



February 08, 2026 | The Fifth Sunday in Ordinary Time

HOLY FAMILY PARISH

312 Tazewell Avenue, Tazewell, VA, 24651

(276) 988-4626 | parishoffice@holyfamilyswva.org | Facebook: search Holy Family SWVA

St. Theresa's

312 Tazewell Ave.
Tazewell, VA 24651

St. Elizabeth's

160 Merrick Lane
Pocahontas, VA 24635

St. Mary's

1122 Farmer Street
Richlands, VA 24641

St. Joseph's

1007 Independence Rd.
Grundy, VA 24614



MASS TIPS

Some recommendations in case of extreme weather forecasts.

Parishioners should know that, in case of extreme weather, obligations to attend Mass are suspended. If they are unable to attend Mass, there are a few ways in which they can all spiritually unite themselves to the Mass and thus fulfill the Lord's commandment to "keep the sabbath day holy."

1. Attend livestreamed Masses.
2. Pray with the Propers for the Mass and the Sunday Mass readings.
3. Make an Act of Spiritual Communion.

An Act of Spiritual Communion by St. Alphonsus Maria de'Liguori

"My Jesus, I believe that Thou art present in the Blessed Sacrament. I love Thee above all things and I desire Thee in my soul. As thou wert already there, I embrace Thee and unite myself wholly to Thee; permit not that I should ever be separated from Thee. Amen."

4. Pray the Liturgy of the Hours as a family.

YOU ARE THE LIGHT OF THE WORLD

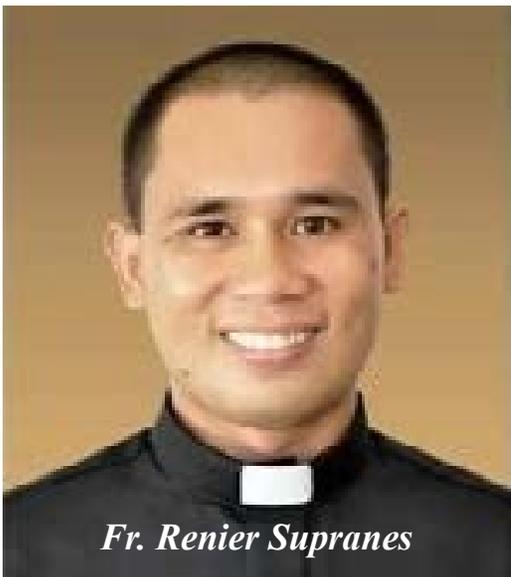
By Fr. Renier Supranes

In the Gospel this Sunday, Jesus uses the image of the light to show us that we must cooperate with His work. In John 8:12, Jesus Christ said: "*I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.*" Jesus Christ is the true light that enlightens everyone. However, He also calls us as the light of the world (Matthew 5:14). We have no light of our own, but we share in the light of Christ. When Christ also calls us to be a light to the world, He wants to transform us into an image of Himself. We are called to shine brightly before others with the light of Christ. We are to continue His mission in the world, that is, to bring light and healing to those around us. I hope that we make the light of Christ brighter in us through the help that we extend to others. Let us reflect the light of Christ into our families, into our communities, and into the world.

It is interesting that Christ started with the obvious to make a practical point about the Christian life. He said in Matthew 5:14-16: "*You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house. Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father*". Jesus is telling us Christians to shine brightly before others. As Christians, we must serve to illumine others by our life. Christian faith is not some private, secret, or hidden thing. Christian life is designed to be open, to be public, and to be made known. In other words, we must practice and show to the world our Christian way of life.

We shine before others through our good works. As Christians, we must proclaim and perform good works. We must live and practice our faith. We must show to others that we are Christians by our lives. As Christians, it is contradictory that we are not doing good for others. If we are not doing good to others, then we are useless; we are not living our Christian identity, and we do not serve our purpose. We are like a lamp which is hidden in a bushel basket or under a bed. A lamp is made to give light; to hide a lamp defeats its purpose to give light.

What God has given to us should never be hidden, or remain only with us, or be kept only to ourselves. As we are blessed, we should also make ourselves a blessing to others. We have received many graces, blessings and gifts from God; we should not keep them only for ourselves. We must share with others the blessings of God. We must proclaim to others what God did for us. We must make known his kindness and goodness. The challenge for us is to shine brightly before all men through the good we do. That way, people may see and recognize us as Christians and followers of Christ - the true light.



Fr. Renier Supranes

Matthew 5:13-16

Jesus said to his disciples:

"You are the salt of the earth.

But if salt loses its taste, with what can it be seasoned?

It is no longer good for anything

but to be thrown out and trampled underfoot.

You are the light of the world.

A city set on a mountain cannot be hidden.

