

THE ROMAN CATHOLIC CHURCH OF
St. Matthew & Our Lady of Perpetual Help



Church of St. Matthew
 616 Warburton Avenue
 Hastings on Hudson, NY 10706
 Rectory.....914-478-2822



Our Lady of Perpetual Help
 535 Ashford Avenue
 Ardsley, NY 10502
 www.stmolph.com

January 14, 2024 • 2nd Sunday in Ordinary Time

Clergy

Rev. Douglas Crawford.....*Pastor*
 Rev. Nicholas Nwagwu.....*Chaplain, St. John Riverside Hospital*
 Rev. George Lodi.....*Retired In Residence*

Sacrament of Baptism

The date for baptism should be scheduled in advance. Please contact the Rectory.

Sacrament of Matrimony

Arranged 6 months in advance. Please contact the rectory and speak with a Priest before any deposit is made for the wedding reception.

Anointing & Last Rites

Call the rectory at any time.

Religious Education Program

Mrs. Stephanie Bonney.....*Coordinator*
 Mr. Jay A. Conklin.....*Assistant*
 Office Location: St. Matthew Church
 Phone: 914-693-0030 • e-mail: ReligiousEd@stmolph.com

Parish Emails

Fr. Crawford.....fr.dycrawford@yahoo.com
 Rectory Office.....office@stmolph.com



facebook.com/stmolph



Instagram.com/stmolph

Mass Schedule

Daily Mass: Monday - Saturday

St. Matthew.....9:00 am
 OLPH.....8:00 am

Saturday Vigil Mass for Sunday

St. Matthew 5:30 pm
 OLPH4:00 pm

Sunday

St. Matthew.....8:30 am & 11:30 am
 OLPH.....10:00 am

Holy Day Mass

Check the Parish Bulletin for schedule.

Sacrament of Penance: Saturday

OLPH3:00 - 3:45 pm
 St. Matthew.....4:30 - 5:15 pm

Prayers & Novena

Miraculous Medal Novena

(St. Matthew) Monday after the 9:00 am Mass

Rosary (OLPH): First Saturday of the month immediately following the Mass

Holy Hour & Exposition

(St. Matthew) Friday between 9:30 am - 10:30 am

ST. MATTHEW & OUR LADY OF PERPETUAL HELP CHURCH

Mass Intentions

SATURDAY, JANUARY 13

4:00 pm Eamon & Eva McGarry †

5:30 pm Jean Galano †

SUNDAY, JANUARY 14

8:30 am Maria & Luis Macancela †

10:00 am The Degnan Family †

11:30 am Kathleen Elliott McNally †

MONDAY, JANUARY 15

8:00 am Tina DiAngelo †

9:00 am James Flynn †

TUESDAY, JANUARY 16

8:00 am Special Intentions for Jeremy Asgari

9:00 am Special Intentions for Thomas Guida

WEDNESDAY, JANUARY 17

8:00 am Special Intentions for Tara Moynihan

9:00 am James Haubold †

THURSDAY, JANUARY 18

8:00 am Matthew Chiaverini †

9:00 am Souls in Purgatory

FRIDAY, JANUARY 19

8:00 am Owen Donaghey †

9:00 am Stephen Nehrbauer †

SATURDAY, JANUARY 20

8:00 am Thomas Trentacoste & Family †

9:00 am Stephen Thomas Nehrbauer †

4:00 pm Emilia Cantatore †

5:30 pm The Mulaire Family †

SUNDAY, JANUARY 21

8:30 am Michael Palij †

10:00 am Ray Gutierrez †

11:30 am Anna Sweeney †

REQUESTED BY:

Eva Maher

David Bloomer

Rosa Macancela

The McNerney Family

Powers Family

Sylvia Melina

Sherry Family

Friend

Mark Guida

Joan Haubold

Mom

Donaghey Family

Ballantine & Healy Family

Spagnuolo Family

Michael P. Smith

Sylvia Melina

Phyllis Mulaire

Palij Family

Camille Gutierrez

Sherry Family

January 14, 2024 - 2nd Sunday in Ordinary Time

Reading I: 1 Samuel 3: 3b-10, 19 The call of young Samuel is itself a classic description of how such a call can be misinterpreted at first. In this case, the future prophet is given a command to communicate a particular Word to the people.

