# THE HFCA NEWS



## **Holy Family Catholic Academy**

Home of the Mighty Phoenix







There will be NO SCHOOL on Monday, Jan. 16 in honor of Martin Luther King, Jr. Day

Disciples for the Month of December were recognized Friday morning for the virtue of Caring

#### **January Events and Activities**

Each year, the month of January is marked by the beginning of basketball season and the celebration of Catholic education during Catholic Schools Week. We will kick off CSW on Sunday, January 29 with Mass at 10 am. There will also be a Pancake breakfast after the 8 and 10 am Masses. See page two to sign up as a volunteer.

Next week, you will see 8th-grade students selling t-shirts for \$5 a piece to raise funds for soccer uniforms. See page three for more information.

The regular round to apply for tuition assistance is now open. You can find application information is at Haloinitiative.org.

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### **Upcoming Events and Information**



PTO will host a pancake breakfast on Sunday, January 29th, after the 8 am and 10 am Masses.

We are looking for volunteers for the following times:

Shift 1: 7:30-10 am. We need 6 people to help cook, serve, clean tables and wash dishes.

Shift 2: 10a-12:30 pm. We need 6 people to help cook, serve, clean tables and wash dishes.

You can sign up to volunteer at the following link:

https://www.signupgenius.com/go/70A0F 49A4A623A0FB6-ptopancake

#### Calendar

Fri., Jan 13 Report Cards are sent out

Mon., Jan 16 No School, Martin Luther King Day

Sun., Jan. 29 School Mass at 10:00 am

Mon. Jan. 30 - Fri., Feb. 3 Catholic Schools Week

Sun., Feb. 12 School Mass at 10:00 am

Pancake Breakfast after 8 & 10 am Masses

Tues., Feb. 14 St. Valentines Day Parties.

Mon., Feb. 20 No School - Presidents' Day

Wed., Feb. 22 Ash Wednesday

Mon. - Fri. March 13-17 SPRING BREAK

Sat., Mar. 25 Gala

Apr., 6 & 7 Holy Thursday, Good Friday NO SCHOOL

Apr., 9 Easter Sunday

Apr. 10-14 NO SCHOOL Teachers will attend NCEA

# Be sure to follow and like us on Social Media

Facebook - Public Page

https://www.facebook.com/hfca.irving

Instagram

https://www.instagram.com/hfca\_irving/

**Twitter** 

https://twitter.com/holyfamacad









#### **SALES END JANUARY 27**

# CATHOLI**CLIFE** INSURANCE

\*Or comparable prize.

Two weeks are left before the deadline to turn in your sales of Catholic Life Sweepstakes tickets and funds. You received an envelope of 20 sweepstake tickets before the holidays. If each family can sell most or all of their tickets, HFCA could raise around \$10,000 for new technology and instructional materials for the classrooms. Please remember that all monies from the sale of all tickets go directly and immediately to Holy Family Catholic School.

Ticket stubs must be returned to the school by January 27, 2023. The winning tickets will be drawn on February 14th.

Catholic Life provides all prizes, and 74 Catholic schools in Texas are participating in the raffle. The grand raffle prize is the choice of a Roman Holiday Vacation for Four, a 2023 Toyota Corolla Sedan, or a \$20,000 Prepaid Visa card. Additionally, someone from our school will have the chance to win a \$1,000 Prepaid Visa Card.

# Prevent Flu!

Flu virus infection can spread quickly.

Simple actions can prevent the spread of the illness.





### PREVENT ILLNESS



Get a FLU SHOT every year



#### **WASH HANDS**

often with soap and water for at least 20 seconds before touching eyes, nose and mouth

Use alcohol-based hand sanitizer regularly

# **PREVENT SPREADING**



STAY home if you have flu-like symptoms



Use elbow to **Shield** your cough or sneeze



#### DO NOT SHARE

towels, eating utensils and dishes without washing thoroughly



**Dallas County Health and Human Services** 

2377 N Stemmons Fwy., Dallas, TX 75207 (214) 819-2100 | www.dallascounty.org

# ¡Prevenga la gripe!

La infección que provoca el virus de la gripe puede propagarse rápidamente.

Medidas simples pueden prevenir la propagación de la enfermedad.





#### **PREVENGA LA ENFERMEDAD**



Aplíquese la VACUNA
ANTIGRIPAL todos los años



#### LÁVESE LAS MANOS

Con frecuencia, con agua y jabón, al menos 20 segundos antes de tocarse los ojos, la nariz y la boca

> Use regularmente un antiséptico para manos con alcohol

### PREVENGA LA PROPAGACIÓN



QUÉDESE en su casa si tiene síntomas similares a los de la gripe



Use el COdo para Cubrir su tos o estornudos



#### NO COMPARTA

toallas, utensilios para comer ni platos sin lavarlos a profundidad



Servicios Humanos y de Salud del Condado de Dallas

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