

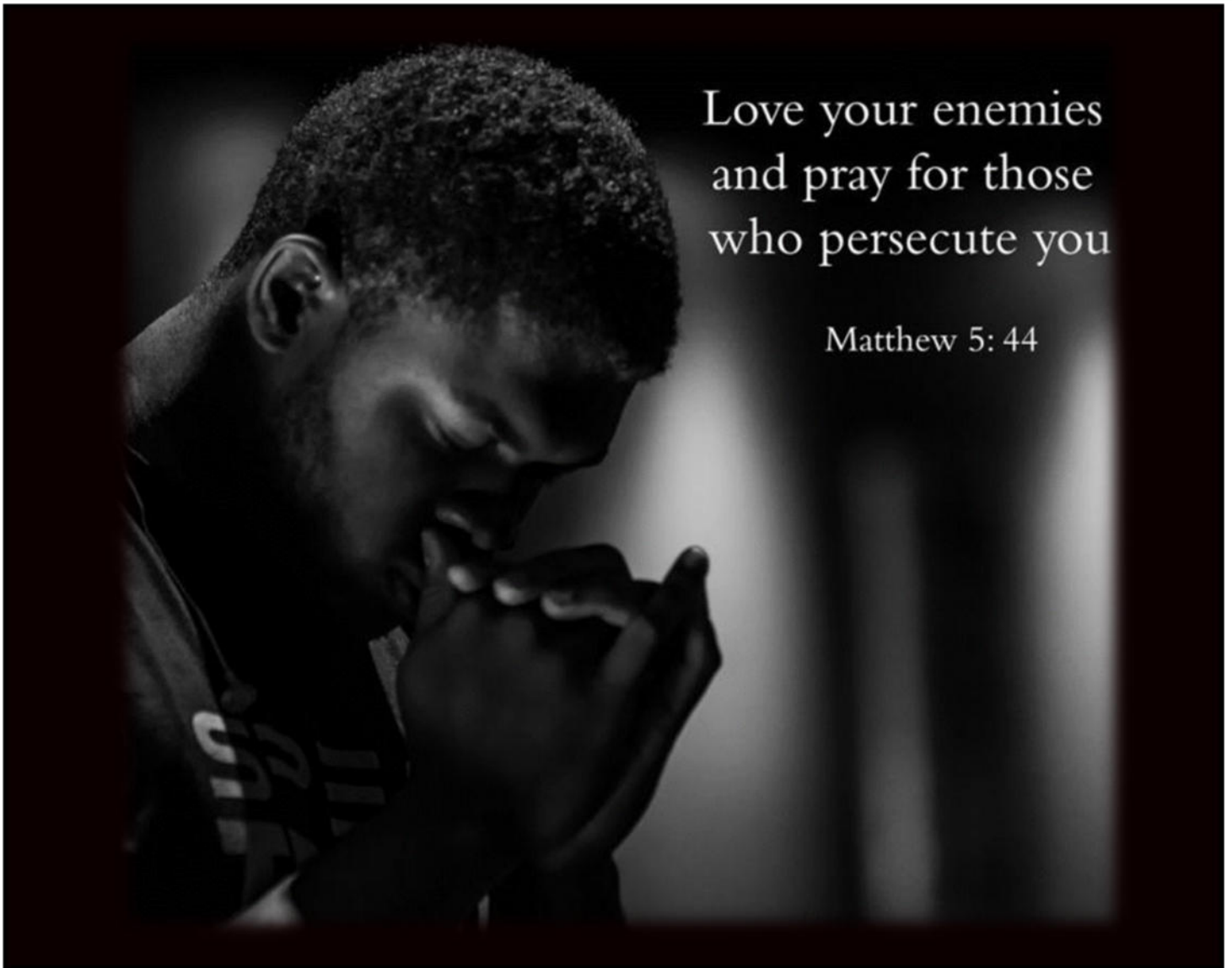


# *Holy Family*

*Catholic Church*



5315 TIETON DRIVE | 509-966-0830 | FAX 509-965-1742 | [WWW.HOLYFAMILYYAKIMA.ORG](http://WWW.HOLYFAMILYYAKIMA.ORG)



Love your enemies  
and pray for those  
who persecute you

Matthew 5: 44

#### CLERGY



V. Rev. César  
Vega M.  
Pastor



V. Rev.  
Michael Ibach  
J.C.L.



Deacon John  
Cornell



Deacon Jim  
Krämper

#### CHILDREN

HOLY FAMILY  
RELIGIOUS EDUCATION



Jacque Weaver  
509-966-0788

[holyfamilyyakima.org/  
religious-education](http://holyfamilyyakima.org/religious-education)

#### YOUTH

**YOUTH  
MINISTRIES**

Hannah Discher  
509-965-3471



[holyfamilyyakimayouth/  
holyfamilyyakima.org/  
youth-ministry](https://www.instagram.com/holyfamilyyakimayouth/)

#### ADULTS



ADULT FAITH  
FORMATION

509-966-0830

#### SCHOOL



[ctcsyakima.org](http://ctcsyakima.org)  
575-5604



Dear parish family,

Lenten Greetings! We are about to begin a very especial journey as parish community. Starting this Wednesday by humbly receiving the blessed Ashes, we will find ourselves responding to the call from Mother Church into our Annual 40 Day Retreat of LENT. Through Prayer, Fasting, Penance and Almsgiving we will make the proper spiritual preparations to joyfully celebrate the promise of Resurrection at Easter.