Reading II: 1 Corinthians 6: 13c-15a, 17-20 Sexual pleasure for its own sake and unconnected with conception contradicts the fact that our bodies "are not our own." Saint Paul's powerful message is that our bodies are Temples of the indwelling Holy Spirit.

The Gospel: John 1: 35-42 The Baptist's preaching is fulfilled when two of his former disciples, namely Andrew and his brother Simon, decide to follow Jesus. The Lord, in turn, poses to them (and us) a life-altering question: "What are you looking for?"

READING FOR THE WEEK



Monday, January 15 1 Sm 15:16-23 Ps 50:8-9, 16bc-17, 21 and 23 Mk 2:18-22

Tuesday, January 16 1 Sm 16:1-13 Ps 89:20, 21-22, 27-28 Mk 2:23-28

Wednesday, January 17 1 Sm 17:32-33, 37, 40-51 Ps 144:1b, 2, 9-10 Mk 3:1-6

Thursday, January 18 1 Sm 18:6-9; 19:1-7 Ps 56:2-3, 9-10a, 10b-11, 12-13 Mk 3:7-12

Friday, January 19 1 Sm 24:3-21 Ps 57:2, 3-4, 6 and 11 Mk 3:13-19

Saturday, January Sm 1:1-4, 11-12, 19, 23-27 Ps 80:2-3, 5-7 Mk 3:20-21

Sunday, January 21 Jon 3:1-5, 10 Ps 25:4-5, 6-7, 8-9 1 Cor 7:29-31 Mk 1:14-20

COLLECTION REPORT:

Weekend Summary:

January 7:

Sunday 1/7: \$2,268

Parish Giving 1/7: \$4,185

Weekend Total: \$6,453

Christmas Collection to date: \$25,975

Christmas Last Year: \$21,753

Christmas Flowers to Date: \$3,642

Christmas Flowers Last Year: \$3,258



Christmas Flowers & Christmas Collection

Christmas Flower & Christmas Envelopes can be dropped into any collection basket on any weekend or returned to the rectory.

Upcoming Second Collections:

January 21 - Maintenance & Repairs

February 4 - Fuel Offering

February 11 - Peter's Pence

February 18 - Maintenance & Repairs

Thank you to **121** parishioners who regularly give monthly via Parish Giving! **Won't you join too?**



You can click on the Parish Giving Link or scan the QR code to take you directly to our Parish Giving page.



CANDLE DEDICATIONS

OLPH Tabernacle Candle

req. by

St. Matthew Tabernacle Candle

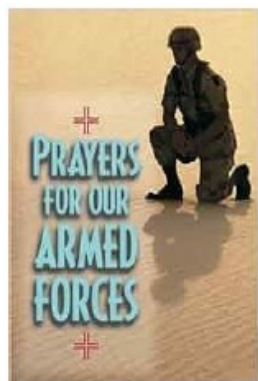
req. by

St. Matthew Blessed Mother Candle

Special Intentions for The Boyle Family

req. by The Mullen Family

If you would like a candle to burn in memory of a loved one, please contact the rectory. Candle dedications can be reserved online. Visit the parish website for a direct link.



Brian Dunne-USN
Christopher Gaulin-USA
George Moore-USN
Michael Germain-USN
Peter Dillon-USCG
Chris Minozzi-USMC
Sean Roth-USA
Mike Gibbons-USMC
Nick Lumalcuri - USN
Claire Sherry - USAF



**There is NO CLASS today,
Sunday, January 14th.**

**There will be classes on Wednesday, January
17th & Sunday, January 21**



*Thank you
to everyone
who helped
decorate for
Christmas.*



Please note: St. Matthew's is in need of a new creche/stable for next year. If you are talented and can build one, or if you would like to purchase a new one, please contact the rectory.

