



Church of Saint Ann

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Kelly McCabe and Kathy Randall Gill

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Valerie St. Jean, MPS: ext. 223 valerie.stjean@stannavon.com

CONFIRMATION & YOUTH MINISTRY DIRECTOR

Rosemary Neamtz, MSW: ext. 226 rosemary.neamtz@stannavon.com

BOOKKEEPER/FAITH FORMATION REGISTRAR

Jennifer Soucy, CPA: ext. 227 jennifer.soucy@stannavon.com

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Ann DiStefano, MPS: ext. 228 ann.distefano@stannavon.com

DIRECTOR OF MUSIC

Tom Stockton: ext. 230

PARISH OFFICE MANAGER

Kris Martino: ext. 221 kris.martino@stannavon.com

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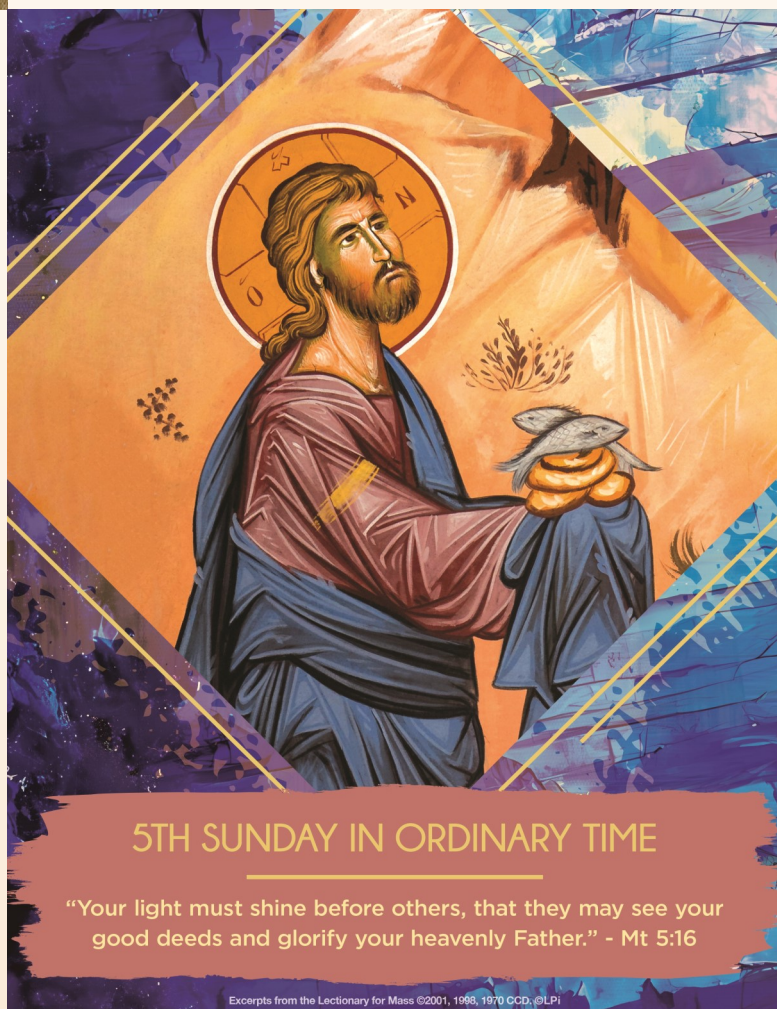
Kerry Magrini: kerry.magrini@stannavon.com

MINISTRIES COORDINATOR

Chip Janiszewski: chip.janiszewski@stannavon.com

CEMETERY SUPERINTENDENT

Mike Gould: ext. 225



5TH SUNDAY IN ORDINARY TIME

"Your light must shine before others, that they may see your good deeds and glorify your heavenly Father." - Mt 5:16

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 OCD, ©LPI

MASS SCHEDULE:

Monday - Friday:

9:00 am

Sunday Vigil (Saturday):

4:00 pm

Sunday:

7:30, 9:30 and 11:00am

First Friday:

9:00 am

CONFESSIONS:

Saturday: after 4pm Mass

First Friday: Before 9:00 AM Mass

Other times by appointment

DEVOTIONS:

Eucharistic Adoration:

Mondays 9:30-10:30am

Rosary: 8:30 am, daily

MMP Cenacle: Mondays at 7:15pm

Chaplet of Divine Mercy: Tues.- Fri.