Father Mike I., Deacons John C. and Jim K. and I extend an invitation to all of you and your family to attend the different opportunities during the upcoming Lenten Season. We begin our Lenten Journey/Retreat with **Ash Wednesday on February 26**; we will have **Vespers (Evening Prayer; the prayer of the universal Church for evenings)**, on all Tuesdays of Lent at 5:30pm followed by Benediction; on all Fridays of Lent we will have **Stations of the Cross** at 5:30pm and right after the Stations we will have **"Soup and Bread"**. This year during *soup and bread* we will have presentations called **"Symbolon: The Catholic Faith Explained"**, a series by Dr. Sri. It is Fresh. Bold. Relevant. A 20 video and discussion sessions that brings together some of the most trusted Catholic teachers in the world to guide you through the breadth and richness of the Catholic faith.

We will also have **The Little Black Book**, six minutes a day reflections/prayer booklet based on traditions, the saints and '*lectio divina*', for Lent and all the way through the Second Sunday of Easter. I hope you find this booklet useful during this Liturgical Season and as a great help for *"God's Program in your spiritual rehab during Lent."*

Please join **The Liturgical Institute** for our Lenten Mission titled "Transfigured", on March 27 and 28. In the Transfigured Conference Dr. Denis McNamara and Mr. Jesse Weiler from the Liturgy Guys Podcast will teach us how to dive deeply into the Mass and truly see what the Church calls "a foretaste of heaven on Earth." Make plans to take advantage of this wonderful opportunity. Pre-register by emailing [office@holyfamiyyakima.org](mailto:office@holyfamiyyakima.org) or by calling our parish office.

**The Operation Rice Bowl**, is an outreach ministry from Catholic Relief Services, a part of our almsgiving to show solidarity and help those who have less; you will find a rice bowl in the bins, just put all your the spare change (*and checks*) into the box bring it to the church at the end of the Lenten Season.

On **Tuesday March 31** all the priests of the Diocese have our reflection day, we come together to pray, be reconciled and renew our priestly vows. Bishop then blesses the oils (*of the sick, of catechumens and Chrism*), which we will use for the sacraments throughout the year. Please join us at **St. Paul Cathedral at 7pm for the Chrism Mass**.

The Sacrament of Reconciliation during Lent is a great opportunity we have, to make a good preparation for the celebration of Easter, we will celebrate the **Lent Penance Services** on Tue. Mar. 24, 2020 4:00 pm at Holy Redeemer, Wed. Mar. 25, 2020 7:00 pm at Holy Family, Wed. Apr. 1, 2020 4:00 pm at St. Joseph, and Thurs. Apr. 2, 2020 7:00 pm at St. Paul Cathedral. You can find all this information and the schedule for Holy Week in the pamphlet that was mailed to you and on our web page at [www.holyfamiyyakima.org](http://www.holyfamiyyakima.org)

Please continue to pray for our Catechumen (*non-baptized*) and Candidates (*baptized*). During Lent our Catechumens and Candidates will come before the Church community asking for your support and prayers. These individuals are in their final stage of preparation for full membership into the Catholic Church, which will take place at Easter Vigil. By the way if you know someone in your family or a friend that is interested in the Catholic faith invite them to join our community by attending the RCIA program; please call Kathy for more information.

Lastly, I would like to urge each of you to answer the invitation of Holy Mother Church, to join all the faithful in the whole world, on our Forty-Day Lenten Retreat. Each of us are called to be part of the Eucharistic Community of believers, sent by Jesus, to live out our Baptismal promises in service to the Church; *the body of Christ*. On our Lenten spiritual journey may we hear this call and experience a conversion of heart and renewed strength in our journey towards our heavenly Father. After our Forty-Day retreat, may we all come together to celebrate the Holy Triduum and the glory of Our Lord's Resurrection on Easter Sunday.

