

# Saint Cecilia Parish

90 Church Street  
Rockaway, New Jersey 07866

Parish Office: 973-627-0313 Website: [st-cecilia.org](http://st-cecilia.org) — Office: [stcec@optonline.net](mailto:stcec@optonline.net) Fax: 973-627-4811  
To Contact: Fr. Zig: Ext. 12 or [speplowski@optonline.net](mailto:speplowski@optonline.net)  
Fr. Cerilo: Ext 14 or [javinece@shu.edu](mailto:javinece@shu.edu) — Fr. Matt: Ext 15 or [frmateuszdarlak@gmail.com](mailto:frmateuszdarlak@gmail.com)  
School: 973-627-6003 CCD Office: 973-627-0313 Ext. 17

**Rev. Sigmund Peplowski**  
PASTOR

**Rev. Cerilo Javinec**  
PAROCHIAL VICAR

**Rev. Mateusz Darlak**  
PAROCHIAL VICAR

**Deacon Paul Willson**

**Seminarian Angel Torres**

**Mrs. Janet Maulbeck**  
BUSINESS ADMINISTRATOR  
and YOUTH PROTECTION/  
SAFE ENVIRONMENT  
COORDINATOR

**Mr. James Clancy**  
DIRECTOR OF FAITH FORMATION

**Mrs. Ann Mitchell**  
PRINCIPAL

**Mrs. Diane Boykow**  
CEMETERY ADMINISTRATOR

**Mr. Charles Linnell**  
MUSIC DIRECTOR



## CERTIFICATE OF ELIGIBILITY

All Catholic Churches in the United States require from Catholics serving as a Godparent for Baptism or a sponsor for Confirmation a certificate of eligibility. This document certifies that the Godparent/sponsor is a registered member of the parish, attends Holy Mass, approaches the sacraments regularly and contributes to the support of the Church via the Sunday offering envelope program or "Parish Pay". It is the responsibility of the individual to meet these requirements as listed in the Code of Canon Law, #874.

## SACRAMENT OF BAPTISM

A Pre-Baptismal Class is held the third Monday of each month at 7:00 pm in the parish office. No pre-registration required. Both parents are encouraged to attend the class before the birth of the baby. The Sacrament of Baptism is administered weekly at the 12:15 pm Mass and a Baptismal Ceremony at 1:30 pm.

## SACRAMENT OF MATRIMONY

Arrangements are to be made at least ONE YEAR in advance. The date should not be set until the priest has been consulted.

## SACRAMENT OF THE SICK

Urgent calls will be attended to at any time of the day or night. If there is anyone at home or in the hospital who cannot get to Mass and the Sacraments because of illness or old age, please inform one of the priests or call the Parish Office @ 973-627-0313.

## MASSES

### Weekends

Saturday: 4:30 pm, 7:00 pm  
Sunday: 8:00 am, 9:15 am  
10:45 am and 12:15 pm  
5:00 pm (Vietnamese)

### Holydays

Vigil 4:30 pm  
6:30 am, 8:00 am & 7:00 pm

### Weekday Schedule:

Monday - Friday  
6:30 am & 8:00 am

### Saturday

8:00 am followed by Novena

### Confessions

Saturdays 3:30 pm to 4:00 pm  
and 6:30 pm  
Any time by appointment

**Susan Brennan**  
TRUSTEE

**James Gallagher**  
TRUSTEE

## PARISH PRAYER LIFE

### NOVENA: OUR LADY OF THE MIRACULOUS MEDAL AND OUR LADY OF FATIMA

Saturday morning after the 8:00 am Mass

**BIBLE STUDY:** Tuesday @ 9:30 am; Monday Night Bible Study @ 7:30 pm; Mommy Bible Study @ 9:30 am on Thursdays

### CHARISMATIC PRAYER GROUP

Tuesday evenings at 7:45 pm (Hayes Hall)

**PADRE PIO PRAYER GROUP:** 3rd Wed. @ 7:00 pm (PO)

**HOLY HOUR:** Monday @ 7:00 pm

### RCIA—RITE OF CHRISTIAN INITIATION— FOR ADULTS:

Please contact Jim Clancy @ 973-627-0313

**ROSARY PRAYER GROUP:** Monday through Sat. @ 7:30 am

### Parish Office Hours

Monday thru Thursday: 8:30 am to 4:30 pm  
Friday: 8:30 am to 2:00 pm  
Closed for lunch: 12:00 to 1:00

