# ST. COLUMBA CATHOLIC CHURCH 6401 San Pablo Avenue - Oakland, CA 94608-1233

San Pablo Avenue - Oakland, CA 94608-1233 Phone: 510-654-7600 Email: parish@stcolumba-oak.com

**.** 

"democracy, unity

in diversity"

Pastor Fr. Aidan McAleenan

Pastoral Associate Margaret Roncalli

Clergy Support Fr. Kwame Assenyoh Fr. Hilary Martin, OP Fr. Ken Hamilton, SVD

Office Manager Harriett Dunn

Pastoral Council Chairperson Linda Whitmore

Director of Music Paul Daniels

Bulletin Editor/Office Assistant Bernardine Joseph

Liturgy Monday, Friday and Saturday: 8:00 AM Tuesday & Thursday: 7:00 AM (Prayer on Zoom)

Mass: Tuesday, Wednesday and Thursday Rosary: after Mass on Tuesday and Thursday Saturday Mass: 4:00 PM Sunday Masses: 8:00 AM and 10:30 AM

Office Hours Tuesday-Thursday 10:00 AM - 4:00 PM (closed 12:00 PM - 1:00 PM)

Sacraments
Baptism - Contact Margaret Roncalli
Marriage - Contact pastor 6 months in
advance
Reconciliation
3:30 PM - 4:00 PM Saturday or by appt.

PLEASE CALL THE PARISH OFFICE For communion/visits to the sick & homebound; mass intentions, prayer request & funerals



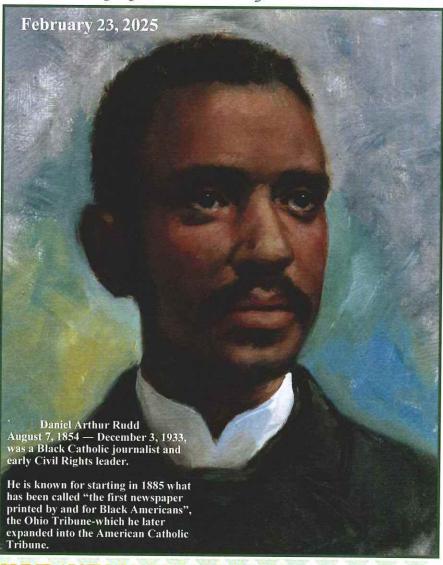
Please <u>turn off</u> Cell Phone before entering Church. Thank you!

#### Mission & Vision

Through African American traditions, we are moved by the Spirit to serve.

"Strength in Unity:

A Journey of Justice, Hope and Resilience



#### Powerful African American Quotes

"Every great dream begins with a dreamer. Always remember, you have within you the strength, the patience and the passion to reach for the stars to change the world."

-Harriet Tubman, former enslaved American abolitionist, political activist and one of the most famous figures on the Underground Railroad in the 19th century



Today's Good News — Living with Christ
Suredly the blind man must have felt some apprehension when Jesus led him away from his familiar surroundings to be healed. I know there are things I dislike more than feeling lost and unsure of where I am headed. When I recently encountered a bewildering detour while visiting a friend in a big city, I had to take a deep breath and pray not to panic. At times, our spiritual journey will deviate from the path we expected to follow. Maybe we have prayed for healing and things appear to be worse, or perhaps the rituals and prayer forms we have relied on have lost their appeal. We feel lost and aren't sure which way to turn. Yet, like the blind man, we sense that we must walk into the unknown, trusting that we will not be abandoned. Faithful Guide, give me the courage to follow where you lead me. TERRI MIFEK

#### PRAYERS OF THE SAINTS

"Spread love every where you go. Let no one ever come to you without leaving happier." -St. Teressa of Calcutta

#### Right and Wrong

'Right is right if no one's doing it; wrong is wrong even if everyone is doing it."

- St. Augustine

#### Heaven

"I have found Heaven on earth, since Heaven is God, and God is my soul."

