



# Church of Saint Ann

289 Arch Road \* Avon, Connecticut \* 06001

[www.stannavon.org](http://www.stannavon.org)

860-673-9858

Reverend Alphonso Fontana, Pastor

## WEEKEND ASSISTANT

Rev. Joseph P. Cheah, OSM, Ph.D.

## DEACONS

Jeffrey Sutherland and Tim Healy

## CHURCH OF SAINT ANN TRUSTEES

Kelly McCabe and Kathy Randall Gill

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Russell Koch: [russ.koch@stannavon.com](mailto:russ.koch@stannavon.com)

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Tom Stockton: ext. 230

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## CEMETERY SUPERINTENDENT

Mike Gould: ext. 225

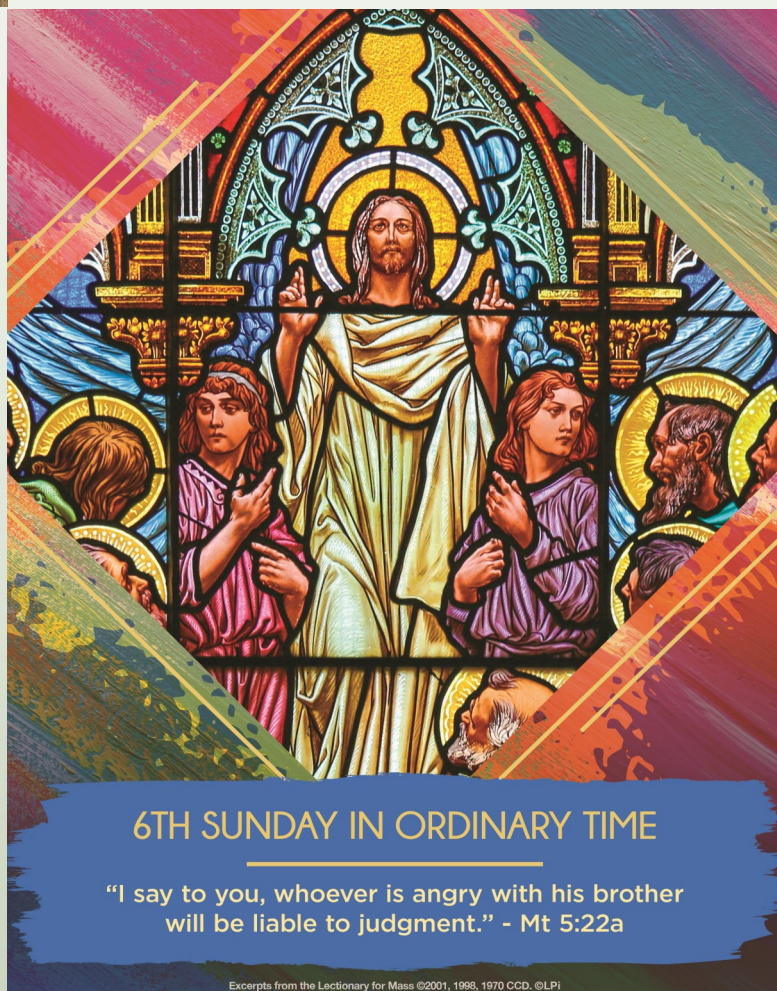
## BAPTISM and MARRIAGES:

Please call the Parish Office: 860-673-9858, ext. 221  
Please schedule marriage dates at least 6 months ahead. Weddings cannot be scheduled after the Saturday evening Mass or on Sundays.

## BULLETIN DEADLINE & INSERTS

Please submit any bulletin announcements to the Parish Office by 2pm on the Monday prior to the weekend you would like it published.

Also, please contact the office to obtain permission to insert fliers into the weekly bulletin.



## 6TH SUNDAY IN ORDINARY TIME

"I say to you, whoever is angry with his brother will be liable to judgment." - Mt 5:22a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

## MASS SCHEDULE:

### Monday - Friday:

9:00 am

### Sunday Vigil (Saturday):

4:00 pm

### Sunday:

7:30, 9:30 and 11:00am

### First Friday:

9:00 am

## CONFESSIONS:

Saturday: after 4pm Mass

First Friday: Before 9:00 AM Mass

Other times by appointment

## DEVOTIONS:

Eucharistic Adoration:

Mondays 9:30-10:30am

Rosary: 8:30 am, daily

MMP Cenacle: Mondays at 7:15pm

Chaplet of Divine Mercy: Tues.- Fri.

