



# ST. PHILOMENE CATHOLIC CHURCH

2428 BELL STREET  
SACRAMENTO, CA 95825



[www.stphilomene.com](http://www.stphilomene.com)  
[www.facebook.com/stphilomene](https://www.facebook.com/stphilomene)

**Office:** (916) 481-6757  
**Fax:** (916) 481-1603

## The Most Holy Body and Blood of Christ

June 11, 2023

### OFFICE HOURS

Tuesday - Friday  
10:00 am - 5:00 pm  
Closed  
12:00 pm - 1:00 pm  
Monday (Closed)

### MASS SCHEDULE

Saturday:	5:00 PM - English 7:00 PM - Español
Sunday:	9:00 AM - English 12:00 PM - Español
Tuesday:	8:15 AM - English
Wednesday:	8:15 AM - English
Thursday:	8:15 AM - English
Friday:	8:15 AM - English

### CONFSSION | CONFESIONES

Saturday - 4:00pm-5:00pm inside the Church.

### BAPTISMS

Call the Parish Office for preparation times.  
*Llame a la oficina parroquial para agendar un bautizo.*

### WEDDINGS & QUINCEAÑERAS

At least six months notice required.  
*Se requiere un aviso de al menos seis meses.*

### PARISH STAFF

#### PERSONAL PARROQUIAL

Rev. Francisco Velazquez, *Parochial Administrator*

Kerri Bray-Smith, *School Principal*

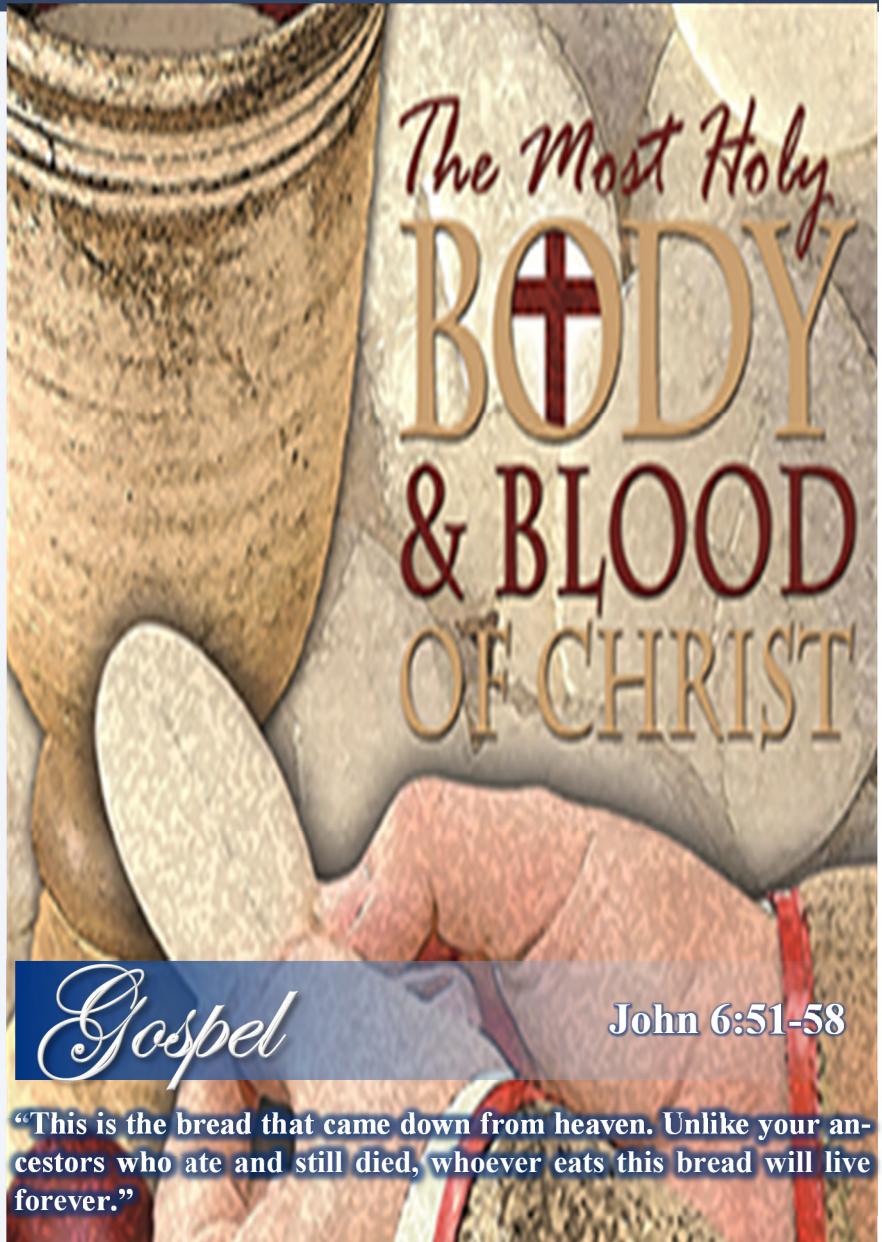
Gabriela Valadez, *Secretary*

Diana Jimenez, *Bookkeeper*

Eban Preciado, *Music Director*

Sylvia Miller, *Janitor*

Miluska Beltran, *Volunteer Rel. Ed. Director*



#### ST. PHILOMENE PARISH MISSION STATEMENT

We, the parishioners of St. Philomene Parish, are a communion of brothers and sisters united by our communion with Jesus Christ who gathers us and empowers us with His Holy Spirit to worship God in faith through the celebration of the Sacraments, prayers, evangelization and loving communion and service. We rejoice and embrace the diversity of all our members as a gift from God.

## TODAY'S READINGS

**First Reading** — Moses tells the people to remember how God delivered them from slavery in Egypt.

(*Deuteronomy 8:2-3,14b-16b*)

**Responsorial Psalm** —

Praise the Lord, Jerusalem. Alleluia!

(*Psalm 147:12-15,19-20*)

**Second Reading** — Though many, we are one body when we partake of the Body and Blood of Christ.

(*1 Corinthians 10:16-17*)

**Gospel** — Jesus says, "I am the living bread."

(*John 6:51-58*)