Lenten Greetings and Blessings,

Rev. Cesar Vega M.  
Pastor



Office of the Pastor  
5315 Tieton Dr. Yakima, WA 98908  
509-966-0830  
[office@holyfamiyyakima.org](mailto:office@holyfamiyyakima.org)

**PARISH  
OFFICE HOURS**

Mon., Wed., Thurs., Fri.  
9:00am-Noon 1:00pm-5:00 pm  
Tuesday 10:00am-Noon 1:00pm-5:00pm

**SEVENTH SUNDAY IN ORDINARY TIME | FEBRUARY 23, 2020** **2**





# TRANSFIGURED



## YAKIMA LITURGY CONFERENCE

# MARCH 27 & 28

### *Featuring*



Dr. Denis McNamara  
*Center for Beauty and Culture  
Benedictine College*



Mr. Jesse Weiler  
*Director of the Liturgical  
Institute University of  
St. Mary of the Lake*

### **Friday March 27**

5:30pm: Stations of the Cross followed by Soup

7:00pm: Opening Session/Podcast Recording:

*Living Liturgically in the Domestic Church*

### **Saturday March 28**

8:00am: Registration

9:00am: Opening Comments

9:15am: **The Origins of Vatican II**

10:45am: **Your Role in the Mass\***

11:45am: Lunch

1:00pm: Mid-day comments

1:45pm: **Living a Sacramental Life**

2:30pm: Closing Comments

3:00pm: Adoration and Confession

4:30pm: Benediction

5:00pm: Closing Solemn Mass

**\*Youth program with Jesse Weiler.  
Child care for younger children available.**

TO PRE-REGISTER FOR THE CONFERENCE, PLEASE EMAIL  
THE HOLY FAMILY OFFICE AT [OFFICE@HOLYFAMILYYAKIMA.ORG](mailto:OFFICE@HOLYFAMILYYAKIMA.ORG)  
OR CALL 509.966.0830.

NO REGISTRATION FEE. DONATIONS APPRECIATED.





# TRANSFIGURED



## CONFERENCIA LITÚRGICA DE YAKIMA

# 27 Y 28 DE MARZO

### *Presentando a*



Dr. Denis McNamara  
Centro de Belleza y Cultura  
Colegio "Benedictine"



Sr. Jesse Weiler  
Director del Instituto de  
Liturgia de la Universidad de  
"St. Mary of the Lake"

### **Viernes, 27 de marzo**

5:30pm: Viacrucis y Sopa

7:00pm: Sesión de Apertura/Grabación de Podcast:

*Viviendo Litúrgicamente en la Iglesia Domestica*

### **Sábado 28 de marzo**

8:00am: Registración

9:00am: Comentarios de Apertura

9:15am: El Origen del Vaticano II

10:45am: Su Papel en la Misa

11:45am: Almuerzo

1:00pm: Comentarios

1:45pm: Viviendo una Vida Sacramental

2:30pm: Comentarios Finales

3:00pm: Adoración y Confesiones

4:30pm: Bendición

5:00pm: Misa Solemne

**\*Programa para Jóvenes con Jesse Weiler.  
Habrá cuidado de niños pequeños.**

PUEDE PRE-REGISTRARSE PARA LA CONFERENCIA POR MEDIO DE  
CORREO ELECTRÓNICO A [OFFICE@HOLYFAMILYYAKIMA.ORG](mailto:OFFICE@HOLYFAMILYYAKIMA.ORG) O  
LLAMANDO AL (509)966-0830.

SESIONES SOLAMENTE EN INGLÉS. GRATIS. SE AGRADECE CUALQUIER DONACIÓN.

# THE LORD IS KIND AND MERCIFUL

## FIRST READING

Leviticus 19:1-2, 17-18

Be holy, for I, the Lord, your God, am holy.

## SECOND READING

1 Corinthians 3:16-23

Are you not aware that you are the temple of God, and that the Spirit of God dwells in you?

## GOSPEL READING

Matthew 5:38-48

My command to you is love your enemies, pray for your persecutors.

## FAMILY CONNECTION

<https://www.loyolapress.com/>

Family life teaches us many things. It is often at home that we learn practical skills such as cooking, riding a bike, and making repairs. Talk about some of the things that the members of your family have learned to do at home. We also learn about caring at home. Talk about times when you have learned a lesson about sharing, forgiving, or loving through an experience that happened at home.

Talk about how love is the most important thing a family can share with one another. Explain that it is the same in God's family. Read aloud this Sunday's Gospel, Matthew 5:38-48. Talk about how Jesus tried to teach his disciples how to love others beyond those who are closest to them. Jesus tells them to love even their enemies. As members of God's family, we are called to do the same thing. Talk about some concrete ways you can "love your enemies and pray for those who persecute you".

Remind your children that Jesus does not expect us to be perfect. Jesus knows that we are human and will not always do everything correctly. Explain that what Jesus wants us to do is to love others as if they were Jesus himself. If we reach out in love to others, we are doing exactly what Jesus did. That is what perfection looks like. End this time together by praying the Act of Love.



## LIVING A STEWARDSHIP life

It is all about your heart...

Everything we have is a gift from God that we are to use to help others.

