

Inventory of Local Pregnancy Help Resources

As part of the nationwide initiative to walk with moms in need, our parish is being asked to identify the local pregnancy help resources in our community that are currently available to a woman facing a difficult pregnancy. The needs of pregnant and parenting moms can be overwhelming, and the sources for help may not be apparent to those most needing support.

This inventory tool helps parish leaders identify local resources for pregnancy assistance such as pregnancy help centers, maternity homes, social service agencies, hospitals, and especially Catholic programs and resources. Our parish efforts to document and share local resources can make all the difference in the world for a pregnant woman and her child.

may have a local presence, and they may be helpful partners as parish leaders complete this inventory. The diocesan co be able to put you in touch with nearby parishes or offer cautions about external programs that may provide morally pr	
Parish Name:	_
Parish Address:	_
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Pastor Name:	_
Name of parish contact person completing inventory:	_
Contact person's role in the Parish:	_
Contact person's phone:	-
Contact person's email:	_
Additional team members assisting with the inventory:	

Pregnancy Help-Related Resources	Yes/ No	Resource Name & Address	Resource Website	Contact Person Name & Contact Info	List of Services Provided	Comments
Pregnancy Help Centers, such as Heartbeat, Birthright, Care Net, or independent centers, providing pregnancy testing, direct help and/or referrals	Yes	White Rose Women's Center - Magdalene Clinic* 4313 N Central Expy, Dallas, TX 75205 & 8499 Greenville Avenue Dallas TX 75231	Whiterosewomens center.org	972-BABY-DUE (222-9383) 214-821-6292 (Central Expy) 214-221-7711 (Greenville Ave.)	Free pregnancy test Confidential counseling and ultrasounds Information on Abortion procedures, alternatives & post- abortion guidance Referrals for prenatal care, family planning, adoption	

Birth Choice*	birthchoicedallas.org	214-631-2402	Free Pregnancy
8610 Greenville Ave #200, Dallas, TX 75243			Tests Ultrasounds Counseling Abortion
			Information Adoption Information Pregnancy Info. Parenting Info. Information for
			Men Educational Classes Childbirth Classes Material Assistance Community Referrals

The Turn-Around Agenda 7125 S Polk St #1, Dallas, TX 75232	turnaroundagenda.org	214-672-9319	Housing Education and Repair Food Pantry, Rent & Utility Assistance Clothing Assistance Crisis Counseling Information & Referral PREGNANCY SERVICES Client Assistance Pregnancy Testing Examinations Sonograms Pregnancy Counseling Parenting classes
Prestonwood Pregnancy Center 690 W Campbell Rd Suite 150, Richardson, TX 75080 7988 W Virginia Dr Suite 100 Dallas, Tx75237	prestonwoodpregnanc y.org ppchelps.org	• 972-428-4700 (mobile unit) • 972-386-4015	Guidance Ultrasounds Pregnancy tests STD/STI Testing and Treatment Classes and Workshops

		Catholic Pro-Life Community*	prolifedallas.org projectgabrieldallas. org	Office: 972-267-5433 Helpline: 469-602- HELP (4357) Text: "Options" or "Opciones" to 24-365	Project Gabriel: Counseling, mentoring, education; adoption referral, material assistance, post abortive care	
Mobile Ultrasound Unit	Yes	Prestonwood Pregnancy Center Oak Cliff – Mobile Clinic, 1050 N Westmoreland Rd Dallas TX 75211 Buckner – Wednesday – Mobile Clinic, 3402 N. Buckner Blvd Dallas TX 75228			Free lab-quality pregnancy tests and sonograms to confirm pregnancy and to determine how far along the pregnancy is; referrals to local agencies for support	Friday 9:30 AM - 4PM Wednesday 9:30 AM - 4PM
Private Medical Practices offering Prenatal, Ob-Gyn, Birthing and/or Post-Partum Care	Yes	Joseph P. Behan, M.D. & Jose Rodriguez, M.D. 8160 Walnut Hill Ln Suite 328, Dallas, TX 75231	behanobgyn.com/	Joseph P. Behan, M.D. (214) 987-1195 Jose Rodriguez, M.D. (214) 987-1195	Obstetrics and Gynecological Services See website for full list of women's health care services	

		Michael W. Jones, M.D. 5801 Virginia Pkwy Ste 101 McKinney, TX 75071	newlifenorthtexas.	Michael W. Jones, M.D. 469-352-7140	NaPro Technology Infertility Health Counseling Prenatal Care Delivery Well Care Endometriosis	
Catholic Hospitals and Clinics	Yes	White Rose Women's Center - Magdalene Clinic* 4313 N Central Expy, Dallas, TX 75205 8499 Greenville Avenue Dallas TX 75231	Whiterosewomens center.org	214-821-6292 (Central Expy) 214-221-7711 (Greenville Ave.)	Free pregnancy test Confidential counseling and ultrasounds Information on Abortion procedures, alternatives & post- abortion guidance Referrals for prenatal care, family planning, adoption	
Community Hospitals and Health Centers	Yes	Cedar Springs Eye Clinic 2525 Lucas Drive, Bldg. 3 Dallas 75219	opt.uh.edu/patient- care/cedar-springs/	214-528-7354 Fax: 214-528-7387	Optometrists who can examine, diagnose, treat, and manage diseases, injuries, and disorders	Serves clients who are residents of Dallas Housing Authority or live in Section 8 Housing

