Fourth Sunday in Ordinary Time

January 29, 2023

Masses for the Week

Saturday	Jackie Capuano	5:00pm
Sunday	People of Parish	8:00am
Sunday	Ethel Navarra	10:00am
Monday	Dorothy Beaulieu	5:30pm
Tuesday	*St. John Bosco*	8:00am
	Sr. Joyce Schreiner	
Wednesday	Poor Souls in Purgatory	5:15pm
Thursday	Presentation of Lord	8:00am
	Carol Maggio	
Friday	Respect Life	10:00am
Saturday	Joan Murray	5:30pm
	World Peace	8:00am
	Paul Traficanti	5:00pm

Please Pray for Our Sick

Fanny Bonventre, Fr. Burke, Carol Dennin, Liz Ferro, William Fitch, Diann Keyser, Fred Kimlin, Lynne Lazzaro, Matthew Liggan, Gloria McDonald, Gandiva Mohinani, Lucy Padilla, Jeannine Riopelle, Marie Stein, Christopher Van Aken

Tithing $3,717.00

Our Gospel this weekend from Matthew 5 presents the famous Beatitudes. Scripture scholars vary on its interpretation: some call it the inner spirituality of Jesus Himself. Others understand them to be a description of virtuousness to be achieved in discipleship. Still others see them as the wide variety of ways in which Christianity may be manifested in the world. Regardless of how we interpret them, our discipleship is not some lowly pursuit. The bar is set very high for us: not only in what is expected from us, but also the interaction that we can expect from God as the result of our efforts. Do we place expectations on God? I think its an important aspect of our faith that we do: expectations, not demands mind you. I once saw an interview with a famous Hollywood actress who was asked: "If heaven exists, what would you like Saint Peter to say to you at the pearly gates?" She gave a stoic and falsely humble answer to the tune that she hoped that none of her good works on earth would be perceived as her trying to get into heaven, but that they were done purely to help those in need. It sounds heroic to be so selfless. I think the intent was to incite against the idea of doing good works for the sake of heaven. Certainly it shouldn't be our only reason, but it would do us well to garner a healthy recognition that we were, in fact, created for heaven. We should not view this life as preparing for some eternal test so much a forming the soul's character by our thoughts and actions. I believe the Beatitudes recognize the character of the properly formed soul: a synthesis of spiritual, emotional, and human formation that has resulted from our experience of and turning away from sin as we strive to live a deeper relationship with God and other humanity as we ready ourselves for the eternal reunion with our heavenly Father.

First Friday Adoration

This Friday, like every first Friday of the month, we have adoration of the Blessed Sacrament after the 10am Mass in the church from 10:30am until 5:30pm. Since we all have intentions to take to the Lord and there's no better time or place to do it than in front of Him in the Eucharist.

First Saturday Mass

First Saturday we have an 8am Mass followed by recitation of the rosary. The usual 5pm Mass is celebrated.

the CARDINAL'S ANNUAL STEWARDSHIP APPEAL
Sharing God's Gifts

2023 CARDINAL'S APPEAL BEGINS

Every year, as Catholics of the Archdiocese of New York, we are asked to participate in the Cardinal's Annual Stewardship Appeal. Confident that God will provide us with the gifts that we need, we trust that we will be able to faithfully respond to anything that Our Lord asks of us. God calls us to be good stewards of His gifts. Everything that we have ultimately is a gift from God. All that we are asked to do is to return this gift as a form of gratitude for all that we have received, so that we the Church can fulfill our mission. This year's theme for the Appeal echoes the words of St. Peter: to whom shall we go? In times of uncertainty, Christ is our rock and His Mother is our refuge. With Mary's help, we can respond generously during this critical time for the Church and the world. The funds that

together we will give to this year's Appeal will be used to address the following needs of the archdiocese: • $10MM Assistance for Financially Vulnerable Parishes • $6MM Charitable Outreach and Pastoral Support • $3MM Evangelization, Communications, and Catholic Education • $1MM Formation of New Parish Priests • $1MM Care for Retired

St. Peter's goal this year is $34,700.
Please help in making the Appeal a success

Rosary Altar Society
Team five is scheduled

The Rosary Invite

We say the rosary on the first Sundays of the month before the 10am Mass. We begin at 9:30 and we would love to invite all to join us. The rosary is very powerful and our world is greatly in need. Join us February 5th.

Kingston Catholic Story Time

Join us at Kingston Catholic for Story Time on Tuesday, January 24th at 10:00am. Story Time is for children not yet attending school accompanied by a parent or caregiver. Enjoy a story, craft, snack, and playtime with Mrs. Gisiano our PreK teacher. Our KCS Pre-K Program provides our youngest students with a warm, loving, and secure environment as they begin school. Busy three and four year olds learn and play together as they grow in God's love each day. For more information please contact Ms. D. at 845-331-9318.

LET US KNOW YOUR CHANGES If you have recently moved or changed your phone number, please let the parish office know. We need to keep the information in our parish census as up to date as possible so that we can assure you receive the information we send out to you. Thank you!

HEALING AFTER ABORTION Do you know someone who is carrying the grief of a past abortion? There is always hope. The pain and sorrow of an abortion does not need to endure for a lifetime. "A Day of Prayer and Healing" offers the opportunity to experience the love and mercy of God and to respond to His invitation to begin the journey of healing the wound of abortion. For local date and locations, registration or to just talk with a Sister, please call the Sisters of Life at (866) 575-0075.

Ulster Free Tax Preparation & e-Filing

AARP in conjunction with the IRS and UC Office for the Aging provides free income tax preparation and e-filing by trained and certified volunteers especially for low and middle income groups, handicapped, and those 55 years and older. Ulster County Tax preparation sites are located throughout the county (Marbletown, Hurley, Kingston, Napanoch, New Paltz and Saugerties). Email UlsterTaxAide@gmail.com leave your name, phone number, town, and time preference (AM or PM) to make an appointment.

ARCHDIOCESAN ABUSE NOTICE
Anyone who needs to report an alleged incident of sexual abuse of a minor by priest, deacon, religious or lay person serving in the Archdiocese of New York is asked to contact Sr. Eileen Clifford, O.P., at (212) 372-1000 x2949 or via e-mail at victimsassistance@archny.org Information can also be found on the Archdiocesan website, www.archny.org In keeping with the policy of the Archdiocesan regarding sexual abuse of minors, this information is provided to ensure that our children remain safe and secure

February is American *Heart* Month

A key to living a longer, healthier life is by caring for your heart. February is American Heart Month, and we want to remind you of some ways that you can better focus on your heart. Take note of these 7 tips to maintain your healthy heart.

1. Sleep for at least 7 hours
2. Pay attention to your blood pressure
3. Cut down on certain fats
4. Watch out for diabetes
5. Move it! – Sitting for too long every day can lead to heart disease and increased risk of diabetes.
6. Ditch the cigarettes
7. Do what you love – By stressing less and enjoying life more, you can actually improve your heart health! Stress can cause people to have high blood pressure, smoke, eat more, become sedentary, and sleep less. By having a happy, healthy lifestyle, you can reduce stress. Exercising, practicing yoga, having a healthy diet, and relaxing more can all help improve your heart.