DATE	INCOME	BUDGETED	NET
2/2/2020	15,461.00	17,000.00	-1,539.00
2/9/2020	14,809.00	15,000.00	-191.00
2/16/2020	10,940.00	16,500.00	-5,560.00
Total	41,210.00	48,500.00	-7,290.00
Account		Net	
General Checking		\$27,291.89	
Parish Savings		\$10,040.70	
Total		\$37,332.59	
CASH RESERVE PROGRAM			
RESERVE		\$1,132.00	
OTHER COLLECTIONS			
CAMP HOPE		\$700.00	

## MASS SCHEDULE

### WEEKDAY MASSES

Mon.-Wed 7:00 AM & 12:15 PM

Thurs. 8:15 AM & 12:15 PM

Fri. 7:00 AM & 12:15 PM

Sat. 8:15 AM

### WEEKEND SCHEDULE

#### SATURDAY

5:00 PM (Vigil Mass)

#### SUNDAY

7:00 AM

9:00 AM

11:00 AM (Bilingual)

6:30 PM (Youth)

Latin Mass 1:30 PM

(2nd Sunday of the Month)

Vietnamese Mass 1:00 PM

(1st & 3rd Sundays of the Month)

### HOLY DAYS OF OBLIGATION MASSES

VIGIL 5:30 PM

HOLY DAY 7:00 AM, 12:15 PM & 7:00 PM

### RECONCILIATION

Saturday 3:30-4:30 PM

Other times by Appointment



### READINGS FOR NEXT WEEKEND

March 1, 2020

FIRST SUNDAY OF LENT

1<sup>st</sup> Reading: Genesis 2:7-9; 3:1-7

Psalm 51:3-4,5-6,12-13,17

2<sup>nd</sup> Reading: Romans 5:12-19

Gospel: Matthew 4:1-11



## WELCOME TO HOLY FAMILY CHURCH

If you are looking for a church home, or if this is your first time at our parish, we invite you to become a member of Holy Family. Be sure to pick up a registration card at the Welcoming Desk or call the Parish Office at 966-0830 and we will be glad to assist you.

THE  
LITURGICAL  
UNIVERSITY OF SAINT



INSTITUTE  
MARY OF THE LAKE

## MARK YOUR CALENDARS TRANSFIGURED



YAKIMA LITURGY CONFERENCE

# MARCH 27&28

**Offices will be open on  
Wednesday, February 26,  
from 9:00 am – 12:00 p.m.  
and we will close at Noon  
for the Lenten Staff  
Retreat and Ash  
Wednesday**



Listen to the Liturgy Guys  
Podcast online  
[liturgyguys.com](http://liturgyguys.com)  
or on Holy Family's  
webpage.

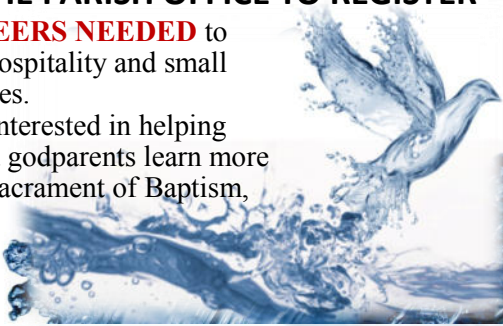
## Baptisms

Infant Baptisms are celebrated on the 1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup> weekends during Mass; and on the 2<sup>nd</sup> & 4<sup>th</sup> Sunday in the chapel at 10:15am, depending on clergy availability. Parents and Godparents requesting baptism for their child are expected to attend two preparation sessions prior to baptism.

**NEXT SESSIONS: MARCH 30 & APRIL 1  
CALL THE PARISH OFFICE TO REGISTER**

**VOLUNTEERS NEEDED** to help with hospitality and small group classes.

If you are interested in helping parents and godparents learn more about the Sacrament of Baptism, please call the Parish Office.



KNIGHTS  
OF COLUMBUS

**BREAKFAST**

**MARCH 15 | 7:30 AM TO 11:00 AM**

**DONATIONS SUGGESTED**

## Sharing the Light Gift Shop

**SATURDAYS: 4:30PM - 5:00PM**

**6:00PM - 6:30PM**

**SUNDAY: 7:45AM - 12:15PM**

**INVENTORY REDUCTION SALE: 10% OFF  
ON ANY PURCHASE THROUGH FEB. 1-2.**



## LAUDATO SI WHAT IS IT?

*"Taking care of our home and our brothers and sisters".*

A new dance? A game for children? An Italian dish? LaudatoSi On Care for Our Common Home is an encyclical (teaching) from Pope Francis that urgently appeals to all persons "for a dialogue about how we are shaping the future of our Planet."

The Holy Father continues "If we approach nature and the environment without awe and wonder in our relationship with the world, our attitude will be that of master, consumer, ruthless exploiter unable to set limits on our immediate needs.

By contrast, if we feel intimately united with all that exists, then sobriety and care will well up spontaneously."



## LENTEN GOSPEL REFLECTIONS

The Little Black Book of Saginaw is available in English and Spanish (Shiny) in the bulletin bins. Please take one!



## STATIONS OF THE CROSS

Every Friday during Lent, 5:30 pm in the Chapel.  
*Followed by Soup and Bread in the Fr. Murtagh Gathering Hall and Series on Symbolon.*

**No Soup and Bread on:**

Feb. 28th. Please join us for the **Crab Feed** (from 6-8 in the Fr. Murtagh Gathering Hall.)