Agape Clinic Grace United Methodist Church 4105 Junius Street, Dallas 75246	theagapeclinic.org	972-707-7782 Medical Ext. 301 Dental Ext. 302	Free medical and dental care and some medications	Medical: Monday – Friday 8:00 am to 3:00 pm. By appointment Dental: due to COVID, call, emergency only
The Stewpot of First Presbyterian Church 1835 Young Street, Dallas 75201	thestewpot.org	214-746-2785	Medical and Dental Clinic (see below) and Mental Health Care. Meals, employment assistance, referral services and pastoral counseling. Sponsor children and youth programs year-round	Serves the indigent of Dallas
Stewpot Dental Clinic (Community Dental Care) 1835 Young Street, Dallas 75201	communitydentalcare .org	214-746-2785, Ext. 245	Dental care	Includes one mobile dental unit in Dallas and Collin counties that serve children, adults, senior citizens, patients with HIV/AIDS and the homeless

	City Square Community Clinic 2835 Al Lipscomb Way Dallas, TX 75215	citysquare.org/clinic	972-817-6000 214-823-4409	Primary health care for adults and children. Behavioral health. Chronic disease care. Work Paths	For the uninsured, \$10/ appointment Serves zip codes: 75203 75208 75210 75211 75215 75216
				Low-income adults (over 18) pre- employment training	75217 75223 75226 75227 75241
	Texas A&M University / Baylor College of Dentistry 3302 Gaston Avenue, Dallas, TX 75246	bcd.tamhsc.edu select Clinic Hours under Quick Links	214-828-8100	Dental Clinic	Monday – Friday by appointment
	Hope Clinic of Garland, Inc. 800 South Sixth Street, Suite 100 Garland, Texas 75040	Hopeclinic- garland.org	469-800-2500 info@hopeclinic- garland.org	Primary health care and resources for healthy living to the underserved population	Monday – Thursday: 7:30AM – 5:00PM Friday: 7:30AM – 3:00PM
Birthing Centers					

Maternity Homes (short/long term housing)	Yes	Bella House* P.O. Box 940802 Plano, TX 75094 (address not public information)	bellahouse.org	972-379-7450 contact@bellahouse.org	Maternity home: provides a home and meet immediate needs of women and their babies including shelter, food, clothing and baby items; education includes parenting, nutrition, budgeting, boundary setting, healthy relationships, dignity, adoption, and more
		Mater Filius* (address not public information)	materfiliusdallas.org	972-836-9387 info@materfiliusdalla s.org	Maternity home: provides housing, meals, education, spiritual guidance to pregnant women
		In My Shoes (address not public information)	liveinmyshoes.org	469-857-3264	Community living within a safe environment for women who are pregnant, homeless offering life, parenting and job skills

Missionaries of Charities 2727 Harlandale Ave, Dallas, TX 75216	n/a	214-374-9595	Maternity shelter, providing food and assistance after birth
Bridges Safehouse P.O. Box 1161 Cedar Hill, TX 75106	bridgessafehouse.org	469-272-4441	Community living environment that connects residents to resources, including high school diplomacy, professional counseling, maternity homes, long-term transitional housing, and other nonprofit and government services

General Help-Related	Yes/ No	Resource Name & Address	Resource Website	Contact Person Name & Contact	List of Services Provided	Comments
Resources				Info		

Catholic Charities or Other Diocesan Social Service Agencies	Yes	Catholic Charities of Dallas 1421 W Mockingbird Ln, Dallas, TX 75247	ccdallas.org	866-233-7500	Pregnancy & Adoption: pro-life options counseling, basic needs assistance, parenting classes After School Programs School readiness programs Food Pantry Immigration legal services Violence against women assistance
		Catholic Pro-Life Community, the Respect Life Ministry of the Diocese or Dallas* 14675 Midway Rd, Addison TX 75001	prolifedallas.org projectgabrieldallas. org	Office: 972-267-5433 Helplines: 469-602-HELP (4357) Text: "options" or "opciones" to 24-365	Project Gabriel: counseling, mentoring, education, adoption referral, and material assistance