# Mass Intentions

## Monday, March 2, Lenten Weekday

6:30 am— Special Intention

8:00 am— Madlyn Long req. by the St. Cecilia Seniors

## Tuesday, March 3, Saint Katharine Drexel, Virgin

6:30 am— John Amicucci req. by Family

8:00 am— Leo Vitcuskys, Birthday Remembrance, req. by Roberta Vitcuskys

## Wednesday, March 4, Saint Casimir

6:30 am— Msgr. Charles Powers

8:00 am— Thomas Boykow, Birthday Remembrance, req. by George, Diane & Family

## Thursday, March 5, Lenten Weekday

6:30 am— Fr. Ann & Mary Therese Fitzpatrick req. by Claire Dowling

8:00 am— Margaret McGinley

## Friday, March 6, Lenten Weekday

6:30 am— Msgr. Denis Hayes

8:00 am— Theodore & Carol Jacobsen req. by Darlene, Amanda & Tyler

## Saturday, March 7, Saints Perpetua and Felicity, Martyrs

8:00 am— Mary T. Jozwiak req. by Anna

## Sunday, March 8, Second Sunday of Lent

4:30 pm— Denise Quartermaine req. by Dave & Lois Chasin  
James Ennis req. by Ray Wiest

7:00 pm— Richard Kotteles req. by Mary Kulawiec  
Mercedes Mondejar req. by Jeanette Lami

8:00 am— For the Holy Souls in Purgatory

9:15 am— Annette Maratta req. by Lee Ann & Marty Mackin  
Dorothy Gunder req. by Peggy McKinney

10:45 am— Mary Catherine Kohler and Gabriel Palma req. by the Palma Family

12:15: pm— Joseph Sala req. by Family  
Bertha Mazzo req. by Rosa Sanchez

## ST. CECILIA CHURCH COLLECTION GOALS

Week Ending : February 23, 2020

Collection—Checks	\$ 3,169.00
Collection—Cash	\$ 7,814.75
WeShare Electronic Giving	\$ 3,422.43
<b>Total Weekly Collection</b>	<b>\$ 14,406.18</b>

Yearly Collection Goal (BUDGET)	\$ 839,000.00
Weekly Goal	\$ 15,196.08

<b>Weekly Collection Surplus (Deficit)</b>	<b>\$ (495.78)</b>
<b>Year To Date Surplus (Deficit)</b>	<b>\$ (20,774.73)</b>

## **THE WORD OF GOD**

25: Gn 12:1-4a Ps 33:4-5, 18-20, 22  
2 Tm 1:8b-10 Mt 17:1-9

Our Condolences to the Family of:  
**Peter Skolsky**  
Eternal Rest Grant to them O Lord



*The Sanctuary Candle burning on our altar  
this week is in loving memory of*

**Thomas Boykow**

*Req. by his Dad, Mom, Sister & Brothers*



# STATIONS of the CROSS



The people of St. Cecilia Parish are asked to pray for the following people serving our country in the armed services: **Sme3 Andrew Clifford,**