Nor do they light a lamp and then put it under a bushel basket;

it is set on a lampstand,

where it gives light to all in the house.

Just so, your light must shine before others,

that they may see your good deeds

and glorify your heavenly Father."

PASTOR

Fr. Renier Supranes

rsupranes@richmonddiocese.org

(276) 385-7312

OFFICE STAFF

Bookkeeper: Lydia St. Peter

Secretary: Eric Burns

OFFICE HOURS

Mon–Fri 9:30am – 2:30pm

Please call the parish office to

make arrangements for the

Sacraments of Baptism,

Anointing of the Sick or Holy

Matrimony as well as funerals.

Reconciliation is available

from 30 minutes before a

scheduled Mass.

MASS TIMES

SATURDAY

4pm – St. Joseph's

6pm – St. Mary's

SUNDAY

9am – St. Elizabeth's

11:30am – St. Theresa's

DAILY MASS

Tuesday 10am – St. Theresa's

Thursday 10am – St. Mary's

Friday 10am – St. Theresa's

Monthly First Friday Adoration

at St. Theresa's 10am w/Mass

Cover image:

Henrik Olrik, *Sermon on the*

Mount, circa 1840-1890

A Message from the Office of Worship

Diocese of Richmond (02/03/2026)

Pope Leo XIV has declared 2026 a special Jubilee Year in honor of St. Francis. The Year began on January 10, 2026 and will conclude on January 10, 2027.

A Plenary Indulgence is to be granted, under the usual conditions¹, when the faithful:

1. “visit in the form of a pilgrimage any Franciscan conventual church, or place of worship in any part of the world named after St. Francis or connected to him for any reason,” and,
2. “there, they will devoutly follow the Jubilee rites or spend at least a suitable period of time in pious meditation and will raise prayers to God”
3. “concluding with the Our Father, the Creed and invocations to the Blessed Virgin Mary, St Francis of Assisi, St Clare and all the saints of the Franciscan Family.”

All parishes in the Diocese of Richmond, VA named in honor of St. Francis serve as pilgrimage sites and may be visited for the purpose of pious devotion during the Jubilee Year. The following churches are:

- St. Francis of Assisi, Staunton, VA
- St. Francis of Assisi, Amherst, VA
- St. Francis of Assisi, Rocky Mount, VA

¹ *The usual conditions for a Plenary Indulgence remain in effect for those who complete a Pilgrimage to one of these sites:*

1. *True repentance and freedom from any affection for sin (cf. Enchiridion Indulgentiarum, IV ed., norm. 20, § 1)*
2. *Confession*
3. *Reception of Holy Communion [“fitting that Communion be received and the prayer for the intention of the Holy Father be said on the same day as the work is performed.” Manual of Indulgences, 20.3.]*
4. *Prayers for the intentions of the Supreme Pontiff.*

Decree of the Apostolic Penitentiary on the occasion of the Eighth Centenary of the death of Saint Francis of Assisi, by which a special Jubilee Year is proclaimed, with associated Plenary Indulgences (01/16/2026)

“Hold fast to the memory of our father and brother, Francis, for the praise and glory of Him who made him great among us and glorified him in the sight of the angels. Pray for him, as once he asked us, and pray to him that God may make us sharers with him of his holy grace”. [1]

While the fruits of grace of the Ordinary Jubilee of the Year 2025, which has just ended, in which we have all been urged to become pilgrims of that hope that does not disappoint (cf. Rm 5:5), are still present and effective, a new occasion for jubilation and sanctification is added to it as an ideal continuation: the eighth centenary of the happy passing of Saint Francis of Assisi from earthly life to his heavenly homeland (3 October 1226).

In recent years, other important Jubilees have concerned the person and the words of the Saint of Assisi: the eighth centenary of the creation of the first Nativity Scene in Greccio, the composition of the Canticle of the Creatures, hymn to the holy beauty of creation, and the impression of the Holy Stigmata, which took place on Mount Verna, almost a new Calvary, two years before his death. The year 2026 will mark the culmination and fulfilment of all the preceding celebrations: indeed, it will be the Year of Saint Francis and we are all called to become saints in the contemporary world, following the example of the Seraphic Patriarch.