Catholic Counseling Services	Yes	Healing after Abortion Ministry, Catholic Pro- Life Community*	projectjosephdallas.	English: 214-544-2273 (CARE) healing@racheldal las.org Spanish: 972-900-7262 (SANA) sanacion@racheld allas.org Project Joseph (for men) English: 469-720-2273 (CARE) healing@projectjo sephdallas.org Spanish: 469-605-7262	post-abortion healing services, including Rachel's Vineyard TM and Project Joseph© retreats, support groups, and referrals to professional counseling as needed	
				Spanish: 469-605-7262 (SANA) sanacion@projectj osephdallas.org		

Local Food Pantry or Food	Yes	The Turn-Around Agenda	turnaroundagenda.org	214-672-9319	Housing Education and Repair
Assistance		7125 C Dalla C4 #1			Food Pantry, Rent &
Programs		7125 S Polk St #1,			Utility Assistance
		Dallas, TX 75232			Clothing Assistance
					Crisis Counseling
					Information &
					Referral
					PREGNANCY
					SERVICES
					Client Assistance
					Pregnancy Testing
					Examinations
					Sonograms
					Pregnancy Counseling
					Parenting classes

Salvation Army Financial Assistance Line 5302 Harry Hines Blvd., Dallas 75235 See website for Salvation Army Neighborhood Centers	salvationarmytexas.	214-424-7044 Home Sweet Home Transitional Housing: 214-424-7044 ShelterCare for Women: 214-424-7112 Domestic Violence Shelter: 214-424-7208 (24 hours) Substance Abuse: 214-424-7065 Food Pantry: 214-424-7044	Food Pantry, Transitional Housing, Shelter for Women, Domestic Violence Shelter, Substance Abuse counseling	
City Square	citysquare.org	214-823-8710	Food Pantry, Children's Nutrition, Resource Center, Medical & Legal Services for residents of Dallas County. Housing for Homeless and disabled, Social Services	

Mission Oak Cliff at Cliff Temple Baptist Church 125 Sunset Avenue (at South Zang Blvd.), Dallas 75208	clifftemple.org	-942-6407 E-mail: Kevin@clifftemple .org	Food (fresh produce) & clothing assistance available on site and at four satellite locations. Seasonal assistance for school supplies, Thanksgiving and Christmas baskets, Christmas toys for neighborhood families in need. Classes in English, citizenship, computer literacy, nutrition, and fitness. See website for days/times.	Zip Codes served: 75203, 75208, 75211, 75216, 75224
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Vickery Meadow Food Pantry & Clothes Closet 8848 Walnut Hill Lane, Suite 200, Dallas 75231	facebook.com/ vickerymeadowdallas	214-821-5775	Food Pantry, Clothes Closet	First-time clients bring photo ID, current lease, current income information, and information on all household members. Zip Codes served: 75231, 75243, and parts of 75230
Catholic Charities of Dallas 1421 W Mockingbird Ln, Dallas, TX 75247	ccdallas.org	Edwin Chinchilla, Family Stability Services Program Manager. echinchilla@ ccdallas.org	Food Pantry	
Highland Oaks Church of Christ 10805 Walnut Hill Lane, Dallas 75238	hocc.org	214-342-6060	Food & Clothing	Zip Codes served: 75238, 75243

Sharing Life Outreach	sharinglifeoutreach. org	972-285-5819	food pantry, clothes closet, utility assistance, gasoline assistance for a job or job search. Rental assistance for families with children in the Mesquite ISD. Job skills training, basic computer skills, parenting classes, ESL classes. 12-step program, mentoring for young single mothers. Healthcare program in partnership with El Centro College and a medical equipment exchange program	Zip Codes served: 75126, 75149, 75150, 75159, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75253, and 75043
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S.M. Wright Foundation	smwright.org	214-741-4990	Community events: Back-to-School Supplies, Holiday Feasts Community program services: Food Center, Clothing Center, Community Tutoring, Beds for Needy Kids program, Foundation Furniture Bank, Job Center.	
MetroCrest Services	metrocrestservices.	972-446-2100	Rent and utility assistance, food pantry, budgeting and financial education, employment counseling, medical aid, and seasonal programs	serves the residents of Carrollton, Farmers Branch, Addison, Coppell, and the city of Dallas in Denton County

Christian Community Action 200 S. Mill Street, Lewisville 75057	ccahelps.org/		Food pantry, housing stability and utility support, transportation assistance, inclement weather interventions, clothing and relevant community referrals. Other Programs: Summer Relief, School Readiness, English as a Second Language, Adult Literacy, Jobs Readiness Skills, Computer Skills, Financial Management.	Coppell ISD, Lewisville ISD, Frisco ISD, Little Elm ISD, Lake Dallas ISD, Northwest ISD, and the Denton County part of Carrollton/ Farmers Branch ISD. CCA operates the "Recycle 2 Support" Thrift Stores in Lewisville (2 locations), The Colony, and Flower Mound.
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Irving Cares 440 Nursery Road, Suite 101 (in the Human Services Building), Irving 75060	irvingcares.org	972-721-9181	Assists Irving citizens with food, rent, mortgage, utilities, prescriptions, and transportation. Plus employment services, one-on-one coaching, computer lab, and a Job Search Seminar every Wednesday Unemployment services	Job Search Seminar every Wednesday from 10:00-12:00
Jewish Family Service 5402 Arapaho Road, Dallas 75248	jfsdallas.org	972-437-9950	Food Bank / Resale Shop, Counseling for Children/Teens/Adults Recovery & Support Groups, Services for Children & Adults with Special Needs, Family Violence Intervention Services for unemployed/ underemployed	
Buckner Center for Humanitarian Aid	buckner.org	214-939-7180	Children's Home, Family Pathways, Family Hope Center, Community Services, Foster Care, Adoption	