Please join us next Friday, January 19th for the 9:00am Mass at St. Matthew Church in support of the Pro-Life march. Will recite the Rosary, have Adoration of the Blessed Sacrament, The Chaplet of Mercy and Benediction.

We are in solidarity with the Pro-Life March in Washington the same day.

Call Maureen at 914 478-2062 with any questions.



**Friday, January 19,
2024**

2023 Contribution Statements



2023 Contribution Statements

This year, Contribution Statements have been prepared through Flocknote for the entire parish. Statements were emailed to everyone on Monday, January 8th.

You can also view this document with your list of donations online anytime by clicking the my info link at the bottom of any Flocknote email and then clicking on the Giving tab. You will see the 2023 Donor Summary at the bottom of the page.

Please remember, Charitable Donations statements are for collections only and do not include Mass Cards, Cardinal's Appeal or Renew+Rebuild donations.

If you give through PARISH GIVING, you will receive a separate email from them directly.



In the event of a weather cancellation, we will do our best to notify all through Flocknote. If you have not yet signed up for Flocknote, please visit:

www.flocknote.com/stmolph

Also note: if the weather is bad (snow, ice) for driving, the 8am Mass at OLPH will be automatically cancelled for the safety of all.

This Simple Exercise Can Help You Become a Better Spouse.

by Cecilia Pigg

We all have our limitations, but a simple Ignatian exercise has given me hope that, with grace, I can grow to love my spouse better.



I have realized I am not very good at caring for sick people. Particularly, in caring for my husband when he is under the weather. Recently, my whole family got the flu, except me. This is not unusual — it seems that I have been blessed with an extra hearty immune system. The downfall in all this is that alongside my lack of experience being sick often, I lack sympathy for those in my life who do get sick.

Basically, I am a begrudging nurse, who serves her patient because it is the right thing to do, but barely hides her doubts that her patient could possibly be feeling that poorly. As one might imagine, my husband does not feel very loved when he is sick. This is one way I've pinpointed that I need to grow as a spouse over the next year.

This realization is in part due to a **daily exercise from [an Ignatian prayer book](#)** I've been working through this past year.

Here's how the exercise works

A couple of times throughout the day you try to identify what triggers you — what sets off your addictions or anger or what makes loving the people near you tough. The goal is to be aware of where you fail in charity. When you have that awareness and you dig into it a little, it moves you into preventing those moments in the future (with God's grace), prompted by a short exercise to pinpoint the trigger behind it all.

The eventual end goal is to be able to recognize the root cause and heal that area. This is a very helpful practice for the many different ways I fail to love everyone in my life overall, but I am using it specifically to work on my marriage, as that is an area that always needs work.

Practically, doing the exercise daily for my marriage might look like this:

First, you have to notice the problems

For me, I've noticed that my patience is low around mealtimes, and tension sometimes spikes around bedtime too. If it is a day where we haven't communicated well or much at all, hunger and/or wrangling tired kids magnifies all of our imperfections — any little resentments or disunity between us comes to a head.

For instance, I am often more aware of where I'm failing to love around lunchtime or dinner time. It might be that I respond peevishly to a simple question, or I might decide to criticize or complain about some disappointment at a time that is inappropriate, thus setting a grumpy tone for the next few hours until we can have a real conversation about it, sans kids and craziness.

Second, you have to bring the moment to Jesus

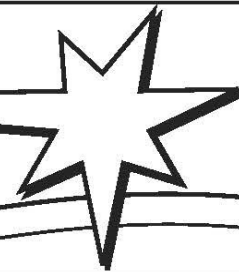
When I realize I just stabbed my husband with my words for no reason, I apologize to him, and then I turn inward to the Trinity to figure out what is happening (either in the moment or, more likely, a little while later when the dust settles and I have a minute to think). "Jesus, that was wrong. Help me figure out what's going on please." I reflect on what might have triggered my reaction (already being impatient with how the day is going, hunger or tiredness, or whatever it might be that specific day).

Third, you make a note of the trigger, and offer it up in prayer

"Jesus, I've realized that my mood has been sour all morning because my husband let me get out of bed before him instead of letting me sleep in. Please help me let go of that and move on." Then, at the end of the day, if I have done this exercise a couple of times, I can remember those in my examination of conscience and start to notice a pattern over the days and weeks that pass.