- St. Elizabeth of the Trinity

Feb. 22, 2025 - Mass (4:00pm)

Hyper Tension Sunday (after 4:00pm Mass)

Feb. 23, 2025 - Masses (8:00am & 10:30am)

Hyper Tension Sunday - after Masses (1pm-4pm)

Feb. 24, 2025 - Morning Prayer (Mon. & Fri. 8:00am) (Tues &Thurs 7:00am) Zoom Reflection on Psalms (9:00am) Zoom

Movie Night (6:00pm) Zoom

Feb. 25, 2025 - RCIA (6:30pm)

Feb. 26, 2025 - Prayer of Presence & Deep Regard Meditation (9:00am) Zoom / NA (6:45pm-8:30pm)

Feb. 28, 2025 - Earl Creer Funeral (11:00 am)

#### VOLUNTEERS NEEDED

We are seeking two volunteers for the Parish Contribution Counting and Banking Process.

The Process is to ensure good stewardship of the resources and monetary gifts entrusted to the Parish and to provide sound and secure fiduciary responsibility.

There are two counting teams consisting of 3 people per team that switch off every other week, counting is done on Tuesdays.

If interested, please contact Harriett Dunn, Office Manager at 510-641-2005, she will set up and appointment with you to discuss the Policies and Procedures of the job and additional details.

We welcome all who come to celebrate with us. If you would like to register or if you need to update your information, please complete this registration form and place it in the collection basket, return to office or send us an email. Be Blessed!	<ul><li>□ New Parishioner</li><li>□ Change of Information</li></ul>
Name	Moving: Remove from list
Address	Please Call me - best time
Phone Day Eve	I would like to serve as
City Zip	
E-mail Address	



#### **Faith Formation**

Nea onnim sua a, ohu

one who does not know can know from learning"

Knowledge / life-long learning

#### The Catechumenate Process is the Order of Christian Initiation of Adults



Have you noticed our catechumens being called forward? Are you yourself seeking?

Maybe seeking baptism for yourself? Or becoming Catholic? Have you thought about completing confirmation as an adult? What are your questions about coming to adult faith in the church today? You are most welcome to contact Margaret Roncalli at mroncalli@stcolumba-oak.com with your inquiries.

Hmm, I've been wondering...

#### Q: Why are catechumens anointed before they are baptized?

A: There are many rites associated with the Order of Christian Initiation of Adults. Every rite before baptism emphasizes a particular gift or addresses a particular need of those on the journey to baptism. We use anointing with oil to strengthen and to set aside the catechumens, acknowledging that already they are part of the church. We pray to strengthen them against any





distraction by the hinderer and to announce that they belong to Christ.



Let us keep in prayer Eleanor, Bunny, Daizy, Nico and Hillary.

"May they attain the dignity of a priestly people."

#### **Upcoming Dates for Faith Formation**

Feb 23 Sacramental Prep class (at 9am) - mid sch Mar 2 Sacramental Prep class (at 9am) - mid sch

Children's Liturgy of the Word (at 10:30)

Feb 16 Sacramental Prep class (at 9am) - mid sch Children's Liturgy of the Word (at 10:30)

[Sac Prep: elem + middle schoolers-1st, 3rd, 5th Sun; high school-2nd & 4th Sun]

#### ST. COLUMBA

#### African American Celebrations

"Strength in Unity: A Journey of Justice, Hope and Resilience"

#### Reflecting on the Word

From today's Gospel reading: Jesus said to his disciples: "To you who hear I say, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you."

Reflection: Living the Christian life as Jesus teaches in his sermon would make no sense if God did not exist. To live a normal human life would be doing what most people do. But Christians are recognized because there is no earthly reason for doing what we do.

So, we ask ourselves: Who is the enemy I am being called to love? What help do I need from God to do that?

−Fr Jude Siciliano, OP



Seventh Sunday in Ordinary Time



THAT'S GOD'S WAY OF BEING. DO YOU THINK GOD IS TAKEN ADVANTAGE OF?



I'D LIKE TO SAY "NO" TO THAT.





LUKE 6:27-38



#### Where the rubber meets the road...

I am certain that Jesus understood the difficulty inherent in the act of loving one's enemy. He never joined the ranks of those who talk glibly about the easiness of the moral life. He realized that every genuine expression of love grows out of a consistent and total surrender to God. So when Jesus said, "Love your enemy," he was not

unmindful of its stringent qualities. Yet he meant every word of it. Our responsibility as Christians is to discover the meaning of this

command and seek passionately to live it our in our daily lives.