The Stewpot of First Presbyterian Church	thestewpot.org	214-746-2785	3 meals/day During Covid: food distributions to households	
The Union Church Vision Food Pantry 3410 S. Polk Street, Dallas 75224	theunionchurch- dallas.org/	214-374-7850	Food Bank	
Crossroads Community Services 4500 S. Cockrell Hill Road, Dallas, TX 75236	ccsdallas.org	214-560-2511	Pantry Services Food Distribution	Serves zip codes 75210 & 75215
Dallas Bethlehem Center	dallasbethlehem center.org	214-428-5171 Ext. 6 Chavela at chavela.garrett@da llasbethlehemcente r.org	Food Distribution	Monday 10:00-2:00, Friday 8:00-12:00, Saturday 9:00-2:00 Zip codes served: 75216, 75224, 75232, 75237, 75241

Our Daily Bread at East Gate Baptist Church 6960 S. Polk Street, Dallas 75232	facebook.com/pages/ Eastgate-Baptist- Church/ 115839041770119	214-371-2633		Distribution Mon/Wed/Fri 12:00 noon to 4:00 p.m. Seniors (60+) Thurs 11 a.m. to 1 p.m
Life Message 4501 Rowlett Road, Rowlett 75088	lifemessage.org	972-475-9800	Food Distribution Thrift Store	Serves: Garland, Rowlett, & Sachse Appointments: Mon/Tues/Thurs/ Fri – 9:30-3:30; Wed 9:30-12
Friendship House of First Baptist Church Garland 620 W. Avenue B, Garland 75040	fbcgarland.org	972-272-1010	Food Distribution	Wednesdays- Saturdays 9:00 to 11:00 a.m.
Minnie's Food Pantry 3033 W. Parker Road, Suite 117, Plano 75023	minniesfoodpantry.	972-596-0253	Food Pantry	Tue & Thur: Food 12:00-2:30 pm 4th Wed evening: 6:00pm - 7:30pm No financial assistance at this time

Richardson East Church of Christ – Care Corps	carechurch.org/ carecorps	972-231-8231 ext. 2	Food Pantry	Zip Codes Served: 75218, 75228, 75238, 75214, 75223
White Rock Center of Hope 10021 Garland Road, #A, Dallas 75218	whiterockcenterof hope.org	214-324-8996	Food pantry/\$ help	Serves Collin County
Allen Community Outreach 801 E. Main Street, Allen Tx	acocares.org	469-656-4270	Food Pantry, Rent & mortgage assistance, Education and employment services: GED Prep classes, financial aid for education, employment referrals	
Frisco Family Services 8780 Third St Frisco, TX 75034 Food Pantry: 9085 Dogwood St, Frisco, TX 75033	friscofamilyservices.o	Office: 972-335-9495 gina@friscocenter. org Food Pantry: 972-335-9495	Food Pantry, Emergency assistance, Adult life skills, Education/ Employment assistance, referral service	Serving Frisco and Frisco ISD Food Pantry: M,T,Th,F: 9 AM - 5 PM Wed: 9 AM - 6 PM

Housing Yes Programs	The Turn-Around Agenda 7125 S Polk St #1, Dallas, TX 75232	turnaroundagenda.org	214-672-9319	Housing Education and Repair Food Pantry, Rent & Utility Assistance Clothing Assistance
	Danas, 1A /3232			Crisis Counseling Information & Referral PREGNANCY SERVICES: Client Assistance Pregnancy Testing Examinations Sonograms Pregnancy Counseling Parenting classes

Salvation Army Financial Assistance Line 5302 Harry Hines Blvd., Dallas 75235 See website for Salvation Army Neighborhood Centers	salvationarmytexas.	214-424-7044 Home Sweet Home Transitional Housing: 214-424-7044 ShelterCare for Women: 214-424-7112 Domestic Violence Shelter: 214-424-7208 (24 hours) Substance Abuse: 214-424-7065 Food Pantry: 214-424-7044	Food Pantry, Transitional Housing, Shelter for Women, Domestic Violence Shelter, Substance Abuse counseling
City Square	citysquare.org	214-823-8710	Food Pantry, Children's Nutrition, Resource Center, Medical & Legal Services for residents of Dallas County. Housing for Homeless and disabled, Social Services