9:30-9:40am in the Sanctuary

Holy Hour: Thursdays at 12noon

BAPTISM and MARRIAGES:

Please call the Parish Office: 860-673-9858, ext. 221

Please schedule marriage dates at least 6 months ahead. Weddings cannot be scheduled after the Saturday evening Mass or on Sundays.

BULLETIN DEADLINE & INSERTS

Please submit any bulletin announcements to the Parish Office by 2pm on the Monday prior to the weekend you would like it published.

Also, please contact the office to obtain permission to insert fliers into the weekly bulletin.



5th Sunday in Ordinary Time

MONDAY, February 6

9:00 George Palmer, requested by John & Alice Kuzia

TUESDAY, February 7

9:00 Hugh David Jones, requested by his wife, Carol

WEDNESDAY, February 8

9:00 Rev. Thomas E. McCarthy, requested by the Parish of Saint Ann

THURSDAY, February 9

9:00 Charles Deye, requested by his family

FRIDAY, February 10

9:00 Maureen Aronson, requested by the Waterbury Family

SATURDAY, February 11

4:00 Deanna Vernesoni, requested by Maureen Fiedler

SUNDAY, February 12

7:30 Special Intentions

9:30 Grace Meyers, requested by the family

11:00 Frank & Marie Gallo, requested by Rose Ann & Ken McBride



If you are a resident in this area, we hope that you will continue to grace us with your presence and register with our office manager. You may call 860-673-9858 or stop by the parish office to register. If you are a visitor, we thank you for participating in worshipping with us and we hope to see you again.

THIS WEEK AT ST. ANN

MONDAY, February 6

Adoration of the Blessed Sacrament: 9:30 - 10:30am in the church

RCIA: 11am in Room 3

MMP Cenacle-Rosary Prayer Group: 7:15pm in the church (all welcome)

Divine Design: 6:30pm in Fr. Bennett Hall

Lectio Divina, Live! 7:15pm in Room 3 and via Zoom

TUESDAY, February 7

WWP Touching the Divine: 10:15am via Zoom

WEDNESDAY, February 8

James Bible Study: 9:30am in Fr. Bennett Hall

RCIA: 1pm in Room 3

WWP Touching the Divine: 7pm in Fr. Bennett Hall

THURSDAY, February 9

Step by Step: 9:30am in Fr. Bennett Hall

Holy Hour: 12 noon in the church

Acts Bible Study: 6:30pm in Room 3 and via Zoom

FRIDAY, February 10

Lectio Divina, Live!: 9:45am via Zoom

SATURDAY, February 11

Men's Breakfast Group: 8:00 am in Room 3

Parish Social: after the 4pm Mass in Fr. Bennett Hall

SUNDAY, February 12

Lectio Divina, Live!: 10:30am in Room 3 and via Zoom

Divine Mercy Holy Hour: 2:30pm in the church

PARISH SOCIAL!

SATURDAY, FEBRUARY 11TH
AFTER 4PM MASS IN FR. BENNETT HALL

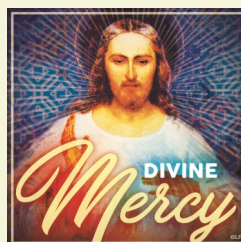
The Knights of Columbus INVITE St. Ann parishioners & friends to join them for friendship and food at our "Pre-Super Bowl" Parish Social after the 4pm Mass next Saturday, Feb. 11th. Even if you aren't attending Saturday Mass, you are welcome to join us at 5PM – the more the merrier!

There will be a sign up sheet in the Gathering Space starting this weekend to bring snacks & finger foods.

