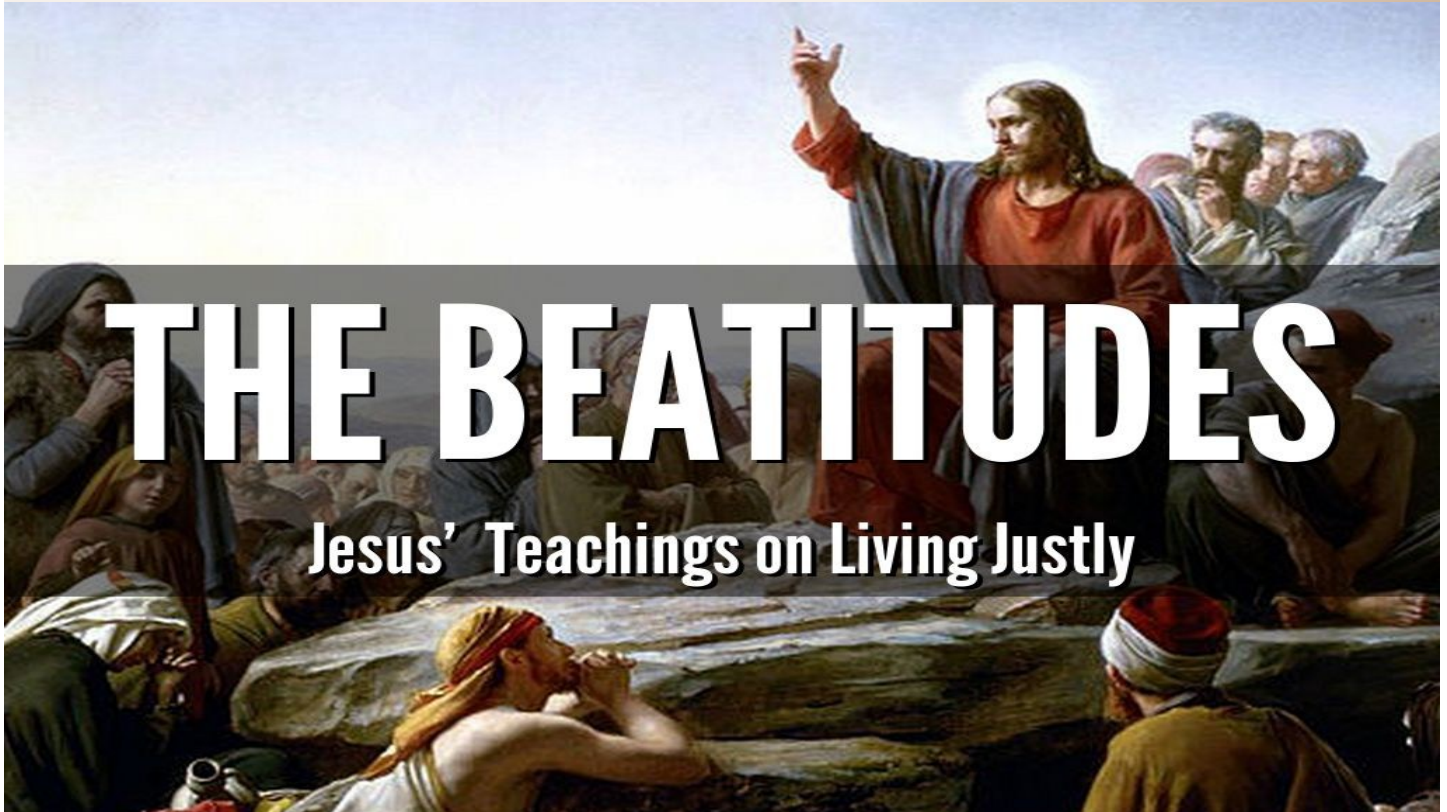


St. Elizabeth Ann Seton Catholic Church

February 1, 2026
Fourth Sunday In Ordinary



THE BEATITUDES

Jesus' Teachings on Living Justly

MASS SCHEDULE

WEEKDAY MASSES

Monday, 10:30 am
11:00 am Rosary/
Confession

Thursday, 10:30am
11:00 am Rosary/
Confession

WEEKEND MASS

Sunday, 11:30am

CONTACT US

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931-721-3769

seastnoffice@aol.com

PARISH OFFICE HOURS

Monday 8:00am-11:00am.