Buckner Center for Humanitarian Aid	buckner.org	214-939-7180	Children's Home, Family Pathways, Family Hope Center, Community Services, Foster Care, Adoption
Inclusive Communities Project (ICP)	inclusivecommunities .net	214-939-9239	Assist families secure fair and affordable housing opportunities for low-income families
New Friends New Life	newfriendsnewlife.	214-965-0935	Assistance with housing deposits for women coming out of prostitution or sex trafficking; provides education, job training, interim financial assistance, mental health and spiritual support
Mt. Hebron Missionary Baptist Church Garland 1233 Hwy 66 Garland, TX 75040	onthemount.org	972-276-5218	

Membership and Service Organizations with a local presence: Knights of Columbus, St. Vincent de Paul Society, Catholic Daughters of the Americas, Knights of Peter Claver, Knights of Peter Claver	St. Vincent de Paul, Dallas* Admin: 3826 Gilbert Ave Dallas, TX 75219 Thrift store: 3052 W Northwest Hwy, Dallas, TX 75220	svdpdallas.org	Admin: information@svdp dallas.org 214-373-7837 info@svdpthrift. org rent, utilities, food, or other emergency assistance 469-607-0909	Rent, utility, food assistance Prescriptions Low-interest loans Thrift store	
Ladies Auxiliary, Daughters of Isabella, National		Dallas Diocesan Council of Catholic Women*			
Council of Catholic Women, etc.		Knights of Columbus* 2280 Springlake Rd Ste 100, Farmers Branch, Texas 75234	kofcdallas.org/	214-997-4288	
		Knights of Peter Claver / Ladies Auxiliary*	kofpc.org/texas.php		
		Catholic Daughters of the Americas*	texascda.org/		

State/Local Social Services	Yes	Texas Department of State Health Services - SafeRiders	dshs.state.tx.us/ saferiders	800-252-8255 saferiders@dshs. state.tx.us	Information about child passenger safety (CPS)
Drug/Alcohol Y Abuse Counseling	Yes	Salvation Army 5302 Harry Hines Blvd., Dallas 75235 See website for Salvation Army Neighborhood Centers	salvationarmytexas.	Substance Abuse: 214-424-7065	Food Pantry, Transitional Housing, Shelter for Women, Domestic Violence Shelter, Substance Abuse counseling
		Jewish Family Service 5402 Arapaho Road, Dallas 75248	jfsdallas.org	972-437-9950	Food Bank / Resale Shop Counseling for Children/Teens/Adults Recovery & Support Groups; Services for Children & Adults with Special Needs; Family Violence Intervention; Services for unemployed/ underemployed
Child Care Programs	Yes	Catholic Charities Dallas 321 Calumet Ave. Dallas, TX 75212	ccdallas.org/need-help/ children-family-senior- services/after-school- program/	Ana Schaller, Educational Services Director. aschaller@ccdallas .org	Pre-K through 6 th grade afterschool program in West Dallas

		The Childcare Group CCMS – Child Care Management Services	childcaregroup.org	214-631-2273 214-630-5949	Early childhood programs and childcare
Job Training	Yes	Catholic Charities Dallas 321 Calumet Ave. Dallas, TX 75212	ccdallas.org/need-help/financial-security/	Maria Rivera, program manager for Financial Stability & Career Services, mrivera@ccdallas. org	Financial Stability & Career Services offers job fairs, financial guidance, and resources for connecting with a new job
		H.I.S. BridgeBuilders	hisbridgebuilders.org	469-621-5900	Job Training & Life Skills Discipleship & Mentoring Skills for Successful Employment Reaching Goals Professional Clothes Closet Individual Assessment to match with employment opportunities

Buckner Wynnewood Family Hope Center 2006 Didsbury Circle, Dallas 75224	buckner.org	214-948-5153 GED – contact Spencer Watkins, Ext. 106	Adult Literacy Vocational Training Job Leads class Computer Lab for job search/job applications Resume Building Computer Classes	Located in the Parks at Wynnewood Apt Complex - Illinois Ave & Zang Blvd.
Goslin Opportunity Center at Cliff Temple Baptist Church 125 Sunset Avenue (at South Zang Blvd.), Dallas 75208	clifftemple.org/ goslin-opportunity- center.php	214-942-8601	ESL Classes Employment Counseling	
Richland College Working Wonders Multiple locations	richlandcollege.edu/ wonders	972-238-6259 Carol Castillo, Program Services Coordinator	Education	If pursuing an Associate in Applied Science degree or certificate, you may be eligible to receive services, see website
Richland College Garland Campus	richlandcollege.edu/ garlandcampus	214-360-1200 Rosalie Conoly at 214-360-1241	Garland Campus is focused on workforce training and development.	