If you can't get over to sign up in the Gathering Space, you can email Gary at: gary.balich@outlook.com



Divine Mercy Holy Hour



Next Sunday,
February 12, 2023

2:30 - 3:30pm
in the church

Please join us to implore God's Mercy upon us and the whole world.

PRO-LIFE MINISTRY

Hugs from the Heart



Pro-Life Ministry is sponsoring their Valentine's Day "Hugs from the Heart" Outreach to Two Hearts Pregnancy Care Center in Torrington.

Huggies or any brand of diapers will help them immensely. All sizes, but especially size 6 are desperately needed. They could also use newborn 24 month, and 2T size clothes, baby lotions/wipes, or gift cards would also be greatly appreciated.

Please place the above items in the baby boxes found in the Gathering Space on or before next Weekend, February 11th and 12th.

Thank you in advance for helping to support moms and their babies!

ADULTS: were you baptized and received First Communion, but were **never Confirmed?**

We have a program just for you!

St. Ann Spring 2023 Adult Confirmation Prep Program

- + Dates: Thursdays, 7:15pm, beginning Feb, 16, 2023 - 9 sessions, skipping Apr 6 (Holy Thurs)
- + Fee: \$30
- + To Register: <https://www.osvhub.com/stannavon/forms/adult-confirmation-spring-2023>
- + Questions: ann.distefano@stannavon.com; 860-673-9858, x228

The Confirmation ceremony will take place Tues, May 9, 7pm at the Cathedral of St. Joseph, Hartford



God Has a Personal Message For You!

Join us for the popular *Lectio Divina* way of praying scripture, where you listen for what God is saying to you in the Gospel for the coming Sunday. It's also a great way to connect with others, and engage more fully in Mass.

*Friendly groups meet via Zoom & in person.
Newcomers welcome!*

**Sundays at 10:30am both in Room 3 & via Zoom
Starting January 8th**

**Mondays at 7:15pm in Rm 3 and via Zoom
Starting January 9th**

**Fridays at 9:45am via Zoom
Starting January 6th**

For registration details and inspiring testimonials, visit:
<https://www.stannavon.org/lectio-divina-live>

FAITH REFRESHER SERIES

Dive a little deeper in your understanding of how we as Catholics:

- + ENCOUNTER GOD'S LOVE in the Sacraments
- + LIVE OUT LOVE through Virtues and Service

OFFERED TWO TIMES:

DAYS

Jan 12-Mar 23
THURS, 9:30-11am
Fr. Bennett Hall

EVENINGS

Mar 28-May 30
TUES, 7-8:30pm
Room 3

Cost: \$20 (assistance is available)
Register: www.osvhub.com/stannavon/forms/faith-refresher-2023
Resource: "Symbolon II" via FORMED.org
Questions: andreapizzutti333@gmail.com

Adult Enrichment + Church of St. Ann, Avon CT

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WEEKLY ORDINARY INCOME

Weekly Collection for 1/29/23: will be reported next weekend

Online Giving (Jan.25-Feb.1, 2023): will be reported next weekend

Next Weekend's 2nd Collection: none

Little Lambs

Upcoming Little Lambs dates:
Sundays, 2/12 and 2/19 at the 9:30am
Mass. All children are
welcome to join us for the Children's
Liturgy of the Word. Father will call
them up after the Opening Prayer.

No need to sign up ahead.
Older siblings and Caregivers
welcome too.

Any questions, please call:

Colleen Waterbury: mcwaterbu@comcast.net
Heather Hoffman: heather-hoffman@sbcglobal.net



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Save the Dates!
St Ann's Totally Catholic
Vacation Bible Camp
Stellar - Shine Jesus' Light
June 19, 20, 21, 22
9:30 am - 12:30 pm
Dates subject to change based on APS snow days



The Holy Eucharist DID YOU KNOW?

This week's theme: The Secret of the Gift.

Jesus encourages us to be "the salt of the earth" and "the light of the world" in today's Gospel. (Matthew 5:13-16) It is the Holy Eucharist which enables us to live these commands. Here in the Eucharist, we find an abundance of strength. Here we find the inspiration of the Holy Spirit, which compels us "to give the gift that we've been given as a gift."

Reflection: St. Pope John Paul II wrote of the "secret of the gift". This secret is the selfless giving of ourselves to others. Caryll Houselander summed up this concept perfectly with the words, "Love is only given in man's gift of himself." Only through the power of the Holy Eucharist is the grace given for us to live a life of true sacrifice for others. In so doing we become the radiant light of God's love at work in this darkened world.



*Pause. Breathe. Pray.*TM &
ALIGN WITH YOUR DIVINE DESIGN
With Shawn Elizabeth George*

**A 6-week stretch & strengthening class
plus Bible study of Proverbs**

Every day we are inundated with messages about what our bodies should look and feel like, especially at the start of the year. Have you ever paused to consider what your loving God wants you to have on your mind, or what He has to say about your body? Come find out, and get renewed - body, mind, and Spirit!

- **Dates:** Mondays, beginning Jan 23 (skipping Feb 20)
- **Time:** 7-8:30pm
- **Location:** St. Ann Church, 289 Arch Rd, Avon
(meeting rooms listed by date at <https://www.stannavon.org/divine-design>)
- **Format:** Mingle; *Pause. Breathe. Pray.*TM practice;
Bible study discussion
- **Fee:** \$40 (includes book)
- **Register:** email ann.distefano@stannavon.com or visit <https://www.osvhub.com/stannavon/forms/align-with-your-divine-design-2023>
- **Attire:** Dress comfortably to stretch/strengthen
- **Bring:** Yoga mat, block and strap, if you have them
- **Waiver:** Please complete the exercise waiver when you register online, or in person 15 min before first class.

A minimum of 12 participants is required to run this program

*<https://www.shawnelizabethgeorge.com/>

It's That Time of Year Again...

If you are a registered parishioner *using envelopes or online giving*, and would like a copy of our records of your weekly contributions, please e-mail Kris in the Parish Office: kris.martino@stannavon.com or call 860-673-9858, ext. 221.
Note: Contributions to the Archbishop's Annual Appeal are mailed separately from the Archdiocese.



(Practicing) Catholic, Recognize Recognize God in Your Ordinary Moments, by Colleen Jurkiewicz Dorman

If ...

It's a surprising little word — if. For such a short word, it holds an abundance of excuses.

Personally, I could buy a new car if I had a dollar for every time I used the word "if" to explain away my own flaws. "If I wasn't so tired. If we had more money. If the kids weren't always on my last nerve. If I had more talent. If life wasn't so hard."

If, if, if.

I don't always feel like being the salt of the earth. Can't someone else season the dish? Sometimes it's more than I want to give, more than I want to do, more than I want to be. Sharing my bread, sheltering the oppressed, clothing the naked, and accompanying my neighbor — doing these things in the literal or figurative sense can be completely exhausting. Mediocrity is so easy. It's so comfortable.

But *if*. It looms again, that short but powerful word.

"If" can be deep with excuses, but it can also be wide with possibility. If I bring it all to God. If I stop relying on my own abilities. If I prayed more than I talked. If I make my heart firm. If my faith does not rest on human wisdom.

If not me, who? If not now, when?

"You are the light of the world. A city set on a mountain cannot be hidden." — Matthew 5:14



*World Day for
Consecrated Life was
celebrated in the
Church on Thursday,
February 2, 2023,
and will be celebrated
in parishes over
this weekend,
February 4-5, 2023.
Please pray for all
those who have made
commitments in the
consecrated life, and be
sure to thank them on
their special day.*

INSPIRATION FOR THE WEEK Live the Liturgy

We can't be afraid to season our lives with the truth, even if we face a world of picky eaters. Christians, don't be afraid of flavor!