If it is admirably true that “there is no other name under heaven given among men” (cf. Acts 4:12) except Jesus Christ, Redeemer of humanity, it is equally extraordinarily true that between the twelfth and thirteenth centuries, in an era of so-called holy wars, relaxed morals and misguided religious fervour, “a sun was born into the world”[2]: Francis, who, as the son of a wealthy merchant, became poor and humble, a true alter Christus on earth, providing the world with tangible examples of evangelical life and a real image of Christian perfection. Our times are not very different from those in which Francis lived, and precisely in light of this, his teachings are perhaps even more valid and understandable today. When Christian charity languishes, ignorance spreads like bad habits, and those who extol harmony among peoples do so more out of selfishness than out of a sincere Christian spirit; when the virtual takes precedence over the real, social discord and violence are part of everyday life,

and peace becomes more uncertain and distant every day; may this Year of Saint Francis urge us all, each according to our own possibilities, to imitate the Poverello of Assisi, to mould ourselves as much as possible on the model of Christ, to not let the intentions of the Holy Year just passed be in vain: may the hope that saw us as pilgrims now be transformed into zeal and fervour of active charity.

“And in this I want to know if you love the Lord and love me, his and your servant, if you will do this, namely: that there may never be any friar in the world, who has sinned as much as he could sin, who, after seeing your eyes, may go away without your merciful forgiveness, if he asks for it”[3].

With these extraordinary words, given in the Epistola ad quendam ministrum, Saint Francis at the same time not only dispenses consolation and advice to an anonymous confrère, but above all outlines and emphasizes the fundamental concept of mercy, which is inextricably linked to that of forgiveness and indulgence. And it is precisely forgiveness, the well-known “Pardon of Assisi” or “Indulgence of the Portiuncola”, that Pope Honorius III granted directly to Francis as an exceptional privilege for those who, having confessed and received communion, visited an ancient church near Assisi on 2 August, built 800 years earlier on a “small portion of land” (hence the name “Portiuncola”).

With the same generous enthusiasm and joy that the Saint radiated to the crowd present at the consecration of the Portiuncola when he announced the grace granted, upon seeing his prayer answered by the Vicar of Christ, His Holiness Pope Leo XIV, Minister of our faith and our joy, establishes that, from 10 January 2026, coinciding with the closing of the Ordinary Jubilee, until 10 January 2027, a special Year of Saint Francis shall be proclaimed, in which every faithful Christian, following the example of the Saint of Assisi, shall become a model of holiness of life and a constant witness of peace.

For a more perfect achievement of the intended aims, the Apostolic Penitentiary, through this Decree issued in accordance with the will of the Supreme Pontiff, on the occasion of the Year of Saint Francis, grants a plenary indulgence under the usual conditions (sacramental confession, Eucharistic communion and prayer according to the intentions of the Holy Father), also applicable in the form of suffrage for the souls in Purgatory:

1) to members:

- of the Franciscan Families of the First, Second and Third Orders Regular and Secular;

- of Institutes of Consecrated Life, Societies of Apostolic Life and public or private associations of the faithful, male and female, who observe the Rule of Saint Francis or are inspired by his spirituality or perpetuate his charism in any form;

2) to all the faithful without distinction

who, with a heart detached from sin, participate in the Year of Saint Francis by visiting, in the form of a pilgrimage, any Franciscan conventual church or place of worship anywhere in the world dedicated to Saint Francis or connected to him for any reason, and there devoutly follow the Jubilee rites or spend at least a reasonable period of time in pious meditation and raise prayers to God so that, following the example of Saint Francis, feelings of Christian charity towards their neighbours and authentic vows of harmony and peace among peoples may spring forth in their hearts, concluding with the Our Father, the Creed and invocations to the Blessed Virgin Mary, Saint Francis of Assisi, Saint Clare and all the Saints of the Franciscan Family.

The elderly, the sick and those who take care of them, and all those who are unable to leave their homes for serious reasons may also obtain a Plenary Indulgence, provided they detach themselves from any sin and intend to fulfil the three usual conditions as soon as possible, if they unite themselves spiritually to the jubilee celebrations of the Year of Saint Francis, offering to the Merciful God their prayers, the pains or sufferings of their lives.

In order that this opportunity to obtain divine grace through the Power of the Keys of the Church may be more easily realised, this Penitentiary firmly requests all priests, regular and secular, who have the appropriate faculties, to make themselves available, with a ready, generous and merciful spirit, for the celebration of the Sacrament of Reconciliation.

This decree is valid for the Year of Saint Francis, notwithstanding any provision to the contrary.

Given in Rome, from the seat of the Apostolic Penitentiary, on 10 January 2026, the eve of the Feast of the Baptism of the Lord.

