 in the school building. Fee is \$25 and registration is required. **Sessions begin in September 11**th!

WORSHIP AIDS & STEWARDSHIP ENVELOPES

Worship aids include puzzles and a coloring page around the Sunday Readings and Gospel. Envelopes are available for our children to make an offering of thanksgiving.

Youth Formation

YOUTH LIFE

Youth Life for 6th-8th grades meets the first & third Monday of every month. Youth Life for 9th-12th grade meets the first & third Sunday of every month. Contact Katharine at KColeman@cdlex.org or YouthLifeKy.org.

AVE MARIA ROSARY CLUB

For 5th-12th grade young ladies. Meets monthly. Contact Maria at tannamb@yahoo.com or Wanda at wanda.laslie@gmail.com. Sessions begin Monday, September 23rd.

Discerning your faith? Where to begin? How to become Catholic?

RITE OF CHRISTIAN INITIATION FOR ADULTS

Rite of Christian Initiation for Adults (RCIA) is the programming journey for . . .

- Unbaptized individuals who have discerned to become Roman Catholic
- Christians baptized in other faith traditions
- Children and youth who have discerned to become Roman Catholic (adapted program)
- Baptized Roman Catholic youth and adults who have not received First Holy Communion and Confirmation

Contact Laura at LHack@cdlex.org or 502-227-4511.

QUESTION FOR REFLECTION:

Where are our young people?

One answer: Well . . . at least four dozen of them will be in the school building on Wednesday evenings, asking for our adults to share Jesus Christ with them, and at this point over half of the students will not have a catechist.

Ss. Charles Borromeo and Robert Bellarmine, patron saints of catechists, we pray that the Holy Spirit enkindles the fire of Love within the hearts of the people of Good Shepherd Catholic Church.

Amen.

Needed!

CATECHISTS FOR OUR 4TH & 5TH Grade REP STUDENTS - Our combined 4th and 5th grade students concentrate on the beauty within our Catholic faith—the lives of the Saints, Holy Days, Evangelization, Stewardship, and ALWAYS HAVE A GREAT TIME! Weekly sessions are high-energy and challenge our students! This is a wonderful opportunity for two teachers to alternate weeks if you prefer! Wednesdays, 6-7:30 pm, September 11th through May 6th.

CATECHISTS FOR OUR KINDERGARTEN STUENTS – We have kindergarten students who want you to share with them about Jesus! Please pray towards leading our little ones! Wednesdays, 6-7:30 pm, September 11th

through May 6th.

HALL MONITOR NEEDED AT THE SCHOOL BUILDING - Wednesdays, 6-7:30 pm, September 11th through May 6th.

2019 - 2020 First Sacraments

First Reconciliation (2nd graders)

Saturday, December 14th, 10:00 am

Full Initiation & Full Communion

Saturday, April 11th, Easter Vigil

Confirmation

Saturday, April 25th, 5:00 pm

First Holy Communion

Sunday, May 3rd, 9:30 am

Ssssshhhhh . . . It's a secret

We are very aware that it is difficult for our families to get their students to REP on Wednesday evenings, much less have time to feed them beforehand. We are working towards being able to offer dinner for our REP students on Wednesday. Prayers towards this endeavor, please!

23rd ANNUAL KNIGHTS OF COLUMBUS COUNCIL 1483 CHARITY GOLF SCRAMBLE

Friday, September 13th, 2019
Juniper Hills Golf Course
Lunch and Registration 12:00-1:00 PM
Lunch Served 12:00 PM
Shotgun Start @ 1:00 PM



Team Fee \$240.00/\$60.00 a player cold drinks, prizes, good fellowship

Men, Women, Co-Ed Teams Welcomed

For more information contact: Andy Sanders 502-229-1978 Steve Veno 502-320-9590 Bubba Mills 502-330-9562

TWENTY THIRD SUNDAY IN ORDINARY TIME

PARISH NEWSLETTER: Want to receive the weekly parish newsletter? Want to know if Mass is changed due to a funeral or bad weather? Are you a lector and need the new schedule when it's ready?