## BACKGROUND ON THE GOSPEL

This Sunday we celebrate a second solemnity during this period of Ordinary Time in the liturgical calendar. Today is the Solemnity of the Most Holy Body and Blood of Christ. This day was once called *Corpus Christi*, which is Latin for "Body of Christ." In the revised Lectionary the name for this day is expanded to reflect more completely our Eucharistic theology.

Today's Gospel is taken from the Gospel according to John. The reading is part of a discourse between Jesus and a crowd of Jews. The discourse comes shortly after the miracle of Jesus' multiplication of the loaves and fishes. In John's Gospel, miracles such as this are identified as "signs" through which people come to believe that Jesus is the Son of God. These signs are followed by dialogue, or discourse that interprets and explains the miracle. In John's Gospel, Jesus' multiplication of the loaves is said to have occurred near Passover, thus linking it to the Exodus story and God's saving action toward the Israelites.

Having seen Jesus multiply the loaves and fishes, the crows pursue him, perhaps seeking more food but also looking for another sign. Jesus tells

## BACKGROUND ON THE GOSPEL

The crowd that he is the bread of life. He explains that just as God gave the Israelites manna to sustain them in the desert, so now God has sent new manna that will give eternal life. It is in this context that Jesus repeats those words in today's Gospel and tells them again that he is the living bread that came down from heaven.

Jesus' words are not well understood by the crowd; they argue that Jesus is not from heaven but born of Mary and Joseph. The crowd also has trouble understanding how Jesus could give them his flesh to eat. Jesus tells them that when they eat his flesh and drink his blood, they will remain forever connected to him. These are difficult words, but they are important because they seek to show us our intimate connection with Jesus.

This is the mystery that is at the heart of our Eucharistic theology. In the elements of bread and wine, Jesus' Body and Blood are truly present. When we share in the Body and blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ's Body in the world.

### A PRAYER FOR FATHERS DAY

God our Father, we give you thanks and praise for fathers young and old.