Tuesday 9:00 am—1:00 pm

Thurs 9:00 am—2:00 pm

OUR CLERGY

12TH BISHOP OF NASHVILLE

Most Rev. J. Mark Spalding,
DD, JCL

PASTOR

Rev. Fr. Aby Thanickal, CMI
frabyfrancischurch@gmail.com

ONLINE GIVING

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St Elizabeth Ann Seton Tn



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Reflection from the Pastor's Desk

Dear Brothers and Sisters in Christ,

This Sunday we are given one of the most familiar and yet most challenging passages in the Gospel: the Beatitudes. Jesus goes up the mountain, sits down like a teacher of wisdom, and speaks to his disciples—and through them, to us. What he offers is not a list of rules, but a vision of the Christian life, a portrait of what true blessedness looks like in the Kingdom of God.

At first hearing, the Beatitudes can seem surprising, even unsettling. Jesus calls “blessed” those whom the world often pities or ignores: the poor in spirit, the mourners, the meek, the persecuted. In doing so, Jesus turns worldly values upside down. Happiness, in God’s eyes, is not found in power, wealth, or self-sufficiency, but in humility, trust, compassion, and fidelity.

To be poor in spirit means recognizing our deep need for God. It is the opposite of pride and self-reliance. When we know that everything we have is a gift, our hearts become open to receive the Kingdom. Those who mourn—who grieve loss, suffering, or the brokenness of the world—are promised comfort, not because sorrow is good in itself, but because God draws especially close to those who suffer.

Jesus blesses the meek, the gentle and patient, who refuse to dominate or retaliate. He blesses those who hunger and thirst for righteousness, who long not just for personal holiness but for justice, truth, and peace in the world. The Beatitudes call us outward, beyond ourselves, toward mercy, purity of heart, and peacemaking. Each of these qualities reflects something of the very heart of Christ.

The final Beatitudes remind us that living this way is not always easy. Faithfulness to the Gospel may bring misunderstanding, rejection, or even persecution. Yet Jesus tells us clearly: “Rejoice and be glad, for your reward will be great in heaven.” The Beatitudes are not naïve optimism; they are grounded in hope—hope that God’s promises are real and that his Kingdom is already at work, even when hidden.

As we reflect on this Gospel, we are invited to examine our own lives. Where do we seek happiness? What values guide our choices? The Beatitudes are not meant to discourage us, but to lead us into a deeper, truer joy—the joy that comes from walking with Christ.



Prayer:

Lord Jesus, teach us the way of the Beatitudes. Shape our hearts to be humble, merciful, and pure, and help us to trust your promise of true happiness in your Kingdom. Amen.

Fr. Aby Thanickal CMI

Pastor

NEWS AND UPCOMING EVENTS
St. Elizabeth Ann Seton Catholic Church, Tennessee Ridge, Tn. 37178

PARISH STAFF

Secretary Linda Allen
Tues: 9:00- 1:00
Thurs: 9:00-2:00

Book Keeper Tin Williams
Monday 8:00-11:00am
Wednesday 8:30-2:30
(SFOA)

MASS INTENTIONS

St Elizabeth Ann Seton

Sun, Feb 1, St Elizabeth Ann Seton Parishioners
11:00am Rosary/Confession
11:30am Mass

Sun, Feb 8, St. Elizabeth Ann Seton Parishioners
11:00am Rosary/Confession
11:30am Mass

St Francis of Assisi

Sat, Jan 31, Epicito Garciano+
5:00pm Rosary/Confession
5:30pm Mass

Sun, Feb 1, St. Francis of Assisi Parishioners
8:00am Rosary/Confession
8:30 am Mass

Sat, Feb 7, Porferia Muana+
5:00pm Rosary/Confession
5:30pm Mass

Sun, Feb 8, St. Francis of Assisi Parishioners
8:00am Rosary/Confession
8:30pm Mass



WEEK IN A GLANCE


No Weekday Mass.

