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**RELIGIOUS
EDUCATION**



My **MASS** JOURNAL

*"Do this in
memory of Me"*
LUKE 22:19



This journal belongs to:

Class Time: _____

Phone: _____

2023-2024

ATTENDING MASS

The Obligation of attending Mass every Sunday and on Holy Days of Obligation was given to us in the 3rd Commandment and is a basic precept of our Catholic Faith.

This Mass Journal should be filled out every Sunday and on Holy Days of Obligation.

Thank you for taking on the task of bringing your family to worship every week.

MASS TIMES AT HOLY FAMILY

Saturday: 5:00 p.m.

Sunday: 7:00am, 9:00am, 11:30am (Bilingual) or 6:00pm

Holy Days of Obligation times:

Vigil 5:30pm,

7:00am, 12:00pm, 7:00pm

Mass times are subject to change. For the most current times visit www.holyfamilyyakima.org

ATTENDING MASS AT ANOTHER CATHOLIC CHURCH

If you are unable to attend Mass at Holy Family, please use www.masstimes.org to help you find a catholic church near you **or near the city you are visiting**. The church must be Roman Catholic.

ATTENDANCE POLICY REMINDERS

If your child has missed more than 3 Masses or classes, please email me at rose.meyer@holymfamilyyakima.org to schedule a meeting. **NO MORE THAN 3 ABSENCES WILL BE PERMITTED.**

Please use this opportunity for us to help understand the needs of your family and how the church can help you.

Es un desafío para muchas familias el asistir a Misa. Asistir a Misa como familia puede significar sacrificios, pero es esencial para la vida de nuestras almas. Intente algunas de estos consejos para aprovechar al máximo su tiempo en Misa:

1. Recuerde que está en terrenos sagrados y tendrán un encuentro con el Rey de Reyes. Vista adecuadamente para la Misa. Haga de este día un día especial.

2. Al entrar a la iglesia, haga la señal de la Cruz y use el agua bendita. Explíquelo a sus hijos que nosotros, Católicos, hacemos esto para recordar nuestro Bautismo. El agua también nos provee una limpieza de nuestros pecados veniales, al igual que nos protege del mal. Estamos recibiendo la Gracia para nuestro cuerpo y alma.

3. Antes de entrar a la banca, haga una genuflexión hacia el tabernáculo por amor y reverencia a Jesús, quien esta presente en el.

4. Siéntanse relativamente cerca del Santísimo Sacramento en donde su hijo/a pueda ver lo que esta pasando.

5. Enséñele a su hijo/a observar y que sea consciente del significado de los símbolos, lo cual hacen de nuestra Iglesia católica especial-Agua Bendita, fotos y estatuas de Jesús, Maria, San José, imágenes en vidrieras, crucifijos, estaciones de la cruz, estandartes, velas, coro, altar, tabernáculo. Algún día, cuando visiten una Iglesia de otra fe, ellos quizá pregunten por que no van allí. Puede hacer referencia a estos artículos para ayudarle a responder sus preguntas.

6. Participe en Misa con su hijo/a. Cante, responda a las lecturas,

hínquese, y párese en los momentos apropiados, y rece. Señale en voz baja los momentos claves..." Ahora, escucha cuidadosamente, vamos a escuchar lo que nos dice Jesús," "Mira y escucha, ahora el padre va a repetir las acciones de Jesús en la Ultima Cena. Dile a Jesús que lo amas mucho y que quieres recibirlo en tu corazón." Permita que sus hijos escuchen Misa por medio de usted.

7. Aparte una porción del dinero que usted le da para que lo deposite en la colecta. Enséñele que Dios siempre cumple sus promesas, y que El nos dijo que nuestra bendición por ser generosos se nos devolverá diez veces más.

8. Lleve el "Librito de Oraciones" con usted para ayudarle a hacer una oración después de la Comunión.

9. Preséntele a su hijo/a al Sacerdote, diacono, lectores, coro, monaguillos, y otros ministros litúrgicos después de la procesión o durante la hora de café después de Misa. Anime a su hijo/a a servir como monaguillos cuando cumplan la edad adecuada.

10. Después de Misa, hable con su familia acerca de sus experiencias. Discutan lo que les pareció interesante. ¿Qué les sorprendió?"..." ¿Tienen preguntas"... Jueguen a Misa en casa. Permita que sus hijos actúen las diferentes partes de la Misa, y luego explíqueles el significado, ayudándoles a comprender y apreciar el gran tesoro que nos da Dios.

Nuestra asistencia fiel a Misa da un buen ejemplo de lo que nosotros, padres y nuestra familia, valora. Celebrando las grandes cosas que Dios ha hecho para nosotros por medio de Jesús y los Santos en Misa los domingos y días de obligación es necesario para la vida de nuestras almas. Es por eso que, faltar a Misa sin una buena razón justifica la confesión.