**ASH WEDNESDAY  
MASSES AT  
7 AM, 12:15 PM, 7 PM  
February 26**

*"...to dust you shall return."*



## Christ the Teacher

CATHOLIC SCHOOL

*Excellence in Education*

*Angel Donor*

**SUPPORT A  
STUDENT'S  
CATHOLIC  
EDUCATION**



Donations  
May Be Tax  
Deductible

**2020 Open House**

**LEARN ABOUT  
BECOMING PART OF  
THE CTCS FAMILY!**

*All current and prospec-  
tive families are wel-  
come.*

**March 12, 2020**

**5:30 - 7 PM**

**ctcsyakima.org | 575-5604**

### *Children's Ministries:* **PRESCHOOL-GRADE 5**

Jesus did not ask us to ignore violence but to respond with love. Sometimes that love includes getting help so that everyone stays safe. At times, we experience hurt and suffering at the hands of others. We want to lash out at them in response. Jesus calls us to curb our tendency to retaliate and instead to respond with love. This is not always easy, but there are many who can help us: family, friends, teachers, priests. Most especially, God helps us.

#### **Family Reflection**

- When and how can you pray for those who have hurt you?
- Have you done something mean back to someone who was mean to you this week?
- Did you apologize to that person and to God?

**ALTAR SERVERS NEEDED!**  
**WOULD YOU LIKE TO OFFER YOUR  
TIME TO SERVE DURING MASS?**

IF INTERESTED, PLEASE CALL  
THE PARISH OFFICE AT 966-0830



### **3<sup>rd</sup> Annual Catholic Youth Camp!**

Calling all students in 5th grade through high school seniors! Please join us June 20 - 26 at Lazy F Camp in Ellensburg. Register now at [CorChristi.net/camp](http://CorChristi.net/camp) All of our old material and details on camp can now be found there.

"Like" CorChristiCamp on FB!

**This is a wonderful weeklong summer camp** for your kids or grandkids, including daily Mass and Rosary, Adoration, Reconciliation, priests and sisters, seminarians, and daily faith talks, PLUS all the goofy songs and games, swimming, inner tubing, climbing wall, zipline, campfire every night! We will fill up fast, so get your campers registered ASAP. This year's theme: Ocean of Mercy! Questions? Michael Drollman at (509) 699-1235.



**FRIDAY,  
FEBRUARY 28, 2020**

**6:00PM to  
8:00PM**



JOIN US FOR A FAMILY FRIENDLY NIGHT!  
ALL YOU CAN EAT CRAB AND PASTA

#### **TICKETS:**

ADULTS: \$45 PER PERSON

SENIOR CITIZENS (60&UP): \$40

PASTA ONLY & CHILDREN 5 TO 12

YEARS: \$20

CHILDREN 4 AND UNDER: FREE

**FR. MURTAGH  
GATHERING HALL**

5315 Tieton Drive  
Yakima, WA 9898  
509-966-0788 | 509-966-0830



**TROOPS OF  
SAINT GEORGE**  
Using the outdoors and the sacra-  
ments for the formation of fathers  
and their sons age 6 to 18.

**1st Monday of the month  
7-8pm @ CTCS in Room #3**

Contact John Lynch for info at  
509-833-9572

johnandlynn\_@msn.com  
facebook.com/TSGTroop1969

VIRTUS. HONOR. FRATERNITAS.

#### **SEMINARIANS!**

Bishop Tyson has encouraged us to pray for vocations to the priesthood and religious life. **Ethan Pfeifer is studying in Seminario Hispano de Santa Maria de Guadalupe.** Please



keep him and those who are considering vocations in your prayers.

## **WOMEN'S SELF-DEFENSE SEMINAR**



**Saturday - Feb. 29, 2020**

**4:00 p.m. - 6:00 p.m.**

**West Chestnut Academy**

**1214 W. Chestnut Ave - Yakima, WA 98902**

**Free (Donations Accepted to Benefit WCA)**

# HelpOurMarriage.org RETRouvaille

A LIFELINE FOR MARRIED COUPLES



**Stress in Your Marriage?** – Retrouvaille is a program for married couples that feel bored, frustrated, or angry in their marriage. Some experience coldness and simply shut down. Others experience conflict and arguments in their relationship and don't know how to change the situation or even communicate with their spouses about it. Retrouvaille is for any couple who would like to rediscover their marriage and improve communication. Visit [www.Retrouvaille.org](http://www.Retrouvaille.org) for emotional testimonials. For confidential information call (509) 520-4118 or (800) 470-2230 or visit the web site at [www.Retrouvaille.org](http://www.Retrouvaille.org).

**Salvar el Matrimonio—¿Que es el fin de Semana?**—En este fin de semana Retrouvaille ofrece una serie de presentaciones las que son ofrecidas por tres parejas y un sacerdote. El equipo presenta una técnica del buen uso de la comunicación que les ayuda a evaluar buena parte de su relación. Después de cada presentación ustedes tienen tiempo para hablar en la privacidad de su cuarto. Retrouvaille es para las parejas que desean tener un redescubrimiento en su matrimonio y mejorar su comunicación. Puede visitar [www.retrouvaille.com](http://www.retrouvaille.com) para conocer testimonios. Para información confidencial o para registrarse para el fin de semana en 13-15 de marzo de 2020 en Richland, WA. Llame al 1-800-966-7981 o visite el sitio [www.retrouvaille.com](http://www.retrouvaille.com)



PREPARES is a statewide initiative of the Catholic Bishops of Washington State. We provide pregnancy and parenting support and activities, serving families from pregnancy to their child's fifth birthday. This statewide network of free and unconditional support to families in need is free of charge and open to people of all faiths and backgrounds.

If you are interested in helping families in your parish and community, please consider volunteering with PREPARES. Call us at (509) 946-4645 and find us on Facebook - [www.Facebook.com/PREPARESCW](https://www.Facebook.com/PREPARESCW).

## THE DIOCESE OF YAKIMA MAGNIFICAT

**FEBRUARY 29, 2020  
9 AM-1 PM**

**AT ST. PAUL CATHEDRAL**  
TO REGISTER, PLEASE  
CONTACT VALERIA FLORES AT  
[VALERIA.FLORES@YAKIMADIOCESE.ORG](mailto:VALERIA.FLORES@YAKIMADIOCESE.ORG)

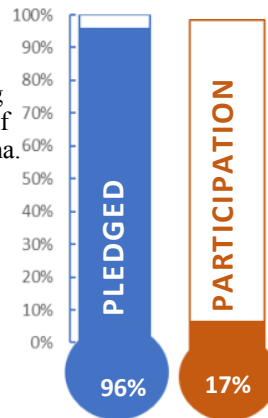


## ANNUAL CATHOLIC APPEAL

**Thank you for your pledges. We have received 253 so far totaling \$127,324.80**

If you were not present or prepared to make a pledge previously, we urge you to do so today. Your gift is essential to sustaining the many ministries of the Diocese of Yakima. If you would prefer to donate online, please visit [yakimadiocese.org](http://yakimadiocese.org).

**OUR PARISH GOAL FOR 2020 IS \$128,150.00 and 100% Participation.**



### WORLDWIDE MARRIAGE ENCOUNTER

"So be perfect, just as your heavenly Father is perfect." Encourage the Holy Spirit to perfect your marriage by taking part in a Worldwide Marriage Encounter weekend on March 13-15, 2020 at the Immaculate Heart Retreat Center, Spokane. Apply at [www.wmme.org](http://www.wmme.org). For more information leave a message at 509-922-9813.

**MARCH 3<sup>rd</sup> 2020 (TUESDAY) White Mass** for Doctor's, Dentist, Nurses, Para-Pros, Medical Students, Physician's Assistants or anyone else involved in the healing ministry. St. Paul Cathedral, 5:30 p.m.

**MARCH 10<sup>th</sup>, 2020 (TUESDAY) Blue Mass** for Law Enforcement, Firefighters, Ambulance and Emergency Responders. St. Paul Cathedral, 5:30 p.m.

**MARCH 17<sup>th</sup> 2020 (TUESDAY) Red Mass** for Judges, Attorneys, Public Officials, Paralegals, and all associated with the Legal Profession. St. Paul Cathedral, 5:30 p.m.

**Reception to follow after each Mass.**

### Find Hope and Healing After Abortion...You Are Not Alone



A Rachel's Vineyard Retreat provides a safe place for healing the emotional and spiritual wounds of abortion.

Do not continue to live in the shame, fear, or numbness - call our toll-free national hotlines:

877 HOPE 4 ME (877-467-3463)  
National Hotline for Abortion  
Recovery: 866-482-LIFE (5433)

**Next retreat, March 20-22, 2020, near Ellensburg.**

*Rachel's Vineyard*

*Healing The Pain of Abortion One Weekend At A Time*



### HOLY FAMILY CAMP HOPE MINISTRY

HF has set up a separate bank account where people may donate to 'Holy Family-Camp Hope'. These funds will be administered by HF parishioners and will be used to purchase needed items for the Camp. **Pre-addressed envelopes for donations are on the information desk in the foyer lobby of HF.** For further information, please contact the HF office at 966-0830 or: Tyler Shepherd 424-0669, Linda Iasella 966-8644, or Jim Perko 388-8481, Steve Sybouts 949-6945.



### HELP STOP ABORTION!

Please join Holy Family's crusade against abortion.

**Tuesdays 9:00 to 11:00 am**

**Thursdays 9:00 to 11:00 am**

People committed to ending abortion walk with signs in front of Planned Parenthood on 11th & Tieton Dr.

### ADORATION

**Tuesdays 8:00am to 5:45pm**  
**ending with Benediction.**

Chaplet of Divine Mercy is sung on the 1st Tuesday of the month at 4:00 pm.

### CURSILLO



The Cursillo Movement seeks to remind laity of their unique role in the world as Christians and empower a Christian life.

Contact: John McKean, 509-317-2134.