Little by little, with a lot of grace, I hope to chip away at some of my recurring failures in love.

Partners in FAITH™



Helping our children grow in their Catholic faith.

January 2024

Church of St. Matthew - Our Lady of Perpetual Help

Fr. Douglas Crawford, Pastor



Thoughtful Moments

St. Marguerite Bourgeoys

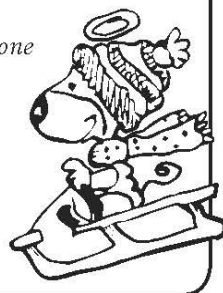
Born at Troyes, France in 1620, St. Marguerite desired early on to become a missionary. A friend introduced her to the mayor of Ville Marie (now Montreal, Canada) and, at his invitation, St. Marguerite traveled to Canada to teach the children of the colony. She was later joined by several women – all consecrated to God and devoted to teaching and Works of Mercy. In 1676, she gained approval for her order, the Congregation of Notre-Dame de Montreal.



Fishers of Men

Some of the first apostles were fishermen working in the Sea of Galilee. The fish there were known for their quality and commanded a high price. Next time you eat fresh fish, remember Peter and Simon, James and John, the hard-working fishermen who left their boats to follow Jesus.

"Therefore, if anyone is in Christ, he is a new creation; the old has passed away, behold, the new has come" (2 Corinthians 5:17).



Shape children's hearts with virtues

A key element of Catholic parenting is to shape the hearts of our children, not just manage their behavior. One way to shape a child's heart is to offer opportunities to grow in virtue:

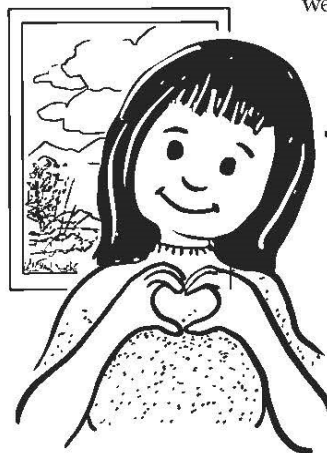
Modesty: "Modesty protects the intimate center of a person. It means refusing to unveil what should remain hidden" (*Catechism of the Catholic Church* (CCC), #2521). Modesty awakens in youngsters a respect for the human person. Teach them to dress, speak, and take in entertainment that is wholesome, uplifting, and respectful of themselves and others.

Faithfulness: When children see that their parents are faithful to one another, for example, they intuit that

faithfulness or fidelity means to act in a way that honors a commitment. Children may not always hear what we say, but they are influenced by what they see us do.

Meekness: Meekness is not timidity. It fuels self-control. St. Thomas Aquinas cautioned against expressing physical anger because it makes anger outsized. Guide and model how to use meekness to manage anger. Meekness will help prevent evil from ruling actions.

Charity: "If I...have not love, I gain nothing" (1 Corinthians 13:3). Charity is giving love without an expectation of receiving in return. Teach children to put others' needs first. They will find that as they grow in charity, they will be happier and more joy-filled.



Why Do Catholics Do That?

Why do Catholics have infants baptized?

As a Sacrament, Baptism conveys grace and the "washing away" of sin and the "rebirth" of the baptized as a child of God. It starts us on the surest path to salvation: "Whoever believes and is baptized will be saved; whoever does not believe will



be condemned" (Mark 16:16).

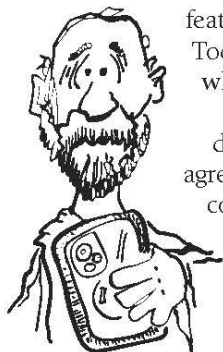
Catholic parents, desiring the best for their children, baptize them as infants, believing it will give them the best chance of true joy in this life and eternal life in the next.

If the saints had social media, what would they post?

Is there a "holy" way to use social media? Consider these suggestions from the saints:

To friend or unfriend? St. Teresa of Ávila cautioned that parents "be very careful whom they allow to mix with their children when young." Although socially outgoing and fun-loving, she didn't try to be liked by everyone, but sought the close friendships with those who encouraged her in holiness.

