LENT 2020 | RETURN TO ME WITH YOUR WHOLE HEART

This Lenten season, SMU Catholic invites you to answer God's call in the book of Joel: "Return to me with your whole heart" (Joel 2:12). Before one can return to the Lord, one has to know where he or she is in relationship to the Lord. This simple self-assessment provides the opportunity to reflect on one's current place and offers the opportunity to make a plan for Lent to return to the Lord with your whole heart.

First, begin by reflecting on the various areas of your life. Take some time to reflect and give thanks for what is going well, and ponder where God is calling you to grow:

♦ Health

♦ Community

♦ Relationships

♦ Society

♦ Spiritual Life

♦ Work/School

Next, reflect on how you might engage the disciplines of prayer, fasting, and almsgiving this Lent to enable you to return to God with your whole heart:

PRAYER

How is my prayer life? How can I make prayer and the sacraments a routine part of my life this Lent? How can I better listen and open myself to God's voice?

FASTING

What has control over my life? Are there particular habits, persons, or things that I am inordinately attached to? What do I need to let go of in order to let the Lord in?

ALMSGIVING

How could I be more charitable? What resources do I have, and how might I give of them with love? Where do I need to consider the needs of others before my own?

SPRING MISSION TRIP OPPORTUNITY

MEXICO CITY, MEXICO

WHEN: SUN, MAY 17-THURS, MAY 21

WHO: All students

WHAT: In partnership with Hope of the Poor, we will serve the marginalized of Mexico City & have the opportunity to visit the Basilica of Our Lady of Guada-

lupe

COST: Estimated \$700-\$800

CONTACT: If you are interested, contact Deacon

Bill Fobes at bfobes@smu.edu

DEADLINE: Registration due March 6

INTEREST NIGHT & INFORMATION SESSION: Sun.

Feb 16 at 7:30 at the Catholic Center

NEWS FROM THE DIOCESE

The Diocese of Dallas is working to streamline direct communications from the Bishop to the members of each parish community. In order to receive important direct Diocesan communications and updates, we invite you to join Flocknote managed by the Diocese.

In order to join SMU Catholic community's Flocknote:

TEXT SMUCCM to 84576









MASS & ADORATION SCHEDULE

SUNDAY

Perkins Chapel | 9 AM & 5 PM Catholic Center | 8 PM

MONDAY & WEDNESDAY & FRIDAY

Catholic Center | 12:10 PM

TUESDAY & THURSDAY
Catholic Center | 5:10 PM

ADORATION

Monday - Friday | 9 AM - 10 AM Monday - Thursday | 9 PM - 10 PM

NEUHOFF CATHOLIC STUDENT COMMUNITY CENTER

3057 UNIVERSITY BLVD DALLAS, TX 75205-1944 | 214.987.0044 | SMUCATHOLIC.ORG

ABOUT SMU CATHOLIC

Since 1932 SMU Catholic Campus Ministry has served SMU students, faculty, staff, alumni, and the local Catholic community. We provide an environment for fellowship, sacramental ministry, moral and ethical discovery, community service, spiritual enrichment, and leadership development. SMU Catholic is committed to being a profound presence on campus as inspired by the Gospel of Jesus Christ. We strive to form servant leaders of SMU's future "world changers" to live their Catholic faith professionally and personally.

COVER STORY

Last weekend, a group of SMU Catholic students and our FOCUS Missionaries traveled down to College Station, Texas, to attend the Father's House retreat. The retreat allowed participants to enter into God's Fatherhood in a new way and to experience His closeness and His healing mercy in their lives.

COMMUNITY EDUCATION—FEB 23

On Sunday, February 23, at 10:30AM at the Neuhoff Catholic Center our own community member, Richard Anastasi, will explore strategies that make it possible for CareGivers to cope with the stress of care giving and the loss of a loved one. In May, Richard will complete his Masters of Theological Studies with a concentration in pastoral care at SMU's Perkins School of Theology. Please join us!

COMMUNITY EDUCATION—MAR 26

You are invited to an evening with Father Greg Boyle, SJ on Thursday, March 26, at the Terry Center at Jesuit College Preparatory School beginning at 7PM. Father Greg Boyle is the founder of Homeboy Industries in Los Angeles, the largest gang intervention, rehabilitation, and re-entry program in the world. Father Greg is the author of the 2010 NY Times bestseller, Tattoos on the Heart: The Power of Boundless Compassion. His book, Barking to the Choir: The Power of Radical Kinship is the 2017 Los Angeles Times-bestseller. He has received the California Peace Prize and been inducted into the California Hall of Fame. In 2014, the White House named Father Greg a "Champion of Change." He received the University of Notre Dame's 2017 Laetare Medal, the oldest honor given to American Catholics. Tickets must be purchased online in advance. For ticket and event information visit www.dallassaintsandscholars.org.