9:30-9:40am in the Sanctuary

Holy Hour: Thursdays at 12noon



## 6th Sunday in Ordinary Time

### MONDAY, February 13

9:00 Gloria Duszak, requested by  
Roman & Joane Fedorciw

### TUESDAY, February 14

9:00 Shirley, mother of Cindy Cezat, requested by  
the Hamel Family

### WEDNESDAY, February 15

9:00 Special Intentions

### THURSDAY, February 16

9:00 Special Intentions

### FRIDAY, February 17

9:00 Maria Consuegra (month's mind), requested by  
her friends

### SATURDAY, February 18

4:00 Maria Consuegra, requested by  
the St. Ann Eucharistic Ministers

### SUNDAY, February 19

7:30 Caroline & Edmund Sikora, requested by  
Nancy Zickefoose and Raymond Sikora

9:30 Harold Walmsey, requested by  
the Fedorciw Family

11:00 For Divine Peace on Earth, requested by  
James Woolley

### Discover the Secrets to True Happiness

Lenten Reflection Series:

### Kingdom of Happiness: Living the Beatitudes in Everyday Life

Do you find yourself searching for happiness for yourself, within your family, at work? Do you experience satisfaction, but find it fleeting? Come discover Jesus' plan for real, lasting happiness in this 8-part parish program. You'll learn how the Beatitudes are much more than nice sayings; they are the path to true joy charted by Christ himself. You'll also see the "anti-Beatitudes" for what they are: false promises of happiness that leave us feeling empty. Featuring insightful teachings by Fr. Jeffrey Kirby and inspiring video-profiles of everyday heroes living happy, satisfying lives.

**Dates:** Week of Feb 24 – week of April 23

**Times:**

- Sunday Mornings, 10:30am-12pm in Room 3 & via Zoom
- Monday Evenings, 7:15-8:45pm in Room 3
- Friday Mornings, 9:45-11:15am via Zoom

**Materials fee:** \$23 (checks payable to Church of St. Ann, please)

**RSVP** by Feb 20: [ann.distefano@stannavon.com](mailto:ann.distefano@stannavon.com), 860-463-7495.



If you are a resident in this area, we hope that you will continue to grace us with your presence and register with our office manager. You may call 860-673-9858 or stop by the parish office to register. If you are a visitor, we thank you for participating in worshiping with us and we hope to see you again.

## THIS WEEK AT ST. ANN

### MONDAY, February 13

**Adoration of the Blessed Sacrament:** will return next week

**RCIA:** 11am in Room 3

**MMP Cenacle-Rosary Prayer Group:** 7:15pm in the church (all welcome)

**Divine Design:** 6:30pm in the Activity Room

**Prayer Shawl Ministry:** 7pm in Room 1

**Lectio Divina, Live!** 7:15pm in Room 3 and via Zoom

### TUESDAY, February 14

**WWP Touching the Divine:** 10:15am via Zoom

**Social Outreach Committee Meeting:** 7pm in Room 2

### WEDNESDAY, February 15

**James Bible Study:** 9:30am in Room 2 & 3

**RCIA:** 1pm in Room 3

**Knights of Columbus:** 7pm in Room 2

**WWP Touching the Divine:** 7pm in Fr. Bennett Hall

### THURSDAY, February 16

**Step by Step:** 9:30am in Room 3

**Holy Hour:** 12 noon in the church

**Acts Bible Study:** 6:30pm in Room 3 and via Zoom

**Adult Confirmation:** 7pm in Room 1

### FRIDAY, February 17

**Lectio Divina, Live!:** 9:45am via Zoom

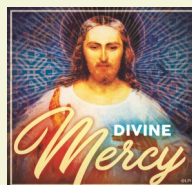
### SATURDAY, February 18

**Men's Breakfast Group:** 8:00 am in Room 3

### SUNDAY, February 19

**Lectio Divina, Live!:** 10:30am in Room 3 and via Zoom

## Divine Mercy Holy Hour



This Sunday,  
**February 12, 2023**

**2:30 - 3:30pm**  
in the church

Please join us to implore God's Mercy upon us and the whole world.