**Joseph Giannetti US Navy, Lance Corporal Dennis Wuest, Capt. Kelley E. Robbins, Pvt**

**USMC, Diego Usma, Major Glenn E. Martinez, Sgt. Brian Whalen, Capt. Anthony Odierno, Cpl. Kong V. Nguyen, Cpl. Jim Van Valen, LCPL Anthony Eresman, Sgt. Paul J. Willson, PFC Cano Janeth, Sgt. Bob Autrey, Col. William Paliwada, Sgt 1st Class (E7) Sam Colon, PFC Marylyn Rivera-Sachez, Cpl. Edward C. Thompson, Major Kevin M. Nash, Lt. Amy Cronin, Col. John L. Medeiros, Jr., Sgt. Daniel Healy, Marine Keith Leitner, Sgt. Spencer Lopez, PFC Taryn Kemp, Jeffrey Braunhausen, E7 Joseph Grimsey, Bill Maloney, Greg Bloete, Gian Carlo Bruzzese, Spc. Christopher Little, PFC Brittany Martindell, PO1 (E6) Matthew Fitzgerald, SA Justin C. White, Matthew & Daniel Rosica, Mark Leonard, Sr. Armn. Ashley Valetta, Sgt. John Wisnofsky, Cpl. T.J. Finn, Sgt. Kristopher Faber, Capt. Vincent Presto, Airman First Class William Kussler, Spc. Gregory Villaneuva and Sgt. Casey W. Lyness. We ask God the Father of us all, through the intercession of St. Michael the Archangel, to protect all the men and women in our Armed Forces, to bless them in their efforts toward bringing peace and justice to our world. May they be brought back safely to those they love.**

580-St. Cecilia



Ethan Chandra, Dean Wayne Campbell, Doris Cusick, Carol Centonze, Jane Gorcica, Sam Sessa, Carol Ferrante, Jim Golden, Karen Niles, Noel Wadleigh, Joanna Sacco, David Cicchine, Teresa D'Atria, Derek Bascharow, Debbie Malc, Grace McDermott, Joe Horvath, Jr., Elvira Bugaoan, Owen Peter Byrne, Tia Maddaloni, Mason Walker Steussing, Susan Mejia, Derek Bascharow, Isabel Rattay, Tom Hull, Kathleen Fazio, Kristin Wich, Kyle Johnson, Kate Darlington, Jake Michael Miraldi, Cheryl Anne Bornemann, Sean Nolan, Maryann Hughes, Peggy Eileen Miars, Ray Kennedy, Richard Corcoran, Madison Rose Leslie, Demetrius Barbee, Lucille Bardi, Frances Finn, Dorothy Murray, Virginia Cousins, Stephanie Lewis, Kimberly Dugan, Gale Sessa, Marguerite Buggy, Mike Murray, Helene Turner, Michael Turner, Ruben Lorenzo, Michael Alvarez, Mina Simmons-Jones, Joe Maulbeck, Mary Merz, Dolores Faulkner, Marion Cables, Patricia Smith Schulman, Vincent Fortunato, Joyce Turner, Tom Cumiskey, Dennis O'Brien, Steven Simmons, Ariel, James DiStaiso, Marty Mackin, Brian Bosworth, Dennis Dilger, Robyne LaGrotta, Dave Lewis, Christopher Darlak, Frieda Solow, Claudia Fontanella, Richard Brezin, Jimmy Carroll, Diane Milo, Claire Wasacz, Peggy Traino, Emilio Viola.

## PARISH EVENTS

**BAPTISM CLASS** – A meeting of all those wishing information and scheduling for a baptism will meet on Monday evening, March 16th in the Saint Cecilia Parish office at 7 pm. Father will be present to conduct the information session and answer questions regarding the celebration of the sacrament.

**SCAM E-MAILS** – Please be aware that scam e-mails, texts & phone calls are being sent bearing my name. Please do not respond to these communications which do not come from me. I would never request money, gift cards, “favors” nor anything via these means. – Father Zig

**ST. JOSEPH NOVENA** – The novena to Saint Joseph begins on Tuesday, March 10<sup>th</sup> at the conclusion of the 8 o'clock morning Mass and will take place each day until the Solemnity of Saint Joseph on Thursday, March 19<sup>th</sup>. On the feast day following the Holy Mass Saint Joseph pastries will be blessed followed by a brief program on Saint Joseph in Hayes Hall.

### **Church Regulations Regarding Fast and Abstinence:**

Abstinence from meat (beast or fowl) is to be observed by all Catholics fourteen years old and older on Ash Wednesday

and on all the Fridays of Lent. This obligation prohibits the eating of meat, but not eggs, milk products, or condiments of any kind, even though made from animal fat.

Fasting means limiting oneself to one full meal on a given fast day. Catholics who are eighteen years of age but not yet fifty-nine are obliged to fast on Ash Wednesday and Good Friday. On fast days, two additional smaller meals are permitted if necessary to maintain strength. However, the two smaller meals together may not equal one full meal. Moreover, eating solid foods between meals on fast days is not permitted.