### DAYS FOR GIRLS



is dedicated to creating a more free, dignified, and educated world through providing access to sustainable feminine hygiene solutions and health education. Join us on

Wednesdays from 9:00 to 11:30 at the Pastoral Center Lunchroom. For more information, call 966-1717 or 966-1841

### ELIZABETH MINISTRY



is a wonderful ministry in our parish that congratulates new parents and welcomes our new 'lil' one into our faith

community. Welcome bags are available in the church foyer or the parish office filled with goodies and helpful information. We are looking for new team members to help welcome new families into our community.

**Elizabeth Ministry Bereavement** offers support for women who have suffered the loss of a baby to **miscarriage**. In this time of grief and questions, please call Christine Levitan at 901-4995 to receive helpful information and resources, and, if you wish, the opportunity to talk with someone who has been through this difficult experience.

**If you are interested in volunteering with one of the Elizabeth Ministry teams, please contact the Parish Office at 509-966-0830 for more information.**

### FLOWER REMEMBRANCE



Pat Conroy & Family: In loving memory of **James Conroy** on the first anniversary of his death, Feb 26.



### Aluminum Cans

Bring them to boxes located in the front parking lot.  
**PLEASE NO CARDBOARD!**

### PRAYER INTENTIONS

Sister Janet Strong -Tel: 576-0931; email: [annunciation@beitmery.org](mailto:annunciation@beitmery.org), our Diocesan religious Hermit, would like us to know that she is very happy to pray before the Blessed Sacrament for any intentions referred to her.

### HOLY FAMILY MOMS



If you are interested in sharing ideas, talking about your children, connecting with other Catholic Moms, or just hanging out, join our group on the 1st and 3rd Wednesdays of the month from 9:45 to 11:45 in the Church Classroom. Childcare is available. Questions: Rose Meyer at 966-0788.

### KNITTING & CROCHETING FOR JESUS:

Caring, Comfort, and Celebration is what Knitting & Crocheting for Jesus is all about! We knit and crochet at home and also at our Prayer Shawl gatherings. More knitters and those who crochet are needed. If you know someone who needs Care or Comfort, or has an event to Celebrate, please call Arlee Brown at 965-1347, Judy Ann Vetsch at 966-4182, or the parish office. Come knit or crochet for Jesus. We meet on the 2nd and 4th Tuesday of the Month at 9:30 am.

### NURSERY

For children Ages 4 and under, the Child-care Center is available during the Saturday 5:00 pm Mass and Sunday 9:00 am & 11:00 am Masses. We invite all other children to attend Mass with their families.

### PRAY & PLAY

"Exercise & reflection" Join us on Monday & Wednesdays from 6:00 to 7:00 a.m. Call Tom Kelleher for more information at 494-3738. All adults (22 and older) are welcome!

### PRAISERCISE

**Mon and Wed 1:15 pm**

Cardio, Resistance Training, mat work and stretching and a short Bible Study. Bring a water bottle and a mat (I will have some extra mats), comfortable clothing, and sneakers that provide good support.

**Where?**

**Premier Fitness 5110 Tieton Dr. #340 (Glenwood Square 3rd Floor)**  
**Questions? Call Jill Carroll 965-0296**

### PRAYER HOTLINE

For any prayer requests, call Barb McKinney at 945-0477 or email: [rbmckinney84@gmail.com](mailto:rbmckinney84@gmail.com)

**If you'd like to become a member of the prayer hotline, please call Barb.**

### SEWING MINISTRY

Can you sew? The Sewing Ministry makes linens for Mass and vestments for our priests. Perhaps giving one year of your life to this ministry could be your gift to the church. We meet every Tuesday from 9:30 a.m. to noon in the Bride's Room off the church foyer.

### WOMEN'S BIBLE STUDY

For information, contact Teresa Guaglianone at [tguaglianone@gmail.com](mailto:tguaglianone@gmail.com) or 559-269-4364.

### MEN'S MINISTRY

**MONDAY NIGHT**

**The Journey | 7:00pm**  
**IN ROOM 3 OF CTC'S CAMPUS**

**THURSDAY NIGHT**

**That Man is You! | 7:00pm**

**FRIDAY MORNING**

**That Man is You! | 6:00am**

**Jeff Schlieman:**  
**509-833-2515**

### FUNERAL PLANNING

If you have questions about how to plan a vigil and funeral liturgy, contact Deacon Jim after 4pm at 945-5432

The Yakima Diocese has a sexual abuse hotline for those who wish to report an incident regarding a bishop, priest, deacon, diocesan employee, or volunteer. Please call (888) 276-4490.

A large, colorful stained glass cross is positioned on the left side of the page. The cross is made of various colored glass pieces in shades of purple, blue, yellow, and orange, set against a dark background. The word 'Lent' is written in a white, cursive font across the top left, partially overlapping the cross.

# Lent

## A WAY TO THE FOOT OF THE CROSS

Lent lasts 40 days. It begins on Ash Wednesday and ends at the beginning of Mass of the Lord's Supper on Holy Thursday evening. The 40 days of Lent recall Jesus' temptation in the desert and rejection of sin.

