

# CHURCH OF THE BLESSED SACRAMENT

Rev. David Nolan, Pastor  
Fr. Lukasz Dutkiewicz, Parochial Vicar  
Msgr. Michael Crimmins, In Residence  
Deacon Scott Reisinger  
Tina Silvestro, Director of Religious Education  
Jason Roberts, Director of Music Ministry  
Holden Traenkle, Facilities Supervisor  
Maureen Noonan,  
Head of Blessed Sacrament School

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CHURCH: 152 WEST 71ST STREET, NYC 10023 • PH: 212-877-3111 • WWW.BLESSEDSACRAMENTNYC.ORG

SCHOOL: 147 WEST 70TH STREET, NYC 10023 • PH: 212-724-7561 • WWW.SBSLNYC.ORG

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**SUNDAY MASSES:** Saturday evening at 5:30 PM  
Sunday: 8:30AM, 10:00AM (Family Mass) 11:15AM  
(Spanish), 12:30PM & 5:30PM (Young Adult Choir)

**WEEKDAYS:** 7:30 AM, 12:10 PM, 5:30 PM

**SATURDAYS:** 7:30 AM, 12:10 PM

**BAPTISM:** Arrangements must be made at the Rectorry. Sponsors must be practicing Catholics. Parents, and also godparents when possible, must attend the Pre-Baptismal conference which is held on the 1st Monday of every month at 6:30pm in the rectorry.

**CONFESSIONS:** Saturday afternoons 4:30 to 5:15 pm, and anytime at the Rectorry.

**MARRIAGES:** Arrangements should be made at least six months in advance at the rectorry to ensure the date and the hour desired. The Nuptial Mass is the ordinary form of celebrating Christian marriage, and should be strongly considered when making Wedding plans. Attendance at the Pre-Cana Conferences, or the equivalent, is required by the Archbishop.

**PARISH BOUNDARIES:** Central Park West to the Hudson River, from the South side of 77th Street down to the North side of 65th Street.

**NEW PARISHIONERS:** We welcome new parishioners, and invite them to register at the Rectorry. The registration is our only means of certifying anyone as a member of our parish. If you move to another Parish, or change your address within the Parish, please notify us.

**FATIMA DEVOTIONS:** The Rosary is said daily after the 12:10 pm Mass. Friday from 6-7 pm there is a holy hour.

**BENEDICTION OF THE BLESSED SACRAMENT:**  
First Friday - Exposition: 12:35 pm. Adoration: All day;  
Benediction: 5:15 PM.

**MIRACULOUS MEDAL NOVENA:** Mondays, after the 12:10 Mass

**RELIGIOUS EDUCATION FOR CHILDREN AND TEENAGERS:** Classes in Religion for Catholic children/teenagers, Pre- kindergarten - High School take place on Sundays. The Family Mass begins at 10:00 a.m. in the Church followed by class instruction in the school.

Ongoing religious education is important for the religious development of your children. First Communion and Confirmation require a two year program.

Webpage: [www.blessedsacramentnyc.org/rel-ed](http://www.blessedsacramentnyc.org/rel-ed)

## FIRST SUNDAY OF LENT - FEBRUARY 21ST, 2021

Dear Parishioners and Friends:

Fasting and Feasting

LENT is more than a time for Fasting, but it is also a season of Feasting. Lent is a time to Fast FROM certain things and to Feast ON others. So we ask for the grace to:

Fast from judging others; Feast on generosity of spirit.  
Fast from emphasizing differences; Feast on seeing similarities.  
Fast from thoughts of illness; Feast on the healing power of God.  
Fast from words that pollute; Feast on phrases that encourage  
Fast from discontent; Feast on gratitude.  
Fast from anger;  
Feast on patience.  
Fast from complaining; Feast on appreciation.  
Fast from negative comments; Feast on affirmations.  
Fast from unrelenting pressures; Feast on restorative leisure  
Fast from hostility; Feast on non-violence.  
Fast from bitterness; Feast on letting go  
Fast from self-concern; Feast on compassion for others.  
Fast from personal worry and anxiety; Feast on trusting in God's promises  
Fast from discouragement; Feast on hope.  
Fast from lethargy; Feast on responding to God's call to discipleship.  
Fast from suspicion; Feast on promises that inspire.  
Fast from idle gossip; Feast on silence.  
Fast from problems that overwhelm; Feast on prayer

Sister Patricia & Father Jude

Queridos Feligreses y Amigos;

Ayuno y Banquete

La CUARESMA es más que un tiempo de ayuno, es también temporada de festín. La Cuaresma es un tiempo para Ayunar de ciertas cosas y Festejar en otras. Por eso pedimos las gracias siguientes:

Ayuno de juzgar a otros; Deléitate con la generosidad de espíritu.  
Ayuno de enfatizar las diferencias; Deléitate viendo similitudes.  
Ayuno de pensamientos de enfermedad; Deléitate con el poder sanador de Dios.  
Ayuno de las palabras que contaminan; Deléitate con frases que animen.  
Ayuno del descontento; Deléitate con la gratitud.  
Ayuno de la ira; Deléitate con la paciencia.  
Ayuno de quejarse; Deléitate con el aprecio.  
Ayuno de comentarios negativos; Deléitate con las afirmaciones.  
Ayuno de presiones implacables; Un festín de ocio reparador.  
Ayuno de la hostilidad; Deléitate con la no violencia.  
Ayuno de amargura; Deléitate con otras cosas.  
Ayuno de la preocupación por uno mismo; Deléitate con la compasión por los demás.  
Ayuno de la preocupación y la ansiedad personal; Deléitate confiando en las promesas de Dios.  
Ayuno del desánimo; Deléitate con la esperanza.  
Ayuno del letargo; Deléitate respondiendo al llamado de Dios al discipulado.  
Ayuno de la sospecha; Deléitate con promesas que inspiran.  
Ayuno de los chismes ociosos; Deléitate con el silencio.  
Ayuno de los problemas que abrumen; Deléitate en la oración.

Hermana Patricia y Padre Jude

I want to give a huge thanks to Sister Patricia Bruno, O.P. and Father Jude Siciliano, O.P. who led our Parables and Poetry retreat that held their last virtual session on Ash Wednesday. The sessions were a great way for us to come together in prayer, worship and solidarity. It was a great opportunity to take some time during the day to renew and refresh our spiritual life. Thank you to all of the parishioners that participated and brought these sessions to life. Father Nolan

*Quiero agradecer enormemente a la Hermana Patricia Bruno, O.P. y al Padre Jude Siciliano, O.P. quienes dirigieron nuestro Retiro de Parábolas y Poesía que tuvo su última sesión virtual el Miércoles de Cenizas. Las sesiones fueron una excelente manera de reunirnos en oración, adoración y solidaridad. Fue una gran oportunidad para tomarnos un tiempo durante el día para renovar y refrescar nuestra vida espiritual. Gracias a todos los feligreses que participaron y dieron vida a estas sesiones. Padre Nolan*

## BLESSED SACRAMENT ZOOM COURSES AND PRAYER GROUPS

The zoom meetings below can be accessed via phone by dialing (408) 638-0968 and following the instructions given by the operator.

The meeting ID is 2601036575. The password is 903184.

Or If joining from a computer or zoom app:

Visit the following link <https://uso2web.zoom.us/j/2601036575>

**Our daily zoom rosary takes place at 11:30am.  
We hope you all can join us in praying the rosary together.**



### History of Catholicism

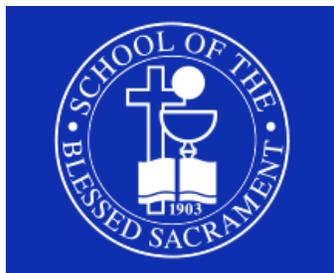
Join Deacon Scott R. Reisinger to survey the history of the Catholic Church from its origins in the time of Christ through Pope Francis. Each week will include a lecture followed by discussion of primary source readings, texts, or music. The class will meet on Thursday evenings from 6:30-7:30 pm, and will begin on Thursday, January 28th.

Deacon Scott is a historian, teacher, and Head of Trevor Day School in Manhattan.

### Divine Mercy Chaplet

If you want a spiritual awakening, please join us with Father Luke on Fridays at 3:00 P. M., the day and time Jesus died on the cross, via ZOOM to say The Divine Mercy Chaplet. It only takes 15 minutes, it's extremely easy and is said on Rosary beads.

Just listen in and you will be amazed.



The School of the Blessed Sacrament is now accepting applications for the 2021-2022 school year. Serving students from Pre- Kindergarten 3 through Eighth Grade, we celebrate diversity and encourage the love of God, self, and others. For more information and to register for a tour, please contact our director of admissions, Julie Park: [jpark@sbsnyc.org](mailto:jpark@sbsnyc.org)

Upcoming tour dates: March 2nd

## MASS INTENTIONS

### Saturday Evening, February 20th

5:30 Philip Goodman +

### Sunday, February 21st

8:30 Paddy and Sally Boland +  
10:00 Intentions of Milton Lou Marvin  
11:15 Miguel Angel Toro +  
12:30 Intentions of Benjamin Family  
5:30 Intentions of Marcus Fisher