Many families find attending Mass challenging. Attending Mass as a family may mean sacrifices, but it is essential for the life of our souls. Try some of these helpful tips to make the most of your time at Mass:

1. Remember you are on holy ground and meeting the King of Kings. Dress for Mass. Make it a special day.
2. When entering the church, make the Sign of the Cross and bless yourselves with holy water. Explain to your children that we, Catholics, do this as a reminder of our Baptism. It also provides a cleansing of venial sin, as well as protection against evil. We are receiving grace for both our body and soul.
3. Before entering the pew, genuflect towards the tabernacle out of love and reverence for Jesus, who is present in the tabernacle.
4. Sit before the Blessed Sacrament or relatively close to the sanctuary where your child can see what is going on.
5. Teach your child to be observant and aware of the meaning of the symbols, which make a Catholic church special—holy water, pictures and statues of Jesus, Mary, and Joseph, images on stained glass, crucifix, stations of the cross, banners, candles, choir, altar, tabernacle. Someday, when your child visits a church of another faith, he may ask why you do not go there. You can refer to these special items to help you answer his or her questions.
6. Participate in the Mass with your children. Sing, respond to the readings, kneel and stand appropriately, and pray. Quietly point out key moments..."Now, listen carefully, we are going to hear Jesus speak to us," "Watch and listen, the priest will repeat the actions of Jesus at the Last Supper. Tell Jesus you love Him very much and want to receive Him in your heart." Let your children hear Mass through you.
7. Set aside a portion of his or her allowance for the church collection. Teach him or her that God always keeps His promises, and that He has told us that our blessing for being generous will be returned to us tenfold.
8. Bring "The Prayer Book" to help them focus on praying after communion.
9. Introduce your children to the priest, deacon, lectors, musicians, altar servers, and other liturgical ministers after the procession exits or during a Fellowship after Mass. Encourage your child to serve as an altar server or when they are old enough.
10. After Mass, talk with your family about their experience. Discuss what you found interesting? Any surprises?"..."Any questions?"... Play Mass at home. Have your child act out a different part of the Mass, then explain the meaning to help your child understand and appreciate this treasured gift from God.

Our faithful Mass attendance sets a good example of what we, parents and their extended family, values. Celebrating the great things that God has done for us through Jesus and the Saints at Mass on Sundays and Holy Days of Obligation is necessary to the life of our souls. That is why missing Mass without a good reason warrants confession.

ASISTENCIA A MISA

Asistencia a Misa cada domingo y días de guardar se nos a dado en el 3^{er} Mandamiento y es un precepto básico de la Fe Católica.

Este Diario de Misa debe ser completado cada domingo y días de Obligación.

Gracias por tomarse el trabajo de traer a su familia a adorar cada semana.

HORAS DE MISA EN LA SAGRADA FAMILIA

Sábado: 5:00pm

Domingo: 7:00am, 9:00am,
11:30am(Bilingüe) o 6:00pm

Días Santos de Obligación

Vigilia 5:30pm,

7:00am, 12:00pm, 7:00pm

El horario de Misas esta sujeto a cambios. Para obtener el horario más reciente visite www.holyfamilyyakima.org

ASISTIENDO A MISA EN OTRA IGLESIA CATÓLICA

Si usted no puede asistir a Misa en la Sagrada Familia, por favor visite la página de web www.masstimes.org para encontrar una iglesia católica cerca de usted **o de la ciudad que está visitando**. La Iglesia debe ser una Iglesia Católica Romana.

RECORDATORIA DE LA PÓLIZA DE ASISTENCIA

Si su hijo/a a fayado a mas de 3 Misas o clases, por favor mande un correo electrónico a dolores.nesta@holyyfamilyyakima.org para hacer una cita. NO SE PERMITIRÁN MAS DE 3 FALTAS.

Por favor tome esta oportunidad para ayudarnos entender las necesidades de su familia y como puede la iglesia ayudarles.

Date: October 3/4, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: October 7/8, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:



Be on time!
Arrive at least 10 minutes before it starts to dial down your mind.

Mother Church wants YOU
Help out if you can! (As a lector, usher, altar server, etc.)

Sing...even if you're out of tune
Don't worry if you have no talent for singing; most people don't.

Pray Business Class
Sit near the altar. It will help you pay attention.

Give God your full attention
Isn't it fair that we spend one hour each week worshipping God?

Call your Mother
Ask Mary to intercede for you during Mass. Pray to her for guidance and strength.

6 ways to get the most out of Mass

CatholicLink

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¡Llega a tiempo!
Al menos 10 minutos antes para despejar la mente y prepararte.

La Madre Iglesia te quiere A TI
Ofrécete a ayudar (hacer las lecturas, recoger la colecta, etc.).

Canta...aunque sea desafinado
Ya sabes lo que dicen: el que canta, reza dos veces.

Escoge un buen asiento
Siéntate en los puestos cerca del altar. Te concentrarás mejor.

Dale a Dios tu atención
Es solo 1 hora de las 168 que tiene la semana. Dios se la merece.

Llama a tu Madre
Pídele a María que interceda por ti y te ayude a amar la Eucaristía.

6 maneras de aprovechar la Misa

CatholicLink

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Date: April 20/21, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: October 14/16, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: April 27/28, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: October 21/22, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: October 21/22, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: April 13/14, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

**Date: November 1, 2023 - Holy Day of Obligation
(All Saints' Day)**

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: April 20/21, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: March 23/24, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: November 4/5, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: April 6/7, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: November 11/12, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: November 18/19, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: March 9/10, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: November 25/26, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: March 16/17, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: February 24/25, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: December 2/3, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: March 2/3, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

**Date: December 8, 2022 - Holy Day of Obligation
(The Immaculate Conception of Mary)**

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: December 9/10, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: February 10/11, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: December 16/17, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: February 17/18, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: January 27/28, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: December 23/24, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: February 3/4, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

**Date: December 25, 2022 - Holy Day of Obligation
(The Nativity of the Lord)**

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: December 30/31, 2023

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: January 13/14, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: January 6/7, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:

Date: January 20/21, 2024

Church: _____

Priest: _____

What Color was the priest wearing? _____

Today I learned:
