



NUTRITION SERVICES 2025-2026

PAYSCHOOLS CENTRAL

- SATG uses PaySchools Central for our online lunch payment system.
- **New families**
 - Set up an account at Payschoolscentral.com
- **All Families**
 - Add funds to your account
 - Set up auto replenishment
 - Set up reminders and manage account
 - Complete the free and reduced application if applicable

FREE AND REDUCED LUNCH

1. Your family may qualify for free or reduced lunch
2. Please complete the online application on Payschools Central – the link is also available on the school website under nutritional services.
3. Application needs to be completed annually

LUNCH PRICES

SATG encourages all students to enjoy our full lunch options

- Meal Prices
 - Grades K-2 \$ 3.50
 - Grades 3-8 \$ 4.00
 - A la carte (entree only) \$2.50
 - Milk \$.50
 - Other menu item prices are posted on online



For any questions or concerns please contact Kathleen Miluk
at kmiluk@saint-albert.org
Food Service Director

NATIONAL SCHOOL LUNCH PROGRAM (NSLP)

- ✓ SATG participates in the NSLP which has specific nutritional guidelines
- ✓ We offer a variety of fresh fruits and vegetables daily along with hot and cold entrees
- ✓ Our a la carte and snacks also meet the smart snack guidelines
- ✓ Check the menu regularly for changes and additions

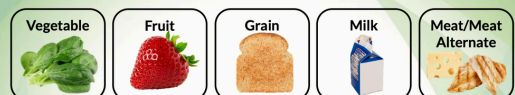
LUNCH MENUS online at My School Menus

<https://myschoolmenus.com/organizations/1454>
and on the school website – school.saint-albert.org
(About>Nutrition Services)

Allergy and Nutritional information is also easily accessible via my school menus

PLEASE REMIND YOUR CHILD TO CHOOSE AT LEAST 3 ...

The 5 Food Components for Lunch



**Choose at least 3 components
(including ½ cup fruit and/or vegetable)**

For a nutritious meal, choose all 5!

Ohio Department of Education and Workforce

Office of Nutrition

National School Lunch Program

All children in households receiving benefits from the Supplemental Nutrition Assistance Program (SNAP) or Ohio Works First (OWF); foster children that are under the legal responsibility of a foster care agency or court; children participating in their school's Head Start program; and children who meet the definition of homeless, runaway, or migrant are eligible for free meals. Also, your children may receive free or reduced-price meals if your household's income is within the federal income eligibility guidelines limits.

INCOME ELIGIBILITY GUIDELINES 2025-2026			
Household size	Yearly	Monthly	Weekly
1	\$28,953	\$2,413	\$557
2	39,128	3,261	753
3	49,303	4,109	949
4	59,478	4,957	1,144
5	69,653	5,805	1,340
6	79,828	6,653	1,536
7	90,003	7,501	1,731
8	100,178	8,349	1,927
Each additional Person:	10,175	848	196

USDA is an equal opportunity provider, employer, and lender.