

## **Grade 8 Session 7**

### **Fruits of the Spirit**

#### **Gifts of the Holy Spirit Review**

- The Gifts of the Holy Spirit are intended to help us understand and follow out God's plan for our lives—to be empowered to become disciples
- The Gifts the Holy Spirit gives help us in our own personal faith life and to build up others.
- These Gifts of the Holy Spirit are directed inwardly: Wisdom, Understanding, Knowledge, Counsel
- These are directed outwardly: Fortitude/Courage, Piety/Reverence, Fear of the Lord/Wonder & Awe
- Treasure and keep these close to your heart.
- The Gifts of the Holy Spirit are supernatural gifts given to us at Baptism!

#### **The Fruits of the Spirit**

- The Fruits of the Spirit are different from the Gifts of the Holy Spirit.
- The Fruits of the Spirit are the expression of the Gifts of the Holy Spirit. They let us know the end result of exercising our gifts.
- St. Paul shares what these are with us. Please read the passage:
  - Galatians 5:22-23 "But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control, against such there is no law."
- The Fruits of the Spirit are the defining end results of our exercising our faith/our Gifts
- The Fruits of the Spirit give us feedback on how we're doing in our faith life/our growth in personal holiness.
- The Fruits of the Spirit are when we see others drawn into a relationship with Jesus.

#### **Watch Video: The 12 Fruits of the Holy Spirit.**

#### **The Fruits of the Holy Spirit**

Go through the Session 7 worksheet. Follow along and fill-in-the-blanks as you go.

#### **Fruits of the Holy Spirit Activity**

Go over the handout, "Fruits of the Spirit".