

SEASON 11 EP.11

Lent: The Journey Of Forgiveness

GROUP QUESTIONS

1. What stood out to you from this week's episode?
2. What is your experience with forgiveness and being forgiven? What initially rises in your heart when encountering the topic of forgiveness?
3. What are the barriers to forgiveness in your heart—wanting control, wanting vengeance, wanting to forget about hurts, believing God won't bring about justice or safety for you?
4. When it comes to forgiving others—are you more of a fault finder or more of a peacemaker? Why?

LECTIO DIVINA

"And Jesus said, 'Neither do I condemn you; go, and do not sin again.'" - John 8:11

JOURNAL QUESTIONS

1. Imagine the posture of Mary's heart towards the soldiers beating Jesus and the crowds jeering Jesus—take a moment to invite the Holy Spirit to make the bitterness in your heart sweet. Imagine a conversation with Mary and ask her about her experience of forgiveness.
2. Take an inventory of the hurts you have not acknowledged or grudges you are holding onto. It may help to write these things down as a step to grieve your hurts, receive Christ and practice forgiveness even if it does not involve the other person.
3. How have you experienced grieving as a step in forgiveness?

QUOTE TO PONDER

"To love means loving the unlovable. To forgive means pardoning the unpardonable. Faith means believing the unbelievable. Hope means hoping when everything seems hopeless."
- G.K. Chesterton