## FAITH REFRESHER SERIES

Dive a little deeper in your understanding of how we as Catholics:

- + ENCOUNTER GOD'S LOVE in the Sacraments
- + LIVE OUT LOVE through Virtues and Service

**OFFERED TWO TIMES:**

### DAYS

Jan 12-Mar 23  
THURS, 9:30-11am  
Fr. Bennett Hall

### EVENINGS

Mar 28-May 30  
TUES, 7-8:30pm  
Room 3

Cost: \$20 (assistance is available)  
Register: [www.osvhub.com/stannavon/forms/faith-refresher-2023](http://www.osvhub.com/stannavon/forms/faith-refresher-2023)  
Resource: "Symbolon II" via FORMED.org  
Questions: [andrapizzutti333@gmail.com](mailto:andrapizzutti333@gmail.com)

*Adult Enrichment + Church of St. Ann, Avon CT*

**ADULTS:** were you baptized and received First Communion, but were **never Confirmed?**

*We have a program just for you!*

## St. Ann Spring 2023 Adult Confirmation Prep Program

- + Dates: Thursdays, 7:15pm, beginning Feb, 16, 2023  
- 9 sessions, skipping Apr 6 (Holy Thurs)
- + Fee: \$30
- + To Register: <https://www.osvhub.com/stannavon/forms/adult-confirmation-spring-2023>
- + Questions: [ann.distefano@stannavon.com](mailto:ann.distefano@stannavon.com);  
860-673-9858, x228

The Confirmation ceremony will take place Tues, May 9, 7pm at the Cathedral of St. Joseph, Hartford

## PRO-LIFE MINISTRY

### Hugs from the Heart



Please place your donations for Two He3ars Pregnancy Care Center in the baby boxes found in the Gathering Space on or before THIS Weekend, Feb. 11th and 12th.

*Thank you in advance for helping to support moms and their babies!*



Knights of Columbus Meeting  
Wednesday, February 15th  
at 7-8:30pm in Room 2  
(under Fr. Bennett Hall)

### It's That Time of Year Again...

If you are a registered parishioner using envelopes or online giving, and would like a copy of our records of your weekly envelope contributions, please e-mail Kris in the Parish Office: [kris.martino@stannavon.com](mailto:kris.martino@stannavon.com) or call 860-673-9858, ext. 221. Note: Contributions to the Archbishop's Annual Appeal are mailed separately from the Archdiocese.



THE MEN OF SAINT ANN PRESENT:

*Happy as a Clam!*

Friday, February 24, 2023

5:30 - 7:00pm

Fr. Bennett Hall

## PARISH PASTA DINNER

GLUTEN FREE PASTA WILL BE AVAILABLE

We will be offering both Marinara Sauce & Clam Sauce

*Gather some friends & bring the family for a fun night out!*

Adults: \$7 Kids under 18: \$3 Family Max: \$20

## WEEKLY ORDINARY INCOME

Weekly Collection for 1/29/23: \$6,455.71  
 Weekly Collection for 2/5/23: \$5,268.15  
 Online Giving (Jan.25-Feb.1, 2023): \$3,274.50  
 Online Giving (Feb.1-8, 2023): \$3,416.50  
 Next Weekend's 2nd Collection: none

## Little Lambs

**Upcoming Little Lambs dates:**  
 Sundays, 2/12 and 2/19 at the 9:30am  
 Mass. All children are  
 welcome to join us for the Children's  
 Liturgy of the Word. Father will call  
 them up after the Opening Prayer.

**No need to sign up ahead.**  
**Older siblings and Caregivers**  
**welcome too.**

Any questions, please call:

Colleen Waterbury: mcwaterbu@comcast.net  
 Heather Hoffman: heather-hoffman@sbcglobal.net



Totally Catholic

# STELLAR

SHINE JESUS' LIGHT

## Save the Dates!

**St Ann's Totally Catholic  
 Vacation Bible Camp**  
**Stellar - Shine Jesus' Light**

**June 19, 20, 21, 22**  
**9:30 am - 12:30 pm**

**Dates subject to change based on APS snow days**



## The Holy Eucharist DID YOU KNOW?

### This week's theme: The Gift of Faith

The readings this Sunday emphasize obedience to God's Commandments. In order to embrace and live the Commandments, we need God's grace. This grace is given through the gift of Faith, which we so often take for granted. St. Josephine Bakhita is a stunning example. As a young child Josephine was kidnapped from Sudan, sold into slavery and tortured. At age 21, she was bought by a kind family from Italy. There she was exposed to Catholicism, converted and joined the Canossian Sisters. St. Josephine spent many hours in Eucharistic Adoration. When one sister asked her how she could spend so many hours in Eucharistic Adoration, St. Josephine replied. "Our Lord has always been so good to me....If I were to stay on my knees for my entire life, I still would not be able to express my gratitude sufficiently."

**Reflection:** What are the graces which God has showered upon you? Has He enabled you to strive to live the Commandments by pouring out His grace upon you through the gift of the Catholic Faith? Like St. Bakhita, why not spend some quiet time on your knees in adoration for your gift of Faith.