"Kind comments, only." St. Philip Neri advised someone who gossiped to pluck a chicken and scatter the feathers in the wind. Those far-flung



feathers were like rumors – impossible to take back. Today, he would warn us to be careful what we post; who knows how many will see it.

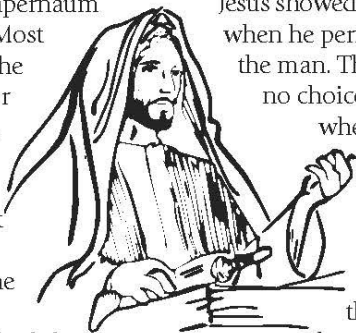
Disagree, but charitably: St. Thomas Aquinas debated often and won admiration, if not agreement, from his adversaries for his respectful conduct. "We must love [those who agree and disagree]...for they help us in the finding of [the truth]." For those in online debates, he would advise all to respond with charity and humility while still seeking the Truth.

Scripture LESSON

Mark 1:21-28, Jesus is no ordinary teacher

In this Gospel reading, we read that Jesus entered the synagogue at Capernaum with His apostles to teach. Most teachers would draw from the writings of other scholars for authority, and would begin, "Thus says the Lord..." but Jesus said, "I tell you..." As God, He already knew what the Scriptures meant without leaning on someone else's teaching.

Jesus taught as one who had the authority of God and that astonished His listeners. Even the unclean spirits who were torturing a man at the synagogue recognized Jesus as "the Holy One of Israel." Clearly, this was



no ordinary teacher!

Jesus showed His authority again when he performed an exorcism on the man. The unclean spirits had no choice but to obey Him when he commanded them to depart, despite their reluctance.

What can a parent do? Jesus shows us that God's power and love are greater than any evil. Teach children that they can talk to Jesus about anything that happens, good or bad. At the same time, stress that Jesus is God and deserves to be worshipped and obeyed.

Feasts & Celebrations

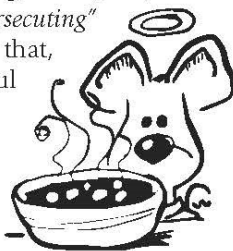
January 3 – Feast of the Most Holy Name of Jesus. "...At the name of Jesus every knee should bend, of those in heaven and on earth and under the earth" (Philippians 2:10). Today, a deep bow of the head at the Name is an accepted form of respect.

January 7 – Epiphany of Our Lord. Epiphany is Greek for "manifestation." When they honored the infant Jesus, the three wise men bore witness to the fulfillment of God's promise of a savior.

January 21 – St. Agnes (304). St.

Agnes consecrated herself to God. Reportedly she was betrayed for being a Christian by a suitor whom she refused to marry. She maintained her faith and was executed as a result.

January 25 – The Conversion of St. Paul. Formally called "Saul" he persecuted the Christians until Jesus appeared to him on the road to Damascus, saying, "I am Jesus, whom you are persecuting" (Acts 9:5). After that, Saul became Paul and traveled around the known world, preaching the Faith.



Parent TALK

Our busyness was crowding out family time. Between homework, practices, and playdates, we hardly ever had family dinner or attended Mass together. One Sunday when my daughter expected to skip Mass for a soccer tournament, I realized we needed a reboot.

That Saturday night we gathered around the table. I lit a candle and announced that Family Day had begun. I said that God wants us to keep Sunday holy, so Family Day starts at sundown on Saturday and goes through Sunday.

Now Sunday morning begins with church music while we dress for Mass. There are muffins or coffee cake made the night before so we can enjoy them and still observe the Communion fast. Then we attend Mass together and have a meal afterwards.

Then, whatever we do during the day, we do together. After dinner we blow out the "Sunday Candle" and feel ready to face the week.

Our Mission

To help parents raise faithful Catholic children
Success Publishing & Media, LLC
Publishers of Growing in Faith™ and Partners in Faith™
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<http://www.partnersinfaith.com>
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