Angelo Card. De Donatis
Major Penitentiary

His Reverend Excellency Msgr. Krzysztof Józef Nykiel
Titular Bishop of Velia, Regent

[1] *Encyclical Letter of Brother Elias, to all the Provinces of the Order, on the Transitus of Saint Francis, 7 (FF 311).*

[2] *Dante Alighieri, Divine Comedy, Paradise, XI, 50.*

[3] *Francis of Assisi, Letter to a minister, 7-8 (FF 235)*

Mass Intentions

02/07 SATURDAY

4PM

6PM Rolando Guanlao †

02/08 SUNDAY

9AM Carolyn Jo Shumate

11:30AM

Stewardship of Treasure

Donations Received for February 01 (Week 31)		
CHURCH	ATTENDANCE	OFFERINGS
St. Joseph's	*	\$0
St. Elizabeth's	*	\$0
St. Mary's	*	\$60
St. Theresa's	6	\$1,150
Total	6	\$1,210
Budgeted Yearly Collection		\$83,452
Yearly Actual Collection		\$80,357
Amount Over/Under Budget		(-\$3,095)

**Masses canceled due to snow and ice.*

Please Pray for

Nick Ulate	John Shumate
Frannie & Rayburn Minton	Doug Vance
Sue Bailey	Jody Hamilton
Christian Lambert	Annette Pike
Shane Neal	Sharon Mullady
Pete Belcher	Veronica Ross
Lucas Boyd	Skip Reynolds
Chris Jessie	Allen & Melody James
Junior Aiken	Betty Tabor
Jeanne Hash	Joseph Romeo
Lara Marshall	Sara Griffith
Carol & Jim Shumate	Juanita Sharrock
Christian Marshall	Bob Robinette
Alice Godin	Rick & Beth Wright
Roger Empson	Bernie Spencer
Dreama Ritter	Brenda Pierallini
Chris Lambert	Michael Kroll
Clinard Coleman	Cecilia Miller
Joan Harrison	Randy & Cathy Bolling
Joe & Yvonne Blevins	Amanda Reese
Amelia Proffit	Betty Jones
Maurice Law	Lori Palombo
Bill & Jo Testerman	Beth George
Josh Cornwell	Richard Baxter
Galileo Molina	Nora Newell
Beth Cieversten	Lisa Pitzer
Sherri Clanton	Michael Todd Robinette
Linda Smith	Linette Street
Steve Hankins	Jeff Mullins
The Griffith Family	Helen Hardee

Council Members

PARISH COUNCIL:

Tonya Hylton, Frannie Minton, Ralph Shawver, Barbara Jones, Donna Lambert, Maria Farris, Zach Hash

FINANCE COUNCIL:

Kathy & Bob Buchanan, Randy Bolling, Doug Vance, Anne Danko, Jim Talbert, Jackie Shawver, Lydia St. Peter

Appalachian Highlands Men's Conference



The Appalachian Highlands Men's Conference is a local one day event that will include breakfast and lunch, fellowship, dynamic speakers, music, prayer, and opportunities for Sacramental Confession and Eucharist.

SCAN THE CODE TO REGISTER FOR THE EVENT OR VISIT [facebook.com/CatholicMensConferenceKPT](https://www.facebook.com/CatholicMensConferenceKPT)



“We are very excited to extend this invitation to the men of our Appalachian- Highlands region,” said Kevin Musser. “This day is designed to strengthen faith through fellowship and the Sacraments.”

Registration Details:

Cost: \$40 for adults; Free for youth under 18.

Inclusions: Registration includes breakfast, lunch, and a post-conference social.

How to Register: Attendees can use the QR code provided on parish flyers or visit the Appalachian- Highlands Website for more information:

<https://www.ahmcretreat.org/>

Ash Wednesday

Please start bringing last year's blessed palms to prepare for Ash Wednesday. Ash Wednesday is the beginning of the Lenten Season. Ash Wednesday will be celebrated on February 18.

Rite of Election

All catechumens (children and adults) whose readiness has been discerned for the Sacraments of Initiation at the Easter Vigil 2025 are invited to celebrate the Rite of Election with Bishop Knestout. Our Vicariate's Mass for the Rite of Election will be celebrated on March 01 at 3pm at Our Lady of Nazareth in Roanoke, VA.

Birthdays & Anniversaries

February 13: Zachary Hash, Madeline French, Nancy Jo Varalli

“I am the light of the world, says the Lord; whoever follows me will have the light of life.”

- John 8:12

DOMINION DRIVEWAY & PARKING LOT PAVING, INC.

- Paving
- Concrete
- Grading
- Landscaping
- Demolition
- Gravel
- Topsoil
- Patio Paver
- Retaining Walls



2927 Adria Road
North Tazewell, VA 24630

Phone: 276-979-8504

Email: pave4u@roadrunner.com

Amanda Hankins-Shrader – **276-701-5840**

Scott Shrader – **276-970-3004**

www.DominionDriveway.com



3224 CUMBERLAND ROAD
BLUEFIELD, WV 24701



PRO SHOP - SNACK BAR - BILLIARDS

CARL MARIOTTI, JR.

304-325-7037

LORETTA HAMMOND