Let us be practical and ask the question, How do we love our enemies?

First, we must develop and maintain the capacity to forgive. He [sic] who is devoid of the power to forgive is devoid of the power to love. It is impossible even to begin the act of loving one's enemies without the prior acceptance of the necessity, over and over again, of forgiving those who inflict evil and injury upon us. It is also necessary to realize that the forgiving act must always be initiated by the person who has been wronged, the victim of some great hurt, the recipient of some tortuous injustice, the absorber of some terrible act of oppression. The wrongdoer may request forgiveness. He may come to himself, and, like the prodigal

son, move up some dusty road, his heart palpitating with the desire for forgiveness. But only the injured neighbor, the

loving father back home, can really pour out the warm water of forgiveness.



-Rev Dr Martin Luther King, Jr

"Merciful and gracious is the Lord, slow to anger and abounding in kindness."

Psalm 103:10

#### **Infant Baptism Preparation**

Are you planning for the baptism of your baby? The next preparation class for parents and godparents will be Thu, **Feb 27** at 5pm via Zoom. This class is for parents, godparents, and grandparents as well.

To register, contact Margaret Roncalli at prop-

To register, contact Margaret Roncalli at mroncalli@stcolumba-oak.com.

You must preregister to receive the meeting link.

(the last baptism prep class before Lent.)

### 

"Bless the Lord, O my soul; all my being bless his holy name."

Psalm 103:1



#### Children's Lectionary

The **February** children's lectionary is here: the monthly booklet of Sunday readings, family discussion questions, activities for children. This includes "parent pages" with articles, prayers, and links of interest to parents and grandparents.

The workbook for the younger ones has coloring pages and simple (grades pK-1) activities.

If you'd like to receive a copy for your family, see the table at the front entry of the church, or email to Margaret Roncalli at

mroncalli@stcolumbaoak.com



# St. Columba Gifts of Treasure Update WHO AND WHOSE WE ARE

Monthly Goal \$50,050.00

Weekly Goal \$11,550.50

Collection 01/12/2025	\$9,042.55
Collections 01/21/2025	\$11,422.00
Collections 01/28/2025	\$7,915.61
Collection 02/04/2025	\$11,302.50
Collection 02/11/2025	\$11,470.60
Collection 02/18/2025	\$6,293.00
Bishop's Appeal	\$10.00

### February 23, 2025

### Mass Intentions



### for the week

Saturday: 4:00 AM Parishioners of St. Columba †

Sunday: 8:00 AM Earl Creer †

Sunday: 10:30 AM Charles Eno Belinga †

#### RELIGION DEFINED

I do not know how philosophers may ultimately define religion; but from Micah to James it has been defined as service to one's fellow human rendered by following the great rule of justice and mercy, of wisdom and righteousness.

—Theodore Roosevelt

For list of weekly lectionary reading, please visit www.usccb.org

If you have a request for the prayer list below, need to update a request or remove a request, please contact: Parish Office: 510-654-7600 parish@stcolumba-oak.com



God lay Your healing hands on all who are sick, and have compassion on all who are suffering, so they may be delivered from all painful situations in their lives

Adela Andujar, Jacqueline Augustine, Godfrey Augustine, Cornelius Augustine, Barrett Baker Ruthie Bolden, Shawrokh Boatwright, Jensie Boyce, Mary Ann Braithwaite, Taylor Branche, Brenda Brown, Catherine Ann Brown, Evelyn Brown, Sharon Bush, Joan Campbell, Gabriel Buettner, Rafael Buettner, MarieJo Carlsen, Sharon Ceasar, Virgie Clark, Ellen Clewell, Jim Clewell, Cirena Cole, Lucille Cole, Elizabeth Council, Dolores Covington, Ann Crenshaw, Cecelia Lois Danielson, Fred Davis, Albert Dixon, Jerry Donaldson, John Dorr, Roberta Drury, Angelica Folsom, Joyce Fulton, Velma Gaines-Miller, Bill Gallagher, Maureen Gallagher, Charles Gazaway, Lynda Glasser, Benedict Gomez, Bernard Gomez, Carolyn (Tont) Greenridge, Carolyn Hall, Charles Hall, III, Taviyeh Hall, Reuben Hetz, Timothy Heney, Mary Joyce Hill, Billy Johnson, La Verta Marie Jones, Louis