For these and more....be sure you're signed up to receive text and/or emails via Flocknote, our parish messaging system. This tool we're using is free for you and you can unsubscribe any time. To register: Visit our church at flocknote.com/goodshepherdcatholicchu3 ... OR Text goodshep to 84576 from your phone to subscribe to updates.

Text STOP to 84576 to stop txt notifications at any time. Text HELP for help. There is no charge for this service, but your carrier message and data rates may apply. View privacy policy & conditions at www.flocknote.com/txt.

FUTURE CHORDS OF COMPASSION SUMMER CONCERT SERIES

Save The Date – 7:00 p.m. September 20th – The Darville String Duo

NEW MASS SETTING

https://www.youtube.com/watch?v=LL8LM5bRxqQ

Above is a link to the You Tube version of Mass of Peace by Eddie Cavazos. This is a new Mass Setting we will use beginning Sep 14-15. Please take a few minutes and familiarize yourself with this setting so that you will be ready to raise your voice in song.

CATHOLIC WAY BIBLE STUDY: The Gospel of Mark. Begins September 10 and meets each Tuesday from 10:00 a.m. to Noon in the Church Conference Room. Mark's Gospel is action packed and fast paced. Jesus does amazing signs and wanders to underline the message of salvation. Join us as we explore Jesus as seen through the eyes of Peter, Mark's primary source of information. For more information contact Dana Biscontini, 502-875-3327.

GARDEN SHOW: The Garden Club of Frankfort will host their annual show on Saturday, September 14 from 1-4 p.m. in the PLC. Some of our **GOOD SHEPHERD SCHOOL** students will have entries in the show. Please stop in and see the creative talents of our students and the ladies of our community. There is no charge. Everyone is welcome.

KNIGHTS OF COLUMBUS: we are pleased to announce the addition of three new Knights to our Council. Ryan Northcutt and Robert W. (Will) Overburg became first degree Knights on August 26. Earl J (Jack) Jennings transferred from a Knights Council in state of Mississippi.Please join me in welcoming our new members. Godwin C. Onodu, Grand Knight, Council 1483

Emotions: Anger, Depression, and Suicidality

"Feelings are your friends if you treat them right." That's true, but how do you treat them right? Let them tell you what you need to hear. On this weekend of Suicide Awareness, it is good to recognize that emotions and thoughts are at the root of mental Anger, sadness, fear, hurt, abandonment, hate, hopelessness, depression all have thoughts and feelings. Naming feelings to yourself or another person who will listen are important parts of making even strong, dark feelings into your friends. The general term "depression" links to suicidal thoughts or behaviors, as does the persistent presence of bitter anger. Listed below are some symptoms of depression. If you or someone you love has these symptoms for a month or more, it is good to visit a physician or therapist to get them checked out by a professional. There also is a need to foster maintenance of good connections to other people and to daily activities when a person has symptoms of depression or bitter anger. Be a friend, be a support.

10 common symptoms of depression:

- 1. Feelings of helplessness and hopelessness. A bleak outlook—nothing will ever get better and there's nothing you can do to improve your situation.
- 2. Loss of interest in daily activities. You don't care anymore about former hobbies, pastimes, social activities, or sex. You've lost your ability to feel joy and pleasure.
- 3. Appetite or weight changes. Significant weight loss or weight gain—a change of more than 5% of body weight in a month.
- 4. Sleep changes. Either insomnia, especially waking in the early hours of the morning, or oversleeping.
- 5. Anger or irritability. Feeling agitated, restless, or even violent. Your tolerance level is low, your temper short, and everything and everyone gets on your nerves.
- 6. Loss of energy. Feeling fatigued, sluggish, and physically drained. Your whole body may feel heavy, and even small tasks are exhausting or take longer to complete.
- 7. Self-loathing. Strong feelings of worthlessness or guilt. You harshly criticize yourself for perceived faults and mistakes.
- 8. Reckless behavior. You engage in escapist behavior such as substance abuse, compulsive gambling, reckless driving, or dangerous sports.
- 9. Concentration problems. Trouble focusing, making decisions, or remembering things.
- 10. Unexplained aches and pains. An increase in physical complaints such as headaches, back pain, aching muscles, and stomach pain Symptoms of Depression garnered from https://www.helpguide.org/articles/depression/depression-symptoms-and-warning-signs.htm



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