**BEREAVEMENT SESSIONS TO BEGIN** – The passing of a loved one is the greatest hurt which we endure in life. If you recently lost a loved one to death we invite you to participate in our bereavement program here at Saint Cecilia's, open to both parishioners and non parishioners. The six week program begins on March 25 and will meet for the next five Wednesdays from 7 to 8:30 pm in the parish office. The last sessions will be a Mass & candle ceremony in church. Registration is required by calling the parish office at 973.627.0313 prior to March 18th.

**PRECIOUS BLOOD** – It has been advised that the distribution of Precious Blood at the Sunday Masses be suspended during the flu season. The sharing of the “Cup of Salvation” will resume on Holy Thursday, April 9th. Fr. Zig

**HELP NEEDED** – Volunteers are needed to assist in the laundering of the linens used during the Holy sacrifice of the Mass. You would be put on a schedule once every 4 to 6 weeks. If you are interested or **need more information**, please call or stop by the parish office—973-627-0313. Thank you!

**Welcome Home:** This Lenten season, each Catholic parish in the Diocese of Paterson will have Confession available every Monday in March 7:00 pm—8:30 pm. If you have been reluctant to come to the Sacrament, have been away for some time or just found it difficult to get to a Saturday afternoon Confession time, this is a wonderful opportunity to re-connect with Christ and His Church. Don't be afraid! Information will be provided. Ask the priest to help you. Experience the gracious mercy of God!

[www. WelcomeHomeToHealing.org](http://www.WelcomeHomeToHealing.org)

**MEN'S RETREAT** – A retreat for men will take place in our parish beginning with Stations of the Cross at 7 o'clock on Friday evening, March 27<sup>th</sup> and concluding with Holy Mass at noon on Saturday, March 28<sup>th</sup>. Registration for the retreat can be done by calling the parish office prior to March 24<sup>th</sup> or can be done on line at <https://bit.ly/37HjAYD>. The registration fee is \$20 per person. The topic is “Real Life Perspectives on the Parable of the Prodigal Son.” Speakers will include Father Carmen Buono and Sam Chey. A wonderful opportunity for a spiritual recharge! Guys, you won't regret participating in this event.

## ST. CECILIA SENIOR CLUB NEWS AND EVENTS

*Please be advised that all the “Senior Events” are open to everyone 55 and over from St. Cecilia & Sacred Heart Parishes!*

**Regular Meetings: March 3rd & 31st, April 7th & 21st @ 12:00 pm**

**March 10th: Casino** – Price to be determined.

**March 17th: Huntington Hills Theater**  
Irish show-singer-dancers-comedian-music  
Cost: \$85.00 for members

**April 14th – Wind Creek Casino – \$30.00**  
For more info on the theater or casino trip call:  
Carol Shinck @ 973-537-5529

**12 Night Southern Caribbean Cruise**  
Sail Date: 12/07/20 from  
Cape Liberty on RCCL Anthem of the Sea  
For more info call:  
Alice Koller @ 973-627-8558



**Priesthood****For Men Discerning the Priesthood**

First Saturday of the Month

9:00 am – 12:00 pm

Domus Bartimaeus,

House of Discernment

913 Birch Street, Boonton, NJ 07005

Mass, Adoration, Talk, Lunch

**Diocese of Paterson**

Rev. Edward Rama, Vocation Director

973-777-8818 ext 715

Email: [Vocations@PatersonDiocese.org](mailto:Vocations@PatersonDiocese.org)Website: [PatersonDiocese.org](http://PatersonDiocese.org)**Pray for Vocations to the Priesthood**

“The Harvest is abundant but the laborers are few; so Ask the Master of the harvest to send out laborers for His harvest.” Please join us in prayer for Vocations by Offering up a Holy Hour and Rosary once a week.