SAVE THE DATE - APRIL 25



Please mark your calendars for our SMU Catholic Spring Celebration on Saturday, Apr 25, 2020, at the Bush Institute! This event is always a fun time with the Servant Leader Award presentation, dinner and live auction. Please plan to join us!

SUNDAY SUPPER HOSTS

Thank you to all our Sunday Supper hosts from the fall semester! We're thankful for the generosity.

Scanlin Family
Audra & Chris Sambar
Beth Ann & Russell Huber
Wanda & Mariano
Martinez
Marianos Hacienda
Karen & Mark Carney
Leslie Vlasimsky
Paul Dickel
Team Guatemala
Annette Taylor
David Sedeno
Knights of Malta
David Cole

Terri & Steve Houle
Katie Burgess
Norma Longwell
Mary & Mike Smith
Dave Crawford
Carmen & Chris Mooney
Anne Harrison
Patty Langdale
Sharon & David Saller
Lori & Dan Walsh
Tish & Marvin Key
Kate & Tillman Ward
Serpa Family
Sandy Schwan

Sunday Supper is one of our most popular weekly events that offers free dinner and fellowship following the 5PM Mass each Sunday. If you would like to sponsor a Sunday Supper for the spring semester, please contact Beverly Mendoza.

WE'RE ON VENMO



SMU Catholic is on Venmo! Venmo makes it easy to securely send and share money online or through the free mobile app. You can use Venmo to send a gift to SMU Catholic any

time, for Mass collections, general gifts, etc. You can find SMU Catholic by searching for our username: @smucatholic

ASH WEDNESDAY—FEB 26

Ash Wednesday is right around the corner! We invite you to join us for an Ash Wednesday service:

7AM - Prayer Service with Distribution of Ashes

12:00PM - Ecumenical Prayer Service with Distribution of Ashes (in collaboration with Perkins School of Theology & Chaplain's Office)

3PM - Prayer Service with Distribution of Ashes

6:30PM- Mass with Distribution of Ashes

All services will take place in Perkins Chapel.

GRACE THROUGH GRIEF MINISTRY

Saint Paul's Catholic Church in Richardson, Texas will host a grief support group to help you cope with your grief and pain after the death of a loved one, and to support you as you learn to go on with life. Trained facilitators will lead the sessions which will meet for 9 weeks on Sunday afternoons starting Feb 23. Class size is limited. Email grief@saintpaulchurch.org for more details or to register.

EDUCATION COMMITTEE

The Education Committee has an upcoming opportunity for our community.

What is The Enneagram? Together with us in a session this Spring, to explore The Enneagram, an ancient personality typing system. Prepare now by reading, The Road Back to You by Ian Morgan Cron and Suzanne Stabile, (available at Barnes and Noble, Amazon, Audible). Details to come regarding discussion date.

PRAYER REQUESTS

Please pray for our brothers and sisters in Christ.

Rory Meyers Nancy Swanson Carney Family

Geisler Family Keener Family Krebs Family

Tannous Family

Flood Family

Dick Hoesterey

In Thanksgiving

David Adams

Nicole Grinkivitch — Daughter of Sharon and Peter Larson

9 AM EMs and Lectors for February 8:

<u>EMs</u> <u>Lectors</u> Fran LaSpina Paul Dickel

Maureen Kuntz Barbara Landregan

Nick Kuntz

SMU CATHOLIC STAFF

Father Arthur Unachukwu, Chaplain/Director arthur@smu.edu

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Beverly Mendoza, *Director of Development* beverlym@smu.edu

Jillian Lim, Marketing & Communications (PT) jillianl@smu.edu

LITURGICAL MINISTERS

Monsignor Milam Joseph, Celebrates 9AM Mass milamjoseph@gmail.com

Ken Swinson, *Music for 9AM Mass* klsgks@sbcglobal.net

Dave and Lauren Moore, *Music for 5PM Mass* bookdavemoore@gmail.com

Emmeline Miles, *Music for 8PM Mass* emiles@smu.edu