Texas Workforce Solutions	twc.state.tx.us	See website for directory of workforce centers and phone numbers	workforce development, job training, support services	
S.M. Wright Foundation	smwright.org	214-741-4990	Community events: Back-to-School Supplies, Holiday Feasts Community program services: Food Center, Clothing Center, Community Tutoring, Beds for Needy Kids program, Foundation Furniture Bank, Job Center.	
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Dress for Success 5580 Peterson Lane, Suite 155 Dallas, Texas 75240	dressforsuccess.org	972-392-9770 Dr. Lauren Freeman lauren@dressforsu ccessdallas.org	Provide professional attire, a network of support and the career development tools for women	

		Sharing Life Outreach	sharinglifeoutreach.	972-285-5819	food pantry, clothes closet, utility assistance, gasoline assistance for a job or job search. Rental assistance for families with children in the Mesquite ISD. Job skills training, basic computer skills, parenting classes, ESL classes. 12-step program, mentoring for young single mothers. Healthcare Program in partnership with El Centro College and a medical equipment exchange program	Zip Codes served: 75126, 75149, 75150, 75159, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75253, and 75043
Adoption Agencies	Yes	Catholic Charities Pregnancy & Adoption	ccdallas.org/need- help/children-family- senior-services/ pregnancy-adoption/	Kivonda Harris, Pregnancy, Parenting & Adoption Manager. kharris@ ccdallas.org	Texas. Offers infant adoptions + "Finally Home" adoptions for children over the age of 3 from the CPS Foster Care system.	

Family and Parenting Education	Yes	The Turn-Around Agenda 7125 S Polk St #1, Dallas, TX 75232	turnaroundagenda.org	214-672-9319	Housing Education and Repair Food Pantry, Rent & Utility Assistance Clothing Assistance Crisis Counseling Information & Referral PREGNANCY SERVICES Client Assistance Pregnancy Testing Examinations Sonograms Pregnancy Counseling Parenting classes
		Catholic Charities Dallas 1421 W. Mockingbird Ln., Dallas TX 75247	ccdallas.org/need- help/children-family- senior-services/ pregnancy-adoption/ parenting-services/		Offering Family Stability services through pregnancy counseling, parenting classes, diapers and material assistance, financial stability & career services.
		Project Gabriel, Catholic Pro-Life Community* 14675 Midway Rd Ste 121 Addison, TX 75001	prolifedallas.org/ projectgabriel projectgabrieldallas. org	Office: 972-267-5433 Helpline: 469-602-HELP (4357)	Project Gabriel: Counseling, mentoring, education; adoption referral; material assistance

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Legal Support	Yes	Catholic Charities Dallas 1421 W. Mockingbird Ln., Dallas TX 75247	ccdallas.org/need- help/immigration- legal-services/	Nubia Torres, Immigration Legal Services, Director. ntorres@ccdallas. org	Offering immigration related legal services Victims Advocacy for victims of crime.	CCD main office is only one of many locations where ILS services are offered.

	SMU Dedman School of Law Clinical Program	law.smu.edu Click on "Clinics"	214-768-2562	Legal Assistance See website for a list of legal issues for which their clinics provide assistance	
	Dallas Volunteer Attorney Program	dallasvolunteer attorneyprogram.org/ get-help/	214-748-1234, Ext. 2234	Legal Assistance - See website	
	Texas Law Help	texaslawhelp.org		Free, reliable legal information and forms to low-income Texans	
	Housing Crisis Center Legal Services and Education	heedallas.org	214-828-4244	Telephone counselors provide legal information and education to tenants regarding landlord / tenant issues. Pro-bono legal services.	For tenants: free clinic 2 nd & 4 th Wednesday of each month. For legal services, sign in at 5p.m.
	City Square	citysquare.org	214-827-1000	Legal Action Works	

Other Resources	Yes	Human Coalition 7800 Dallas Pkwy Plano, TX	humancoalition.org	214-295-7301 Melissa Dickmann 469-626-7062	Support for women and their families before (preventative), during (urgent), and after the crisis (continuum of care) Long-term assistance	
		Lactation Care Center of Dallas	lactationcarecenter dallas.com	214-670-7222	Information and support	
		La Leche League International	llli.org		Breastfeeding Information, Classes & Support Visit	See website to find local leaders and support groups in your area
		Hope Supply Company 10480 Shady Trail #104, Dallas, TX 75220	hopesupplyco.org	214-630-5765	Works with nonprofit partners in North Texas to meet the critical needs: provide diapers and other essentials to social service organizations, including homeless shelters, transitional living centers, school districts and state agencies	