Labat, Aaron Laird, LaeCharles T. Lawrence, Sr., Ronda Lee, Annalina Lowden, Yolanda Martinez-Alley, Merrine McDonald, Roberta McLaughlin, Ashanti McNeil, Bessanderson McNeil, Charles Millet, Barbara Mitchell, James Moore, Diana Munoz, Bernadine Nelson, Janice Payne, Mary Ann Pinkney, Lexington Reyes, Dauntae Roberson, Sonny Robinson, Don Rodrigues, Lorraine Rollins, Leroy Sanders, Robert Scotlan, Jonel Seon, Alexis Sims, Cloretta Sparks, Roscoe Teague, Jr., Lawrence Turner, Jr., Carol Valencia, Cheryl Valencia, Betty Varner, Clarence Varner, Carl Watson, Juanita West, Donna Marie Wheeler, Georgia Weatherspoon, Justin Woodard, Ha'vy Woodward, Roger Yarbrough, Dorothy Young,

#### **OUR FASCINATING FAITH**

Maybe I'm weird, but I like spending time in doctor's offices, confession lines in churches, auto repair shops, prison cells, and support groups of various kinds. It's refreshing to be with people who humbly admit something is wrong and forthrightly set out on a path toward a solution. When we ignore what is off kilter, we become alone and fragile. In places where people are honest and hopeful about brokenness, sturdy if subtle fellowship usually ensues.

Consider the image we see of Jesus in the Gospel of Mark. "...they brought to him all who were ill or possessed by a demon. The whole town was gathered at the door." The entire human community is afflicted in various ways, and so it gradually forms a strange new community around Jesus. The healer from Nazareth is like a sun of health around which orbits a throng of humanity absorbing his healing rays. These blessed souls can't fix themselves and become healthy, and they know it. But they have found in him the living source of all imaginable healing.

It's the Church, isn't it? A sin-sick community gathered and healed is what happens at the beginning of every Mass. We shuffle in through the door from everywhere and announce that we are not okay, and we can't fix it. In doing so, we are drawn into the orbit of the healing power of Christ — and into a renewed community with the whole human family. It's nothing to fear or rush. Maybe we can even learn to enjoy more how good it is to be in such a happy place.



# Lectio Divina for the Seventh Week in Ordinary Time

We begin our prayer: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Grant, we pray, almighty God,
that, always pondering spiritual things,
we may carry out in both word and deed
that which is pleasing to you.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.

(Collect, Seventh Sunday in Ordinary Time)

#### Reading (Lectio)

Read the following Scripture two or three times. Luke 6:27-38

Jesus said to his disciples: "To you who hear I say, love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. To the person who strikes you on one cheek, offer the other one as well, and from the person who takes your cloak, do not withhold even your tunic. Give to everyone who asks of you, and from the one who takes what is yours do not

demand it back. Do to others as you would have them do to you. For if you love those who love you, what credit is that to you? Even sinners love those who love them. And if you do good to those who do good to you, what credit is that to you? Even sinners do the same. If you lend money to those from whom you expect repayment, what credit is that to you? Even sinners lend to sinners, and get back the same amount. But rather, love your enemies and do good to them, and lend expecting nothing back; then your reward will be great and you will be children of the Most High, for he himself is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

"Stop judging and you will not be judged. Stop condemning and you will not be condemned. Forgive and you will be forgiven. Give, and gifts will be given to you; a good measure, packed together, shaken down, and overflowing, will be poured into your lap. For the measure with which you measure will in return be measured out to you."





#### Meditation (Meditatio)

After the reading, take some time to reflect in silence on one or more of the following questions:

- What word or words in this passage caught your attention?
- What in this passage comforted you?
- What in this passage challenged you?

If practicing <u>lectio divina</u> as a family or in a group, after the reflection time, invite the participants to share their responses.

#### Prayer (Oratio)

Read the Scripture passage one more time. Bring to the Lord the praise, petition, or thanksgiving that the Word inspires in you.

#### Contemplation (Contemplatio)

Read the Scripture again, followed by this reflection:

What conversion of mind, heart, and life is the Lord asking of me?