**The Sisters of Christian Charity** are looking for Nurse Aides at the Mallinckrodt Convent, Mendham, NJ.. Evening 3:00—11:30 pm and night 11:00 pm—7:30 am shifts. Certification desired but not required. On the job training available. If interested, please contact Sister Elizabeth Kovacs @ 973-230-5335  
[administrator@scceast.org](mailto:administrator@scceast.org)

**LENTEN PARISH RETREAT** – “The Father’s Only Beloved Son,” is the title of this year’s Lenten retreat which will take place on Saturday, March 7th at the Saint Francis Center in Denville. The retreat begins at 8:30 with breakfast followed by two conferences and concluding with the Holy Mass at Noon. This year’s retreat will look at the story of Abraham—a story of promise, faith, sacrifice and fulfillment—and what the faith of Abraham means for us in the light of Jesus’ death and Resurrection. The cost for the retreat is \$20 per person. Reservations are a must and can be made by calling the parish office no later than Tuesday, March 3rd. The presenter is Father Andrew Burns who serves as parochial vicar at Saint Joseph Church in Mendham.

**Assumption College for Sisters, Denville**, will host their Nineteenth Annual Caring Basket Gala on March 26, 2020, honoring Brother Paul, Diveny, OSB, Louis and Julianne Modugno, and Thomas Anselmi. The event will be held at the Hanover Marriot from 6:30-10:00 PM. Featured during the event are a 50/50 cash raffle and basket raffle along with a silent and live auction. All proceeds are primarily for the support and education of the 20 international Sisters from developing nations who are attending the college where we say, “Teach a Sister...Touch the World”. For more information and for the invitation, visit [www.acs350.org/events-2/](http://www.acs350.org/events-2/)

**Do ‘Something Beautiful for God’**

From February 26 through April 5<sup>th</sup> 2020, there will be “40 Days for Life” daily prayer vigils around the world outside of Planned Parenthood and other abortion providers. Please join us as we pray at 196 Speedwell Ave. - Planned Parenthood of Morristown - where every day, three babies die from chemical abortions; i.e. over a thousand each year. Your gift of an hour or more of peaceful witness and prayer any time between 7 a.m. and 7 p.m., Monday through Sunday, will help to save God’s children in danger of abortion. Do something beautiful for Him, and sign up for any hour(s) you can give at <https://40daysforlife.com/browse-campaigns>, or contact the local campaign coordinator, Frances Spillman, at [44lifeus@gmail.com](mailto:44lifeus@gmail.com) to sign up. Signs will be provided, or you can bring your own; but nothing graphic. Just imagine how wonderful you will feel to find out that you saved a child’s life! We hope you will join us.

**ECUMENICAL LENTEN LUNCHESES** – The clergy of the Rockaway Ecumenical Association will once again sponsor the Fridays of Lent lunches at the First Presbyterian Church in Rockaway beginning on February 28th. The lunch begins at 12 Noon followed by a Lenten presentation given by the clergy of the host congregation. The schedule is: February 28 – Holy Trinity Lutheran Church, March 6 – United Methodist Church of the Rockaways, March 13 – Teabo United Methodist Church, March 20 – St. Simon the Apostle Catholic Church, March 27 – First Presbyterian Church, April 3 – St. Cecilia Catholic Church. A free will offering is accepted for the lunch.

**RCIA—RITE OF CHRISTIAN INITIATION FOR ADULTS**

Are you or someone you know in need of adult faith formation and sacrament preparation? Are you interested in coming into the church as a fully initiated Catholic (Baptism, Eucharist, & Confirmation)? If you or someone you know is searching and feeling called to enter more fully into the life of the church, please contact Jim Clancy in the parish office to discuss joining our RCIA program @ 973.627.0313 or [StCecilia.FaithFormation@gmail.com](mailto:StCecilia.FaithFormation@gmail.com).

**2020 TRIP TO MEDJUGORJE, CROATIA, SLOVENIA & ADRIATIC COAST**

Join Father Zig on this trip September 29th to October 12th, 2020 which will begin with a visit to the site which is traveled to by thousands of pilgrims every year and is associated with the Blessed Virgin Mary. Information brochures can be found in the church vestibule or in the parish office. Join us on this once in a lifetime visit to a most beautiful part of the world!

