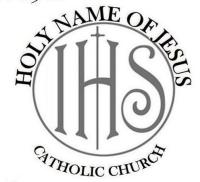
# St. Mary's

# Holy Name of Jesus Catholic Churches





### Diocese of Amarillo Most Rev. Patrick J. Zurek, Bishop Rev. Grant Spinhirne, Administrator

St. Mary's 22830 Pondaseta Road P.O. Box 105 Umbarger, TX 79091 (806) 499-3531 Holy Name of Jesus 317 W. Main P.O. Box 128 Happy, TX 79042 (806) 558-2871

#### WWW.STMARYSUMBARGER.COM

Mass Schedule						
		Umbarger	Нарру			
Mon, February 17	The Seven Holy Founders of the Servite Order	No Mass	No Mass			
Tue, February 18		7 PM - Christian Mothers	No Mass			
Wed, February 19		8 AM - Clara Grabber	No Mass			
Thu, February 20		8 AM - Jim Grabber	7 PM -			
Fri, February 21	St. Peter Damian	8 AM - Patricia Adrian	No Mass			
Sat, February 22		No Mass	No Mass			
Sun, February 23	The 7th Sunday in Ordinary Time	9:00 AM - Parish Family	11:15 AM - Parish Family			

#### ST. MARY'S

Date	Lector	Servers	Eucharistic Ministers	Usher	Gifts
February 23, 2020	Landon Finke	Jillian Johnson Natalee Finke Charles Russell	Jamie Pender Kelley Wegman April Artho	CYO & KC Usher	Volunteers

**Divine Mercy Chaplet:** 1st Sunday at 10:30 AM

**Anointing of the Sick:** By Request **CYO** 4<sup>th</sup> Sunday 6:00 pm. at the Hall

**CCD:** Sundays at 10:15-11:30

**Christian Mothers Meeting:** Tuesday, February 18. There will be a door prize!

#### JOIN US FOR A SHROVE TUESDAY SPAGHETTI

**SUPPER** fundraiser to help 7 CYO members go to a Steubenville Conference in July 2020! Donations accepted. February 25th from 5 pm - 8 pm while supplies last!

**Fruhlingsfest Pre-Planning:** If anyone is interested in helping in the kitchen, with live auction items or in any way for our fundraiser, please contact Debbie Batenhorst (806)499-3543.

**St Mary's Prayer Blanket Ministry:** If you or a loved one suffers from a serious illness and would like a blanket, please contact Laurie Wegman or Fr Grant.

**2019 Contribution Statements:** If you would like this statement, please contact Christina Wegman (806)236-8730.

**Did you know?** All proceeds from Fruhlingsfest go to St. Mary's Building Fund.

# The chalice, the Sacred Heart and their powerful connection

By Philip Kosloski

One of the most quoted passages from St. Paul's letters defines the qualities of true love.

Love is a word used frequently in today's world, but its definition is not easily established. For many love is a feeling that comes and goes and passes away. While this is certainly one aspect of love, it doesn't get to the heart of love according to the Gospel.

St. Paul explains the various qualities of "true love" in his letter to the Corinthians. The passage is frequently recited at weddings, so many are familiar with it.

However, do we take St. Paul's words to heart and live them out?

Here are St. Paul's words that we should meditate on daily, especially if we are married or in a dating relationship. The love that St. Paul describes is truly a love that endures and will stand the test of time. It is not a passing emotion, but an action of the will.

If you want to experience "true love," love one another as St. Paul describes.

Love is patient and kind; love is not jealous or boastful; it is not arrogant or rude. Love does not insist on its own way; it is not irritable or resentful; it does not rejoice at wrong, but rejoices in the right. Love bears all things, believes all things, hopes all things, endures all things. Love never ends. (1 Corinthians 13:4-8)

#### **HOLY NAME OF JESUS**

#### How sacred images can lead to peace in the soul

By Philip Kosloski

Icons and other beautiful images can elevate our prayer life and rescue us out of despair.

While it's true that prayer does not require the use of sacred images or icons, they certainly do help and can have a powerful effect on the soul. The Catholic Church has firmly believed in the importance of sacred art for centuries and even encourages it in the Catechism.

Sacred art is true and beautiful when its form corresponds to its particular vocation: evoking and glorifying, in faith and adoration, the transcendent mystery of God – the surpassing invisible beauty of truth and love visible in Christ, who "reflects the glory of God and bears the very stamp of his nature," in whom "the whole fullness of deity dwells bodily." This spiritual beauty of God is reflected in the most holy Virgin Mother of God, the angels, and saints. Genuine sacred art draws man to adoration, to prayer, and to the love of God, Creator and Savior, the Holy One and Sanctifier. (CCC 2502)

It is a custom in many parts of the world of having an "icon corner" in the home, where religious painting are hung for the purposes of personal prayer. An individual will stand, sit or kneel while meditating on these images, raising their hearts to God.

St. John Paul II highlighted the importance of beautiful works of art in his Letter to Artists, going so far as to say the "The Church needs art."