We pray for young fathers, newly embracing their vocation; may they find courage and perseverance to balance work, family and faith in joy and sacrifice.

We pray for our own fathers around the world whose children are lost or suffering; may they know that the God of compassion walks with them in their sorrow.

We pray for men who are not fathers but still mentor and guide children with fatherly love and advice.

We remember fathers, grandfather and great grandfathers who are no longer with us but who live forever in our memory and nourish us with their love.

## LECTURAS DE HOY

**Primera Lectura** — Moisés le dice al pueblo que recuerde cómo Dios los liberó de la esclavitud en Egipto.

(*Deuteronomio 8,2-3.14b-16b*)

**Salmo Responsorial** — ¡Glorifica al Señor, Jerusalén!

(147,12-15.19-20)

**Segunda Lectura** Aunque somos muchos, somos un solo cuerpo cuando participamos del Cuerpo y la Sangre de Cristo.

(*1 Corintios 10,16-17*)

**Evangelio** — Jesús dice: "Yo soy el pan vivo."

(Juan 6,51-58)

## ANTECEDENTES DEL EVANGELIO

Espíritu a nuestros corazones. Nosotros mismos, sus seguidores, debíamos recibir ese Espíritu y convertirnos en su cuerpo nuevo y continuo para la vida del mundo. Sólo hay una condición: que nos dejemos llevar y permitamos que su Espíritu Santo habite en nuestras vidas. Gradualmente sentiríamos con ojos Espirituales de qué se trata La Santísima Trinidad.

¿Cómo, exactamente, vamos a dejar que el Espíritu Santo encuentre esta morada dentro de nosotros? Si miramos a nuestra cultura, parece imposible. Muchos de nuestros vecinos han desechado por completo la idea de un alma e incluso la noción de un Dios. Otros simplemente se sumergen en las ollas de carne, por así decirlo, y al hacerlo, niegan que haya tal cosa en ellas como una profundidad donde pueda morar algún Espíritu Santo.

Sin embargo, queda un hecho desagradable. Somos criaturas de carne y hueso, no meramente espíritus. ¿Se habría ido Cristo al cielo, dejando que sus seguidores hicieran su propio camino sin él? No. El sacramento de su Cuerpo y Sangre es la forma en que nos unimos a la vida completa de Cristo. Así como el Espíritu Santo se une a nuestro espíritu, el sacramento del cuerpo de Cristo se hace uno con nuestros propios cuerpos en una transformación gradual pero íntima.

Para decirlo de otra manera, ¡necesitamos maná si queremos sobrevivir (primera lectura)! La Fiesta del Cuerpo y la Sangre de Cristo de hoy lo demuestra. El gran plan de Dios podría perderse a menos que hubiera un sacramento similar al Maná para atraer nuestros cuerpos y nuestros espíritus a la presencia de Cristo.

Y así, ahora la imagen de Pascua está completa. Cristo permanece en el mundo para siempre. Él está espiritual y físicamente presente al mundo en nosotros, siempre que aceptamos su cuerpo y moramos en su Espíritu.

Esa es la razón de esta última fiesta después de Pascua.

John Foley, SJ

## MASS INTENTIONS INTENCIÓNES DE LA MISA

**Sat** June 10    5:00 pm  
                     7:00 pm **Paula Cervantes (BD)**  
                     **Jose Luis & Francisca Sandoval (22 years WA)**

**Sun** June 11    9:00 am **Severina Celestial †**  
                     12:00pm **Jesus Alcantar Cruz †**

**Tue** June 13    8:15 am  
**Wed** June 14    8:15 am  
**Thu** June 15    8:15 am  
**Fri** June 16    8:15 am

## WEEKEND COLLECTIONS Colectas de Ofertorio del Fin de Semana

**June 4, 2023**

Sunday Collections:	<b>\$12,300.00</b>
---------------------	--------------------

**No Second Collection**

I would like to thank you all for your generous donations for the upkeep (physical and pastoral) of our beloved Parish! Let us together continue the mission of Jesus! May our God abundantly bless you and your families!

