

Anaphylaxis Action Plan

School Year:

Bus Driver's Instructions

X	No medication available. For all symptoms - Call 911	
	Student self-carries emergency medication	Type/Location:

School: St. Vincent de Paul	Address: 9050 93 rd Ave. N. Brooklyn Park, MN 55445	Phone: 763-425-3970
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Student's Name:	DOB:	Grade:	Rm:	Teacher:
Student's Address:				
Parent / Guardian:	Cell:	Phone:		
Parent / Guardian:	Cell:	Phone:		
Treating Physician:	Phone:			

Allergy to:		Food:		
		Insects (Specify):		Other (Specify):

History of Asthma:		Yes*		No	History of Anaphylaxis:		Yes *		No
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*More at risk for severe reaction

Brief description of past allergic reaction:
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Medication Doses:

Benadryl (Diphenhydramine)	
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EpiPen Jr. (0.15 mg)		EpiPen (0.3 mg)		Albuterol Inhaler
Adrenaclick (0.15 mg)		Adrenaclick (0.3 mg)		
Twinject (0.15 mg)		Twinject (0.3 mg)		
Auvi-Q (0.15 mg)		Auvi-Q (0.3 mg)		

This student has a second dose available:		No		Yes
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A second dose of epinephrine may be given _____ minutes or more after the first dose; if there is no improvement in the symptoms or symptoms recur.

Name:

Gr.

Year:

SEVERE SYMPTOMS*For ANY of the following:*

- **LUNG:** Shortness of breath, wheezing, repetitive cough
- **HEART:** Pale or bluish skin, faintness, weak pulse, dizziness
- **THROAT:** Tight or hoarse throat, trouble breathing or swallowing
- **MOUTH:** Significant swelling of the tongue or lips
- **SKIN:** Many hives over body, widespread redness
- **GUT:** Repetitive vomiting, severe diarrhea
- **OTHER:** Feeling something bad is about to happen, anxiety, confusion

**INJECT EPINEPHRINE IMMEDIATELY****Call 911****MILD SYMPTOMS**

- **NOSE:** Itchy or runny nose, sneezing
- **MOUTH:** Itchy mouth
- **SKIN:** A few hives, mild itch
- **GUT:** Mild nausea or discomfort

MILD SYMPTOMS from a single body area:

1. Give Antihistamines (if available)
2. Monitor the student; call emergency contact.
3. Watch closely for changes.
4. If symptoms progress

INJECT EPINEPHRINE IMMEDIATELY**MILD SYMPTOMS from MORE than one body area:****INJECT EPINEPHRINE IMMEDIATELY****Act quickly. The first signs of a reaction can be mild, but symptoms can get worse very quickly.**

1. Hold the child's leg firmly in place and limit movement prior to and during injection
2. **INJECT EPINEPHRINE: Hold in place for 3 seconds; massage site for 10 seconds.**
3. **CALL 911** Alert them Student is having a life-threatening allergic reaction.
4. Begin monitoring (see below)
5. Give additional medications if available:
 - Benadryl (Diphenhydramine)
 - Inhaler if student has asthma

Monitoring:

- Stay with student; contact parent/guardian
- Note time the epinephrine was given, give the epinephrine pen to the rescue squad
- Student may lay down with feet up or sit in a chair

Comments:

Emergency Plan and Medication should accompany student on all field trips.

Nurse Signature		Date	
Parent/ Guardian Signature		Date	
Physician/Healthcare Provider		Date	

504 rights and brochure given to Parent/Guardian	Date:	or	IEP – Special Ed	Initials:
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Emergency Epinephrine Administration Guidelines

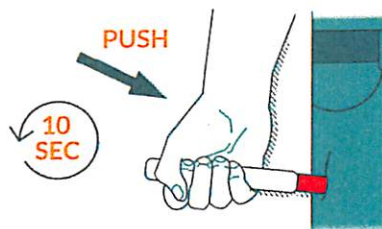
- Only inject medication into the middle of the outer thigh at a 90-degree angle.
- **DO NOT INJECT** into any other part of the body.

Epinephrine Auto-injection/Adrenaclick Steps

Step 1

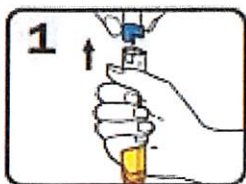


Step 2

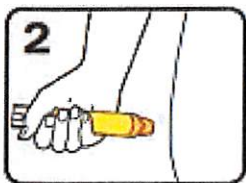


1. Pull pen caps
2. Inject
3. Remove epinephrine injection, USP auto-injector from the thigh.
4. Massage the area for 10 seconds.
5. Check the red tip.
6. The injection is complete if you see the needle sticking out of the red tip.
7. If you do not see the needle repeat Step 2

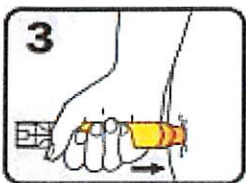
How to give EpiPen®



1 Form fist around EpiPen® and PULL OFF BLUE SAFETY RELEASE

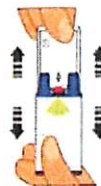


2 Hold leg still and PLACE ORANGE END against outer mid-thigh (with or without clothing)

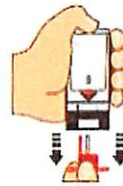


3 PUSH DOWN HARD until a click is heard or felt and hold in place for 3 seconds REMOVE EpiPen®

Auvi-Q™ Administration Guide



Pull cartridge from case.



Pull off **RED** Safety Guard



Place **BLACK** end against outer thigh, then press firmly and hold for 5 seconds.