At the end of the Council the Fathers addressed a greeting and an appeal to artists: "This world—they said—in which we live needs beauty in order not to sink into despair. Beauty, like truth, brings joy to the human heart and is that precious fruit which resists the erosion of time, which unites generations and enables them to be one in admiration!"

Beauty is a key to the mystery and a call to transcendence. It is an invitation to savour life and to dream of the future. That is why the beauty of created things can never fully satisfy. It stirs that hidden nostalgia for God which a lover of beauty like Saint Augustine could express in incomparable terms: "Late have I loved you, beauty so old and so new: late have I loved you!".

Interestingly enough, secular research in this regard has found a fascinating connection between viewing beautiful art and an increase in positive brain waves. In an article published by The Telegraph, Professor Semir Zeki, chair in neuroaesthetics at University College London, relates the finding of his study.

"We wanted to see what happens in the brain when you look at beautiful paintings. What we found is when you look at art — whether it is a landscape, a still life, an abstract or a portrait — there is strong activity in that part of the brain related to pleasure....The blood flow increased for a beautiful painting just as it increases when you look at somebody you love. It tells us art induces a feel good sensation direct to the brain."

This appears to confirm that beautiful art has the ability to touch the depths of our soul and can not only help us focus in prayer, but also lead to feelings of peace.

If you are looking for ways to improve your prayer life, try using beautiful images and icons that raise your heart to God.

#### Oración para ofrecer tu día a Dios al despertarte

By Anna Ashkova

En tu cama, delante de un icono, o de camino al trabajo, dirige a Dios esta oración de Teresa del Niño Jesús para bien empezar el día.

"Pero yo cantaré tu poder, y celebraré tu amor de madrugada" (Sal 59, 17).

No hay nada mejor que rezar al levantarse para ofrecer el día al Señor. La ofrenda de la mañana permite comenzar el día positivamente y enfrentar todas las dificultades con la ayuda de Dios.

A lo largo de los siglos muchas ofrendas matinales han sido compuestas por santos. Entre estas oraciones está la de santa Teresa del Niño Jesús.

Dios mío, te ofrezco todas las acciones que voy a hacer hoy, por las intenciones y la gloria del Sagrado Corazón de Jesús; quiero santificar los latidos de mi corazón, mis pensamientos y mis obras más sencillas, uniéndolas a sus méritos infinitos, y reparar mis faltas vertiéndolas en el horno de su amor misericordioso.

Dios mío, te pido para mí y para los que quiero, la gracia de cumplir perfectamente tu santa voluntad; de aceptar, por tu amor, las alegrías y las penas de esta vida pasajera, para que un día nos reunamos en el Cielo para toda la Eternidad. Amén.

### **NEWS FROM AROUND THE DIOCESE**

#### FOR BULLETIN NOTICES - Bulletin

Deadline: Thursday @ noon. Please Contact Fr. Grant by email: <a href="mailto:frgrantspinhirne@gmail.com">frgrantspinhirne@gmail.com</a> or Christina Wegman by email:

<u>cwegman696@yahoo.com</u> or by phone:

(806)499-3531.

<u>Baptism or Wedding</u> Please contact Fr. Grant at least 1 month in advance for baptisms and 6 months advance for weddings.

#### **Sacrament of Reconciliation:**

<u>Umbarger</u>: Sundays at 8:30 am or by appointment. <u>Happy</u>: Saturdays at 5 p.m. and Thursday at 6:30 p.m. or by appointment.

To use or rent the church or parish hall, please contact Fr. Grant or Debbie Batenhorst at least 3 months before the event.

**FOR MASS INTENTIONS** please talk to Fr. Grant or leave the intention in the collection basket. There are envelopes available in the back of Church.

#### Please pray for all the sick in our parishes

**ST. MARY'S:** Marcella Brandt, Jeremy Koch, Shirley Skarke Richardson, Marie Wieck

Holy Name of Jesus: Lucy Armendariz, Ricardo Brionez Sr., Ricardo Brionez Jr., Joe Frausto, Susana Garza, Martina Mendez, Martin Montoya, Mario Quzada, Felix Silva, Pedra Soto, Betty Sosa, Leonel Sosa, Mary Ann Sosa, Paula Sosa

# The Office of the Victim's Assistance Coordinator for the Diocese of Amarillo

Sharyn Delgado Victim Assistance Coordinator 719 South Austin Amarillo, Tx 79106 *Phone:* 806-671-4830 *Fax:* 806-373-4662

Email: skdelgado@aol.com

Natural Family Planning (NFP). Learn NFP at home and at your own pace with the Home Study Course from NFP International, www.nfpandmore.org. Includes Ecological Breastfeeding (it really *can* space babies), a double-check system of fertility awareness, and Catholic teaching that's easy to understand. Work with a live instructor by email. Completion certificate. Only \$70.

# Would you Like to attend an ACTS Retreat Weekend?

Next Retreat: February 27- March 1, 2020 Men's Retreat

There is more information about the ACTS Retreat online. If you or someone you know would like to attend you can register online at: **ACTSamarillo.org**