Oak Cliff Churches for Emergency Aid 534 W. 10 th Street, Dallas 75208 (in Christ Episcopal Church)	oakcliffchurchesaid.	214-943-7757 E-mail: oakcliffchurch esaid@gmail.com	Assistance with food, diapers, wipes, hygiene items. Utility bills up to \$75 if funds are available.	OCC Zip codes served: 75203, 75208, 75211, 75212, 75216, 75224, 75232, 75233, 75236, 75237, 75241, 75249 Hours: Tuesday- Thursday 10:00 a.m12:00 noon
Faith Formula Outreach 616 W. Kiest Blvd., Dallas 75224	faithformula.org	214-964-0708	Utility Assistance: Dallas County CEAP (Utility Assistance) is on site Thursdays. Call to reserve a spot or CEAP won't come	A ministry of Friendship West Baptist Church Zip Codes served: 75224, 75232, 75237, 75216. Hours: Monday- Thursday 8:00 a.m 6:00 p.m

St. Vincent de Paul Pharmacy* 5750 Pineland Dr., #280, Dallas 75231	svdpdallas.org/ pharmacy	469-232-9902	Free pharmacy serving the general public who are uninsured in nine counties	Hours: Monday-Friday 9:00 a.m. – 2:00 p.m. Visit website for pharmacy intake forms. You must be a resident of one of these counties (Dallas, Collin, Ellis, Fannin, Grayson, Hunt, Kaufman, Navarro, Rockwall) of North Texas, meet household income guide, and have a valid prescription from a doctor.
Dress for Success 5580 Peterson Lane, Suite 155 Dallas, Texas 75240	dressforsuccess.org	972-392-9770 Dr. Lauren Freeman lauren@dressforsu ccessdallas.org	Provide professional attire, a network of support and the career development tools for women	

Bed Start	bedstart.org	See website For Assistance: bedstart.org/ request-form/	Provides household furnishings at no cost	
Dallas Furniture Bank	dallasfurniturebank. org	972-466-0600	Provide furniture that meets basic living needs	You must be a client of one of the partner agencies listed on DFB website to receive assistance.
Literacy Instruction for Texas (LIFT)	lift-texas.org	214-824-2000	GED Preparation ESL; Adult Literacy / Family Literacy	
Park South YMCA (South Dallas / Fair Park)	ymcadallas.org	214-421-5301	Preschool, after school, Learning Academy is an inperson program supporting students who are e-learning	
Network of Community Ministries	thenetwork.org	972-234-8880	Job Search Services, Medical and Dental Vouchers, food, clothing, rent, and utility assistance	Serves zip codes: 75042, 75044 75080, 75081 75082, 75083 75231, 75251 75252, 75240 75248, 75238 75254, 75243

Mission Oak Cliff at Cliff Temple Baptist Church 125 Sunset Avenue (at South Zang Blvd.), Dallas 75208	clifftemple.org	-942-6407 E-mail: Kevin@clifftemple .org	Food, fresh produce) & Clothing assistance available on site and at four satellite locations. Seasonal assistance for school supplies, Thanksgiving and Christmas baskets, Christmas toys for neighborhood families in need. Classes in English, citizenship, computer literacy, nutrition, and fitness. See website for days/times.	Zip Codes Served: 75203, 75208, 75211, 75216, 75224
Vickery Meadow Food Pantry & Clothes Closet 8848 Walnut Hill Lane, Suite 200, Dallas 75231	facebook.com/vickerymeadowdallas	214-821-5775	Food Pantry, Clothes Closet	First-time clients bring photo ID, current lease, current income information, and information on all household members. Zip Codes served: 75231, 75243, and parts of 75230

Highland Oaks Church of Christ 10805 Walnut Hill Lane, Dallas 75238	hocc.org	214-342-6060	Food & Clothing	Zip Codes served: 75238, 75243
Sharing Life Outreach	sharinglifeoutreach. org	972-285-5819	food pantry, clothes closet, utility assistance, gasoline assistance for a job or job search. Rental assistance for families with children in the Mesquite ISD. Job skills training, basic computer skills, parenting classes, ESL classes. 12-step program, mentoring for young single mothers. Healthcare Program in partnership with El Centro College and a medical equipment exchange program	Zip Codes served: 75126, 75149, 75150, 75159, 75180, 75181, 75182, 75217, 75218, 75227, 75228, 75253, and 75043

S.M. Wright Foundation	smwright.org	214-741-4990	Community events: Back-to-School Supplies, Holiday Feasts Community program services: Food Center, Clothing Center, Community Tutoring, Beds for Needy Kids program, Foundation Furniture Bank, Job Center.	
MetroCrest Services	metrocrestservices. org	972-446-2100	Rent and utility assistance, food pantry, budgeting and financial education, employment counseling, medical aid, and seasonal programs	serves the residents of Carrollton, Farmers Branch, Addison, Coppell, and the city of Dallas in Denton County