**Rev. Francisco Velazquez**

## PRAYERS FOR THE RECENTLY DECEASED

Maria Santos	Carmen Vazques Pavon
Gary Saldano	Joseph Michael Godinez
Juan Jose Rosas Olmedo	Karen Ann Russell
Aurelia Mendoza	Maria de la Paz Serrano
Angel Salina Brito	Gonzalez

## EVENTS OF THE WEEK

<b>Tues</b> June 13	6:00 pm	<b>God's Bounty Dinner</b>
<b>In the Gym</b>		
<b>Wed</b> June 14	7:00 pm	<b>Grupo de Oracion en el</b>
<b>Salon Twomey</b>		
<b>Sat</b> June 17	4:00 pm	<b>Confession</b>

## GRUPO DE ORACIÓN

¿Te sientes triste, te sientes cansado o enfermo? Dice el Señor en **Mateo 11, 28:**

**"Vengan a mí los que van cansados, llevando pesadas cargas, y yo los aliviare."**

El Grupo de Oración de Santa Filomena te invita a tener un encuentro con el Señor. Nos reunimos los Miércoles en oración y alabanza de 7:00pm-9:00pm dentro del Salón Twomey.



## PLEASE KEEP IN YOUR PRAYERS

POR FAVOR MANTENLOS EN TUS ORACIONES

Jaime Alvarez	Roberto deAnda	Melody Mendoza
Julie Renteria	Chela DeAnda	Enrique Chavez
Carmen Villagomez	Petra Morales	Fernando Chavez
Geovanni Mendoza	Max Roelen	Bruce Lo
Wilma Mendoza	Marry Cottor	Jacob Rivera
		Jaxton Rivera



**ST PHILOMENE  
CATHOLIC SCHOOL**  
2320 EL CAMINO AVE  
SACRAMENTO, CA 95821  
[WWW.STPHILOMENE.ORG](http://WWW.STPHILOMENE.ORG)

St. Philomene Spanish Dual Language School

*Now Enrolling*  
*Inscripciones Abiertas*

Diverse Community | Personal Attention  
Excellent Academics | Faith in Action

For more information / Para más información:  
916.489.1506    [stphilomene.org](http://stphilomene.org)

St. Philomene Catholic School is now enrolling students in TK - 8th and students in TK-4th for their Spanish Dual Language Immersion Program.

Our faith-based education is offered in an inclusive and multicultural community, while your child learns to speak, read, and write in Spanish and English fluently.

For more information please call **916-489-1506** or visit us at: [www.stphilomene.org](http://www.stphilomene.org)

Are you a St. Philomene School alumni? Contact us to keep you informed of Phillipie happenings!

#### ESPAÑOL

La Escuela Católica St. Philomene está inscribiendo estudiantes de TK a 8o y estudiantes de TK a 4o para su Programa de Doble Inmersion en Español.

Nuestra educación basada en la fe se ofrece en una comunidad inclusiva y multicultural, mientras sus hijos aprenden a hablar, leer, y escribir con fluidez el Español y el Inglés.

Para obtener más información, llame al **916-489-1506** o visítenos en: [www.stphilomene.org](http://www.stphilomene.org)

¡Eres un ex alumno de la Escuela Santa Philomena?  
¡Contáctanos para mantenerte informado de los

#### SHARING GOD'S BOUNTY

FREE DINNER EVERY TUESDAY  
6:00pm to 7:00 pm in the School Gym



Sharing God's Bounty has been serving love, kindness, dignity and a hearty meal for 40 years. Our meals includes, a main dish, salad, fruit drinks and dessert. Our guests sit down and our wonderful volunteers do the rest. We are now serving 600 meals a month!

As part of this beautiful ministry, we also provide bread bags and farmer's market produce, socks, jackets, blankets and sleeping bags.

We promise laughter, music and fabulous food every Tuesday

**CENA GRATIS TODOS LOS MARTES**

6:00 pm a 7:00 pm en el Gimnasio de la Escuela

Sharing God's Bounty ha estado sirviendo amor, bondad, dignidad y una comida sustanciosa durante mas de 40 años. Nuestro platillo incluyen el entre principal, ensalada, bebidas y postre. Nuestros invitados se sientan y nuestros maravillosos voluntarios se encargan del Servicio.

