

## HOLY FAMILY PARISH

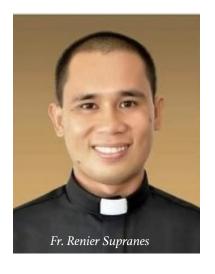
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ST. THERESA'S 312 Tazewell Ave. Tazewell,VA 24651 ST. ELIZABETH'S 160 Merrick Lane Pocahontas, VA 24635 ST. MARY'S 1122 Farmer Street Richlands, VA 24641 ST. JOSEPH'S 1007 Independence Rd. Grundy, VA 24614

# MASS TIPS

#### **PROCESSIONS**

Every procession in the Liturgy is a sign of the pilgrim Church, the body of those who believe in Christ, on their way to the Heavenly Jerusalem. The Mass begins with the procession of the priest and ministers to the altar. The Book of the Gospels is carried in procession to the ambo. The gifts of bread and wine are brought forward to the altar. Members of the assembly come forward in procession—eagerly, attentively, and devoutly to receive Holy Communion. We who believe in Christ are moving in time toward that moment when we will leave this world and enter into the joy of the Lord in the eternal Kingdom he has prepared for us.



## The Call of the First Disciples

The first disciples whom Jesus Christ called were not men of great theological education, nor with wide social influence, nor with impressive social background. They were just simple hardworking people with no important background or credentials. Hence, we can say that Jesus Christ entrusted His mission not in the hands of men and women whom the world considers great and famous, but in the hands of ordinary people. Jesus Christ does not call those who are qualified; He qualifies those whom He calls.

We are all called also to be disciples of Christ. By virtue of the sacrament of baptism, we share in the mission of Christ. Hence, we have the obligation to spread the good news. And Jesus demands from us our commitment. We should learn from the first disciples who are called by Jesus. Simon Peter and his brother Andrew left their nets and followed Jesus. James and John left their boat and their father and followed Him. The disciples left their security and their successful careers as the nets and fishing boat signify. They chose Christ rather than the comfort of a family as Zebedee, the father, stands for. Once Jesus calls and chooses us, we must hold on to Jesus. The ideal way to respond to God's call is immediately, unconditionally, and wholeheartedly. Let us be committed to God. We should have a change of heart and let God take control of us.

Have you noticed that there were no spoken words or direct answers from the four disciples? Their actions speak for themselves. They left everything and everyone for Jesus. Without hesitation and without condition, they just did what Jesus told them. Likewise, God must be first and foremost for us. Everything is secondary to God. Everyone takes second place. Remember what Jesus wants and needs are ordinary people who will give their whole life, their total time, and complete talents for Him.

We are now the hands and the feet of Jesus Christ. Jesus depends on us for continuing the mission of the first disciples. We are their successors. Like the first disciples, we are also sent to spread the Good News.

Amen.

#### Mk 1:14-20

After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel."

As he passed by the Sea of Galilee,
he saw Simon and his brother Andrew casting their nets into the
sea;
they were fishermen.
Jesus said to them,
"Come after me, and I will make you fishers of men."
Then they abandoned their nets and followed him.
He walked along a little farther
and saw James, the son of Zebedee, and his brother John.
They too were in a boat mending their nets.
Then he called them.
So they left their father Zebedee in the boat
along with the hired men and followed him.

#### PRIEST ADMINISTRATOR

Fr. Renier Supranes rsupranes@richmonddiocese.org (276) 385-7312

#### OFFICE MANAGER/ BOOKKEEPER

Lydia St. Peter

#### **OFFICE HOURS**

Mon–Fri 9:30AM – 2:30PM

Please call the parish office to make arrangements for the Sacraments of Baptism, Annointing of the Sick or Holy Matrimony as well as funerals. Reconciliation is available from 30 minutes before a scheduled Mass.

#### **MASS TIMES**

#### **SATURDAY**

4рм – St. Joseph's 6рм – St. Mary's

#### **SUNDAY**

9ам — St. Elizabeth's 11:30ам — St. Theresa's

#### **TUESDAY & FRIDAY**

10ам – St. Theresa's

#### Cover image:

John Martin, Repentance of Nineveh, 1840

## Prayer as Petition

Barb Szyszkiewicz, simplycatholic.com



"Have no anxiety at all, but in everything, by prayer and petition, with thanksgiving, make your requests known to God" (Phil 4:6-7).