Christian Community Action 200 S. Mill Street, Lewisville 75057	ccahelps.org/		Food pantry, housing stability and utility support, transportation assistance, inclement weather interventions, clothing and relevant community referrals. Other Programs: Summer Relief, School Readiness, English as a Second Language, Adult Literacy, Jobs Readiness Skills, Computer Skills, Financial Management.	Coppell ISD, Lewisville ISD, Frisco ISD, Little Elm ISD, Lake Dallas ISD, Northwest ISD, and the Denton County part of Carrollton/ Farmers Branch ISD. CCA operates the "Recycle 2 Support" Thrift Stores in Lewisville (2 locations), The Colony, and Flower Mound.
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Irving Cares 440 Nursery Road, Suite 101 (in the Human Services Building), Irving 75060	irvingcares.org	972-721-9181	Assists Irving citizens with food, rent, mortgage, utilities, prescriptions, and transportation. Plus employment services, one-on-one coaching, computer lab, and a Job Search Seminar every Wednesday Unemployment services	Job Search Seminar every Wednesday from 10:00-12:00
Jewish Family Service 5402 Arapaho Road, Dallas 75248	jfsdallas.org	972-437-9950	Food Bank / Resale Shop Counseling for Children/Teens/Adults Recovery & Support Groups Services for Children & Adults with Special Needs Family Violence Intervention Services for unemployed/ underemployed	

Buckner Center for Humanitarian Aid	buckner.org	214-939-7180	Children's Home, Family Pathways, Family Hope Center, Community Services, Foster Care, Adoption	
White Rock Center of Hope	Whiterockcenterof hope.org	214-324-8996	Food pantry/\$ help	Serves Collin County
10021 Garland Road, #A, Dallas 75218				
Allen Community Outreach 801 E. Main Street, Allen Tx	acocares.org	469-656-4270	Food Pantry, Rent & mortgage assistance, Education and employment services: GED Prep classes, \$ aid for education, employment referrals	
Frisco Family Services 8780 Third St Frisco, TX 75034 Food Pantry: 9085 Dogwood St, Frisco, TX 75033	friscofamilyservices.o	Office: 972-335-9495 gina@friscocenter. org Food Pantry: 972-335-9495	Food Pantry, Emergency assistance, Adult life skills, Education/ Employment assistance, referral service	Serving Frisco and Frisco ISD

^{*} These organizations have complied with the diocesan requirements for Non-Parish Based Organizations in the Diocese of Dallas.

Help Available from the Parish	Yes/ No	Resource Name & Address	Resource Website	Contact Person Name & Contact Info	List of Services Provided	Comments
Direct help already provided by our parish, such as: baby showers, diaper drives, clothing drives, food pantry collections, friendship, accompaniment, etc.						
Donations already provided by our Parish, such as: poor box donations, baby bottle campaigns (or other collections), pregnancy care center or agency fundraisers, etc.						

Other practical			
assistance			
provided by our			
parish			

Communicating Pregnancy Help Resources

How does our parish currently advertise/communicate available help to pregnant mothers in need?

Method/How	Yes/No	If yes, how often?
Bulletin or Bulletin insert		
Vestibule		
Bulletin board		
Restroom flyers/brochures		
Homilies		
Announcements		
Social media (Facebook, Twitter, YouTube, etc.)		
Parish e-newsletters		
Parish directory		
Community bulletin boards (library, community centers, college campuses, coffee shops, etc.)		
Parish website		

Method/How	Yes/No	If yes, how often?
Bulletin or Bulletin insert		
Vestibule		
Bulletin board		
Restroom flyers/brochures		
Parish group listservs (Bible studies, women's groups, prayer groups, etc.)		
Sacramental preparation groups (RCIA, marriage prep, etc.)		
Informational tables at community fairs		
Other		

From the parish's perspective, how do local Catholic agencies advertise/communicate available help to pregnant mothers in need?

Method/Medium	Yes/No
Social media ads or posts	
Local newspapers and/or magazines	

Radio, TV, or other advertisements Community/neighborhood platforms	
Informational tables at community fairs	
Billboard advertising	
Other	

From the parish's perspective, how does the diocese advertise/communicate available help to pregnant mothers in need?

Method/Medium	Yes/No
Diocesan newspaper (ads, articles, columns)	
Bishops' annual appeal or pastoral letter	
Social media ads or posts	
Local newspaper/radio stations	
Community/neighborhood platforms	
Other	

What additional Pregnancy Help Resources may still be needed in the local (parish) area?

In looking at current resources and communications/advertising approaches to assist pregnant women in need, what gaps have been identified
In looking at current resources and communications/advertising approaches to assist pregnant women in need, what opportunities have been identified for expanding resources/approaches?
Are there identified gaps that the parish may be able to fill or opportunities for the parish to expand upon?
Who are the local partners that could help address those gaps or opportunities?
Who are the local partners that could help address those gaps or opportunities?

Thank you for taking the time to complete this Inventory by September 9, 2020.

Please share a copy of this inventory with the diocesan contact for this effort.