## Cemetery News:

Please be aware that we've had reports of items have been disappearing from our cemetery. You may wish to refrain from leaving anything valuable, or even planting anything. If you see anything suspicious, please don't approach, but contact Mike Gould with any information 860-673-9858, ext. 225.



*Pause. Breathe. Pray.*<sup>TM</sup> &  
 ALIGN WITH YOUR DIVINE DESIGN  
 With Shawn Elizabeth George\*

### A 6-week stretch & strengthening class plus Bible study of Proverbs

Every day we are inundated with messages about what our bodies should look and feel like, especially at the start of the year. Have you ever paused to consider what your loving God wants you to have on your mind, or what He has to say about your body? Come find out, and get renewed - body, mind, and Spirit!

- **Dates:** Mondays, beginning Jan 23 (skipping Feb 20)
- **Time:** 7-8:30pm
- **Location:** St. Ann Church, 289 Arch Rd, Avon (meeting rooms listed by date at <https://www.stannavon.org/divine-design>)
- **Format:** Mingle; *Pause. Breathe. Pray.*<sup>TM</sup> practice; Bible study discussion
- **Fee:** \$40 (includes book)
- **Register:** email [ann.distefano@stannavon.com](mailto:ann.distefano@stannavon.com) or visit <https://www.osvhub.com/stannavon/forms/align-with-your-divine-design-2023>
- **Attire:** Dress comfortably to stretch/strengthen
- **Bring:** Yoga mat, block and strap, if you have them
- **Waiver:** Please complete the exercise waiver when you register online, or in person 15 min before first class.

A minimum of 12 participants is required to run this program

\*<https://www.shawnelizabethgeorge.com/>



## (Practicing) Catholic, Recognize Recognize God in Your Ordinary Moments, by Colleen Jurkiewicz Dorman

### Feelings and Shiny Things

A friend of mine has a tradition on the first birthday of her children. Three items — a coin, a shot glass, and a rosary — are placed in front of the one-year-old, and whatever object he grasps supposedly bears insight into his future. A coin promises wealth, the rosary indicates holiness, and the shot glass...well, I'm sure you can guess.

Of course, the kid just grabs whatever looks coolest. They're not really choosing money or God or a party. Their choice is ruled by impulse.

These days, "I'm not feeling it," is a genuine excuse to avoid something. "I feel that," we say to indicate agreement. "I feel like..." is an acceptable way to offer our opinion. Feelings carry a lot of weight.

Before Christ, there was only the law, and the law dealt primarily with actions. *Do this. Do not do this.* All well and good. But with the fulfillment of the law, Christ wants us to look inwardly. He wants us to consider the influence of our feelings on our actions, and to understand how our chosen actions can, in turn, inspire certain feelings.

I'm a millennial, so, depending on your age, you may think that I feel either too much or too little. One thing I have learned, though, is that when I give my feelings free rein, my instincts immediately turn into actions. I become the toddler grasping at shiny objects with no thought for what they represent. Anger becomes unkindness. Jealousy becomes cruelty. Fear becomes selfishness.

Free will, I have come to understand, means freedom from the tyranny of feelings. If a feeling is strong enough, it can build a prison.

*"If your right hand causes you to sin, cut it off and throw it away."*  
— Matthew 5:30



## INSPIRATION FOR THE WEEK

Live the Liturgy

The heart with which we offer our good deeds matters as much as the deeds themselves. For Christ, the law is more than a code of conduct. It's a mindset.

©LPi

## WEEKLY READINGS

### Readings for the week of February 12, 2023

Sunday: Sir 15:15-20/Ps 119:1-2, 4-5, 17-18, 33-34 (1b)/1 Cor 2:6-10/  
Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37  
Monday: Gn 4:1-15, 25/Ps 50:1 and 8, 16bc-17, 20-21/Mk 8:11-13  
Tuesday: Gn 6:5-8; 7:1-5, 10/Ps 29:1a and 2, 3ac-4, 3b and 9c-10/  
Mk 8:14-21  
Wednesday: Gn 8:6-13, 20-22/Ps 116:12-13, 14-15, 18-19/Mk 8:22-26  
Thursday: Gn 9:1-13/Ps 102:16-18, 19-21, 29 and 22-23/Mk 8:27-33  
Friday: Gn 11:1-9/Ps 33:10-11, 12-13, 14-15/Mk 8:34—9:1  
Saturday: Heb 11:1-7/Ps 145: 2-3, 4-5, 10-11/Mk 9:2-13

## SUNDAY'S READINGS

### First Reading:

No one does he command to act unjustly, to none does he give license to sin.  
(Sir 15:20)

### Psalm:

Blessed are they who follow the law of the Lord! (Ps 119)

### Second Reading:

Rather, we speak of God's wisdom, mysterious, hidden, which God predetermined before the ages for our glory. (1 Cor 2:7)

### Gospel:

"I tell you, unless your righteousness surpasses that of the scribes and Pharisees, you will not enter the kingdom of heaven." (Mt 5:20)

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. The English translation of Psalm Responses from Lectionary for Mass © 1969, 1981, 1997, International Commission on English in the Liturgy Corporation. All rights reserved.