Prayer of petition, quite simply, is asking for God's help. Throughout the Gospels, Jesus encourages us to place our needs before God in prayer. In giving us the Lord's Prayer (Mt 6:9-13), Jesus instructs us to ask God for what we need, trusting that God both knows our needs and loves us enough to give us what is good for us. "Which one of you would hand his son a stone when he asks for a loaf of bread, or a snake when he asks for a fish? If you then, who are wicked, know how to give good gifts to your children, how much more will your heavenly Father give good things to those who ask him" (Mt 7:9-11).

At the same time, Jesus emphasizes in the Lord's Prayer that we need to express, along with our needs, our willingness to accept God's will. Jesus, in his own prayer at Gethsemane, offers an example of how to pray this way: "Father, if you are willing, take this cup away from me; still, not my will, but yours, be done" (Lk 22:42).

In all humility, we reach out to God, knowing that he is the source of all good things, including forgiveness. Prayers of contrition, expressing sorrow for our sins and asking for God's mercy, help to bring us back into communion with God and each other, according to the Catechism of the Catholic Church (see No. 2631). Psalms 51 and 130 are beautiful expressions of prayers of contrition. In the Parable of the Pharisee and the Tax Collector (Lk 18:9-14), the prayer, "O God, be merciful to me, a sinner!" is a humble prayer of contrition.

Many of the psalms are prayers of petition, often including themes of contrition (Psalms 51 and 130, for example) and need for protection (Psalms 4, 6, 10, 13, and 17, among many others). Some psalms, such as 94, 98, 99, 137, and 147, also express anticipation of the coming of God's Kingdom, just as Jesus echoes, "Your kingdom come, your will be done, on earth as in heaven" (Mt 6:10).

Prayers of petition are often very spontaneous: "God, help me!" Even if we feel far from God, we are able, in our supplication, to turn to him for help. Every need, the Catechism reminds us, "can become the object of petition" (No. 2633). We should not be afraid to approach God to entrust him with our needs, in ordinary times as well as desperate ones. Bringing these needs to God is a humble way to acknowledge his goodness, kindness, power, and mercy. Even in the most difficult times, when "God, help me!" or "God, help us!" is as much as we can muster, we are encouraged to ask for God's help.

We are also encouraged to persevere in this kind of prayer. In the parable of the persistent widow (Lk 18:1-8), Jesus underscores the need to "pray always without becoming weary." God hears and answers those who have faith, and that faith is shown in our determination not to give up when our prayer is not answered immediately or in the way we expect.

#### Where do we see this in the Mass?

One of the first things we do at Mass is pray for God's mercy and forgiveness of our sins during the Penitential Act. Just before the Eucharistic Prayer, we petition God to accept and bless the gifts we offer to him. One of the options for the Memorial Acclamation contains a prayer of petition: "Save us, Savior of the world, for by your Cross and Resurrection you have set us free." The Lord's Prayer and Lamb of God are both prayers of petition, as is our prayer after the Lamb of God: "Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed." By the time we approach the altar to receive the Lord in the Eucharist, we have prayed for God's mercy at least four times.

#### 3 practical ways to pray this way

- Pray an Act of Contrition every day.
- When you pray in petition, be sure to close with the Lord's Prayer or simply the words, "your will be done."
- Pray the Divine Mercy Chaplet, a prayer of trust in the Lord and the power of his mercy.

#### What do the saints say about prayer of petition?

"God bestows many things on us out of His liberality, even without our asking for them: but that He wishes to bestow certain things on us at our asking, is for the sake of our good, namely, that we may acquire confidence in having recourse to God, and that we may recognize in Him the Author of our goods." (St. Thomas Aquinas, *Summa Theologica*)

## Christ's Prayer for Unity

It's natural to think of the institution of the Eucharist when the Last Supper comes to mind. The sacramental memorial of Christ's paschal mystery is, after all, "the source and summit of the entire Christian life" (*Lumen Gentium*, No. 11).

A close reading of John's Gospel, however, sheds a different light on the Last Supper. In fact, he doesn't write about the institution of the Eucharist directly at all. Instead, John primarily focuses on Jesus washing the feet of His apostles — an act of charity par excellence, connecting his impending sacrifice to service.

But there's yet another aspect of John's narrative of the Last Supper which sticks out. It comes from Jesus' lengthy prayer to His Father — Christ's prayer for unity.