February 8th Potluck Sunday



Ash Wednesday is February 18th Mass will be at 10:30am or 5:30pm at St. Francis of Assisi

LENT
40 DAYS OF SPIRITUAL FITNESS



Just as our Bodies need Physical Fitness to be strengthened...

Our Souls need Spiritual Workouts of sacrifices & discipline to grow...

Embrace the Sacrifice

ANNOUNCEMENTS

Welcome Fr. Ed Steiner who will be celebrating Mass with us!

February 8th Potluck Sunday. Bring a dish to share!

February 11th is Fr. Aby's Birthday. We will celebrate his Birthday on Feb.15th

THE BEATITUDES

BLESSED ARE THE POOR IN SPIRIT, FOR THEIRS IS THE KINGDOM OF HEAVEN.
BLESSED ARE THOSE WHO MOURN, FOR THEY WILL BE COMFORTED.
BLESSED ARE THE MEEK, FOR THEY WILL INHERIT THE EARTH.
BLESSED ARE THOSE WHO HUNGER AND THIRST FOR RIGHTEOUSNESS, FOR THEY WILL BE FILLED.
BLESSED ARE THE MERCIFUL, FOR THEY WILL BE SHOWN MERCY.
BLESSED ARE THE PURE IN HEART, FOR THEY WILL SEE GOD.
BLESSED ARE THE PEACEMAKERS, FOR THEY WILL BE CALLED CHILDREN OF GOD.
BLESSED ARE THOSE WHO ARE PERSECUTED BECAUSE OF RIGHTEOUSNESS, FOR THEIRS IS THE KINGDOM OF HEAVEN.
BLESSED ARE YOU WHEN PEOPLE INSULT YOU, PERSECUTE YOU AND FALSELY SAY ALL KINDS OF EVIL AGAINST YOU BECAUSE OF ME. REJOICE AND BE GLAD, BECAUSE GREAT IS YOUR REWARD IN HEAVEN, FOR IN THE SAME WAY THEY PERSECUTED THE PROPHETS WHO WERE BEFORE YOU.

MATTHEW 5:3-12

Liturgical Ministers

Minister	Feb 1	Feb 8	Feb 15	Feb 22	March 1
Lector	Diane Lill	Bill Resler	Tom Vorholt	Seth Rye	Diane Lill
E.M.H.C	David Hingingbottom	Gregg Lill	Bill Resler	Connie V	Glenn Hake
E.M.H.C	Diane Lill	Bonnie Lill	Sue Resler	Janet Hake	David H.
Gift Bearer	Hake	Hingingbottom	Jurgovan	Bonnie Lill	G&D. Lill
Money Counters	Lill/Walker	Arthon/Jurgovan	Lill/Walker	Arthon/Jurgovan	Lill/Walker
Greeters	Larry & Tony	Gregg & Diane	Zwolak	Larry & Tony	Gregg & Diane

READINGS FOR THE WEEK/FEAST DAYS

- Feb 1-8**
- Sunday Zep 2:3:,3:12-13/Cor 1:26-31/Mt5:1-12a
 - Monday Mal 3:1-4/Heb 2:14-18/Lk 2:22-40
 - Tuesday 2Sm 18:9-10, 14b, 24-25a, 30-19:3/Mk 5:21-43
 - Wednesday 2Sm 24:2, 9-17/Mk 6:1-6
 - Thursday 1 Kgs 2:1-4, 10-12/Mk 6:7-13
 - Friday Sir 47:2-11/Mk 6:14-29
 - Saturday 1 Kgs 3:4-13/Mk 6:30-34
 - Sunday Is 58:7-10/1 Cor 2:1-5/Mt 5:13-16

Prayer Intentions

Henry Garrett, Tammy Arthon, Gregg Lill, Dale Edwards, Ken Simpson, Frank Visconi, Robin Frederick Laws and Sue Resler.



Thank you for your support!
Our Gifts to the Lord

Last Week's Collection: Online \$
Cash & checks: \$
Total: \$

Bobby's Deli

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For more info contact :
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Flocknote:



If you are not receiving our emails or texts and would like to receive our communications, please let the office know. We send out texts for any changes, reminders, etc., and once a week there is an email which comes out on Friday which contains the bulletin and any other news. Emails may also arrive in your box for a parish announcement, etc.



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