Give to everyone who asks of you, and from the one who takes what is yours do not demand it back. How can I become more generous? What impedes me from being more generous with my time, treasure, and talent?

Be merciful, just as your Father is merciful. When have I experienced God's mercy? What opportunities do I have to share God's mercy?

Stop judging and you will not be judged. In what situations am I most judgmental? How can I look on others as God sees them?

After a period of silent reflection and/or discussion, all recite the Lord's Prayer and the following:

#### **Closing Prayer:**

Bless the LORD, O my soul; and all my being, bless his holy name. Bless the LORD, O my soul, and forget not all his benefits.

He pardons all your iniquities, heals all your ills. He redeems your life from destruction, crowns you with kindness and compassion.

Merciful and gracious is the LORD, slow to anger and abounding in kindness. Not according to our sins does he deal with us, nor does he requite us according to our crimes.

As far as the east is from the west, so far has he put our transgressions from us. As a father has compassion on his children, so the LORD has compassion on those who fear him.

(From Psalm 103)

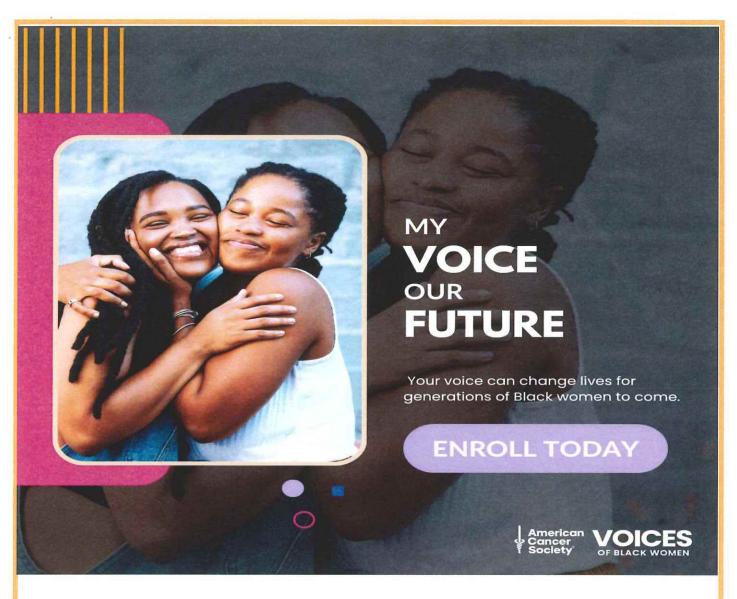
#### Living the Word This Week

How can I make my life a gift for others in charity?

Commit to performing a spiritual or corporal work of mercy.

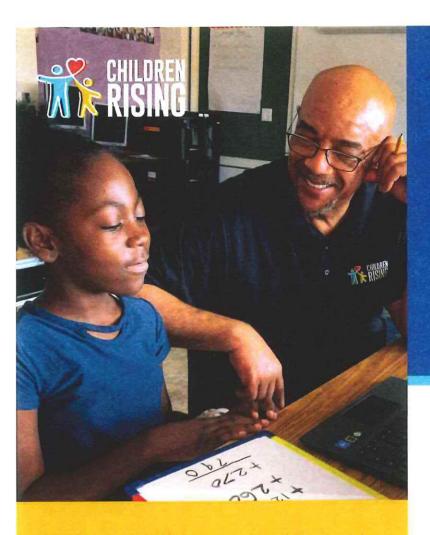
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This Black History Month, join thousands stepping up for Black women's health. Did you know Black women under 40 have higher breast cancer rates than any other group? I encourage every eligible Black woman to consider enrolling in the American Cancer Society's VOICES of Black Women® study at voices.cancer.org. Just one hour a year can transform health outcomes for Black women everywhere. If you are not eligible, I strongly encourage you to share this link with a Black woman in your life. Your voice is essential in helping the collective fight against cancer. #ACSVOICES @ACSCAN

Be well, Cynthia LeBlanc 510 772 7561



Every young child deserves a fair chance to succeed in school ... and in life.

One-on-one tutoring supports our neighborhood schools, enables children to overcome learning loss, and helps them catch up to grade level.







Will you help a child learn reading and math?

## Tutors Needed!

No experience necessary!
Training and materials provided.