Fully aware of humanity's fallen nature, Jesus anticipated the struggles and strife that would plague His followers in the future. And so here, in the context of the first Eucharist, Jesus offers a prayer pleading for unity among His followers. He indicates that the very credibility of His message hinges upon that unity.

"I pray not only for them, but also for those who will believe in me through their word, so that they may all be one, as you, Father, are in me and I in you, that they also may be in us, that the world may believe that you sent me" (Jn 17:20-21). Jesus prays that Christians be united "that the world may believe." And yet we aren't.

The regrettable separations and divisions in Christendom over the last millennium have been met in the last century by a realization of one of Christ's last wishes. The ecumenical movement seeks to bring about the unity Christ wills for His Church — not to water down the deposit of the Faith handed on by Christ to the Church to a least common denominator. Since the Second Vatican Council the Catholic Church has been entirely committed to ecumenism. While much of the work to accomplish unity is handled at higher levels, we each need to do our part.

#### mass intentions

## please pray for

Date Intention

#### 1/20 SATURDAY

No Mass 4РМ No Mass

#### **1/21 SUNDAY**

6рм

No Mass 9<sub>AM</sub>

11:30ам Margaret McDonagh ₽

## stewardship of treasure

Donations Received as of January 14 (Week 29)		
CHURCH	ATTENDANCE	OFFERINGS
St. Joseph's	11	\$407
St. Elizabeth's	16	\$475
St. Mary's	16	\$1,020
St. Theresa's	62	\$1,379
Total	105	\$3,281
Outside Donations		
Year to Date Received		\$92,231
Goal		\$81,983
Ahead/Behind Goal		+ \$10,248

#### **BUILDING FUND**

St. Mary: \$105 St. Theresa: \$241

Louise Serreno*	Clinard Coleman	
Gerry Hankins	Joan Harrison	
Clarence Moore	Joe & Yvonne Blevins	
Lexi Cox	Kyle Brown	
Sarah Wall	Sarah Walters	
Tammy Bennett	Amelia Proffit	
Margaret Wasilewski	Maurice Law	
Nick Ulate	Dennis & Frances Savage	
Frannie & Rayburn Minton	Nancy Jo Testerman	
Sue Bailey	Josh Cornwell	
Christian Lambert	John Shumate	
Shane Neal	Doug Vance	
Pete Belcher	Russ Hatfield	
Lucas Boyd	Connie Pace	
Ralph Heldreth	Jody Hamilton	
Chris Jessie	Annette Pike	
Leo Brown	Sharon Mullady	
Carolina Ferrare	Veronica Ross	
Junior Aiken	Skip Reynolds	
Jeanne Hash	Danny McNamara	
Lara Marshall	Louie Negroni	
Carol & Jim Shumate	Mary Gobble	
Andrew Satmary	Karen Hart	
Christian Marshall	The Dalton family	
Alice Godin	Allen & Melody James	
Bryan Gunter	Betty Tabor	
Michael Beavers	Joseph Romeo	
Natalie Dodge	Denise Campbell	
Roger Empson	Joelle Bolling	
Dreama Ritter	Sara Griffith	
Chris Lambert	Chuck Blevins	
Mary Muncy	Tom Farrell	
Cindy Lambert	Sally Rash	
Helen Petro	Kim Shoun	

### council members

#### **PARISH COUNCIL:**

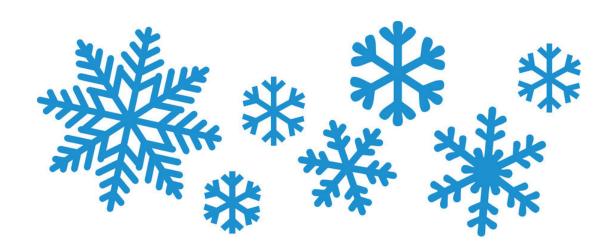
Tonya Hylton, Frannie Minton, Ralph Shawver, Barbara Jones, Donna Lambert, Maria Farris, Zach Hash

#### FINANCE COUNCIL:

Kathy & Bob Buchanan, Randy Bolling, Doug Vance, Anne Danko, Jim Talbert, Jackie Shawver, Lydia St. Peter

parish news & events

No parish news or events this week!



birthdays & anniversaries:

JANUARY 22: Maria Ciaccio, Felicia deCourcey | 24: Steve Hakins | 25: Jim Ciaccio

"The kingdom of God is at hand. Repent and believe in the Gospel." -Mk 1:15



## **Appalachian Family Care LLC**



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