### ASH WEDNESDAY

The ashes we receive symbolize the dust from which God made us. As the ashes are applied to a person's forehead, the following words are prayed: "Repent, and believe in the Gospel," or "Remember that you are dust, and to dust you shall return."

### THREE PILLARS OF LENT

Prayer

Fasting

Almsgiving

### DO YOU KNOW?

The ashes we receive on Ash Wednesday are often palms from the previous year's Palm Sunday liturgies, which are burned and used as ashes for the following year.



## WHAT IS FASTING?

One full meal and two smaller meals

### Days of Fasting:

Ash Wednesday and Good Friday

### Who participates?

It is mandatory for those aged 18 to 59 (Those pregnant or sick are not obligated to fast).

## GOOD AND BAD HABITS

Many people choose to let go of a **bad habit** (like gossiping or too much screen time) or strengthen a **good one** (attending Mass more often or praying on a consistent daily basis).

## WHAT IS ABSTINENCE?

No meat

### Days of Abstinence:

Ash Wednesday, Good Friday, Every Friday during Lent

### Who participates?

Mandatory for those older than 14 years.

## A LENTEN PRAYER

Lord Jesus,  
You died upon a cross  
to build a bridge between heaven  
and earth.

You rose from the dead so that I  
might rise again  
to live eternally in your heavenly  
kingdom.

May the fruits of my Lenten  
devotion  
and my acts of love and charity  
reflect the compassion you have  
for all humanity  
and lead others to intentionally  
follow you  
in this life and in the next.  
Grant me the grace and wisdom  
to follow you ever closely  
as I carry my cross daily.

**AMEN.**

*"Lent is the ideal time to unmask these and other temptations, to allow our hearts to beat once more in tune with the vibrant heart of Jesus. The whole of the Lenten season is imbued with this conviction, which we could say is echoed by three words offered to us in order to rekindle the heart of the believer: pause, see and return."*

*Pope Francis, Ash Wednesday homily, February 14, 2018*

# La Cuaresma

## UN CAMINO AL PIE DE LA CRUZ



La Cuaresma dura 40 días. Comienza el Miércoles de Ceniza y termina al principio de la Misa de la Última Cena en la tarde del Jueves Santo. Los 40 días de la Cuaresma nos recuerdan la tentación de Jesús en el desierto y el rechazo del pecado.

### MIÉRCOLES DE CENIZA

Las cenizas que recibimos simbolizan el polvo del cual Dios nos hizo. Mientras se aplican las cenizas a la frente de una persona, las siguientes palabras son pronunciadas: "Arrepiéntete y cree en el evangelio" o "Acuérdate de que eres polvo y al polvo has de volver".

### LOS TRES PILARES DE LA CUARESMA

Oración

Ayuno

Limosna

### ¿SABÍAS?

Las cenizas que recibimos el Miércoles de Ceniza son a menudo palmas de las liturgias del Domingo de Ramos del año anterior que son quemadas y utilizadas como cenizas para el año siguiente.



## ¿QUÉ ES EL AYUNO?

Una comida completa y dos comidas más pequeñas

### Días de Ayuno:

Miércoles de Ceniza y Viernes Santo

### ¿Quién Participa?

Es obligatorio para aquellos de 18 a 59 años (Las embarazadas o personas enfermas no están obligadas a ayunar).

## BUENO Y MALOS HÁBITOS

Muchas personas eligen dejar ir un mal hábito (como el chisme o pasar mucho tiempo en las pantallas) o fortalecen uno bueno (asistiendo a misa mas a menudo o rezando a diario consistentemente).

## ¿QUÉ ES ABSTINENCIA?

Sin carne

### Días de Abstinencia:

Miércoles de Ceniza, Viernes Santo, todos los viernes durante la Cuaresma

### ¿Quién Participa?

Obligatorio para aquellos mayores de 14 años.

## UNA ORACIÓN DE CUARESMA

Señor Jesús,  
Tu moriste en una cruz  
para construir un puente entre el  
cielo y la tierra.  
Te levantaste de entre los muertos  
para que yo  
pudiera levantarme de nuevo  
para vivir eternamente en tu Reino  
Celestial.  
Que los frutos de mi devoción  
Cuaresmal  
y mis actos de amor y caridad  
reflejen la compasión que tienes  
para toda la humanidad  
y lleven a otros a seguirte  
intencionalmente  
en esta vida y en la próxima.  
Concédeme la gracia y la sabiduría  
para seguirte siempre de cerca  
mientras cargo mi cruz de cada día.

**AMÉN**

*"La Cuaresma es tiempo rico para desenmascarar éstas y otras tentaciones y dejar que nuestro corazón vuelva a latir al palpitar del Corazón de Jesús. Toda esta liturgia está impregnada con ese sentir y podríamos decir que se hace eco en tres palabras que se nos ofrecen para volver a recalentar el corazón creyente: Detente, mira y vuelve.*

*Papa Francisco, homilía del miércoles de ceniza, 14 de febrero de 2018.*