¡Ahora estamos sirviendo 600 comidas al mes!

Como parte de este hermoso ministerio, también proporcionamos bolsas de pan, productos de despensa, calcetines, chamarras, cobijas y bolsas de dormir.

#### ST. PHILOMENE FOOD CLOSET DISPENSA DE COMIDA

**9 1 6 . 4 8 1 . 7 1 1 3**

**Open Mondays & Tuesdays from 9:00 am - 12:00 pm.**

The food closet continues to offer fresh produce, perishable and non perishable items. All are welcome!

We served **196** households with **799** bags of food in the month of February.

*We could not do this without you! Thank you all for your generous donations and support.*

**Abierto Lunes y Martes de 9:00 am a 12:00 PM**

La despensa de comida sigue ofreciendo productos frescos, perecederos y no perecederos. ¡Todos son bienvenidos!

Servimos a **196** familias con **799** bolsas de comida en el mes de Febrero.

*¡No podríamos hacer esto sin ustedes! Gracias por su apoyo y generosidad.*

## PARISH NEWS & ANNOUNCEMENTS

### ¡AVISO!

#### Comité de Fuegos Artificiales de TNT

Ya estamos cerca del 4 de Julio y la invitación sigue abierta personas que deseen ayudarnos en la venta de los fuegos artificiales y atendiendo el puesto.

Esta recaudación de fondos es importante para ayudar a satisfacer las necesidades vitales de nuestra parroquia.

Si estás interesado en apoyarnos, comunícate con **Jorge Beltran al (916) 213-4609**

o al

**Correo electrónico**

**beltranjorge@att.net**



### ATTENTION!

#### TNT Fireworks Committee

The 4th of July is coming up soon, and the invitation is still open to any individuals that would like to help us in the sale of the Fireworks, and tending of the booth.

This fundraiser is important in order to help to provide for the vital needs of our parish.

If you are interested in helping, please contact **Jorge Beltran at (916) 213-4609 or**



### ¿Esta registrado como miembro de la Parroquia?

Para evitar problemas y mal entendidos, especialmente si planea un Bautismo, Matrimonio, inscripción de Educación Religiosa, cartas de recomendación o cualquier solicitud especial, debe estar registrado y activo.

Por favor venga a la oficina parroquial a registrarse o visite nuestra página web.

Gracias!

### Are you registered as a member of the Parish?

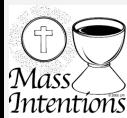
To avoid problems and misunderstandings, especially if you are planning a Baptism, Marriage, Religious Education enrollment, letters of recommendation or any special request, you must be registered and active.

Please come to the parish office to register or visit our website.

Thank you!

**The Adoration Chapel remains closed for repairs, until further notice.**

**La Capilla de Adoración sigue cerrada por reparaciones, hasta nuevo aviso.**



If you have any mass intentions to pray for your beloved one, you can call the office to make arrangements and schedule a daily or weekend mass.



Si usted tiene intenciones para orar durante la misa y a la vez recordar a sus seres queridos, usted puede hablar a la oficina y mandar ofrecer una misa.