Become a Tutor – Two hours a week either online or in person—is all it takes to help a child learn reading and math so they can rise to their God-given potential in school and life.

Join our amazing team of volunteer tutors! Submit your online application.



www.children-rising.org/volunteer

Can't volunteer?
YOU CAN GIVE!

Your gifts help children learn reading and math by supporting one-on-one tutoring. Please give to:

www.children-rising.org/donate/

#### **Contemplation 101**

A pause that refreshes
Inner peace in time of turmoil
"Come apart and rest awhile" Mk 6:31
"Be still and know I am God" Ps 46:10
"My grace is sufficient for you" 2 Corinthians 12:9

Parishioners of St Bartholomew (San Mateo), St Columba and Sacred Heart (Oakland) gather to practice long standing prayer of the church.

"The ability to be in the present moment is a major component of mental wellness." Abraham Maslow



Tuesdays, beginning February 11, 2025

6-:30-7:30 pm via Zoom

(Note time change.)

Join Zoom Meeting

https://us02web.zoom.us/ j/88924849053pwd=EVG5mM3GhRM9p4VcG0xy2EhffpZPdv.1

Meeting ID: 889 2484 9053

Passcode: 1898

# St. Columba Health Cabinet Part 2: Hypertension Free Screening next weekend: Feb. 22, 23 Mother Lydia Chapel after Masses

Nutrition and Exercise tips (following previous column on blood pressure readings and how to measure correctly).

Excellent sites for more information:

www.heart.org/national-hypertension-control-initiative



https://www.heart.org/en/national-hypertension-control-initiative/community-health-center-hub/healthy-community-tools#hltk

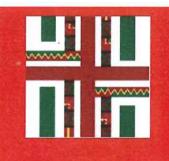
#### Quiz and answers:

- Nine out of 10 Americans consume too much sodium.
   True
- What is the AHA's recommend limit for sodium consumption per day?

About 2,300 milligrams

 Too much sodium puts you at risk for which of the following?

All: Enlarged Heart Muscle, Headaches, Kidney Failure, Diabetes and many other conditions



St Columba Health Cabinet Presents



### COMMUNITY

### **FUN WALK**

Walk, for fitness Conquer the Challenge.



Contact Meg Bowerman for additional Info (510) 684-7139



### ANNUAL FISH FRY

Music, Dancing, & Delicious Food

#### Where:

Father Howard Community Center 1640 10th St. Oakland 94607

#### When:

Friday, March 14th 2025 From 4:00 – 9:00 PM

#### Menu:

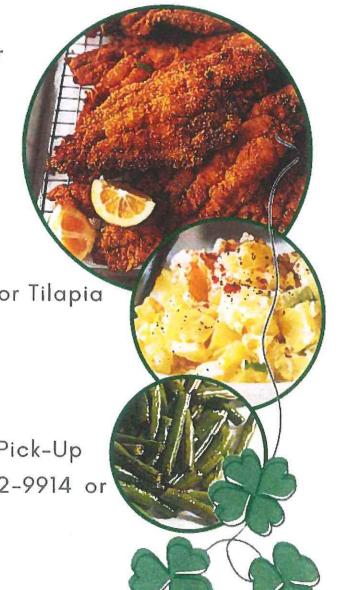
Choice of Catfish, Red Snapper, or Tilapia With Potato Salad, Green Beans, Bread, & Dessert

#### Pre-Orders:

Available 11:00 AM – 3:00 PM for Pick-Up Order by calling Mary W 510–332–9914 or Mary L 510–325–7155

#### Cost:

Adults - \$25 Children (Under 10) - \$12



#### St. Columba Directory of Staff

Fr. Aidan McAleenan – Pastor 510-550-4026 amcaleenan@stcolumba-oak.com

Margaret Roncalli – Pastoral Associate 510-550-4058

mroncalli@stcolumba-oak.com

Harriett Dunn – Office Manager 510-641-2005 hdunn@stcolumba-oak.com

Paul Daniels - Director of Music 510-908-3365

pdaniels@stcolumba-oak.com

JoAnn Evans – St. Vincent de Paul 510-550-4059 svdp@stcolumba-oak.com

Linda Whitmore - Pastoral Council Co-Chairperson 510-459-4728 lindajwhitmore@aol.com