### Monday, February 22nd

7:30 Tommy Redmiles +  
12:10 Fernando Pando +  
5:30

### Tuesday, February 23rd

7:30 Intentions of Violet  
12:10 Maria Flores +  
5:30

### Wednesday, February 24th

7:30 Intentions of Jacob  
12:10 Poor Souls in Purgatory  
5:30

### Thursday, February 25th

7:30 Donna de Solis  
12:10 Marciana Español  
5:30 Verna & Salvatore Bronzo +

### Friday, February 26th

7:30  
12:10 Deceased of Spango Family  
5:30 Noemi Laza +

### Saturday, February 27th

7:30  
12:10 All Souls in Purgatory

## NEW PARISHIONER REGISTRATION

If you have not registered in the parish and attend our Mass regularly, please fill the following form out and return it to the Rectory office. *All information will be kept confidential.*

### NEW PARISHIONER REGISTRATION FORM

Date \_\_\_\_\_

Your Name \_\_\_\_\_

Your Spouse's Name \_\_\_\_\_

*(Only if Both are Registering)*

Children \_\_\_\_\_

Address \_\_\_\_\_

Apt # \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Telephone \_\_\_\_\_

Email \_\_\_\_\_

Your Occupation \_\_\_\_\_

Your Spouse's Occupation \_\_\_\_\_

How should we address you? (Check one)

Mr. & Mrs. \_\_\_\_\_ Mr. \_\_\_\_\_ Mrs. \_\_\_\_\_ Ms. \_\_\_\_\_

Would you like to receive weekly offering envelopes

Yes \_\_\_\_\_ No \_\_\_\_\_

### FINANCE COMMITTEE CORNER

Last Sunday \$3,798 was received in the offertory baskets at Mass and \$6,153 was received through WeShare, for a total of \$9,951  
Thank you for so generously giving to our regular collection.

### ESQUINA FINANCIERA

La suma de la colecta durante las Misas del domingo pasado fue \$3,798. Recibimos \$6,153 a través de WeShare para un total de \$9,951.  
Gracias por dar tan generosamente a nuestra colección regular.

Sign up for WE SHARE: We Share is an easy way to support Blessed Sacrament parish throughout the year - even when you are unable to attend your parish Mass. With We Share, never miss a Mass collection or donation. There is no need to carry a check book or cash for the collection - and no need for envelopes. You can make on-line donations using a credit card, debit card or electronic check. With a We Share account, you can manage your weekly, monthly or one time donations, as well as your personal information.

We Share ensures the highest security standards available are adhered to. You have access to your on-line donations for tax purposes. Easy to print offertory slips are available if you would like to place one in the collection basket representing your on-line donation. We Share provides customer support by phone or email.

Go to [www.blessedsacramentnyc.org](http://www.blessedsacramentnyc.org) and click on the ONLINE GIVING icon at the top left of the home page.

# SUPPORT THE PARISH ANNUAL APPEAL

## HOW TO SUPPORT:

- CHECK MADE OUT TO BLESSED SACRAMENT  
*(please note Parish Appeal in the Memo section)*
- WE SHARE ON-LINE GIVING

<https://blessedsacramentnyc.churchgiving.com/parishappeal>  
or scan the QR Code



This season of Lent, Blessed Sacrament parish will once again participate in Catholic Relief Services' Rice Bowl as a way of enhancing our Lenten journey. It is also a way for us to live out Pope Francis' call to end world hunger. CRS Rice Bowl is a faith-in-action Lenten program for families, individuals and faith communities with family activities, meatless meals, prayers and reflections. Rice Bowl invites Catholics to live in solidarity with our poorest and most vulnerable brothers and sisters through the Lenten pillars of prayer, fasting and almsgiving. 870 million people suffer from hunger. Of this 98% live in the developing world.

This weekend you can pick up Rice Bowls and Lenten Calendars in the back of the Church.

What you give up for Lent changes lives.

Lenten Fast and Abstinence: During the season of Lent, the Church urges the faithful to reflect a spirit of penance in their daily lives through performing acts of fasting and abstinence.

Lent began on Ash Wednesday, February 17 and ends on Holy Thursday, April 1st.

Ash Wednesday and Good Friday are days of fast and abstinence. This is a serious matter within Church law.

Fasting means only one full meal a day may be taken. Two smaller meals can be eaten to maintain physical strength but together they should not equal another full meal in quantity. Snacking between meals is not permitted. Catholics 18-59 are obliged to fast on Ash Wednesday and Good Friday. Those who are not specifically obliged to fast are encouraged to join in the discipline of fasting to the extent that they are able.

Abstinence forbids the eating of meat or poultry. Those who have reached the age of 14 are obliged to abstain from eating meat and are urged to join in the discipline of abstaining to the extent that they are able.

**Please pray for our brothers and sisters that are ill, especially  
Tim Vetrero, Jim Delaney, Bill McNulty, William Tulko, Jose Ortiz, Danielle and Richard  
Remp, Bella Manalo, Judith Zizmor, Neil Sussman, Jaqueline Gierlach, Milagros Blas, , and  
all those who are suffering the consequences of the current pandemic.**

**Let us pray too for all those who have passed away especially, Marisol Gonzalez**