# Calendar of Events

## Monday, March 2

7:00 pm – Holy Hour/Confessions (Church)

7:30 pm – Monday Night Bible Study (Hayes Hall)

## Tuesday, March 3

9:30 am – Bible Study (Hayes Hall)

11:00 am – Seniors Meeting

7:45 pm – Charismatic Prayer Group (Hayes Hall)

## Wednesday, March 4

7:30 pm – Pro Life meeting at St. Mary's, Denville

## Thursday, March 5

7:00 pm – Faith Formation (Hayes Hall)

7:00 pm – Choir Practice (Church)

## Friday, March 6

3:30 pm – Girl Scout Meeting (Hayes Hall)

7:00 pm – Stations of the Cross

## Saturday, March 7

8:00 am – CCD Parent Retreat (Hayes Hall)

3:00 pm – Rosary Society Lenten Retreat (St. Francis)

## Sunday, March 8

Daylight Saving Time Begins

9:15 am – Children's Liturgy

**DEACON PAUL RETIREMENT TRIBUTE** – Upon reaching 75 in March His Excellency Bishop Arthur Serratelli has accepted the resignation of Deacon Paul Willson from active ministry. On Saturday, March 28<sup>th</sup> Deacon Paul will assist at the 4:30 p.m. Vigil Mass. Following the liturgy a reception will take place in Hayes Hall to which all are invited. This event will be a sign of our gratitude to Deacon Paul for his 19 years of diaconal service to our parish as well as a celebration of his 75<sup>th</sup> birthday. **IT IS IMPORTANT THAT YOU REGISTER FOR THE RECEPTION SO THAT THE PROPER AMOUNT OF FOOD MAY BE ORDERED. Please call the parish office with your reservation no later than Monday, March 23<sup>rd</sup>.** God bless Deacon Paul!

**OPERATION RICE BOWL** – Each year during Lent the Catholic Church in the United States sponsors **OPERATION RICE BOWL** which serves as the alms giving project benefiting the hungry throughout the world. You are asked to take a rice bowl and place it on your supper table as a daily reminder of the need to remember those who are hungry because of a lack of food and clean water. You are asked to place your offering in the alms box and return it to church on Easter Sunday, not before that since our fasting does not end until Holy Saturday, April 11<sup>th</sup>. Checks should be made payable to St. Cecilia Church with the memo RICE BOWL and one parish check will be sent to Catholic Relief Services.

## Divine Mercy Academy News

Divine Mercy Academy's

**"The Discount Card"** costs **\$10 each**

Please help support our school while supporting local businesses by purchasing Divine Mercy Academy's **"The Discount Card"**. Cards can be used over and over!!

Cards can be purchased where gift cards are sold. Thank you for your support!!!

### **Job Opening**

The Catholic Schools Office of the Diocese of Paterson is seeking applicants for the 2020-2021 school year for a principal for St. Mary School, Pompton Lakes, NJ. St. Mary School is a PK-8 elementary school. Closing date for applications is March 9, 2020. A job description and application material can be found at:

[www.patdioschools.org/administrative-openings](http://www.patdioschools.org/administrative-openings).

Please join **Morris County Right to Life** and friends as we join in with others across the country praying and fasting with 40 Days for Life. We will be praying in front of the Planned Parenthood at 196 Speedwell Avenue, Morristown from 7am to 7pm daily between February 26th through April 5th. Please contact Francis Spilman for information: [44lifeus@gmail.com](mailto:44lifeus@gmail.com).

### **CRAFT AND VENDOR FAIR**

Saturday, March 21, 2020

9:00 am—2:00 pm

[saintceciariosarysociety@gmail.com](mailto:saintceciariosarysociety@gmail.com) (973-886-8023)

**Are you going into the hospital?** Do you have a family member in the hospital? We would like to visit our parishioners who are homebound, in the hospital or other health care facilities. Because of patient confidentiality laws, the only way we can know is if someone informs us. Please call our parish office @ 973.627.0313. Thank you!

**SAVE THE DATE**—Corned Beef & Cabbage Dinner sponsored by The St. Monica Guild on March 14th from 5:00—8:00 pm in Hayes Hall or "Take Out". More info, please call Pat Zayac @ 973-625-4572.