**SACRAMENTO CLASSIC**

**PRIESTS + SEMINARIANS**  
ANNUAL BASKETBALL GAME

**Tuesday, June 20, 2023**  
Doors open 6:30pm • Tipoff 7pm

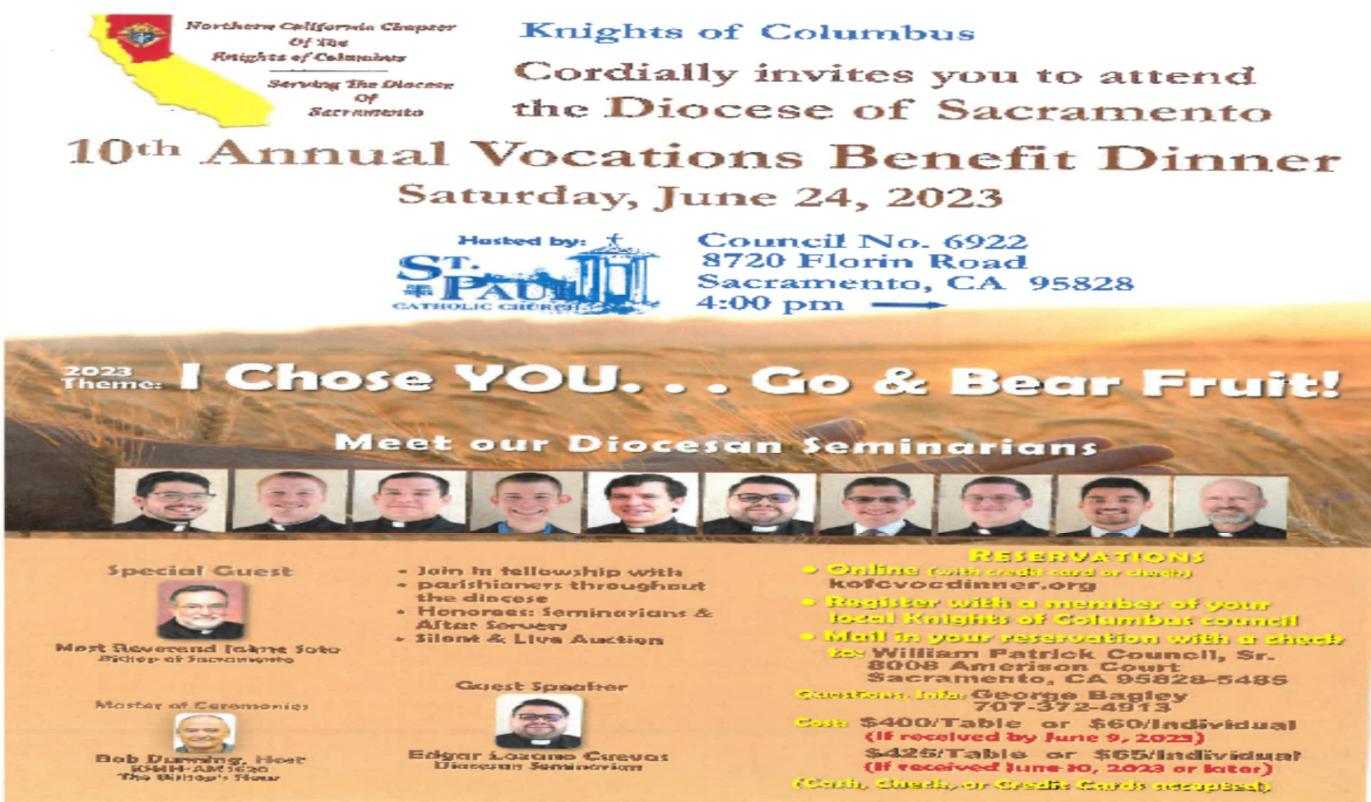
**Christian Brothers High School Gym**  
4315 Martin Luther King Jr. Blvd.  
Sacramento, CA 95820

**\$15 Adults**  
**\$60 Group of 6 Adults** (Save \$30)  
**\$5 Students (K-College)**

**Buy tickets:** [www.scd.org/basketball](http://www.scd.org/basketball)

All proceeds from the game benefit seminarian formation.  
Questions? Office of Priestly & Religious Vocations at (916) 733-0258 or [msmith@scd.org](mailto:msmith@scd.org)  
Learn about vocations: [www.scd.org/vocations](http://www.scd.org/vocations) [Facebook](https://www.facebook.com/considerpriesthood) @considerpriesthood

The Office of Priestly & Religious Vocations will be following CDC guidelines and will monitor COVID updates as closer to the event. Thank you for your understanding.