## GOSPEL MEDITATION

### Encourage Deeper Understanding of Scripture

It's often said that the Catholic Church lays heavy rules on her members, rules that can almost seem impossible. Mass *every* Sunday? No lying *ever*? Sexual purity *all the time*? I recently said to some non-Catholic friends that more than fifty adults were baptized at my parish at the Easter Vigil. One responded spontaneously with shock, "Why would anyone do *that*?" In other words, why would someone willingly place themselves in a system with such demanding and rigorous rules?

Of course, no one in the history of religions is more demanding and rigorous than Jesus himself. In the Sermon on the Mount, he says you have to be holier than pharisees or you're out. He says if you call someone a fool, you go to fiery Gehenna. He says you can't even look at a woman with lust or you're guilty of adultery (which was punishable by death). To top it all off, he says you can't even get divorced and re-married. Doesn't he know these are basically impossible demands? What world is he living in?

The new one, actually. He is the new world. Jesus' words aren't meant to condemn. They are meant to signal something new, a restored humanity. Jesus doesn't just give external laws; he gives us his Holy Spirit to internalize the law through love. He wants to fill us with his love. That's what the Church exists to do. Love demands extraordinary things. The "demands" of the Church only make sense because she is filled with Jesus' love. That wildly demanding love is why we are Catholic.

— Father John Muir

©LPi

## THE BULLETIN BOARD



Please be aware that we have seen another increase in scam emails, calls &/or texts that claim to be from our clergy, church staff members, fellow parishioners or volunteers. These messages usually ask you to get back to them quickly...that they're busy and need a favor. If you accidentally get back to them they will usually ask for gift cards be purchased for something like a relative's birthday or a sick parishioner. These are fake e-mails in an attempt to scam people out of money. Do not respond to these emails.

Our parish does not make unsolicited calls or e-mails to request money, the purchase of gifts, or your personal information. If you are unsure of any correspondence that appears to be from our parish, please call the Parish Office at: 860-673-9858 to verify. Thank you for your vigilance and cooperation.

### *Stay Connected With St. Ann!*



#### **Friday E-News:**

(Scan QR code with your smartphone's camera to sign up)



#### **Website:**

[www.stannavon.org](http://www.stannavon.org)



#### **Facebook:**

@stannavon



#### **Instagram:**

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#### **YouTube:**

[www.youtube.com/channel/UC-Qb8GEZT\\_REAvzOGVM4\\_9UA](https://www.youtube.com/channel/UC-Qb8GEZT_REAvzOGVM4_9UA)

### **Worldwide Marriage Encounter**

Worldwide Marriage Encounter is sponsoring a variety of in-person and virtual marriage experiences, some on weekends and some on seven weekdays. Couples will explore their relationship with each other, God, and the Church. Registration is limited and a \$100 application fee is required.

For more information or to apply, call Frank & Margie Pearson at 860-337-2447 or visit them at: <https://www.mectw.org/>.

What better gift can you give your spouse for Christmas than to tell them you want to attend a Worldwide Marriage Encounter Experience together:  
Mar 10-12, 2023 in Upton, MA  
Jun 23-25, 2023 in Huntington, NY

### **Calling all Young Adults 18-39!**

Are you seeking community? Looking to deepen your relationship with Christ? Simply curious to know more about the Catholic faith? Come join Crossroads 4 Christ (C4C) on **Friday nights!** We meet for an hour of fellowship and formation and Eucharistic Adoration at 31 Oak St. Winsted, CT 06098.

6:30-7:30pm – Fellowship and formation in the Faith Formation Center (up the hill from St. Joseph Church)

7:30-8:30pm – Eucharistic Adoration in St. Joseph Church Side Chapel. Confessions available.

C4C is a lay apostolate working to develop *communities of young adult missionary disciples* and currently has 6 other chapters in Connecticut. For more information, visit [crossroadsforchrist.org](http://crossroadsforchrist.org).

Questions? Contact Jill at [winsted@crossroadsforchrist.org](mailto:winsted@crossroadsforchrist.org).







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