©LPi

WEEKLY READINGS

Readings for the week of February 5, 2023

Sunday: Is 58:7-10/Ps 112:4-5, 6-7, 8-9 (4a)/1 Cor 2:1-5/Mt 5:13-16
Monday: Gn 1:1-19/Ps 104:1-2a, 5-6, 10 and 12, 24 and 35c/Mk 6:53-56
Tuesday: Gn 1:20—2:4a/Ps 8:4-5, 6-7, 8-9/Mk 7:1-13
Wednesday: Gn 2:4b-9, 15-17/Ps 104:1-2a, 27-28, 29bc-30/Mk 7:14-23
Thursday: Gn 2:18-25/Ps 128:1-2, 3, 4-5/Mk 7:24-30
Friday: Gn 3:1-8/Ps 32:1-2, 5, 6, 7/Mk 7:31-37
Saturday: Gn 3:9-24/Ps 90:2, 3-4abc, 5-6, 12-13/Mk 8:1-10
Next Sunday: Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34 (1b)/1 Cor 2:6-10/
Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37

SUNDAY'S READINGS

First Reading:

Then your light shall break forth like the dawn, and your wound shall quickly be healed. (Is 58:8)

Psalms:

The just man is a light in darkness to the upright. (Ps 112) Or Alleluia.

Second Reading:

When I came to you, brothers and sisters, proclaiming the mystery of God, I did not come with sublimity of words or of wisdom. For I resolved to know nothing while I was with you except Jesus Christ, and him crucified. (1 Cor 2:1-2)

Gospel:

"You are the light of the world. A city set on a mountain cannot be hidden. Nor do they light a lamp and then put it under a bushel basket." (Mt 5:14-15)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

GOSPEL MEDITATION

Encourage Deeper Understanding of Scripture

I recently decided to learn to cook. As I sit at the feet of various YouTube cooking masters, I notice how much of cooking is adding ingredients that don't provide any more nourishment, like herbs and other seasonings. But man! They make all the difference because they make the meal delightful to eat and share.

Jesus calls his disciples "salt of the world." No one eats just salt. So, Christians are not meant to replace or do away with the world. They are meant to be agents of preservation and glorification. Notice how often these days the Church seeks to preserve what is threatened: the goodness of marital and family love, the desires of young people for greatness, the value of honest work, healthy economics, and altruistic political engagement, the dignity of the poor and vulnerable. Over and over, we say to a world who wants to throw things out, "It's worth saving! We'll preserve it! We'll show you it's wonderful." If we can't engage the world like that, Jesus says we are the ones who get thrown out, because salt alone is worthless.

Jesus only asks us to do for others what he does for us. He is the "salt" of everything in our lives. Is there something in your life starting to rot a bit? Something tasting bland and boring? Let Jesus salt it and see if you like it better.

— Father John Muir

©LPi

THE BULLETIN BOARD

Worldwide Marriage Encounter

Worldwide Marriage Encounter is sponsoring a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples will explore their relationship with each other, God, and the Church. Registration is limited and a \$100 application fee is required. For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or visit them at: <https://www.mectw.org/>.

What better gift can you give your spouse for Christmas than to tell them you want to attend a Worldwide Marriage Encounter Experience together:

Feb 3-5, 2023 in Huntington, NY

Mar 10-12, 2023 in Upton, MA

Jun 23-25, 2023 in Huntington, NY

Let the light of Christ
that we carry within us
drive away the darkness
of fear and sadness.



Stay Connected With St. Ann!



Friday E-News:

(Scan QR code with your smartphone's camera to sign up)



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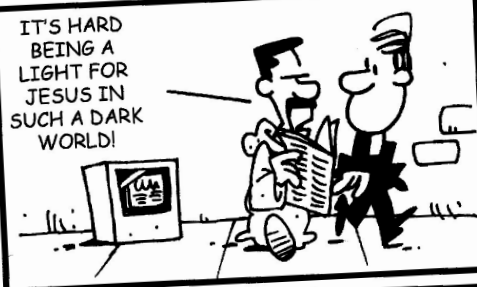
YouTube:

www.youtube.com/channel/UC-Qb8GEZT_REAvzOGVM4_9UA

If you'd like to make a one-time donation to the Church of Saint Ann, just scan this QR code with the camera on your smartphone. Thank you!



5TH SUNDAY IN ORDINARY TIME





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