**We are online: [www.st-cecilia.org](http://www.st-cecilia.org)**



My dear parishioners,

We gather on the Lord's Day and commemorate the First Sunday of Lent. The Gospel reading tells us of the temptation the Lord Jesus experienced in the desert. Following the baptism in the Jordan the Lord Jesus went into the desert for 40 days. This was a time for fasting and prayer which would inaugurate His three year ministry. Prayer and fasting fortified Jesus for His confrontation with Satan who had tried to deter the Lord from His mission.

Satan stood before Jesus to tempt Him and he does the same in regard to us. The devil is ever active in our world and does not hesitate to stand before us trying to entice us to abandon our faith. The evil one wants us to remove God from our life and embrace the secular culture which is the reality of today's world. Jesus shows us how to resist and to keep ourselves focused on the Kingdom of Heaven.

This Lent Satan will appear before you in ways in which you will not recognize him. He will come not with horns and a tail but in subtle and surprising ways. He will try to deter you from the Lenten practices which you should be embracing. He will aid you in rationalizing why you cannot incorporate the vigor's of Lent into your daily routine. He will try and convince you that prayer, fasting and almsgiving does not work in your family. Oh, is Satan shroud and masterful! He may even show himself in the comments you may hear from family and friends, so be ready!

The word LENT is derived from an old English word for "spring time." How appropriate that we use this term for the time before Easter when we focus upon the Passion and Death of Our Lord and Savior, Jesus Christ. During this time we experience a spring time for the soul as we go deeper into our spiritual life. Every day during Lent we must remember that "IT'S LENT!" From the moment we get out of bed in the morning and to the moment when we return to our bed in the evening, LENT must be on our mind. This will then set the course for the day and guide us in living a more Christ-centered life.

In reflecting upon the cruel suffering the Lord Jesus endured for our sins, the Innocent One suffering for the guilty, should we not "inconvenience" ourselves during these 40 days by PRAYER, FASTING, and ALMSGIVING?

Join with me this Lent in making this season a life changing experience, a springtime for the soul, as we come together for daily Mass, Friday Stations of the Cross, reading the Sacred Scriptures, praying the Rosary, and so many other wonderful opportunities to get close to Jesus, the Savior of our souls!

Let's observe Lent better this year than we have in the past!

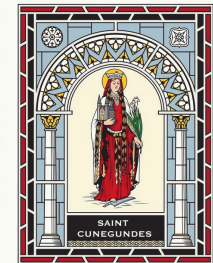
Father Zig

ST. CUNEGUNDES, Empress  
The Same Day, March 3—Patroness of Lithuania

THE father of St. Cunegundes was Sigfrid, first Count of Luxemburg. After a pious education, she was married to St. Henry, Duke of Bavaria, who, upon the death of Emperor Otho III, was chosen King of the Romans. St. Cunegundes was crowned Paderborn in 1002.

In 1014 she went with her husband to Rome and became Empress, receiving together with him the imperial crown from the hands of Pope Benedict VIII. Through married, she lived in continence, for, with her husband's consent, she had made a vow of virginity before her marriage. Calumniators accused her of scandalous conduct, but her innocence was signally vindicated by Divine Providence, as she walked over pieces of flaming iron without injury, to the great joy of the Emperor. Her husband, Henry II, died in 1024, leaving his widow comparatively poor, for she had given away nearly all her wealth in charitable works.

In 1025, on the anniversary of his death, and on the occasion of the dedication of a monastery which she had build for Benedictine nuns at Kaffungen, she clothed herself with a poor habit, adopted the veil, which she received from the hands of the Bishop, and entered that same monastery. Her occupations consisted in prayer, reading, and manual labor, and thus she spent the last fifteen years of her life. She died in 1040, and her body was carried to Bamberg, where it was laid near that of her husband, St. Henry.



Taken from, *Lives of the Saints*; Catholic Bookings Publishing Company, 1999, New Jersey

580-St. Cecilia

# *Saint Cecilia Parish*

*90 Church Street  
Rockaway, New Jersey 07866*

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Fr. Cerilo: Ext 14 or [javinece@shu.edu](mailto:javinece@shu.edu) — Fr. Matt: Ext 15 or [frmateuszdarlak@gmail.com](mailto:frmateuszdarlak@gmail.com)  
School: 973-627-6003    CCD Office: 973-627-0313 Ext. 17

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