Nancy Pope-Angulo - Pastoral Council Co-Chairperson (510) 830-6604 muzlkm@gmail.com

Dr. Marianela Carter - Health Cabinet & HIV/AIDS

healthcabinet@stcolumba-oak.com

Godfrey Wilson - Health Cabinet (510) 472-8130 healthcabinet@stcolumba-oak.com

Karen Permillion - Mental Health Ministry- Co-Chairperson (510) 380-7767

mentalhealth@stcolumba-oak.com

Fred Piazza- Mental Health Ministry - Co-Chairperson (510) 380-7767

mentalhealth@stcolumba-oak.com

Maurice Harper – Youth Ministry 415-385-8307 mhj663673@gmail.com

Bernardine Joseph - Church Bulletin/Office Assistant (510) 587-9544 bjoseph@stcolumba-oak.com

> Giancarlo Calabrese - Web Master endeavor144@gmail.com

#### THOUGHT FOR THE WEEK

"Success is liking yourself, liking what you do, and liking how you do it."

— Maya Angelou

Bi Nka Bi



"peace, harmony / "no one should bite the other"

Alpha Outreach Ministry: Joyce Scotlan

African American Committee: Ron Bazile (Interim Chair)

Altar Servers: Herve David
Art/Environment: Francine Peters

Board of St. Columba Development: Fr. Aidan

McAleenan, Nancy Pope-Angulo Book Club: Mona Rodrigues

Cantor/Musicians: Paul Daniels, JoAnn Evans,

Nancy Pope-Angulo

Eucharistic Ministers: Dolores Hill, Taylor Branche

Events Ministry: Linda Whitmore Faith Formation: Margaret Roncalli

Faith in Action: Meg Bowerman, Valeria Ochoa Finance Committee: Kim Ramirez Kelley, George

Fruehan

Gospel Choir/Liturgical Dance: Alice McGaugh

Homebound Out Reach: Marianela Carter Hope for Haiti: Judy Luce, Sr. Marilyn Medau

Hospitality: Grace Marie Landrio

Knights of St. Peter Claver: Maurice Harper Ladies of St. Peter Claver: Joan Morris

LGBTO+: Juan Zamora

**Listening Ministry:** Gwen Evans, Fred Piazza, Meg Bowerman

Liturgy: Margaret Roncalli

Memorial Crosses: Rich Laufenberg

Men's Group: Andrew Peters

Mental Health Ministry: Karen Permillion, Fred Piazza

Procession: Linda Whitmore

Proclaimers: Gwen Evans, Kathleen Lopes

Sacristan: Venus O. Manuel

Scholarship Committee: Mona Rodriguez, Denise Turner

Scripture Study: Gillian Small

Ushers: (Open)

Volunteers (Office): To be Announced

#### READINGS FOR THE WEEK

Sunday: Jer 17:5-8 / Ps 1:1-2, 3, 4, 6, (40:5a) / 1 Cor 15:12, 16-20 / Lk 6:17, 20-26

Monday: Gn 4:1-15, 25 / Ps 50:1 and 8, 16bc-17, 20-21 / Mk 8:11-13

Tuesday: Gn 6:5-8; 7:1-5, 10 / Ps 29:1a and 2, 3ac-4, 3b and 9c-10 / Mk 8:14-21

Wednesday: Gn 8:6-13, 20-22 / Ps 116:12-13, 14-15, 18-

19 / Mk 8:22-26 Thursday: Gn 9:1-13 / Ps 102:16-18, 19-21, 29 and 22-23 / Mk 8:27-33

Friday: Gn 11:1-9 / Ps 33:10-11, 12-13, 14-15 / Mk 8:34—

Saturday: 1 Pt 5:1-4 / Ps 23:1-3a, 4, 5, 6 / Mt 16:13-19 Next Sunday: 1 Sm 26:2, 7-9, 12-13, 22-23 / 1 Cor 15:45-49 / Lk 6:27-38





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francesc21@comcast.net | Zoom Available



HEALTH RESOURCES FOR URBAN COMMUNITIES

URBAN NONPROFIT

Jose-Torres Painting	
Painting / Drywall Contractor	
Tele: 510-551-3348	
Email:-joseatorrescaballe@yakoo.com	