**Northern California Chapter  
Of The Knights of Columbus**  
Serving The Diocese Of Sacramento

**Knights of Columbus**  
Cordially invites you to attend  
the Diocese of Sacramento

**10th Annual Vocations Benefit Dinner**  
Saturday, June 24, 2023

Hosted by:  
**St. PADM CATHOLIC CHURCH**

Council No. 6922  
8720 Florin Road  
Sacramento, CA 95828  
4:00 pm →

**2023 Theme: I Chose YOU... Go & Bear Fruit!**

**Meet our Diocesan Seminarians**



**Special Guest**  
Most Reverend Salvatore J. Sano  
Bishop of Sacramento

**Guest Speaker**  
Bob Dunning, Host  
SCDMH-AM 1420  
The Catholic Radio

**Join In fellowship with parishioners throughout the diocese**  
Honorees: Seminarians & Altar Servers  
Silent & Live Auction

**RESERVATIONS**

- Online with credit card or check: [kofcvoindinner.org](http://kofcvoindinner.org)
- Register with a member of your local Knights of Columbus council
- Mail in your reservation with a check to: William Patrick Council, Sr., 8005 Anderson Court, Sacramento, CA 95828-5485

Questions: [George.Barry@scd.org](mailto:George.Barry@scd.org)  
707-372-4513

**Cost:** \$400/Table or \$60/Individual  
(If received by June 9, 2023)  
\$425/Table or \$65/Individual  
(If received June 10, 2023 or later)  
(Cash, check, or Credit Cards accepted)



DIOCESE OF  
SACRAMENTO<sup>®</sup>

For more Diocesan News go to: [www.scd.org](http://www.scd.org)

## Support our Bulletin !

St. Philomene welcomes advertising to promote individual business on the back of our bulletin.  
For more information please contact us **916.481.6757** or at **secretary@stphilomene.com**  
(Advertisements will offset our printing cost and benefits our Parish)

	<p><b>Lowest Cost</b> <i>Cremation and Burial</i> 2417 Manning St, Sacramento, CA 95815 916.482.2466 FD2059 Basic Burial with Minimum Casket \$1,140.00. <a href="http://www.lowestcostcremation.com">www.lowestcostcremation.com</a></p>	<p><b>Apoya nuestro Boletín!</b> Les damos la bienvenida a la publicidad para promover negocios individuales en la parte posterior de nuestro boletín. Para mas informacion, llame a la oficina parroquial o por correo electrónico: <a href="mailto:secretary@stphilomene.com">secretary@stphilomene.com</a></p>
<p><b>FLAPJACKS</b> Waffles Burgers Shakes</p> <p>2721 El Camino Ave. Breakfast &amp; Lunch, Crafted with Love <b>916.488.5440</b></p>	<p>Use this Coupon and Receive 10% off your entire meal.</p>	
	<p><b>EMIGH</b> <i>ACE Hardware</i> 3555 El Camino Ave Sacramento, CA 95821 (916)482-1900 <a href="http://emigh.com">emigh.com</a></p>	
		<p> <b>Edwin P. Torres, D.M.D.</b> <i>El Camino Family Dental Practice</i> 3021 El Camino Avenue (Between Watt and Fulton) Tagalog Spoken; Se Habla Español (916) 515-9363</p>
<p>Providing complete care of the foot, ankle, and lower leg.</p> <p> Dr. Annalisa Co 916.244.7630 5931 Stanley Ave. #4, Carmichael, CA 95608 <a href="http://www.olympicfootandankle.com">www.olympicfootandankle.com</a></p>		
<p>Funeral • Mortuary • Cremation • Cemetery</p>	<p> ST. MARY CEMETERY &amp; FUNERAL CENTER 916-452-4831</p>	
<p> CALVARY CEMETERY &amp; FUNERAL CENTER 916-726-1232</p>		<p>Thank you for your generous donations of flowers making our Sanctuary beautiful.</p>
<p>Working alongside your parish to serve Catholic families.</p>	<p></p>	<p><b>TRADER JOE'S®</b> 2625 Marconi Ave. Sacramento, CA <i>Gracias a Trader Joe's® por sus donaciones de flores para nuestro Santuario.</i></p> 

### Welcome!

Our warmest welcome to all who celebrate with us, whether longtime residents or newly arrived in our Parish. We thank God for you. If you are not registered with St. Philomene, please fill out this form and place it in the Collection basket or mail it in to the Parish Office. Thank you and God bless you!

### Request for Registration Form or Change of Address Update

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_